

# Returning to Our Medicines: Decolonizing and Indigenizing Approaches to Trauma & Health



**April 26, 2017 from 12 - 1 pm presented by Dr. Karlee Fellner**

While health services strive toward greater cultural sensitivity, the research, education, and practice remain grounded in Euro Western approaches that limit clinical effectiveness with Indigenous peoples. This session introduces how health services may work to better serve Indigenous peoples through decolonizing and Indigenizing approaches to trauma and health. Dr. Fellner will discuss how providers may transform their work through applying a medicine bundle framework with community-based perspectives on best practices.

Dr. Karlee Fellner is Cree/Métis from central Alberta. She is a grateful visitor on the traditional territories of the Tsuu T'ina, Stoney Nakoda, and Blackfoot nations, including the Siksika, Kainai, Piikani, and Amskapi Pikuni. Karlee obtained her B.A. and M.Ed. from the University of Alberta, and completed her Ph.D. in Counselling Psychology at UBC. Karlee joined the Werklund School of Education as an Assistant Professor in Indigenous Education Counselling Psychology at the University of Calgary in 2013. Karlee has been working with diverse clients in counselling and assessment since 2007 and is also an instructor in the Aboriginal Focusing-Oriented Therapy & Complex Trauma certificate program offered through the Justice Institute of B.C.



## HOW TO REGISTER FOR THIS SESSION

- 1) Click this link: <https://vcscheduler.ca/ahs/>, then click on 'Calendar of Upcoming Videoconferences'.
- 2) In the 'Search' box at the top right hand corner of the screen, type in 'Indigenous' and click 'Search'.
- 3) Find the April 26th session from the list and click the blue link near the right hand side of the page to register as a participant.
- 4) Complete the registration form, requesting a Telehealth site that is convenient for you.

**For more information, contact Tyler Wells at (403) 943-0768 or [tyler.wells@ahs.ca](mailto:tyler.wells@ahs.ca)**

For technical assistance, call 310-8822