

Daily Event Listings
Online Learning ResourcesPages 1 - 8
Pages 9 - 11**November**

Healthy Minds/Healthy Children Online Professional Development, 1) *Transgender Series: Assisting transgender children and youth: Building conceptual frameworks for affirming care* and 2) *Transgender Series: Identify Gender Dysphoria in children and adolescents, Part B* (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

November 1- 2

Workshop, *The neuropsychology of learning disabilities* by Dr Steven Feifer. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/upcoming-workshops/>

November 2

2nd Annual Stollery Conference, *Are you thriving or surviving?* 7:30 am- 4:15 pm in Edmonton. http://media.campaigner.com/media/57/579475/EZ%20News%202018/Aug%2013_2018/2nd%20Annual%20Stollery%20Conference%20Brochure%20-%20Are%20.pdf

November 2

Nursing Conference, 32nd Margaret Scott Wright Research Day, *Looking back with pride, Looking forward with promise*. <http://www.cvent.com/events/32nd-annual-margaret-scott-wright-research-day/event-summary-97f6eb405f9f48379ee54cdbce3e01a1.aspx>

November 2- 3

Canadian Sleep Society, Annual Education Meeting in Québec City. <https://www.eiseverywhere.com/ehome/cssquebec2018/>

November 3- 6

20th International Society of Addiction Medicine Annual Meeting, *From the past into the future*. In Busan, South Korea. http://isam2018-busan.com/2017/english/main/index_en.asp

November 5

Workshop, *Compassion fatigue and burnout* with Dr Eric Gentry. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/upcoming-workshops/>

November 5

Workshop, *Legal issues in nursing* by Chris Rokosh. 8:30 am- 4 pm in Calgary. **November 6** in Edmonton. https://www.nursinglinks.ca/info_legal.html

November 5

Muslim Medical Association of Canada, 1st Annual Canadian Muslim Mental Health Conference, in Toronto. <https://muslimlink.ca/events/toronto/event/2941->

November 5

8th Biennial Edmonton Zone Nursing Research Day, *Advancing practice, Enhancing care*. 8 am- 4:30 pm at Royal Alexandra Hospital, Edmonton. <https://www.regonline.com/builder/site/Default.aspx?EventID=2237730>

November 5

Live Webinar, *Anxiety- Practical intervention strategies* with John Koop Harder. 12- 1 pm. (\$32) <https://ca.cetrinstitute.com/workshops/anxiety-live-webinar11-5/>

November 5

Online Workshop, *Helping children through divorce and separation* with Tammy Schamuhn. 7:30- 9 pm. (\$70) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_fall_2018

November 5- 9 Patient and Family Centred Care Week *Care is a family affair*

<https://insite.albertahealthservices.ca/qhi/Page13008.aspx>

November 6

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 6

Community Education Service Presentation, *Cannabis: Legalization, harms and benefits*. 6:30- 8 pm in Calgary. <http://community.hmhc.ca/sessions/>

November 6- 7

Workshop, *Trauma competency training* with Dr Eric Gentry. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/upcoming-workshops/>

Cognition

November, 2018



Addiction and Mental Health

Learning Events

November 6- 9

Theraplay Level One Training with MIM by Dr Evangeline Munns. 8:30 am- 5 pm daily in Calgary. (\$975)
office@betuned.ca 403-969-5026 https://www.eventbrite.ca/e/theraplay-level-one-training-with-mim-tickets-47960895329?utm_term=eventurl_text

November 7

Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 7

QHI Webinar Series, *Care is a family affair*. 12- 1 pm. Register at MyLearningLink or email gpse@ahs.ca

November 7

7th Annual Pain Awareness Education Day. 8 am- 4:30 pm in Calgary. Topics include: 'Cannabis Update' and 'Opioid Crisis Update'. <https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850>

November 7, 14 & 21

Institute of Child Psychology Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/adhd_november_online

November 7- 8

Cognitive Workshop, *Anxiety Disorders* with Dr Christine Padesky in Vancouver.
<https://www.cognitiveworkshops.com/>

November 7- 9

Health and Wellbeing in Children, Youth and Adults with Developmental Disabilities, *Creating Partnerships*. In Vancouver. <http://interprofessional.ubc.ca/initiatives/hw2018/>

November 8

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 8- 9

Workshop, *Advanced Mindfulness training* with Donald Altman. 9 am- 4 pm in Calgary.
<http://www.jackhirose.com/workshop/mindfulness-altman-calgary2018/>

November 8- 11

The Society for the Scientific Study of Sexuality Annual Meeting in Montréal. <http://www.sexscience.org/events>

November 9- 11

14th Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary.
<https://caddra.societyconference.com/v2/> amanda.edwards@caddra.ca

November 12- 13

Gottman Level 1 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-1-calgary-ab-2/>

November 12- 15

Workshop, *Emotionally Focused Therapy (EFT) externship* with Dr Veronica Kallos-Lilly. 9 am- 5pm daily in Calgary <http://www.talk-therapy.ca/eft-externship/>

November 12- 18 National Addiction Awareness Week

Words matter.

<http://www.ccdus.ca/Eng/newsevents/national-addictions-awareness-week/Pages/default.aspx>

November 12- December 2

Online Workshop, *Talking and teaching about sexuality: Parents, children and teens* with Heather Cobb.
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

November 13

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 13

University of Calgary Grand Rounds, *Fitness to stand trial* by Dr David Tano. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-11-13/grand-rounds-fitness-stand-trial-david-tano-bsc-md>

November 14

University of Alberta, Forensic Grand Rounds, *How to choose risk assessment instruments* with Dr Fazel. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

Cognition

November, 2018



Addiction and Mental Health Learning Events

November 14- 16

Gottman Level 2 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-2-calgary-ab-2/>

November 15

Online Course, *Childhood trauma: Finding a way through* with Tammy Schamuhn. 7:30- 9 pm (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/trauma_online_fall_2018

November 15- 16

8th Annual CAMH Sexual Behaviours Clinic Training in Toronto. <https://www.eventbrite.ca/e/2018-camh-sexual-behaviours-clinic-training-tickets-49047311830>

November 16

35th Annual Feldman Lecture with Dr Laurence Kirmayer (McGill University). 7:30 am- 3 pm in the Auditorium, Grey Nuns Community Hospital, Edmonton. Topics include, 'Visioning psychiatry: Integrating culture and context in theory/practice', 'Cultural safety and cultural competence'; and 'Cultural based mental health promotion for Indigenous youth'. <https://www.feldmanlecture.ca/>

November 16

PAA Workshop, *Assessments for psychotherapists: (Almost) everything you need to know!* by Dr Jamie Dyce. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=70

November 16

Live Webinar, *Harm reduction- A framework for change, choice and control* with John Koop Harder. 12- 1 pm. (\$32) <https://ca.ctrinstitute.com/workshops/harm-reduction-live-webinar11-16/>

November 16- 18

Canadian Federation of Clinical Hypnosis, Introductory Workshop, *Basic clinical hypnosis training* in Sherwood Park. Call 800 386-7230 <http://www.clinicalhypnosis.ca/wp-content/uploads/2018/02/Fall-2018-Introductory-Workshop-CFCH-AS.pdf>

November 19

CAOT Workshop, *Integrating Cognitive Behavioural Therapy into your Occupational Therapy practice* with Gord Hirano. 8 am- 4 pm in Calgary. http://www.caot.ca/viewEvent.html?no_header=true&productId=9773

November 19- 20

Workshop, *The clinical applications of neuroplasticity* with Dr Norman Doidge. In Stratford, Ontario. <http://www.missionempowerment.ca/neuroplasticity.html>

November 20

Live Webinar, *Workplace sexual harassment- Why it happens and how to prevent it* with Heidi Grieser 8 am- 3 pm. (\$65) <https://us.achievecentre.com/workshops/live-stream-sexual-harassment11-20/>

November 20

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 20

University of Calgary Grand Rounds, *Street drugs* with Detective Collin Harris. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-11-20/grand-rounds-talk-street-drugs-detective-collin-harris>

November 21

Health Law Team Learning Session, *Informed consent matters!* with Adrea Malekos Rimmer, Janis Sasaki, Heather Loughlin and Jane LeGrandeur. 1- 3:30 pm in-person at Foothills Medical Centre and Royal Alexandra Hospital, via iScheduler Meeting ID 30652, or audio line 1 800 289-0462 Code 068156. legal.clinical@ahs.ca

November 21

Live Webinar, *Cognitive Behavioural Therapy- Tools for thinking differently* with Tricia Klassen. 12- 1 pm (\$32) <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-live-webinar11-21/>

November 21

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 22

Dr Roger Bland Lecture Series on Children's Mental Health, *Transgender mental health* with Dr Michael Marshall. 6- 8 pm in the McCauley Chambers, Edmonton. http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries_Overview.pdf

Cognition

November, 2018



Addiction and Mental Health

Learning Events

November 22- 23

Basic Workshop, *Mental Health First Aid*. 9 am- 4:30 pm in Edmonton. (\$185)

<https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

November 23

Conference, *Opioid Use Disorders in Primary Care*. In Toronto. <https://www.camh.ca/en/driving-change/about-camh/events/opioid-use-disorders-in-primary-care-conference>

November 24

Workshop, *Dreams of zombies and the schizoid world* with Dr Elizabeth Wallace. 9:30 am- 12:30 pm in Vancouver. <http://www.wbcps.org/dreams-of-zombies-and-the-schizoid-world-saturday-november-24-2018/>

November 26

Workshop, *Addictions and mental illness- Working with co-occurring disorders* by Alexis Power.

<https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-calgary11-26/#tickets> **November 28** in Edmonton with David Buhr <https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-edmonton11-28/#tickets>

November 26

Workshop, *Mood and mental disorders update* with Dr Roger McIntyre. 8:30 am- 4 pm in Calgary. In Edmonton on **November 27**. http://www.execulinks.net/frameset_workshops.html

November 26- 27

Canadian Mental Health Summit, *Advanced Interventions and strategies for frontline professionals*. In Richmond, BC. <http://www.jackhirore.com/workshop/cmhs-2018/>

November 26- December 16

Online Workshop, *Recognizing and responding to sexual violence in Canada* with Zak Dattadeen and Saba Kidane. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

November 27

Workshop, *Harm reduction- A framework for change, choice and control* with Alexis Power. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/harm-reduction-calgary11-27/#tickets> **November 29** in Edmonton with David Buhr. <https://ca.ctrinstitute.com/workshops/harm-reduction-edmonton11-29/#tickets>

November 27

Nursing Workshop, *Interpretation of lab tests* by Barb Bancroft. 8:30 am- 4 pm in Red Deer. https://www.nursinglinks.ca/info_lab_tests.html

November 27

University of Calgary Grand Rounds, *Changes in Bipolar Disorder: Improving treatment of Bipolar Disorder and co-morbid Personality Disorder* with Dr Michael Rosenbluth. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-11-27/grand-rounds-changes-bipolar-disorder-improving-treatment-bipolar-disorder-and-co>

November 27- 28

Workshop, *Acceptance and Commitment Therapy* with Dr John Forsyth. In Edmonton. <http://www.jackhirore.com/upcoming-workshops/>

November 28

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 28

Live Webinar, *Sexual harassment- Why it happens and how to prevent it* with Heidi Grieser. 12- 1 pm (\$32) <https://ca.achievecentre.com/workshops/workplace-sexual-harassment-live-webinar11-28/>

November 28- 29

Workshop, *Intensive training: Dialectical Behaviour Therapy* with Dr Eboni Webb. In Calgary. <http://www.jackhirore.com/upcoming-workshops/>

November 28 and December 5 & 19

Online Course, *Childhood anger: Working through tempers* with Tania Johnson. 7- 9 pm. (\$140) https://instituteofchildpsychology.com/services/workshop_detail/anger_online_december

November 29

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 29- 30

Patient and Provider Experience Summit in Edmonton. <https://www.royalalex.org/patient-and-provider-experience-summit-2018/>

Cognition

November, 2018



Addiction and Mental Health

Learning Events

November 30

Live Webinar, *Self-Injury behaviour in youth- Strategies for helping* with Kimberly Enns. 12- 1 pm (\$32)
<https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-live-webinar11-30/>

November 30

PAA Workshop, *What every psychologist should know about forensic practice* with Dr Roy Frenzel. 9 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=77

November 30

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who has a concurrent disorder and Opioid Use Disorder?* 9 am- 12 noon. Register on iScheduler
<https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

December 4

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 4

University of Calgary Grand Rounds, *Psychiatric aspects of Eating Disorders* with Dr David Terrif, Dr Monique Jericho and Dr April Elliott. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-11-20/grand-rounds-talk-street-drugs-detective-collin-harris>

December 4

Workshop, *Vicarious trauma- Strategies for resilience* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-edmonton12-4/#tickets> **December 6** in Calgary with Rachel Clare. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-calgary12-6/#tickets>

December 5

University of Alberta, Forensic Grand Rounds, *Communication styles of psychopathic offenders* with Dr Aina Sundt Gullhaugen. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

December 6

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 7

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 10- 11

Workshop, *Mindfulness counselling strategies- Activating compassion and regulation* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-edmonton12-10/#tickets> **December 11- 12** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-calgary12-11/#tickets>

December 11

Lecture, *Hope and compassion: The keys to treating mental health patients and families* with Martha Browning and Glenn Kopelson. 12- 1 pm at the Kaye Edmonton Clinic. RSVP to Joelle.fawcett-arsenault@ahs.ca Hosted by the Beryl Institute.

December 11

Live Webinar, *Mindfulness- Overview and awareness* with Vicki Enns. 12- 1 pm. (\$32)
<https://ca.ctrinstitute.com/workshops/mindfulness-live-webinar12-11/>

December 13

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 14

Opioid Dependency Treatment, Virtual Learning Sessions, *What if my patient is pregnant?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

December 18

Live Webinar, *Vicarious trauma- Strategies for resilience* with Vicki Enns. 12- 1 pm. (\$32)
<https://ca.ctrinstitute.com/workshops/vicarious-trauma-live-webinar12-18/>

Cognition

November, 2018



Addiction and Mental Health Learning Events

January

Healthy Minds/Healthy Children Online Professional Development, 1) *Opioids, naloxone kits* and 2) *Threat assessment for targeted violence in youth*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

January 9

University of Alberta, Forensic Grand Rounds, *The development of mental health services with human sex trafficking* by Dr Abigail Judge. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

January 11- March 8

PAA Workshop Series, *Walking the talk on self-care: Understanding compassion fatigue* with Dr Easter Yassa. 12- 1:30 pm each Friday. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78

January 18

PAA Workshop, *Trauma and PTSD in the First Responder population* with Dr Megan McElheran. 10:30 am–4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69

January 18

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I help my patient get off opioids?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

January 18

Presentation, *Between emergencies- A look at mental health in EMS* with Greg Gorecki (Paramedic). 9- 10 am in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76

January 21

Inner City Health and Wellness Program Symposium, *Uppers, downers, all arounders: Let's talk drugs. How do we best care for patients with substance use disorders?* Robbins Pavilion, Royal Alexandra Hospital. More information when available.

January 21- 23

Conference and Workshop, *Sexual violence in higher education*. At Bow Valley College, Calgary. <https://protect-international.com/wp-content/uploads/2018/06/Brochure-Sexual-Violence-in-Higher-Education-Conference-and-Workshop-BowValley.pdf>

January 21- February 10

Online Workshop, *Effective community collaborations in sexual health and rights* with Brittany Neron, Darrah Teitel, and Makeda Zook. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

January 22- 26

Canadian Nursing Student Association, National Conference, *Aspire to inspire: Celebrating student leadership and advocacy*. In Calgary. <https://www.facebook.com/events/260999464756159/>

January 24

Dr Roger Bland Lecture Series on Children's Mental Health, *Transition from adolescent to adult mental health* with Dr Ian Manion. 6- 8 pm in the McCauley Chambers, Edmonton. http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries_Overview.pdf

January 24- 25

11th Annual ALIGN Conference, *Strengthening today, Building tomorrow*. Includes workshop on resilience by Dr Michael Ungar. In Edmonton. <https://conference.alignab.ca/>

January 28- 30

North American Cannabis Summit, *An objective forum to address public health, science and health equity*. In Los Angeles, USA. (Sponsored by CCSA). <http://northamericancannabissummit.org/>

February

Healthy Minds/Healthy Children Online Professional Development, 1) *ACE Score: What do we do with it?* and 2) *Concussions, Post Concussion Syndrome and mental health in children and youth* (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

February 4- February 24

Online Workshop, *Trans: What does it all mean?* with Katie Cutting. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 6 and 13

Online Workshop, *The impact of technology on children and youth*. 7- 9 pm. (\$100) https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2019

Cognition

November, 2018



Addiction and Mental Health Learning Events

February 7, 13, 21 and 28

Online Course, *Relationship based discipline: Raising resilient children* with Tammy Schamuhn. 7- 9 pm. (\$140) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019

February 13

University of Alberta, Forensic Grand Rounds, *Potentiality- Suicide in front line emergency personnel* by Dr Nicholas Carleton. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

February 13- 15

Advanced Training Workshop, *Collaborative and proactive solutions: Understanding and helping behaviourally challenged kids* with Dr Ross Greene. In Nanaimo, BC. <http://www.4children.ca/workshops.html>

February 15

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my adolescent or senior patient with Opioid Use Disorder* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

February 18

Online Workshop, *Teaching about human sexuality* with Christine Sturgeon and Carlie McPhee. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 20, 27 and March 6

Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm (\$140) https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online

March

Healthy Minds/Healthy Children Online Professional Development, 1) *The gut-brain connection: Obesity, inflammation, microbiome and mental illness* and 2) *Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

March 4- 24

ASPH Online Workshop, *Sexuality and mental health: Body image* with Colleen Larson. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

March 6

Online Workshop, *The power of play: Fostering resiliency in children*. 7:30- 9 pm. (\$35) https://instituteofchildpsychology.com/services/workshop_detail/power_of_play_spring_2019

March 6- 9

8th International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance: Integrating research, policy and promising practices around the world*. In Vancouver. <http://interprofessional.ubc.ca/initiatives/fasd2019/>

March 13, 20 and 27

Online Course, *Childhood anger: Working through tantrums*. 7- 9 pm. (\$140) https://instituteofchildpsychology.com/services/workshop_detail/anger_2019_online

March 13- March 15

Counselling Insights Conference in Calgary. 9 am- 4 pm daily. In Calgary. <https://ca.ctrinstitute.com/workshops/counselling-insights-conference-march2019/#tickets>

March 15

Opioid Dependency Treatment, Virtual Learning Sessions, *Why do I have to be aware of cultural diversity when treating my clients?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

March 18- 20

16th Medical Cognitive Behavioural Therapy training with Dr Greg Dubord in Whistler, BC. (\$895) <http://cbt.ca/locations/cbt-whistler-winter/>

March 18- April 7

Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

March 21- 25

Alberta Psychiatric Association Annual Conference in Banff. <https://albertapsych.org/conference>

April

Healthy Minds/Healthy Children Online Professional Development, 1) *The healing value of relationship with self and others* and 2) *Youth sexual assault/abuse: Managing the crisis phase*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

Cognition

November, 2018



Addiction and Mental Health Learning Events

April 1- April 21

ASPSH Online Workshop, *The anti-choice movement in Canada: The facts* with Kathy Dawson and Joyce Arthur. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 4- 6

ACSW Annual Conference, *Connection to change: Evolution, innovation and activism* in Social Work. In Calgary. <https://www.acsw.ab.ca/>

April 12

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am- 12 noon. Register on iScheduler

<https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

April 15- April 28

ASPH Online Workshop, *Sex addiction 101* with Bill Schuilenberg (Part 1)

https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 29- May 12

ASPH Online Workshop, *It's not about the sex* with Bill Schuilenberg (Part 2)

https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 29- May 12

ASPH Online Workshop, *Advocacy* with Tammy Troute-Wood, Celia Posyniak, Heather Cobb and Marni Panas https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

May

Healthy Minds/Healthy Children Online Professional Development, 1) *Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression* and 2) *Youth sexual assault/abuse: After the crisis phase- More healing strategies*. (Free and CME accreditation available)

Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

May 2- 4

20th Biennial Conference, Canadian Gerontological Nursing Association, *Older persons climbing mountains: Journeys and transitions*. In Calgary. <http://cgna2019.ca/>

May 10- 11

20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. <http://www.shared-care.ca/>

May 13- 17

Intensive Sex Therapy Training Program at the University of Guelph, Ontario.

<https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003>

May 13- June 3

ASPH Online Workshop, *Sexuality and disabilities 101* with Margaret Newbury-Jones

https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

May 17

Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

May 27- June 16

ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle

https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

June 21

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?*

9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

August 18- 21

22nd International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

August 22- 25

21st World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

September 15- 17

39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City.




<https://www.cacap-acpea.org/learn/conference/>

September 20- 25

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>



Online Learning Resources

- ☀ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <http://www.albertahealthservices.ca/research/Page11217.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series ** Recorded expert speaker presentations <https://www.youtube.com/playlist?list=PLwAiWzISiIS1fBg3e6ljzeGDI7XAIC1LH> |
- ☀ **Developmental Pathways of Addiction and Mental Health** 11 free modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>



- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/>
- ☀ **Indigenous Cultural Safety Collaborative Learning Series** Webinars to strengthen cultural safety in health and social services <http://www.icscollaborative.com/webinars>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☀ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>



Step by Step Guide to AHS Learning

iScheduler

iScheduler is a new government operated system used by Alberta Health Services to replace VCScheduler. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. Telehealth is internet based and provides access to videoconferences anywhere in the world. To register in events, go to: <https://ischeduler.albertahealthservices.ca/> You do not need to be employed by AHS.

Once you have registered and can access the site dashboard, go to “Meetings” on the left hand navigation bar and select “Register”.

- 1) Select “**Learning**”. It may take a few moments for the list to populate.
- 2) Scroll through the sessions that appear chronologically until you see the session of your choice.
- 3) Select “**Sign Up**” for that session, and you will be directed to page that will allow you to select your preferred site.

Sites are no longer being automatically added for every session. In order to access a session via Telehealth from your site, you will need to register for each week’s session. Questions about accessing the Telehealth scheduler may be directed to Telehealth.Info@AHS.ca. Call 310-8822 if your site equipment does not connect as scheduled.

MyLearningLink (MLL)

MLL is the location of most online education courses in Alberta Health Services. The system is only available to AHS staff and works best on Internet Explorer. You can also access MLL on your home computer through the external AHS website staff portal.

- 1) Click on the My Learning Link Log In.
<http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp>
- 2) Enter your AHS username and password (this is the same as your computer log in or email username and password).
- 3) Once you are logged in, click on **Courses and Registration**
- 4) Type the course title in the **Search for a Course** box and click on **Search**
- 5) The course name should appear as a link below the Search box. Click on the link and scroll past the course description to the rectangular box that includes a **Register** button. Click on the **Register** button.
You will not see the course until you complete Step #6.
- 6) Go to **Learning Home** and click on **My Courses** to begin by clicking on the course name.

A common problem is not typing in the course name accurately and completely so the course may not be found. If you are having problems, call 1-888-580-7010 or contact MyLearningLink Support at <https://insite.albertahealthservices.ca/hr/Page5886.aspx>

Professional Development Fund

The fund for Alberta Health Services permanent staff opens early each fiscal year. Funding is on a ‘first come, first served’ basis and is usually depleted well before the end of the fiscal year (March 31). Money is available for post-secondary education, attending conferences and workshops, and hosting your own group learning events. See: <https://insite.albertahealthservices.ca/hr/Page2239.aspx>

There are detailed instructions for *Conference and Workshop Funding* on Insite. The key points are:

- 1) You must first attend the workshop or conference before submitting the application (with receipts). The funding is not approved or provided in advance. The event must be in the same fiscal year as the application.
- 2) You may receive up to 80% of course registration to a maximum of \$750. There is a \$150 minimum. The fund only covers registration/tuition or exam costs. Payment is done through iExpense.

<https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-funding-conference-workshop-application.pdf>

The Group Learning Initiatives Funding allows groups of staff to host a speaker presentation, workshop or conferences related to clinical practice. A Working Session Pre-Approval form is required in advance. Funding ranges from \$150 to \$5000 and can be spent on venue, speaker fees, meals, and training equipment rentals. The money may **not** be spent on retreats, meetings or team building.

<https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-funding-gli-application-guide.pdf>