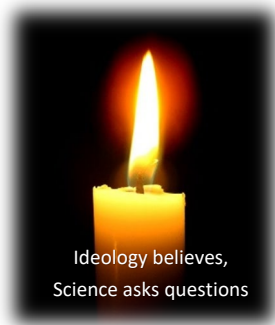


# Cognition

## November, 2020



Addiction and Mental Health

## Learning Events

Daily Event Listings      Pages 1 - 7  
Online Learning Resources      Pages 8 - 9

### November 2

Workshop, *Drug use during pregnancy* by Maureen Shogan. 8:30 am- 4 pm in Red Deer.  
[https://www.nursinglinks.ca/frameset\\_main.html](https://www.nursinglinks.ca/frameset_main.html)

### November 2

LGBTQ2S+ Health Webinar, *Specific considerations for gender dynamic people* by Tammy Troute-Wood.  
10 am- 12 noon. [https://execulinks.net/wp/?product\\_cat=series-lgbtq2s-health](https://execulinks.net/wp/?product_cat=series-lgbtq2s-health)

### November 2- 3

Zoom Workshop, *Brief focused counselling skills: Strategies from leading frameworks* by Sheri Coburn.  
8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtualbrief-focused-counselling-skills11-2/#tickets>

### November 2- 3

Online Symposium, *Mental health measurement: Treatments and therapies*. 6 am- 1 pm.  
<https://www.eventbrite.com/e/virtual-symposium-on-mental-health-measurement-treatments-and-therapies-tickets-113570039044?aff=ebdssbonlinesearch>

### November 2- 4

APT Online Training, *Compassion-Focused Therapy essentials*. <https://www.apt.ac/compassion-focused-therapy-training.html>

### November 2- 29

Faculty of Social Work, Online Course, *Understanding and intervening with substance abuse* by Dr Peter Choate.  
[https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133528&parentSite=FSW#courseSectionDetails\\_57179688](https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133528&parentSite=FSW#courseSectionDetails_57179688)

### November 2- 30

Online Course, *Clinical Social Work Supervision* with Dr Jane Matheson <https://www.ucalgary.ca/pd/workshops>

### November 3

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Edmonton. **November 2** in Calgary. [https://www.nursinglinks.ca/info\\_geriatric.html](https://www.nursinglinks.ca/info_geriatric.html)

### November 3

7<sup>th</sup> Annual Dementia Research Conference, *Together for dementia*. Online and Free. 4- 8 am (UK time!)  
<https://www.eventbrite.co.uk/e/free-online-dementia-conference-together-4-dementia-tickets-114509815942?aff=ebdssbonlinesearch>

### November 3

Workshop, *Drug use during pregnancy* by Maureen Shogan. 8:30 am- 4 pm in Lethbridge.  
[https://www.nursinglinks.ca/frameset\\_main.html](https://www.nursinglinks.ca/frameset_main.html)

### November 3

University of Calgary Grand Rounds, *Major Depressive Disorder (MDD) and Schizophrenia: Addressing unmet needs with partial agonists at the D2 receptor- A review* by Dr Philip Gorwood. 12- 1 pm by telehealth.  
[https://events.ucalgary.ca/#!view/event/event\\_id/11023](https://events.ucalgary.ca/#!view/event/event_id/11023)

### November 3

CARNA Webinar, *Social media e-professionalism*. 3- 4 pm. <https://nurses.ab.ca/practice-and-learning/learning-opportunities/event-and-conferences/2020/11/03/default-calendar/social-media-e-professionalism-webinar>

### November 3- 5

APT Online Workshop, *Motivational Interviewing, and how to use it effectively*. <https://www.apt.ac/motivational-interviewing-training-course.html>

### November 4

Zoom Webinar, *Addiction and mental illness: Working with co-occurring disorders* with John Koop Harder.  
9 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-addictions-and-mental-illness-ottawa11-4/#tickets>

### November 4

NAADAC Webinar, *Working through Antisocial Personality: Etiology through treatment interventions* by Dr Malcolm Horn. 5- 6:30 pm. (Free). <https://www.naadac.org/working-with-antisocial-personality-webinar>

### November 4

University of Alberta, Adult Psychiatry Grand Rounds with Dr Harold Margolese. 12- 1 pm by Zoom.  
<https://zoom.us/j/98922021816>

**November 4- 14**

International Society for Traumatic Stress Studies, 36<sup>th</sup> Annual Meeting (online), *Bridging science and practice to reach underserved communities: Barriers, opportunities and innovations*. <https://istss.org/am20/home.aspx>

**November 5**

Zoom Workshop, *Harm reduction: A framework for change, choice and control* by John Koop Harder. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtualharm-reduction-11-5/>

**November 5**

Live webinar, *Borderline Personality Disorder: Understanding and supporting* with Sheri Coburn. 12- 1 pm <https://ca.ctrinstitute.com/workshops/live-webinar-borderline-personality-disorder11-5/#tickets>

**November 5**

NAADAC Webinar, *Utilizing Counterconditioning (Aversion) Treatment as an effective CBT for Substance Use Disorder* with Dr Erick Davis. 11 am- 1 pm. (Free) <https://www.naadac.org/aversion-treatment-webinar>

**November 5**

Health Ethics Seminar, *Telemedicine: Ethical and practice issues for confidentiality of patient information* with Rose Carter. 12- 1 pm. <https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/health-ethics-seminars/index.html>

**November 5- 6**

CTRI Live Zoom Workshop, *Gender and sexual diversity in youth* with Reece Malone. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-gender-and-sexual-diversity-in-youth11-5/#tickets>

**November 5- 6**

Faculty of Social Work, Online Workshop, *Cognitive-Behavioural treatment of Obsessive Compulsive Disorder* with Dr Martin Antony. [https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133694&parentSite=FSW#courseSectionDetails\\_57171316](https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133694&parentSite=FSW#courseSectionDetails_57171316)

**November 5- 6**

Society for the Study of Addiction (Online) Annual Conference. <https://www.addiction-ssa.org/annual-conference/annual-conference-2020/>

**November 6**

NAADAC Webinar, *Chasing intensity: Stimulant, sex, and the search for connection* with Dr David Fawcett. (Free) 10 am- 12 noon. <https://www.naadac.org/stimulant-sex-connection-webinar>

**November 6-7**

Online training, *Dialectical Behaviour Therapy: Part 2* with Dr Lisa Burckell. 7 am- 3 pm daily. <http://oshawapsychotherapytraining.com/courses/dialectical-behaviour-therapy-part-2/>

**November 6- 10**

Online World Professional Association for Transgender Health, 26<sup>th</sup> Scientific Symposium in Hong Kong. <https://www.wpath.org/>

**November 6- 8, 13- 15 and 20- 22**

Canadian Art Therapy Association, Virtual Conference, *Sustaining and expanding creative practices in unprecedented times*. <https://www.canadianarttherapy.org/conference>

**November 7**

Webinar Conference, *MDMA and psychedelic assisted therapy: Ethics and the law*. 8:30 am- 4:30 pm. <https://enhancedtherapy.ca/conference/>

**November 7- 8**

Beck Institute, Zoom Workshop, *CBT for weight loss and maintenance* with Debrah Beck Busis. 7 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-weight-loss-and-maintenance-2/>

**November 7- 8**

Online Training, *Understanding ketamine and its role in mental health* with Dr Elizabeth Nielson, Dr Ingmar Gorman, Dr Nico Grundmann and Tiffany Franke. <https://www.fluence8.com/events/understanding-ketamine-and-its-role-in-mental-health-new-york-city-3>

**November 7- 14**

American Academy of Addiction Psychiatry, *Advanced addiction psychopharmacology course*. Intensive, 12 hour, online course for prescribers. <https://www.aaap.org/training-events/advanced-addiction-psychopharmacology-course/>

**November 9- 11**

Mayo Clinic, *Tobacco Treatment Specialist Certification*, Online (\$1250 USD). <https://ndceducation.mayo.edu/store/tobacco-treatment-specialist-certification-virtual-training-november-9-11-2020>

**November 9- 11**

APT Online Workshop, *Acceptance and Commitment Therapy essentials*. <https://www.apr.ac/acceptance-and-commitment-therapy-training.html>

**November 9- December 7**

Faculty of Social Work, Online Workshop, *Using the DSM-5 in mental health care: From diagnosis to treatment planning* with Dr Michael Lee Zwiers.

[https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133597&parentSite=FSW#courseSectionDetails\\_57200538](https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133597&parentSite=FSW#courseSectionDetails_57200538)

**November 10**

University of Calgary Grand Rounds, *Questions as interventions in clinical interviewing* by Dr Karl Tomm. 12- 1 pm by Zoom. [https://events.ucalgary.ca/#!/view/event/event\\_id/11024](https://events.ucalgary.ca/#!/view/event/event_id/11024)

**November 10- 12**

Virtual 3<sup>rd</sup> Annual Neuropsychiatric Drug Development Summit, *Developing truly transformative neuropsychiatric drugs for patients in need*. <https://npsd-summit.com/about/full-event-guide/>

**November 10- 12**

Mental Health for Nurses, Virtual Conference, *Next frontier in workplace mental health strategies for nurses*. <https://birchmountgroup.com/2020-mental-health-for-nurses/>

**November 12- 13**

CAOT Online Workshop, *Integrative psychotherapy: How leveraging new research on lifestyle modification and therapeutic approaches can support mental health and cognitive rehabilitation* with Dr John Arden. 10 am- 6 pm. <https://caot.ca/viewEvent.html?productId=10659>

**November 12- 13**

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**November 12- 14**

Online Conference, Canadian Society of Addiction Medicine, Conference, *The world of addiction: Now and the future* <https://csam-smca.org/future-csam-conferences/>

**November 12, 13 &16**

The Diversity, Equity and Inclusion Virtual Conference, *Building organizations where everyone can belong, contribute and succeed*. <https://conference-board.org/events/diversity>

**November 13**

Zoom Conference, *Psychoanalytic dimensions of suicide* with Dr Jane Tillman. <https://theipi.org/all-events/#event/register/2020/11/13/psychoanalytic-dimensions-of-suicide>

**November 16**

Zoom Workshop, *Anxiety: Practical intervention strategies* with Vicki Enns. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-anxiety11-16/#tickets>

**November 16**

Live Webinar, *Motivational Interviewing* with Danielle Forth. 12- 1 –pm. [https://ca.ctrinstitute.com/workshops/list/?tribe\\_paged=2&tribe\\_event\\_display=list&tribe-bar-date=2020-08-04&tribe\\_ecp\\_custom\\_16=Live+Webinars](https://ca.ctrinstitute.com/workshops/list/?tribe_paged=2&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Webinars)

**November 16- 18**

Beck Institute, Zoom Workshop, *CBT for Personality disorders* with Dr Robert Hindman. 6:45 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-personality-disorders/>

**November 16- 20**

Children's Healthcare Canada, Annual Virtual Conference, *Building bridges- When everyone matters* <https://conference.childrenshealthcarecanada.ca/>

**November 17**

University of Calgary Psychiatry Rounds, *Drug repurposing in psychiatry- Lets not reinvent the wheel* by Dr Dallas Seitz. 12- 1 pm by Zoom. [https://events.ucalgary.ca/#!/view/event/event\\_id/11025](https://events.ucalgary.ca/#!/view/event/event_id/11025)

**November 17**

CTRI Zoom Workshop, *Depression: Practical intervention strategies* with Janelle Jackiw. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-depression-whitehorse11-17/#tickets>

**November 17**

ASAM Alcohol Withdrawal Management Webinar, *Complicated withdrawal and special populations* with Dr Darius Rastegar. 10 am. [https://elearning.asam.org/p/AWM2020\\_Webinar5#tab-product\\_tab\\_overview](https://elearning.asam.org/p/AWM2020_Webinar5#tab-product_tab_overview)

**November 18**

University of Alberta, Forensic Grand Rounds, *Violence and Covid 19 conspiracy theories* by Daniel Jolley. 9- 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds/index.html>

**November 18**

NAADAC Webinar, *Adolescents with co-occurring disorders: Already in our care* by Michael Fox. 5- 6:30 pm <https://www.naadac.org/adolescents-with-COD-webinar>

**November 18**

University of Alberta, Adult Psychiatry Grand Rounds, *An approach to occupational psychiatric assessments* by Dr Charles Els. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

**November 18- 19**

CTRI Zoom Workshop, *Autism: Strategies for self-regulation, learning and challenging behaviours* with Kathleen Rooney. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-autism11-18/#tickets>

**November 19**

Health Ethics Seminar, *Restricted visiting policies in care settings during Covid-19* with Eric Wasylenko. 12- 1 pm. <https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/health-ethics-seminars/index.html>

**November 19**

EHN Webinar, *The link between trauma and substance use* by Amber Dufy. 2- 3 pm. <https://www.edgewoodhealthnetwork.com/webinars/>

**November 19- 20**

2<sup>nd</sup> Annual Body Peace Virtual Conference (Eating Disorders) <https://bodybrave.ca/the-body-peace-conference/>

**November 19-22**

4-Day Workshop in *Prolonged Exposure Therapy for PTSD* by Dr David Paul at the Centre for Posttraumatic Stress & Anxiety Treatment, Edmonton. (\$1200) <https://www.cpsat.ca/training>

**November 19- 20**

Webinar, *Writing through bereavement: Reconstructing meaning in loss* with Dr Robert Neimeyer and Dr Reinekke Lengelle. 3- 6 pm.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=57133628&parentSite=FSW>

**November 19- 20**

Therapies in School Conference (Virtual) [https://www.educationresourcesinc.com/conference/therapies-in-the-school-conference-2020/?gclid=EAlalQobChMI1OeLlP96wIVgT6tBh3A4gMbEAMYASAAEgKUX\\_D\\_BwE](https://www.educationresourcesinc.com/conference/therapies-in-the-school-conference-2020/?gclid=EAlalQobChMI1OeLlP96wIVgT6tBh3A4gMbEAMYASAAEgKUX_D_BwE)

**November 20**

SAOT Online Workshop, *Smart but scattered adults: How to work with clients to strengthen executive skills*. 10 am- 4 pm. [https://acsw.in1touch.org/viewEvent.html?no\\_header=true&productId=7956](https://acsw.in1touch.org/viewEvent.html?no_header=true&productId=7956)

**November 20**

Zoom Webinar, *Working with co-occurring disorders* with John Koop Harder. 12- 1 pm.

<https://ca.ctrinstitute.com/workshops/live-webinar-addictions-and-mental-illness9-14/#tickets>

**November 20- 22**

Edmonton Children's Mental Health Conference. Sponsored by the Institute of Child Psychology.

<https://www.eventbrite.ca/e/2020-childrens-mental-health-conference-tickets-94002625383?aff=ebdssbdestsearch>

**November 23- 24**

CTRI Zoom Workshop, *Gender and sexual diversity in youth* by Reece Malone. 8 am- 3 pm daily.

<https://ca.ctrinstitute.com/workshops/live-virtual-gender-and-sexual-diversity-in-youth11-23/#tickets>

**November 23- 24**

International Association for Suicide Prevention, 9<sup>th</sup> Pacific Conference (Virtual) <https://www.iasp.info/taipei2020/>

**November 24**

Zoom Workshop, *Motivational Interviewing: Strategies for supporting change* by Danielle Forth. 8 am- 3 pm.

[https://ca.ctrinstitute.com/workshops/list/?tribe\\_paged=4&tribe\\_event\\_display=list&tribe-bar-date=2020-08-04&tribe\\_ecp\\_custom\\_16=Live+Virtual+Workshops](https://ca.ctrinstitute.com/workshops/list/?tribe_paged=4&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Virtual+Workshops)

**November 24**

Live Webinar, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Sheri Coburn.

<https://ca.ctrinstitute.com/workshops/live-webinar-dialectical-behaviour-therapy11-24/#registration>

**November 24**

CAOT Webinar, *Sexuality and health: Let's talk about it!* with Dr Danielle Centi. 10- 11 am.

[https://caot.ca/viewEvent.html?no\\_header=true&productId=10741](https://caot.ca/viewEvent.html?no_header=true&productId=10741)

**November 25**

CARNA Speaker Series, *Diversity and inclusion: LGBTQIS2+ 101* with Stephanie Shostak. 12- 1 pm online.

<https://nurses.ab.ca/practice-and-learning/learning-opportunities/event-and-conferences/2020/11/25/default-calendar/carna-speaker-series-diversity-and-inclusion-lgbtqis2-101>

**November 25**

AMH Knowledge Bites, *Staying connected: Consumer experience of the recovery journey and long term engagement with a rural mental health clinic* by Lyuda Krupin, 12- 12:50 pm by Zoom. RSVP at

[https://survey.albertahealthservices.ca/Knowledge\\_Bites#](https://survey.albertahealthservices.ca/Knowledge_Bites#) <https://albertahealthservices.ca/info/Page16241.aspx>.

**November 25**

Live Webinar, *Autism: Strategies for self-regulation* by Dr Paula Hutchinson. 12- 1 pm.

<https://ca.ctrinstitute.com/workshops/live-webinar-autism11-11/#tickets>

**November 25**

University of Alberta, Adult Psychiatry Grand Rounds with Dr Megan Bach and Dr Caley Longmuir. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

**November 25- 26**

Virtual Workshop, *Walking through grief: Helping others deal with loss* with John Koop Harder. 8 am- 3 pm.  
<https://ca.ctrinstitute.com/workshops/live-virtual-walking-through-grief11-25/>

**November 25- 27**

Zoom Training, *Reconsolidation Therapy: Foundations and practice* with Dr Daniel Saumier and Dr Alain Brunet. 7:30 – 11 am daily. <https://www.eventbrite.fr/e/reconsolidation-therapym-e-learning-foundations-and-practice-tickets-119216924029>

**November 26**

Live Webinar, *Anxiety: Practical intervention strategies* by Vicki Enns. 12- 1 pm.  
<https://ca.ctrinstitute.com/workshops/live-webinar-anxiety11-26/#tickets>

**November 26, 27 and December 3, 4**

Faculty of Social Work, Online Workshop, *Traumatic dissociation, emotion dysregulation, and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanus. 3- 6 pm daily.  
<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=53088256&parentSite=FSW>

**November 27**

PAA Workshop, *Trauma and PTSD in first responder populations* with Dr Megan McElheran. 10 am- 4:30 pm.  
<https://psychologistsassociation.ab.ca/event-details/?id=111>

**November 27- 28**

Online Training, *Dialectical Behaviour Therapy- Skills training* by Dr Krystle Martin. 7 am- 3 pm.  
<http://oshawapsychotherapytraining.com/courses/dialectical-behaviour-therapy-skills-training/>

**November 27- 30**

Somatic Experiencing Training Edmonton, *A body oriented approach to healing trauma: Beginning I* in Edmonton.  
<https://www.setrainingedmonton.com/>

**November 28**

SAOT Live Virtual Workshop, *Scents, sense and cents: Identifying, managing and treating Sensory processing Disorder in times of fiscal restraint* with Evelyne Pilger. 8:30 am- 4:30 pm. <https://www.saot.ca/event/scents-sense-and-cents-identifying-managing-and-treating-spd-in-times-of-fiscal-restraint/>

**November 30**

Zoom Workshop, *Dialectical Behaviour Therapy: Balancing acceptance and change* with Nadine Groves. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-webinar-dialectical-behaviour-therapy-11-30/#tickets>

**November 30- December 1**

Zoom Workshop, *Self-injury behavior in youth: Issues and strategies* by Kimberly Enns. 9 am – 3 pm.  
<https://ca.ctrinstitute.com/workshops/live-virtual-self-injury-behaviour-in-youth11-30/#tickets>

**December 1**

University of Calgary, Grand Rounds, *Antipsychotics: What is new What is different? What is next?* by Dr Leslie Citrome 12- 1 pm by Zoom. <https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar>

**December 1- 3**

APT Online Training, Positive Behaviour Support (PBS) <https://www.apr.ac/positive-behaviour-support-training-course.html>

**December 2**

NAADAC Webinar, *Practical harm reduction: Myths, facts and practices* with Dr Ryan Carruthers. (Free) 1- 3 pm.  
<https://www.naadac.org/practical-harm-reduction-webinar>

**December 2**

University of Alberta, Adult Psychiatry Grand Rounds with Dr Chantelle Bowden and Dr Jeremiah Bolstad. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

**December 2- 3**

Interactive Online Conference, *Working with the whole person: Alcohol, mental health and complex needs.* 2:30 - 6:35 am (UK time). <https://www.eventbrite.co.uk/e/working-with-the-whole-person-alcohol-mental-health-and-complex-needs-tickets-115201476718?aff=ebdssbonlinesearch>

**December 3**

Zoom Webinar, *Violence threat assessment: Planning and response* by Randy Grieser, 12- 1 pm.  
<https://ca.ctrinstitute.com/workshops/live-webinar-violence-threat-assessment12-3/#tickets>

**December 3- 4**

West Coast Symposium on Addictive Disorders (Online) <https://www.wcsad.com/>

**December 3- 4**

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. 9 am- 5 pm.  
<https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**December 3- 5**

Indigenous Health Conference (online), *Building our future.* <https://www.cpd.utoronto.ca/indigenoushealth/>

**December 4**

University of Calgary, *Neuropsychiatry Day*, 12:45- 4 pm by Zoom.

[https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar#/view/event/event\\_id/92257](https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar#/view/event/event_id/92257)

**December 4**

Live Webinar, *Walking through grief: Helping others deal with loss* by John Koop Harder. 12- 1 pm.

[https://ca.ctrinstitute.com/workshops/list/?tribe\\_paged=3&tribe\\_event\\_display=list&tribe-bar-date=2020-08-04&tribe\\_epp\\_custom\\_16=Live+Webinars](https://ca.ctrinstitute.com/workshops/list/?tribe_paged=3&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_epp_custom_16=Live+Webinars)

**December 5- 6**

Online Training, *Understanding ketamine* with Dr Elizabeth Nielson, Dr Ingmar Gorman and Dr Casey Paleos.

8 am- 3 pm. <https://www.fluence8.com/events/understanding-ketamine-online>

**December 7**

Zoom Webinar, *Self-injury behavior in youth: Strategies for helping* by Kimberly Enns. 12- 1 pm.

<https://ca.ctrinstitute.com/workshops/live-virtual-self-injury-behaviour-in-youth11-30/#tickets>

**December 7- 9**

Beck Institute, Zoom Workshop, *CBT for depression and suicide* with Dr Robert Hindman and Dr Francine Broder.

6: 45 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-depression-and-suicide/>

**December 8**

Zoom Workshop, *Providing support remotely: Strategies for helping from a distance* by John Koop Harder.

8- 11 am. <https://ca.ctrinstitute.com/workshops/live-virtual-providing-support-remotely12-8/#tickets>

**December 8**

Live Webinar, *Cognitive Behavioural Therapy: Tools for thinking differently* by Sheri Coburn. 12- 1 pm.

[https://ca.ctrinstitute.com/workshops/list/?tribe\\_paged=3&tribe\\_event\\_display=list&tribe-bar-date=2020-08-04&tribe\\_epp\\_custom\\_16=Live+Webinars](https://ca.ctrinstitute.com/workshops/list/?tribe_paged=3&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_epp_custom_16=Live+Webinars)

**December 8**

CAOT Webinar, *Across the suicide prevention continuum: Occupational therapy intervention* by Kim Hewitt.

10- 11 am. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10737](https://caot.ca/viewEvent.html?no_header=true&productId=10737)

**December 8- 10**

Association for Psychological Therapies, Online Workshop, *Cognitive Behavioral Therapy essentials*.

<https://www.appt.ac/cbt-training.html>

**December 9**

Zoom Workshop, *Trauma-informed care: Building a culture of strength* by Nathan Gerbrandt. 8 am- 3 pm.

[https://ca.ctrinstitute.com/workshops/list/?tribe\\_paged=5&tribe\\_event\\_display=list&tribe-bar-date=2020-08-04&tribe\\_epp\\_custom\\_16=Live+Virtual+Workshops](https://ca.ctrinstitute.com/workshops/list/?tribe_paged=5&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_epp_custom_16=Live+Virtual+Workshops)

**December 9**

University of Alberta, Adult Psychiatry Grand Rounds with Dr Ogechi and Dr Mai Malkin. 12- 1 pm by Zoom.

<https://zoom.us/j/98922021816>

**December 9**

NAADAC Webinar, *Substance Use Disorders and suicide: Addressing a co-occurring epidemic* with Geoff Wilson.

11 am- 1 pm (Free) <https://www.naadac.org/SUD-suicide-epidemic-webinar>

**December 9- 13**

Online Conference, *The evolution of psychotherapy* <https://www.evolutionofpsychotherapy.com/>

**December 10**

Zoom Workshop, *Diversity and culture: Strategies for working with differences* by David Jung. 8 am- 3 pm.

<https://ca.achievecentre.com/workshops/live-virtual-diversity-and-culture12-10/#tickets>

**December 10- 11**

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly.

<https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**December 10- 12**

Zoom Training, *Reconsolidation Therapy: Foundations and practice* with Dr Daniel Saumier and Dr Alain Brunet.

7:30 – 11 am daily. <https://www.reconsolidationtherapy.com/en/brunet-method-training-canada/>

**December 10- 13**

American Academy of Addiction Psychiatry, Virtual 31<sup>st</sup> Annual Meeting and Scientific Symposium, *Translating science. Transforming lives*. <https://www.aaap.org/annual-meeting/>

**December 11- 12**

International Stress Management Association, 7<sup>th</sup> International Congress of Stress, Performance and Wellness.

(Online) <https://www.isma.org.in/icspw2020/>

**December 15**

Live Zoom Webinar, *Motivational Interviewing: Strategies for supporting change* with John Koop Harder.

8 am- 3 pm <https://ca.ctrinstitute.com/workshops/live-virtual-motivational-interviewing-12-15/>

**December 15**

Live Webinar, *Trauma-informed care: Building a culture of strength* by Nathan Gerbrandt.. 12- 1 pm.  
<https://ca.ctrinstitute.com/workshops/live-webinar-trauma-informed-care12-15/#tickets>

**December 15**

Zoom Workshop, *Cognitive Behavioural Therapy: Tools for thinking differently* with Sheri Coburn. 8 am- 3 pm.  
<https://ca.ctrinstitute.com/workshops/live-virtual-cognitive-behavioural-therapy12-15/#registration>

**December 16**

Zoom Workshop, *Narrative Therapy: Tools for exploring stories* by John Koop Harder. 8 am- 3 pm.  
[https://ca.ctrinstitute.com/workshops/list/?tribe\\_paged=5&tribe\\_event\\_display=list&tribe-bar-date=2020-08-04&tribe\\_ecp\\_custom\\_16=Live+Virtual+Workshops](https://ca.ctrinstitute.com/workshops/list/?tribe_paged=5&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Virtual+Workshops)

**December 16**

University of Alberta, Adult Psychiatry Grand Rounds with Dr Trishnee Chinniah and Dr Emerson Marinas. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

**December 16**

NAADAC Webinar, *Nonopiate therapy for chronic pain* with Dr Tammy Flemming. 11 am- 1 pm. (Free).  
<https://www.naadac.org/nonopiate-therapy-opiate-pain-webinar>

**December 17**

Health Ethics Seminar, *Medical culture change- A 12 step program* with Peter Brindley. 12- 1 pm.  
<https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/health-ethics-seminars/index.html>

**December 17**

EHN Webinar, *Concurrent acquired brain injuries and substance use* by Kathryn Decker. 2- 3 pm.  
<https://www.edgewoodhealthnetwork.com/webinars/>

**December 18**

NAADAC Webinar, *Collision of Substance Use Disorder and COVID-19: A National Institute of Drug Abuse update* with Dr Jack Stein. 10 am- 12 noon. Free <https://www.naadac.org/SUD-COVID-NIDA-update-webinar>

**2021****January 11- 13**

Association for Psychological Therapies, Online Workshop, *Running DBT skills development groups*  
<https://www.apr.ac/running-dbt-skills-development-groups-training.html>

**March 16- 18**

APT Online Training, *DBT-A: DBT for adolescents* <https://www.apr.ac/dbt-a-training-course.html>

**March 23- 25**

International Society of Psychiatric-Mental Health Nurses, Annual Conference (Virtual), *Resiliency in action: Advocating for healthier communities.* <https://www.ispn-psych.org/2021-conference>

**May 13- 15**

Canadian Counselling and Psychotherapy Association, Virtual Conference, *Helping each other in the face adversity.* <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

**May 25- 27**

APT Online Workshop, *Developmental trauma and Adverse Childhood Experiences: Repairing the damage.*  
<https://www.apr.ac/adverse-childhood-experiences-training.html>

**April 17-21**

Virtual Congress of the Schizophrenia International Research Society, *Bringing precision medicine to mental health services* <https://schizophreniaresearchsociety.org/meetings/general-information/>

**June 10- 11**

Workshop, *Trauma practice: Tools for stabilization and recovery* with Dr Anna Baranowsky. In Calgary.  
<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=51668105&parentSite=FSW>

**June 19- 23**

College on Problems of Drug Dependence, 83<sup>rd</sup> Annual Scientific Meeting in Montreal.  
<https://cpdd.org/meetings/current-meeting/>

**July 23- 25**

Research Society on Marijuana, 5<sup>th</sup> Annual Scientific Meeting in Boston, USA. <https://researchmj.org/meeting.php>

**August 24- 26**



World Indigenous Suicide Prevention Conference, *Strength in our communities* in Winnipeg, Manitoba.  
<https://wispc2021.ca/>

Contact [Daniel.scott@ahs.ca](mailto:Daniel.scott@ahs.ca) with additions, subscriptions, and updates.  
*Information, Evaluation and Professional Practice, Addiction and Mental Health, Edmonton Zone*

## Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines*. <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** [https://libguides.adelaide.edu.au/psychiatry/rating\\_scales](https://libguides.adelaide.edu.au/psychiatry/rating_scales)
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **University of Alberta Grand Rounds** Schedule of weekly Forensic, Adult and Child/Youth grand rounds. Archive includes recordings of Adult and Child & Adolescent Grand Rounds. <https://www.ualberta.ca/psychiatry/grand-rounds> <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules on the external AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>



- ⚙️ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ⚙️ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙️ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙️ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/uAlberta.ca/ggr/home>
- ⚙️ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙️ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙️ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://nao.ca/bpg/initiatives/mhai/purpose>
- ⚙️ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙️ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙️ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ⚙️ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. <https://crismprairies.ca/>
- ⚙️ **Jack Hirose Webinars.** On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ⚙️ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars. <https://ca.ctrinstitute.com/>
- ⚙️ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers. <https://moodle9.camhx.ca/moodle/?lang=en>
- ⚙️ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ⚙️ **Practice Wise.** AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hpsp/Page12451.aspx>
- ⚙️ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ⚙️ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoJvse4nEljWZCVGIzk8U8S->
- ⚙️ **Living Hope** is the Edmonton Suicide prevention strategy. The "11 of us" website has resources to learn the signs and to learn to help. [https://11ofus.ca/?gclid=CjwKCAiAws7uBRakEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAoogglOGwrGtv0Zz1Wc6v1shu\\_Eqoq8RoCnrUQAvD\\_BwE](https://11ofus.ca/?gclid=CjwKCAiAws7uBRakEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAoogglOGwrGtv0Zz1Wc6v1shu_Eqoq8RoCnrUQAvD_BwE) Contact: [lahn.jones@ahs.ca](mailto:lahn.jones@ahs.ca)
- ⚙️ **Institute of Child Psychology** Alberta based provider of psychological services and training. Online courses for parents and therapists at [https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc\\_cid=9c54c3b01d&mc\\_eid=beb37cffa](https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc_cid=9c54c3b01d&mc_eid=beb37cffa)
- ⚙️ **Psychiatry Academy** Online courses in Cognitive Behaviour Therapy and other professional development topics. Scheduled sessions and on-demand webinars [http://mghcme.org/page/cognitive\\_behavioral\\_therapy](http://mghcme.org/page/cognitive_behavioral_therapy)
- ⚙️ **Making Sense of Trauma** Free webinar with practical tools for responding to children and youth <https://makingsenseoftrauma.com/course/making-sense-of-trauma/>
- ⚙️ **Mount Royal University** Continuing Competency Certificates include Children's Mental Health, Addiction, and Dementia <https://www.mtroyal.ca/conted/az-programs/categories/>