



Daily Event Listings
Online Learning Resources

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October

Healthy Minds/Healthy Children Online Professional Development, 1) *Truth and reconciliation calls to action: What they mean for schools and healthcare* and 2) *Transgender series: Identifying Gender Dysphoria in Children and Adolescents (Part A)*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

October 1- 2

Sexual Exploitation Training and Awareness Conference in Calgary. <http://resetcalgary.ca/conference/>

October 1- 7 Mental Illness Awareness Week (MIAW) <http://www.camimh.ca/mental-illness-awareness-week/about-miaw/>

October 2

Workshop, *Hepatitis C in primary care and drug and alcohol settings*. 8:30 am- 4 pm at the Shaw Conference Centre in Edmonton. (free) <https://ashm.eventsair.com/inhsu/edmonton2018/Site/Register>

October 2

Workshop, *Managing mental health in the workplace- Rights and responsibilities* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.achievecentre.com/workshops/managing-mental-health-edmonton10-2/#tickets> and in Calgary with Marwa Fadol on **October 4** <https://ca.achievecentre.com/workshops/managing-mental-health-calgary10-4/#tickets>

October 2

Nursing Workshop, *Geriatric gems: Beyond the basics* with Barb Bancroft. 8:30 am- 4 pm in Lethbridge. https://www.nursinglinks.ca/info_geri.html

October 2

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 2

University of Calgary Grand Rounds, *Canadian Biomarker Integration Network in Depression (CAN-BIND): An overview* by Dr Stefanie Hassel. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview>

October 2 & 9

Online Course, *The impact of technology on children and youth*. 7- 9 pm. (\$100) https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2018

October 2- November 6 (Every Tuesday)

Webinar Series, *The evidence-based and individualized treatment of depression* with Dr Randy Paterson. (\$399) <http://webinars.jackhirose.com/product/depression-paterson/>

October 3

Workshop, *The ethics of helping - Boundaries and relationships* with Lana Dunn. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/the-ethics-of-helping-calgary10-3/#tickets> and **October 4** in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/the-ethics-of-helping-edmonton10-4/#tickets>

October 3

Live Webinar, *Borderline Personality Disorder- Understanding and supporting* with Tricia Klassen. 12- 1 pm. (\$32) <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-live-webinar10-3/>

October 3

Community Education Services Videoconference, *Physical literacy and health*. 11 am- 12:30 pm. <http://community.hmhc.ca/sessions/?p=telehealth>

October 3- 5

National Harm Reduction Conference, *Stimulus 2018: Drugs, policy and practice in Canada* in Edmonton <https://stimulusconference.ca/drugs-policy-practice-canada-2/>

October 3- 6

International Nurses Society on Addictions, 42nd Annual Educational Conference, *Substance use and recovery oriented care: 21st century challenges and opportunities*. In Denver, Colorado, USA. <http://www.intnsa.org/conference>

October 4

Live Stream Online Workshop, *Clinical supervision- Skills for developing counsellors* with Vicki Enns. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-stream-clinical-supervision-10-4/#tickets>

**October 4- 5**

Association of Alberta Sexual Assault Services Training, *First responder to sexual assault and abuse* in Lethbridge. (\$200) <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

October 4- 6

Early Onset Dementia Alberta Foundation, 5th Building Dementia Awareness Conference in Edmonton. <http://www.eodaf.com/>

October 5

Live Webinar, *Cannabis at work- A guide to policy and response* with David Stark. 12- 1 pm. (\$32) <https://ca.achievecentre.com/workshops/cannabis-at-work-live-webinar10-5/>

October 9

Research Symposium, *Cannabis, endocannabinoids and mental health*. University of Alberta, Edmonton. <https://www.ualberta.ca/medicine/events/psychiatry/51oi4btqlp1lkeno9110epdtee>

October 9

University of Calgary Grand Rounds, *Late onset psychosis* with Dr Jaylynn Arcand and Dr Aaron Mackie. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview>

October 9- 10

FACS Training, *Static-99R and Stable-2007/Acute-2007 Risk Assessment* with Melinda Aldons (Queensland Correctional Services). In Edmonton. (\$300) Contact Christine.Sribney@ahs.ca for information and registration form. Sponsored by the Mental Health Foundation.

October 9 - November 13 (every Tuesday)

Webinar series, *The 10 best ever anxiety management techniques* with Dr Margaret Wehrenberg <http://webinars.jackhirose.com/> (\$400)

October 9- November 13 (every Tuesday)

Webinar Series, *The Personality Disorder toolbox: Practical strategies for meeting the challenges of your most difficult cases* by Dr Jeff Riggerbach. (\$399) <http://webinars.jackhirose.com/product/the-personality-disorder-toolbox/>

October 10

REACH Workshop, *Effective intercultural practice* with Kaitlin Lauridsen. 9 am- 4 pm in Edmonton. <https://reachedmonton.ca/pageEvent/Effective-Intercultural-Practice-Oct10-2018>

October 10

Education Series, *What the hookah?* with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 10

REACH Workshop, *Understanding the pre-migration context and supporting newcomer families with trauma* with Karin Linschoten 9 am- 12:30 pm in Edmonton <https://www.reachedmonton.ca/public/Understanding-Pre-migration-Context-Supporting-Newcomer-Families>

October 10- November 7

Online Training, *Advanced Solution Focused Strategies* (\$195) <https://solutiontalk.ca/ssl/registration.php?product=elearning>

October 10 - November 14 (every Wednesday)

Webinar series, *Advanced mindfulness toolbox for rewiring the brain* with Donald Altman. (\$400) <http://webinars.jackhirose.com/product/advanced-mindfulness-toolbox-for-rewiring-the-brain/>

October 10 - November 14 (every Wednesday)

Webinar series, *Sex, intimacy and addiction in the digital age* with Robert Weiss. (\$400) <http://webinars.jackhirose.com/>

October 11

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 11 – October 25 (every Thursday)

Webinar series, *Teens, anxiety and depression: Active strategies to move teens forward* with Lynn Lyons. (\$199) <http://webinars.jackhirose.com/product/teens-anxiety-and-depression/>

October 11- 25 (every Thursday)

Webinar series, *The neuropsychology of stress, trauma and emotional disorders: A framework for effective interventions* by Dr Steven Feifer. <http://webinars.jackhirose.com/>

**October 12- 13**

Canadian Academy of Geriatric Psychiatry, Annual Scientific Meeting, *Integrated mental health and medical care for older adults: Bringing science and practice together*. In Halifax. <http://www.cagp.ca/Annual-Scientific-Meeting-2018/>

October 12- 13

6th Biennial Eating Disorders Association of Canada Conference, *Capitalizing on an evolving database*. In Ottawa. <http://www.edac-atac.ca/upcoming-conferences/>

October 12- 14

Canadian Association of Art Therapy Annual Conference in Montréal. <http://www.canadianarttherapy.org/>

October 15

Workshop, *What every nurse needs to know about...Neurotransmitters* by Barb Bancroft. 8:30 am- 4:30 pm in Edmonton. **October 16** in Calgary. https://www.nursinglinks.ca/info_neurotransmitters.html

October 15

Workshop, *Narrative Therapy- Tools for exploring stories* with John Koop Harder. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/narrative-therapy-edmonton10-15/#tickets> In Calgary on **October 17** with Lana Dunn. <https://ca.ctrinstitute.com/workshops/narrative-therapy-calgary10-17/#tickets>

October 16

Education Series, *Understanding substance use and addiction and intervention strategies* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 16

Workshop, *Cognitive Behavioural Therapy- Tools for thinking differently* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-edmonton10-16/#tickets> **October 18** in Calgary by Alexis Power. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-calgary10-18/#tickets>

October 16

University of Calgary Grand Rounds, *QT- Prolongation in psychiatry- Not for the faint of heart* by Dr Michael Slawnych. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview>

October 16 and 23

Online Workshop, *Classroom mental health*. 7- 9 pm. (\$100)
https://instituteofchildpsychology.com/services/workshop_detail/mental_health_october_2018

October 17

Online Workshop, *Childhood anger: Working through tempers* with Tania Johnson. 7- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online

October 17- 18

4th Annual Quality & Safety Summit, *1+1=3 Because progress does not stop at 2*. In Calgary.
<https://www.albertahealthservices.ca/news/Page12782.aspx>

October 17- 19

CIAJ Annual Conference, *Justice and mental health*. In Ottawa. <https://ciaj-icaj.ca/en/training-programs/2018-annual-conference/>

October 17- 20

Association for the Treatment of Sexual Abusers, 37th Annual Research and Treatment Conference, *Better together*, in Vancouver. <http://www.atsa.com/atsa-conference>

October 17- 21

Hakomi Intensive Training, *The re-creation of self (R-CS)* with Jon Eisman. In Edmonton.
<http://hakomiedmonton.ca/the-re-creation-of-the-self-r-cs-with-jon-eisman/>

October 17, 24 & 30

Online Course, *Childhood anger: Working through tempers*. 7- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online

October 17, 25 and November 1, 8

Online Course, *Childhood anxiety: Helping children heal*. 7:30- 9:30 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anxiety_online_course_fall_2018

October 18

Dr Roger Bland Lecture Series on Children's Mental Health, *School-based mental health* with Dr Stan Kutcher. 6- 8 pm in the McCauley Chambers, Edmonton.
http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries_Overview.pdf

**October 18**

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 18

Online Workshop, *Childhood anxiety: Helping children heal*. 7:30- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anxiety_online_course_fall_2018

October 18

University of Alberta, Integrative Health Institute Conference, *Traditional medicine*. 8:30 am- 5 pm in Edmonton. Keynote speakers are Dr Lynden Crowshoe (University of Calgary) and Dr Pierre Haddad (Université de Montréal). <https://www.ualberta.ca/integrative-health-institute/2018-conference>

October 18- 19

Workshop, *Treating complex trauma: Clinical and scientific innovations* with Dr Christine Courtois. 9 am- 4pm in Edmonton. <https://ucalgary.ca/pd/ComplexTrauma2018>

October 18- 19

National Conference, *Brain injury* in Ottawa. <https://www.braininjurycanada.ca/ottawa-conference-2018/>

October 18- 20

Canadian Association on Gerontology, 47th Annual Scientific and Educational Meeting, *Making it matter: Mobilizing aging research, practice and policy*. In Vancouver. <http://cag2018.ca/>

October 19

University of Calgary, Psychotherapy Day, *Achieving and sustaining individual and group therapist effectiveness* with Dr Molyn Leszcz (University of Toronto) In Calgary.
<https://www.ucalgary.ca/psychiatry/event/2018-10-19/psychotherapy-day-achieving-and-sustaining-individual-and-group-therapist>

October 19

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I switch my patient to different dosing?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

October 19

Workshop, *PsychedUp Edmonton CME* (diagnosis and treatment) with Dr Diane McIntosh. 9 am – 3 pm in Edmonton. <https://www.psychedupcme.com/events/2018/10/19/edmonton>

October 19

Live Webinar, *Autism- Strategies for self-regulation* with Kalyn Falk. 12- 1 pm. (\$32)
<https://ca.ctrinstitute.com/workshops/autism-live-webinar-10-19/>

October 21- 24

4th International Conference on Law Enforcement and Public Health in Toronto. <https://leph2018toronto.com/>

October 22

REACH Workshop, *A self starter kit: An essential tool for helping professionals* with Kathleen Gorman. 12:30- 4 pm in Edmonton. <https://reachedmonton.ca/pageEvent/A-Self-Care-Starter-Kit-Oct22-2018>

October 22- 24

3rd Annual CMHA Mental Health for All Conference, *Ahead by a century: The shape of things to come*. In Montréal <http://conference.cmha.ca/>

October 22- 26

Harvard Medical School, *Intensive course in Transcranial Magnetic Stimulation*. In Boston, USA.
<http://tmslab.org/education-intensive.php>

October 23

Education Series, *Concurrent disorders and treatment considerations* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 23

Live Webinar, *The ethics of helping- Boundaries and relationships* with Vicki Enns. 12- 1 pm. (\$32)
<https://ca.ctrinstitute.com/workshops/the-ethics-of-helping-boundaries-and-relationships-live-webinar/>

October 23

University of Calgary Grand Rounds, *Evidence based treatment algorithms in early episode schizophrenia: What, where and how to use them* by Dr Howard Margolese. 12- 1 pm in Calgary and by telehealth.
<https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview>

**October 23- 24**

Training, *The box and the circle: Indigenous family system* with Dr Jann Derrick and Ken Genlik. 9 am- 4: 30 pm in Calgary. <https://www.ntrc.net/copy-of-the-box-the-circle-practice-1>

October 23- 26

National Conference, *The future of child welfare in Canada* in Calgary. <http://fsw.ucalgary.ca/pcwc2018/call>

October 24

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 24

Canadian Nurses Protective Society Webinar, *Documentation* with Anika Clark LL.B. 12- 1 pm. <https://www.cnps.ca/index.php?page=22>

October 24

Live Webinar, *Managing mental health in the workplace* with Paul Carrick. 12- 1 pm (\$32). <https://ca.achievecentre.com/workshops/managing-mental-health-in-the-workplace-live-webinar10-24/>

October 24- 26

CGPA Conference, *Group therapy: It's about time*. In Winnipeg. <http://cgpa.ca/conference/>

October 24- 26

7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, *Beyond the clinic*. 9 am- 5 pm in Calgary. <http://interprofessional.ubc.ca/initiatives/obesity2018/>

October 24- 26

6th International Conference on Violence in the Health Sector, *Advancing the delivery of positive practice*. In Toronto. http://oudconsultancy.nl/toronto_6_ICWV/index.html

October 25

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 25- 26

Occupational Therapy Recovery Conference, *Evidence-based restorative strategies: Skill building for the wholehearted caring professional* with Lynn Festa. 8 am- 4 pm in Edmonton. (\$125) Hosted by the Edmonton Zone Occupational Therapy Practice Council <https://www.saot.ca/event/occupational-therapy-recovery-conference-2018-evidence-based-restorative-strategies-skill-building-for-the-wholehearted-caring-professional/>

October 25- 26

Alberta Therapeutic Recreation Association, 32nd Annual Symposium, *On the right track*. In Edmonton. <http://www.alberta-tr.org/annual-symposium.aspx>

October 25- 26

Association of Alberta Sexual Assault Services Training, *First responder to sexual assault and abuse* in Lloydminster. (\$200) <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

October 25- 26

Basic Workshop, *Mental Health First Aid*. 9 am- 4:30 pm in Edmonton. (\$185) <https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

October 25- 27

30th Annual Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference, *Crisis, controversy and change* in Vancouver. Includes a one day symposium on addiction for nurses. <https://www.csam-smca.org/events/2018-csam-annual-meeting-scientific-conference/> Conference is followed by *Fundamentals*, a day-long course of presentations on screening, assessment, diagnosis and treatment on **October 28** <https://www.csam-smca.org/events/2018-fundamentals/>

October 25- 27

7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, *Beyond the clinic*. In Calgary. <http://interprofessional.ubc.ca/initiatives/obesity2018/>

October 26- 28

Canadian Counselling Psychology Conference, *Advocating for ourselves, advocating for our communities: Canadian counselling psychology into the next decade and beyond*. In Calgary <http://www.werklund.ucalgary.ca/ccpc>

October 27

SAOT Workshop, *Women's health and Occupational Therapy: Pelvic health and maternal mental health* with Lindsey Kaupp and Lara Desrosiers. 8:30 am- 4:30 pm. <https://www.saot.ca/event/womens-health-and-occupational-therapy-pelvic-health-and-maternal-mental-health/>

Cognition

October, 2018



Addiction and Mental Health Learning Events

October 28

Workshop, *Hepatitis C in primary care and alcohol and drugs settings*. In Vancouver (adjacent to the CSAM Conference) https://www.csam-smca.org/wp-content/uploads/2018/05/INHSU-HCV-Workshop_28-October-2018.pdf

October 29- 30

Workshop, *Advanced Emotionally Focused Therapy with individuals* with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. <http://www.talk-therapy.ca/eft-individuals-adv/>

October 29- 30

Workshop, *Self-injury in youth- Issues and strategies* with Marwa Fadol. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-calgary10-29/#tickets> **November 1- 2** in Edmonton with Kimberly Enns. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-edmonton11-1/#tickets>

October 30

Workshop, *The therapeutic use of medical cannabis* with Mary Lynn Mathre. 8:30 am- 4 pm in Kelowna, BC. https://nursinglinks.ca/info_cannabis.html

October 30

Education Series, *Concurrent disorders and treatment considerations* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 30

University of Calgary Grand Rounds, *Chronic non-cancer pain and opioid tapering: Risks and rewards* with Dr Robert Tanguay. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview>

October 30- 31

Workshop, *Managing anxiety at home and school* with Lynn Lyons. 9 am- 4 pm in Calgary. <http://www.jackhiro.com/upcoming-workshops/>

October 31

Live Webinar, *Violence threat assessment- Planning and response* with Randy Grieser. 12- 1 pm. (\$32) <https://ca.ctrinstitute.com/workshops/violence-threat-assessment-live-webinar10-31/>

October 31- November 2

Educator's Conference, *Brain-based learning, behavioural challenges and mental health*. 8:30 am- 4 pm daily in Edmonton. <http://www.jackhiro.com/workshop/educators-conference-2018/>

October 31- November 2

Canadian Association for Suicide Prevention Conference, *Signals of hope* in St. John's Newfoundland. <https://www.suicideprevention.ca/>

November

Healthy Minds/Healthy Children Online Professional Development, 1) *Transgender Series: Assisting transgender children and youth: Building conceptual frameworks for affirming care* and 2) *Transgender Series: Identify Gender Dysphoria in children and adolescents, Part B* (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

November 1- 2

Workshop, *The neuropsychology of learning disabilities* by Dr Steven Feifer. 9 am- 4 pm in Calgary. <http://www.jackhiro.com/upcoming-workshops/>

November 2

2nd Annual Stollery Conference, *Are you thriving or surviving?* 7:30 am- 4:15 pm in Edmonton. http://media.campaigner.com/media/57/579475/EZ%20News%202018/Aug%2013_2018/2nd%20Annual%20Stollery%20Conference%20Brochure%20-%20Are%20.pdf

November 2

Nursing Conference, 32nd Margaret Scott Wright Research Day, *Looking back with pride, Looking forward with promise*. <http://www.cvent.com/events/32nd-annual-margaret-scott-wright-research-day/event-summary-97f6eb405f9f48379ee54cdbc3e01a1.aspx>

November 2- 3

Canadian Sleep Society, Annual Education Meeting in Québec City. <https://www.eiseverywhere.com/ehome/cssquebec2018/>

November 3- 6

20th International Society of Addiction Medicine Annual Meeting, *From the past into the future*. In Busan, South Korea. http://isam2018-busan.com/2017/english/main/index_en.asp

Cognition

October, 2018



Addiction and Mental Health Learning Events

November 5

Workshop, *Compassion fatigue* with Dr Eric Gentry. 9 am- 4 pm in Edmonton.

<http://www.jackhirose.com/upcoming-workshops/>

November 5

Workshop, *Legal issues in nursing* by Chris Rokosh. 8:30 am- 4 pm in Calgary. **November 6** in Edmonton.

https://www.nursinglinks.ca/info_legal.html

November 5

Muslim Medical Association of Canada, 1st Annual Canadian Muslim Mental Health Conference, in Toronto.

<https://muslimlink.ca/events/toronto/event/2941->

November 5

8th Biennial Edmonton Zone Nursing Research Day, *Advancing practice, Enhancing care*. 8 am- 4:30 pm at Royal Alexandra Hospital, Edmonton. <https://www.regonline.com/builder/site/Default.aspx?EventID=2237730>

November 5

Live Webinar, *Anxiety- Practical intervention strategies* with John Koop Harder. 12- 1 pm. (\$32)

<https://ca.ctrinstitute.com/workshops/anxiety-live-webinar11-5/>

November 5

Online Workshop, *Helping children through divorce and separation* with Tammy Schamuhn. 7:30- 9 pm.

(\$70) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_fall_2018

November 5- 9 Patient and Family Centred Care Week *Care is a family affair*

<https://insite.albertahealthservices.ca/qhi/Page13008.aspx>

November 6

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 6- 7

Workshop, *Trauma competency training* with Dr Eric Gentry. 9 am- 4 pm in Edmonton.

<http://www.jackhirose.com/upcoming-workshops/>

November 6- 9

Theraplay Level One Training with MIM by Dr Evangeline Munns. 8:30 am- 5 pm daily in Calgary. (\$975)

office@betuned.ca 403-969-5026 https://www.eventbrite.ca/e/theraplay-level-one-training-with-mim-tickets-47960895329?utm_term=eventurl_text

November 7

Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 7

QHI Webinar Series, *Care is a family affair*. 12- 1 pm. Register at MyLearningLink or email gpse@ahs.ca

November 7

7th Annual Pain Awareness Education Day. 8 am- 4:30 pm in Calgary. Topics include: 'Cannabis Update' and 'Opioid Crisis Update'. <https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850>

November 7, 14 & 21

Institute of Child Psychology Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm. (\$140)

https://instituteofchildpsychology.com/services/workshop_detail/adhd_november_online

November 7- 8

Cognitive Workshop, *Anxiety Disorders* with Dr Christine Padesky in Vancouver.

<https://www.cognitiveworkshops.com/>

November 7- 9

Health and Wellbeing in Children, Youth and Adults with Developmental Disabilities, *Creating Partnerships*.

In Vancouver. <http://interprofessional.ubc.ca/initiatives/hw2018/>

November 8

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 8- 9

Workshop, *Advanced Mindfulness training* with Donald Altman. 9 am- 4 pm in Calgary.

<http://www.jackhirose.com/workshop/mindfulness-altman-calgary2018/>

**November 8- 11**

The Society for the Scientific Study of Sexuality Annual Meeting in Montréal. <http://www.sexscience.org/events>

November 9- 11

14th Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary. <https://caddra.societyconference.com/v2/> amanda.edwards@caddra.ca

November 12- 13

Gottman Level 1 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-1-calgary-ab-2/>

November 12- 15

Workshop, *Emotionally Focused Therapy (EFT) externship* with Dr Veronica Kallos-Lilly. 9 am- 5pm daily in Calgary <http://www.talk-therapy.ca/eft-externship/>

November 12- 18 National Addiction Awareness Week *Words matter.*

<http://www.ccdus.ca/Eng/newsevents/national-addictions-awareness-week/Pages/default.aspx>

November 13

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 13

University of Calgary Grand Rounds, *Fitness to stand trial* by Dr David Tano. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-11-13/grand-rounds-fitness-stand-trial-david-tano-bsc-md>

November 14- 16

Gottman Level 2 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-2-calgary-ab-2/>

November 15

Online Course, *Childhood trauma: Finding a way through* with Tammy Schamuhn. 7:30- 9 pm (\$140) https://instituteofchildpsychology.com/services/workshop_detail/trauma_online_fall_2018

November 16

35th Annual Feldman Lecture with Dr Laurence Kirmayer (McGill University). 7:30 am- 3 pm in the Auditorium, Grey Nuns Community Hospital, Edmonton. Topics include, 'Visioning psychiatry: Integrating culture and context in theory/practice', 'Cultural safety and cultural competence'; and 'Cultural based mental health promotion for Indigenous youth'. <https://www.feldmanlecture.ca/>

November 16

PAA Workshop, *Assessments for psychotherapists: (Almost) everything you need to know!* by Dr Jamie Dyce. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=70

November 16

Live Webinar, *Harm reduction- A framework for change, choice and control* with John Koop Harder. 12- 1 pm. (\$32) <https://ca.ctrinstitute.com/workshops/harm-reduction-live-webinar11-16/>

November 16- 18

Canadian Federation of Clinical Hypnosis, Introductory Workshop, *Basic clinical hypnosis training* in Sherwood Park. Call 800 386-7230 <http://www.clinicalhypnosis.ca/wp-content/uploads/2018/02/Fall-2018-Introductory-Workshop-CFCH-AS.pdf>

November 19

CAOT Workshop, *Integrating Cognitive Behavioural Therapy into your Occupational Therapy practice* with Gord Hirano. 8 am- 4 pm in Calgary. http://www.caot.ca/viewEvent.html?no_header=true&productId=9773

November 20

Live Webinar, *Workplace sexual harassment- Why it happens and how to prevent it* with Heidi Grieser 8 am- 3 pm. (\$65) <https://us.achievecentre.com/workshops/live-stream-sexual-harassment11-20/>

November 20

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 20

University of Calgary Grand Rounds, *Street drugs* with Detective Collin Harris. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-11-20/grand-rounds-talk-street-drugs-detective-collin-harris>

**November 21**

Live Webinar, *Cognitive Behavioural Therapy- Tools for thinking differently* with Tricia Klassen. 12- 1 pm (\$32) <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-live-webinar11-21/>

November 21

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 22

Dr Roger Bland Lecture Series on Children's Mental Health, *Transgender mental health* with Dr Michael Marshall. 6- 8 pm in the McCauley Chambers, Edmonton.

http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries_Overview.pdf

November 22- 23

Basic Workshop, *Mental Health First Aid*. 9 am- 4:30 pm in Edmonton. (\$185)

<https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

November 23

Conference, *Opioid Use Disorders in Primary Care*. In Toronto. <https://www.camh.ca/en/driving-change/about-camh/events/opioid-use-disorders-in-primary-care-conference>

November 24

Workshop, *Dreams of zombies and the schizoid world* with Dr Elizabeth Wallace. 9:30 am- 12:30 pm in Vancouver. <http://www.wbcps.org/dreams-of-zombies-and-the-schizoid-world-saturday-november-24-2018/>

November 26

Workshop, *Addictions and mental illness- Working with co-occurring disorders* by Alexis Power.

<https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-calgary11-26/#tickets> **November 28** in Edmonton with David Buhr <https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-edmonton11-28/#tickets>

November 26

Workshop, *Mood and mental disorders update* with Dr Roger McIntyre. 8:30 am- 4 pm in Calgary. In Edmonton on **November 27**. http://www.execulinks.net/frameaset_workshops.html

November 26- 27

Canadian Mental Health Summit, *Advanced Interventions and strategies for frontline professionals*. In Richmond, BC. <http://www.jackhirore.com/workshop/cmhs-2018/>

November 27

Workshop, *Harm reduction- A framework for change, choice and control* with Alexis Power. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/harm-reduction-calgary11-27/#tickets> **November 29** in

Edmonton with David Buhr. <https://ca.ctrinstitute.com/workshops/harm-reduction-edmonton11-29/#tickets>

November 27

Nursing Workshop, *Interpretation of lab tests* by Barb Bancroft. 8:30 am- 4 pm in Red Deer.

https://www.nursinglinks.ca/info_lab_tests.html

November 27

University of Calgary Grand Rounds, *Changes in Bipolar Disorder: Improving treatment of Bipolar Disorder and co-morbid Personality Disorder* with Dr Michael Rosenbluth. 12- 1 pm in Calgary and by telehealth.

<https://www.ucalgary.ca/psychiatry/event/2018-11-27/grand-rounds-changes-bipolar-disorder-improving-treatment-bipolar-disorder-and-co>

November 27- 28

Workshop, *Acceptance and Commitment Therapy* with Dr John Forsyth. In Edmonton.

<http://www.jackhirore.com/upcoming-workshops/>

November 28

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 28

Live Webinar, *Sexual harassment- Why it happens and how to prevent it* with Heidi Grieser. 12- 1 pm (\$32)

<https://ca.achievecentre.com/workshops/workplace-sexual-harassment-live-webinar11-28/>

November 28- 29

Workshop, *Intensive training: Dialectical Behaviour Therapy* with Dr Eboni Webb. In Calgary.

<http://www.jackhirore.com/upcoming-workshops/>



November 28 and December 5 & 19

Online Course, *Childhood anger: Working through tempers* with Tania Johnson. 7- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_online_december

November 29

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 29- 30

Patient and Provider Experience Summit in Edmonton. <https://www.royalalex.org/patient-and-provider-experience-summit-2018/>

November 30

Live Webinar, *Self-Injury behaviour in youth- Strategies for helping* with Kimberly Enns. 12- 1 pm (\$32)
<https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-live-webinar11-30/>

November 30

PAA Workshop, *What every psychologist should know about forensic practice* with Dr Roy Frenzel. 9 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site//paa_workshops_forum?type=event&id=77

November 30

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who has a concurrent disorder and Opioid Use Disorder?* 9 am- 12 noon. Register on iScheduler
<https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

December 4

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 4

University of Calgary Grand Rounds, *Psychiatric aspects of Eating Disorders* with Dr David Terrif, Dr Monique Jericho and Dr April Elliott. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-11-20/grand-rounds-talk-street-drugs-detective-collin-harris>

December 4

Workshop, *Vicarious trauma- Strategies for resilience* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-edmonton12-4/#tickets> **December 6** in Calgary with Rachel Clare. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-calgary12-6/#tickets>

December 6

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 7

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 10- 11

Workshop, *Mindfulness counselling strategies- Activating compassion and regulation* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-edmonton12-10/#tickets> **December 11- 12** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-calgary12-11/#tickets>

December 11

Lecture, *Hope and compassion: The keys to treating mental health patients and families* with Martha Browning and Glenn Kopelson. 12- 1 pm at the Kaye Edmonton Clinic. RSVP to Joelle.fawcett-arsenault@ahs.ca Hosted by the Beryl Institute.

December 11

Live Webinar, *Mindfulness- Overview and awareness* with Vicki Enns. 12- 1 pm. (\$32)
<https://ca.ctrinstitute.com/workshops/mindfulness-live-webinar12-11/>

December 13

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.



December 14

Opioid Dependency Treatment, Virtual Learning Sessions, *What if my patient is pregnant?*
9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

December 18

Live Webinar, *Vicarious trauma- Strategies for resilience* with Vicki Enns. 12- 1 pm. (\$32)
<https://ca.ctrinstitute.com/workshops/vicarious-trauma-live-webinar12-18/>

January

Healthy Minds/Healthy Children Online Professional Development, 1) *Opioids, naloxone kits* and 2) *Threat assessment for targeted violence in youth*. (Free and CME accreditation available) Call 403-955-4642
hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

January 11- March 8

PAA Workshop Series, *Walking the talk on self-care: Understanding compassion fatigue* with Dr Easter Yassa. 12- 1:30 pm each Friday. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78

January 18

PAA Workshop, *Trauma and PTSD in the First Responder population* with Dr Megan McElheran. 10:30 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69

January 18

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I help my patient get off opioids?*
9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

January 18

Presentation, *Between emergencies- A look at mental health in EMS* with Greg Gorecki (Paramedic).
9- 10 am in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76

January 21

Inner City Health and Wellness Program Symposium, *Uppers, downers, all arounders: Let's talk drugs. How do we best care for patients with substance use disorders?* Robbins Pavilion, Royal Alexandra Hospital. More information when available.

January 24

Dr Roger Bland Lecture Series on Children's Mental Health, *Transition from adolescent to adult mental health* with Dr Ian Manion. 6- 8 pm in the McCauley Chambers, Edmonton.
http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries_Overview.pdf

January 28- 30

North American Cannabis Summit, *An objective forum to address public health, science and health equity*. In Los Angeles, USA. (Sponsored by CCSA). <http://northamericancannabissummit.org/>

February

Healthy Minds/Healthy Children Online Professional Development, 1) *ACE Score: What do we do with it?* and *Concussions, Post Concussion Syndrome and mental health in children and youth* (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

February 6 and 13

Online Workshop, *The impact of technology on children and youth*. 7- 9 pm. (\$100)
https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2019

February 7, 13, 21 and 28

Online Course, *Relationship based discipline: Raising resilient children* with Tammy Schamuhn. 7- 9 pm. (\$140) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019

February 13- 15

Advanced Training Workshop, *Collaborative and proactive solutions: Understanding and helping behaviourally challenged kids* with Dr Ross Greene. In Nanaimo, BC. <http://www.4children.ca/workshops.html>

February 15

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my adolescent or senior patient with Opioid Use Disorder* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

February 20, 27 and March 6

Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online



March

Healthy Minds/Healthy Children Online Professional Development, 1) *The gut-brain connection: Obesity, inflammation, microbiome and mental illness* and 2) *Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

March 6

Online Workshop, *The power of play: Fostering resiliency in children*. 7:30- 9 pm. (\$35)
https://instituteofchildpsychology.com/services/workshop_detail/power_of_play_spring_2019

March 6- 9

8th International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance: Integrating research, policy and promising practices around the world*. In Vancouver.
<http://interprofessional.ubc.ca/initiatives/fasd2019/>

March 13, 20 and 27

Online Course, *Childhood anger: Working through tantrums*. 7- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_2019_online

March 13- March 15

Counselling Insights Conference in Calgary. 9 am- 4 pm daily. In Calgary.
<https://ca.ctrinstitute.com/workshops/counselling-insights-conference-march2019/#tickets>

March 15

Opioid Dependency Treatment, Virtual Learning Sessions, *Why do I have to be aware of cultural diversity when treating my clients?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/>
More information at concurrent.disorders@ahs.ca

March 18- 20

16th Medical Cognitive Behavioural Therapy training with Dr Greg Dubord in Whistler, BC. (\$895)
<http://cbt.ca/locations/cbt-whistler-winter/>

April

Healthy Minds/Healthy Children Online Professional Development, 1) *The healing value of relationship with self and others* and 2) *Youth sexual assault/abuse: Managing the crisis phase*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

April 12

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am- 12 noon. Register on iScheduler
<https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

May

Healthy Minds/Healthy Children Online Professional Development, 1) *Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression* and 2) *Youth sexual assault/abuse: After the crisis phase- More healing strategies*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

May 2- 4

20th Biennial Conference, Canadian Gerontological Nursing Association, *Older persons climbing mountains: Journeys and transitions*. In Calgary. <http://cgna2019.ca/>

May 10- 11

20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. <http://www.shared-care.ca/>

May 17

Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

June 21

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

August 22- 25

21st World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>



Online Learning Resources

- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <http://www.albertahealthservices.ca/research/Page11217.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health YouTube Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the **YouTube** playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/uAlberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series YouTube** Recorded expert speaker presentations <https://www.youtube.com/playlist?list=PLwAiWzISiS1fBg3e6ljzeGDI7XAIC1LH>
- ☀ **iScheduler** Online access to all Alberta Health Services Telehealth services. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. <https://scheduler.albertahealthservices.ca/scheduler/eceptionist.asp>



- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/>
- ☀ **Indigenous Cultural Safety Collaborative Learning Series** Webinars to strengthen cultural safety in health and social services <http://www.icscollaborative.com/webinars>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☀ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>



Developmental Pathways of Addiction and Mental Health

Epidemiological data indicates that the majority of adults with mental illness and/or addiction had identifiable symptoms or traits as children. Current scientific understanding is moving towards describing addiction and mental disorders as early onset, trajectory- based, brain illnesses¹. The developmental perspective has significant implications for the nature and organization of treatment and service delivery across all age groups.

This free training is available to all non-AHS staff/public through the **Primary Health Care Learning Portal** <https://phc.myabsorb.ca/#/login> or **External AHS Website** <https://www.albertahealthservices.ca/info/Page15972.aspx>. AHS staff can take the courses through **MyLearningLink**. <https://insite.albertahealthservices.ca/hr/Page1881.aspx> (Search for 'Developmental Pathways' and the entire series will be displayed). Each module is about 2 hours and CME accreditation is available.

The series was developed by the Edmonton Zone, Addiction and Mental Health, Clinical Educators with support from the federal Drug Treatment Funding Program and AHS Child, Youth and Families Initiatives.

The **Professional Development Fund** for Alberta Health Services staff is now open. Funding on a 'first come, first served' basis is available for post-secondary education, attending conferences and workshops, and hosting your own group learning events. <https://insite.albertahealthservices.ca/hr/Page2239.aspx>

AHS Updates about cannabis are at: <https://insite.albertahealthservices.ca/can/Page18679.aspx> (internal site) or <https://www.albertahealthservices.ca/info/Page15989.aspx> (external site)

Other online training webinars:

Impairment and cannabis in the workplace from the Canadian Centre for Occupational Health and Safety. <https://www.ccohs.ca/products/courses/impairment/>

Cannabis in Canada: Implications for Nursing in a changing legal and health-care landscape from the Canadian Nurses Association. <https://www.cna-aiic.ca/en/policy-advocacy/cannabis>

Medical Cannabis Certificate Program from Advancing Practice. <http://www.advancingpractice.com/p-81-medical-cannabis-certificate-program.aspx>

Online, *Cannabis in the Workplace Training* by the Occupational Safety Group. <https://www.osg.ca/products/online-cannabis-in-the-workplace-training/>

Online, *The effects of cannabis use during adolescence* from Canadian Centre of Substance Use and Addiction. <http://www.ccdus.ca/Eng/topics/Marijuana/Cannabis-Adolescence-E-learning-Module/Pages/default.aspx>



Save the Dates

CASA presents
The Dr. Roger Bland Lecture Series on
Improving Children's Mental Health

- Session 1: September 20, 2018
- Session 2: October 18, 2018
- Session 3: November 22, 2018
- Session 4: January 24, 2019

Time: 6 to 8 pm Location: McCauley Chambers

Enjoy four diverse keynote speakers and join the conversation.

Register: CASAservices.org
Info: eflaming@casaservices.org

Everyone is welcome.




http://www.psychologistsassociation.ab.ca/leadadmin/files/CASALectureSeries_Overview.pdf