

Cognition

October, 2020



Addiction and Mental Health

Learning Events

Daily Event Listings
Online Learning Resources

Pages 1 – 8
Pages 9 - 10

October 1

Live Webinar, *Anxiety in children and youth* by Sheri Coburn. 12- 1 pm. <https://ca.ctrinstitute.com/workshops/live-webinar-anxiety-in-children-and-youth10-1/#tickets>

October 1

Royal College of Psychiatrists, Faculty of Intellectual Disability, Annual Conference (Online)
<https://www.rcpsych.ac.uk/events/conferences/detail/2020/10/01/default-calendar/faculty-of-intellectual-disability-psychiatry-annual-conference-2020>

October 1- 2

Workshop, *Traumatic dissociation, emotion dysregulation, and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. In Lethbridge. <https://www.ucalgary.ca/pd/>

October 1- 2

Zoom Workshop, *Mindfulness counselling strategies: Activating compassion and regulation* with Vicki Enns. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-mindfulness-counselling-strategies10-1/#tickets>

October 2

AMH Strategic Clinical Network, Zoom Workshop, *Improved provincial access and equity of access to core AMH services and treatment options*, 9- 11 am. Contact: Nicola.williamson@ucalgary.ca

October 2- 3

Online training, *Dialectical Behaviour Therapy: Part 1* with Dr Lisa Burckell. 7 am- 3 pm daily. (Part 2 is on November 6- 7) <http://oshawapsychotherapytraining.com/courses/dialectical-behaviour-therapy-part-1/>

October 2- 3

International Psychogeriatric Association, Virtual Congress, *Better mental health for older people*. <https://www.ipa-online.org/events/annual-congress/2020-virtual-congress>

October 3

Virtual Conference, *Effective approaches to addiction treatment* 5:45 – 10 am (Free)
<https://www.eventbrite.com/e/effective-approaches-to-addiction-treatment-live-virtual-event-tickets-113881243866?aff=ebdssbonlinesearch>

October 4-6

International Nurses Society on Addictions (IntNSA) Global Virtual Conference. (Free)
<https://www.intnsa.org/conference/>

October 4- 10 Mental Illness Awareness Week <https://www.camimh.ca/mental-illness-awareness-week/about-miaw/>

October 5

Zoom Workshop, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Nadine Groves. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-dialectical-behaviour-therapy10-5/#tickets>

October 5

Live webinar, *Mindfulness as a counselling tool* by Vicki Enns. <https://ca.ctrinstitute.com/workshops/live-webinar-mindfulness10-5/#tickets>

October 5- 7

Beck Institute, Zoom Workshop, *CBT for anxiety*. 6:45 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-anxiety/>

October 6

University of Calgary Grand Rounds, *Drug induced Parkinsonism* by Dr Davide Martino. 12- 1 pm by Zoom
https://events.ucalgary.ca/#!view/event/event_id/11017

October 7

CTRI Zoom Live Workshop, *Trauma-informed care: Building a culture of strength* with Nathan Gerbrandt. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-trauma-informed-care-10-7/>

October 7

Live Webinar, *Diversity and culture: Strategies for working with differences* by David Jung. 12- 1 pm.
<https://ca.achievecentre.com/workshops/live-webinar-diversity-and-culture10-7/#tickets>

October 7

Zoom Workshop, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Nadine Groves. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-dialectical-behaviour-therapy10-7/#tickets>

October 7

University of Alberta, Adult Psychiatry Grand Rounds by Zoom. 12- 1 pm. <https://zoom.us/j/98922021816>

October 7- 8

5th Annual Health Policy Virtual Conference, *Bridging the gap between health and the social determinants*. 6:30 am- 3 pm. (free) <https://www.eventbrite.ca/e/bridging-the-gap-between-health-the-social-determinants-tickets-116833469051?aff=ebdssbonlinesearch>

October 8- 9

Beck Institute, Zoom Workshop, *Integrating CBT and mindfulness* by Dr Robert Hindman. 6:45 am- 2 pm. <https://beckinstitute.org/workshop/integrating-cbt-and-mindfulness/>

October 8- 10

Mayo Clinic, Online Training, *Principles of care of transgender and intersex patients* <https://ce.mayo.edu/psychiatry-and-psychology/content/principles-care-transgender-and-intersex-patients-2020-livestream>

October 9

PAA Workshop, *General assessments for counselling psychologists* with Dr Jamie Dyce. 9 am- 4:30 pm in Edmonton. <https://psychologistsassociation.ab.ca/event-details/?id=113>

October 9

Online workshop. *Mental health disparities in the age of Covid-19* with Dr Iman Ross, Dr Kimber Shelton and Dr Tiffany Young. 8:30- 11:30 am <https://www.eventbrite.com/e/mental-health-disparities-in-the-age-of-covid-19-tickets-117333502665?aff=ebdssbonlinesearch>

October 10 WHO World Mental Health Day https://www.who.int/mental_health/world-mental-health-day/en/

October 12- 24

Faculty of Social Work, Online Workshop, *Harm reduction principles and practice* with Claire O’Gorman. https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133492&parentSite=FSW#courseSectionDetails_57150119

October 13

University of Calgary Grand Rounds, *Neurosurgical interventions in psychiatric disorders* by Dr Raj Ramasubbu. 12- 1 pm by Zoom https://events.ucalgary.ca/#!view/event/event_id/11017

October 13- December 15

Centre for Mindfulness Canada, 10 Week Online Mindfulness Based Stress Reduction (MBSR) Training with Dr Kasim Al-Mashat and Florence Meleo-Meyer. <https://www.drkasimalmashat.com/mbsr-teacher-training.html>

October 14

University of Alberta, Adult Psychiatry Grand Rounds by Zoom. 12- 1 pm. <https://zoom.us/j/98922021816>

October 14

University of Alberta, Forensic Grand Rounds, *Psychological dimensions of shoplifting: A new typology for repeated shoplifting* by Dr Miranda Nadeau 9- 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds/index.html>

October 14- 16

Addiction Health Services Research Conference (Virtual) <https://www.ahsrconference.org/>

October 14- 17

5th Psychedelic Psychotherapy Forum, 2020: *Vision and visionaries* in Victoria, BC. <https://www.psychedelicspsychotherapy.ca/>

October 15

EHN Webinar, *Medications used in addiction treatment* with Dr Ilan Nachim. 2- 3 pm. <https://www.edgewoodhealthnetwork.com/webinars/>

October 15

CARNA Webinar, *Collaborative practice in nursing*. 12- 1 pm. <https://nurses.ab.ca/practice-and-learning/learning-opportunities/event-and-conferences/2020/10/15/default-calendar/collaborative-practice-in-nursing-webinar>

October 15- 16

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer. 9 am- 5 pm <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

October 16

Psychodynamic Conference 2020, *The impact of unresolved trauma* with Dr Clare Pain. 8:30 am- 12:30 pm by Zoom. https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar#!view/event/event_id/56400

October 16- 17

Online Training, *Mindfulness: The knowing and doing in clinical practice* by Dr Ken Kwan. 7 am- 3 pm. <http://oshawapsychotherapytraining.com/courses/mindfulness-the-knowing-and-doing-in-clinical-practice/>

October 16- 17

Canadian Academy of Geriatric Psychiatry, Annual Scientific Meeting in Montreal. <http://www.cagp.ca/Future-Conferences>

October 16- 18

Pain Society of Alberta Virtual Conference <https://www.painab.ca/>

October 16- 18

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Calgary. A three day course within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

October 19

31st Annual Palliative Education and Research Day (Online), *Kaleidoscope of diversity: Honoring individuality in palliative care* sponsored by Covenant Health. <https://www.covenanthealth.ca/innovations/palliative-institute/annual-palliative-education-research-days>

October 20

5th Annual CMHA (Virtual) Conference, *Hope in an age of uncertainty*. <https://conference.cmha.ca/>

October 20

Zoom Workshop, *Play Therapy: Tools for helping children and youth* by Kelly Smith. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-play-therapy11-5/#tickets>,

October 20

Live Webinar, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Sheri Coburn. 12- 1 pm. <https://ca.ctrinstitute.com/workshops/live-webinar-dialectical-behaviour-therapy10-20/#tickets>

October 20

ASAM Alcohol Withdrawal Management Webinar, *Psychopharmacology* with Dr Michael Weaver. 10 am. https://elearning.asam.org/p/AWM2020_Webinar4#tab-product_tab_overview

October 20

CMHA Virtual Conference, *Hope in an age of uncertainty*. <https://conference.cmha.ca/>

October 21

Live Zoom Workshop, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Kimberly Enns. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-dialectical-behaviour-therapy-10-21/>

October 21

University of Alberta, Forensic Grand Rounds, *Barriers that sexual offenders face in acquiring post-secondary education* by Lauren Rubenstein. 9- 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds/index.html>

October 21

University of Alberta, Adult Psychiatry Grand Rounds by Zoom. 12- 1 pm. <https://zoom.us/j/98922021816>

October 21- 23

53rd Annual (Virtual) Meeting, International Society for Developmental Psychobiology. <https://isdpo.org/current/>

October 21 and 28 and November 4

Beck Institute, Zoom Workshop, *CT-R for Schizophrenia and serious mental health conditions*. 6:45 am- 2 pm. <https://beckinstitute.org/workshop/ct-r-for-schizophrenia-and-serious-mental-health-conditions/>

October 21- 22

Zoom Workshop, *Trauma: Strategies for resolving the impact of post-traumatic stress* with Vicki Enns. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-trauma10-21/#tickets>

October 22- 24

Canadian Psychiatric Association, 70th Annual Conference in Vancouver. <https://www.cpa-apc.org/annual-conference/>

October 22- 25

Training, *Prolonged exposure therapy for PTSD* with Dr Megan McElheran. In Calgary. <https://www.ucalgary.ca/pd/>

October 23

PAA Workshop, *Forensic practice: What every psychologist should know* by Dr Roy Frenzel. 9 am- 4:30 pm in Calgary. <https://psychologistsassociation.ab.ca/event-details/?id=115>

October 23- 24

Online Training, *Dialectical Behaviour Therapy- Eating Disorder* by Dr Anita Federici. 7 am- 3 pm. <http://oshawapsychotherapytraining.com/courses/dialectical-behaviour-therapy-eating-disorder/>

October 23- 25

CADDRA Virtual 16th Annual ADHD Conference and Research Day, <https://caddra.societyconference.com/v2>

October 24

SAOT Online Workshop, *Mindfulness: When it is not rainbows and lollipops*. 9 am- 12 noon. https://acsw.in1touch.org/viewEvent.html?no_header=true&productId=7954

October 27

University of Calgary Grand Rounds, *Why psychiatrists must behave like cardiologists when treating first episode psychosis* by Dr Henry Nasrallah. 12- 1 pm by telehealth. https://events.ucalgary.ca/#!/view/event/event_id/11022

October 28

NAADAC Webinar, *Unintended consequences of the cannabis panacea: What addiction specialists need to know* by Dr Susan Bradshaw. 5- 6 pm (Free) <https://www.naadac.org/cannabis-panacea-webinar>

October 28

University of Alberta, Adult Psychiatry Grand Rounds by Zoom. 12- 1 pm. <https://zoom.us/j/98922021816>

October 28- 30

National Mental Health Conference, *Promoting the journey to healing for Indigenous people, the criminal justice system and our communities* in Winnipeg. <http://www.mdam-mental-health-conference.com/>

October 29

Zoom Workshop, *Borderline Personality Disorder: Understanding and supporting* with Sheri Coburn. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-borderline-personality-disorder10-29/#tickets>

October 29

Live Webinar, *Trauma: Strategies for counsellors* by Vicki Enns. 1- 2 pm. https://ca.ctrinstitute.com/workshops/list/?tribe_paged=2&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Webinars

October 29- 30

Beck Institute, Zoom Workshop, *CBT for Bipolar Disorder* with Dr Cory Newman. 6:45 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-bipolar-disorder/>

October 30

2nd Annual Dr Susan Carpenter Education Day for Developmental Disabilities Mental Health. 8 am- 4 pm in Calgary. https://events.ucalgary.ca/#!view/event/event_id/18147

October 30

SAOT Online Workshop, *Smart but scattered: Improving executive skills at home and school*. 10 am- 4 pm. https://acsw.in1touch.org/viewEvent.html?no_header=true&productId=7955

October 31- November 1

12th Annual ADHD Conference (online) 8 am- 5 pm. <https://keltymentalhealth.ca/event/2020/10/12th-annual-adhd-conference>

November 2

Workshop, *Drug use during pregnancy* by Maureen Shogan. 8:30 am- 4 pm in Red Deer. https://www.nursinglinks.ca/frameset_main.html

November 2- 3

Zoom Workshop, *Brief focused counselling skills: Strategies from leading frameworks* by Sheri Coburn. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtualbrief-focused-counselling-skills11-2/#tickets>

November 2- 3

Online Symposium, *Mental health measurement: Treatments and therapies*. 6 am- 1 pm. <https://www.eventbrite.com/e/virtual-symposium-on-mental-health-measurement-treatments-and-therapies-tickets-113570039044?aff=ebdssbonlinesearch>

November 2- 29

Faculty of Social Work, Online Course, *Understanding and intervening with substance abuse* by Dr Peter Choate. https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133528&parentSite=FSW#courseSectionDetails_57179688

November 2- 30

Online Course, *Clinical Social Work Supervision* with Dr Jane Matheson <https://www.ucalgary.ca/pd/workshops>

November 3

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Edmonton. **November 2** in Calgary. https://www.nursinglinks.ca/info_geriatric.html

November 3

7th Annual Dementia Research Conference, *Together 4 dementia*. Online and Free. 4- 8 am (UK time) <https://www.eventbrite.co.uk/e/free-online-dementia-conference-together-4-dementia-tickets-114509815942?aff=ebdssbonlinesearch>

November 3

Workshop, *Drug use during pregnancy* by Maureen Shogan. 8:30 am- 4 pm in Lethbridge. https://www.nursinglinks.ca/frameset_main.html

November 3

University of Calgary Grand Rounds, *Major Depressive Disorder (MDD) and Schizophrenia: Addressing unmet needs with partial agonists at the D2 receptor- A review* by Dr Philip Gorwood. 12- 1 pm by telehealth. https://events.ucalgary.ca/#!view/event/event_id/11023

November 3

CARNA Webinar, *Social media e-professionalism*. 3- 4 pm. <https://nurses.ab.ca/practice-and-learning/learning-opportunities/event-and-conferences/2020/11/03/default-calendar/social-media-e-professionalism-webinar>

November 4

Zoom Webinar, *Addiction and mental illness: Working with co-occurring disorders* with John Koop Harder. 9 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-addictions-and-mental-illness-ottawa11-4/#tickets>

November 4

NAADAC Webinar, *Working through Antisocial Personality: Etiology through treatment interventions* by Dr Malcolm Horn. 5- 6:30 pm. (Free). <https://www.naadac.org/working-with-antisocial-personality-webinar>

November 4- 14

International Society for Traumatic Stress Studies, 36th Annual Meeting (online), *Bridging science and practice to reach underserved communities: Barriers, opportunities and innovations*. <https://istss.org/am20/home.aspx>

November 5

Zoom Workshop, *Harm reduction: A framework for change, choice and control* by John Koop Harder. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtualharm-reduction-11-5/>

November 5

Live webinar, *Borderline Personality Disorder: Understanding and supporting* with Sheri Coburn. 12- 1 pm <https://ca.ctrinstitute.com/workshops/live-webinar-borderline-personality-disorder11-5/#tickets>

November 5- 6

CTRI Live Zoom Workshop, *Gender and sexual diversity in youth* with Reece Malone. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-gender-and-sexual-diversity-in-youth11-5/#tickets>

November 5- 6

Faculty of Social Work, Online Workshop, *Cognitive-Behavioural treatment of Obsessive Compulsive Disorder* with Dr Martin Antony.

https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133694&parentSite=FSW#courseSectionDetails_57171316

November 5- 6

Society for the Study of Addiction (Online) Annual Conference. <https://www.addiction-ssa.org/annual-conference/annual-conference-2020/>

November 6-7

Online training, *Dialectical Behaviour Therapy: Part 2* with Dr Lisa Burckell. 7 am- 3 pm daily. <http://oshawapsychotherapytraining.com/courses/dialectical-behaviour-therapy-part-2/>

November 6- 10

Online World Professional Association for Transgender Health, 26th Scientific Symposium in Hong Kong. <https://www.wpath.org/>

November 6- 8, 13- 15 and 20- 22

Canadian Art Therapy Association, Virtual Conference, *Sustaining and expanding creative practices in unprecedented times*. <https://www.canadianarttherapy.org/conference>

November 7

Webinar Conference, *MDMA and psychedelic assisted therapy: Ethics and the law*. 8:30 am- 4:30 pm. <https://enhancedtherapy.ca/conference/>

November 7- 8

Beck Institute, Zoom Workshop, *CBT for weight loss and maintenance* with Debrah Beck Busis. 7 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-weight-loss-and-maintenance-2/>

November 9- December 7

Faculty of Social Work, Online Workshop, *Using the DSM-5 in mental health care: From diagnosis to treatment planning* with Dr Michael Lee Zwiers.

https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133597&parentSite=FSW#courseSectionDetails_57200538

November 10

University of Calgary Grand Rounds, *Questions as interventions in clinical interviewing* by Dr Karl Tomm. 12- 1 pm by Zoom. https://events.ucalgary.ca/#!/view/event/event_id/11024

November 10- 12

Virtual 3rd Annual Neuropsychiatric Drug Development Summit, *Developing truly transformative neuropsychiatric drugs for patients in need*. <https://npd-summit.com/about/full-event-guide/>

November 12- 13

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

November 12- 14

Online Conference, Canadian Society of Addiction Medicine, Conference, *The world of addiction: Now and the future* <https://csam-smca.org/future-csam-conferences/>

November 12, 13 & 16

The Diversity, Equity and Inclusion Virtual Conference, *Building organizations where everyone can belong, contribute and succeed.* <https://conference-board.org/events/diversity>

November 16

Zoom Workshop, *Anxiety: Practical intervention strategies* with Vicki Enns. 8 am- 3 pm.
<https://ca.ctrinstitute.com/workshops/live-virtual-anxiety11-16/#tickets>

November 16

Live Webinar, *Motivational Interviewing* with Danielle Forth. 12- 1 –pm.
https://ca.ctrinstitute.com/workshops/list/?tribe_paged=2&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Webinars

November 16- 18

Beck Institute, Zoom Workshop, *CBT for Personality disorders* with Dr Robert Hindman. 6:45 am- 2 pm.
<https://beckinstitute.org/workshop/cbt-for-personality-disorders/>

November 16- 20

Children's Healthcare Canada, Annual Virtual Conference, *Building bridges: On the road to healthcare equity.*
<https://conference.childrenshealthcarecanada.ca/>

November 17

University of Calgary Psychiatry Rounds, *Drug repurposing in psychiatry- Lets not reinvent the wheel* by Dr Dallas Seitz. 12- 1 pm by Zoom. https://events.ucalgary.ca/#!/view/event/event_id/11025

November 17

CTRI Zoom Workshop, *Depression: Practical intervention strategies* with Janelle Jackiw. 8 am- 3 pm.
<https://ca.ctrinstitute.com/workshops/live-virtual-depression-whitehorse11-17/#tickets>

November 17

ASAM Alcohol Withdrawal Management Webinar, *Complicated withdrawal and special populations* with Dr Darius Rastegar. 10 am. https://elearning.asam.org/p/AWM2020_Webinar5#tab-product_tab_overview

November 18

University of Alberta, Forensic Grand Rounds, *Violence and Covid 19 conspiracy theories* by Daniel Jolley. 9- 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds/index.html>

November 18

NAADAC Webinar, *Adolescents with co-occurring disorders: Already in our care* by Michael Fox. 5- 6:30 pm
<https://www.naadac.org/adolescents-with-COD-webinar>

November 18- 19

CTRI Zoom Workshop, *Autism: Strategies for self-regulation, learning and challenging behaviours* with Kathleen Rooney. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-autism11-18/#tickets>

November 19

EHN Webinar, *The link between trauma and substance use* by Amber Dufy. 2- 3 pm.
<https://www.edgewoodhealthnetwork.com/webinars/>

November 19- 20

2nd Annual Body Peace Virtual Conference (Eating Disorders) <https://bodybrave.ca/the-body-peace-conference/>

November 20

SAOT Online Workshop, *Smart but scattered adults: How to work with clients to strengthen executive skills.* 10 am- 4 pm. https://acsw.in1touch.org/viewEvent.html?no_header=true&productId=7956

November 20

Zoom Webinar, *Working with co-occurring disorders* with John Koop Harder. 12- 1 pm.
<https://ca.ctrinstitute.com/workshops/live-webinar-addictions-and-mental-illness9-14/#tickets>

November 20- 22

Edmonton Children's Mental Health Conference. Sponsored by the Institute of Child Psychology.
<https://www.eventbrite.ca/e/2020-childrens-mental-health-conference-tickets-94002625383?aff=ebdssbdestsearch>

November 23- 24

CTRI Zoom Workshop, *Gender and sexual diversity in youth* by Reece Malone. 8 am- 3 pm daily.
<https://ca.ctrinstitute.com/workshops/live-virtual-gender-and-sexual-diversity-in-youth11-23/#tickets>

November 24

Zoom Workshop, *Motivational Interviewing: Strategies for supporting change* by Danielle Forth. 8 am- 3 pm.
https://ca.ctrinstitute.com/workshops/list/?tribe_paged=4&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Virtual+Workshops

November 24

Live Webinar, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Sheri Coburn.
<https://ca.ctrinstitute.com/workshops/live-webinar-dialectical-behaviour-therapy11-24/#registration>

November 25

Live Webinar, *Autism: Strategies for self-regulation* by Dr Paula Hutchinson. 12- 1 pm.

<https://ca.ctrinstitute.com/workshops/live-webinar-autism11-11/#tickets>

November 26

Live Webinar, *Anxiety: Practical intervention strategies* by Vicki Enns. 12- 1 pm.

<https://ca.ctrinstitute.com/workshops/live-webinar-anxiety11-26/#tickets>

November 26, 27 and December 3, 4

Faculty of Social Work, Online Workshop, *Traumatic dissociation, emotion dysregulation, and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. 3- 6 pm daily.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=53088256&parentSite=FSW>

November 27

PAA Workshop, *Trauma and PTSD in first responder populations* with Dr Megan McElheran. 10 am- 4:30 pm.

<https://psychologistsassociation.ab.ca/event-details/?id=111>

November 27- 28

Online Training, *Dialectical Behaviour Therapy- Skills training* by Dr Krystle Martin. 7 am- 3 pm.

<http://oshawapsychotherapytraining.com/courses/dialectical-behaviour-therapy-skills-training/>

November 27- 30

Somatic Experiencing Training Edmonton, *A body oriented approach to healing trauma: Beginning I* in Edmonton.

<https://www.setrainedmonton.com/>

November 30

Zoom Workshop, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Nadine Groves.

8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-webinar-dialectical-behaviour-therapy-11-30/#tickets>

November 30- December 1

Zoom Workshop, *Self-injury behavior in youth: Issues and strategies* by Kimberly Enns. 9 am – 3 pm.

<https://ca.ctrinstitute.com/workshops/live-virtual-self-injury-behaviour-in-youth11-30/#tickets>

December 1

University of Calgary, Grand Rounds, *Antipsychotics: What is new What is different? What is next?* by Dr Leslie

Citrome 12- 1 pm by Zoom. <https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar>

December 2- 3

Interactive Online Conference, *Working with the whole person: Alcohol, mental health and complex needs.*

2:30 - 6:35 am (UK time). <https://www.eventbrite.co.uk/e/working-with-the-whole-person-alcohol-mental-health-and-complex-needs-tickets-115201476718?aff=ebdssbonlinesearch>

December 3

Zoom Webinar, *Violence threat assessment: Planning and response* by Randy Grieser, 12- 1 pm.

<https://ca.ctrinstitute.com/workshops/live-webinar-violence-threat-assessment12-3/#tickets>

December 3- 4

West Coast Symposium on Addictive Disorders (Online) <https://www.wcsad.com/>

December 3- 4

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. 9 am- 5 pm.

<https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

December 4

University of Calgary, *Neuropsychiatry Day*, 12:45- 4 pm by Zoom.

https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar#!view/event/event_id/92257

December 4

Live Webinar, *Walking through grief: Helping others deal with loss* by John Koop Harder. 12- 1 pm.

https://ca.ctrinstitute.com/workshops/list/?tribe_paged=3&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_eep_custom_16=Live+Webinars

December 7

Zoom Webinar, *Self-injury behavior in youth: Strategies for helping* by Kimberly Enns. 12- 1 pm.

<https://ca.ctrinstitute.com/workshops/live-virtual-self-injury-behaviour-in-youth11-30/#tickets>

December 7- 9

Beck Institute, Zoom Workshop, *CBT for depression and suicide* with Dr Robert Hindman and Dr Francine Broder.

6: 45 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-depression-and-suicide/>

December 8

Zoom Workshop, *Providing support remotely: Strategies for helping from a distance* by John Koop Harder.

8- 11 am. <https://ca.ctrinstitute.com/workshops/live-virtual-providing-support-remotely12-8/#tickets>

December 8

Live Webinar, *Cognitive Behavioural Therapy: Tools for thinking differently* by Sheri Coburn. 12- 1 pm.

https://ca.ctrinstitute.com/workshops/list/?tribe_paged=3&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_eep_custom_16=Live+Webinars

December 9

Zoom Workshop, *Trauma-informed care: Building a culture of strength* by Nathan Gerbrandt. 8 am- 3 pm.
https://ca.ctrinstitute.com/workshops/list/?tribe_paged=5&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Virtual+Workshops

December 9- 13

Online Conference, *The evolution of psychotherapy* <https://www.evolutionofpsychotherapy.com/>

December 10

Zoom Workshop, *Diversity and culture: Strategies for working with differences* by David Jung. 8 am- 3 pm.
<https://ca.achievecentre.com/workshops/live-virtual-diversity-and-culture12-10/#tickets>

December 10- 11

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly.
<https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

December 10- 13

American Academy of Addiction Psychiatry, Virtual 31st Annual Meeting and Scientific Symposium, *Translating science. Transforming lives.* <https://www.aaap.org/annual-meeting/>

December 11- 12

International Stress Management Association, 7th International Congress of Stress, Performance and Wellness. (Online) <https://www.isma.org.in/icspw2020/>

December 15

Live Zoom Webinar, *Motivational Interviewing: Strategies for supporting change* with John Koop Harder. 8 am- 3 pm <https://ca.ctrinstitute.com/workshops/live-virtual-motivational-interviewing-12-15/>

December 15

Live Webinar, *Trauma-informed care: Building a culture of strength* by Nathan Gerbrandt.. 12- 1 pm.
<https://ca.ctrinstitute.com/workshops/live-webinar-trauma-informed-care12-15/#tickets>

December 15

Zoom Workshop, *Cognitive Behavioural Therapy: Tools for thinking differently* with Sheri Coburn. 8 am- 3 pm.
<https://ca.ctrinstitute.com/workshops/live-virtual-cognitive-behavioural-therapy12-15/#registration>

December 16

Zoom Workshop, *Narrative Therapy: Tools for exploring stories* by John Koop Harder. 8 am- 3 pm.
https://ca.ctrinstitute.com/workshops/list/?tribe_paged=5&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Virtual+Workshops



December 17

EHN Webinar, *Concurrent acquired brain injuries and substance use* by Kathryn Decker. 2- 3 pm.
<https://www.edgewoodhealthnetwork.com/webinars/>

Contact Daniel.scott@ahs.ca with additions, subscriptions, and updates.
Information, Evaluation and Professional Practice, Addiction and Mental Health, Edmonton Zone

Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines.* <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** https://libguides.adelaide.edu.au/psychiatry/rating_scales
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **University of Alberta Grand Rounds** Schedule of weekly Forensic, Adult and Child/Youth grand rounds. Archive includes recordings of Adult and Child & Adolescent Grand Rounds. <https://www.ualberta.ca/psychiatry/grand-rounds> <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules on the external AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>

- ⚙️ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ⚙️ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙️ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙️ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/uAlberta.ca/ggr/home>
- ⚙️ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙️ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙️ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://nao.ca/bpg/initiatives/mhai/purpose>
- ⚙️ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙️ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙️ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ⚙️ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. <https://crismprairies.ca/>
- ⚙️ **Jack Hirose Webinars.** On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ⚙️ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars. <https://ca.ctrinstitute.com/>
- ⚙️ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers. <https://moodle9.camhx.ca/moodle/?lang=en>
- ⚙️ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ⚙️ **Practice Wise.** AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hpsp/Page12451.aspx>
- ⚙️ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ⚙️ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEijWZCVGlzk8U8S->
- ⚙️ **Living Hope** is the Edmonton Suicide prevention strategy. The "11 of us" website has resources to learn the signs and to learn to help. https://11ofus.ca/?gclid=CjwKCAiAws7uBRAkEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAoogL0GwrGtv0Zz1Wc6v1shuEqoq8RoCnrUQAvD_BwE Contact: lahn.jones@ahs.ca
- ⚙️ **Institute of Child Psychology** Alberta based provider of psychological services and training. Online courses for parents and therapists at https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc_cid=9c54c3b01d&mc_eid=bebf37cffa
- ⚙️ **Psychiatry Academy** Online courses in Cognitive Behaviour Therapy and other professional development topics. Scheduled sessions and on-demand webinars http://mghcme.org/page/cognitive_behavioral_therapy
- ⚙️ **Making Sense of Trauma** Free webinar with practical tools for responding to children and youth <https://makingsenseoftrauma.com/course/making-sense-of-trauma/>
- ⚙️ **Mount Royal University** Continuing Competency Certificates include Children's Mental Health, Addiction, and Dementia <https://www.mtroyal.ca/conted/az-programs/categories/>