

# Cognition

May, 2019



## Addiction and Mental Health Learning Events

Daily Event Listings  
Online Learning Resources

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### May

Healthy Minds/Healthy Children Online Professional Development, 1) *Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression* and 2) *Youth sexual assault/abuse: After the crisis phase- More healing strategies*. (Free and CME accreditation available) Call 403-955-4642 [hmhc@ahs.ca](mailto:hmhc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### May 1

University of Calgary, Neuropsychiatry Rounds, *Take me back to move me forward: Recapitulation of the family system as a pathway to better quality of life for alexithymic patients in group therapy* by Dr John Ogrodniczuk. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-05-01/bc-neuropsychiatry-rounds-take-me-back-move-me-forward-recapitulation-family-system>

### May 1- 4

International Society for Autism Research Annual Meeting in Montreal. <https://www.autism-insar.org/page/FutureEvents>

### May 1- 4

The Big Narrative Therapy Conference, *Three Streams: New Developments in Narrative Therapy Practice; Mental Health Justice; and Advanced Practice Supervision*. In Vancouver. <http://therapeuticconversations.com/therapeutic-conversations-2-2/>

### May 2

CAOT Workshop, *Cognitive Stimulation Therapy: Making a difference for people with dementia* with Gina Zoratti and Michelle Bickell. 8:30 am- 4 pm in Edmonton. [https://www.caot.ca/viewEvent.html?no\\_header=true&productId=10235b](https://www.caot.ca/viewEvent.html?no_header=true&productId=10235b)

### May 2

Workshop, *Stress, resilience and happiness* with Dr Michael Howard. 8:30 am- 3:30 pm in Edmonton.

May 3 in Calgary. <http://www.biomedglobal.com/seminars.aspx>

### May 2

University of Alberta, Child and Adolescent Grand Rounds with Joseph Emerson Marinas. 9- 10 am in Edmonton and by telehealth [ni4@ualberta.ca](mailto:ni4@ualberta.ca) <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

### May 2

Sexual Assault Centre of Edmonton, 6<sup>th</sup> Annual Fundraising and Awareness Gala, *We believe: Let's move forward together* with Jeff Perera. <https://www.eventbrite.ca/e/we-believe-lets-move-forward-together-2019-tickets-54542994565>

### May 2- 4

20<sup>th</sup> Biennial Conference, Canadian Gerontological Nursing Association, *Older persons climbing mountains: Journeys and transitions*. In Calgary. <http://cgna2019.ca/>

### May 3

Therapy Assistant Association of Alberta, 12<sup>th</sup> Annual Education Day. In Red Deer. <http://thaaa.ca/>

### May 3- 4

Western Canada Addiction Forum in Kelowna, BC. <https://wcaforum.ca/>

### May 3- 4

Canadian Association for Cognitive and Behavioural Therapies, 9<sup>th</sup> Annual Conference, *The role of CBT in health and promotion* in Montreal. <https://cacbt.ca/en/conferences/2019-montreal/>

### May 3- 4

Canadian Professional Counsellors Association, Conference, *A day of learning: Moving beyond trauma*. In Leduc. Call 780-660-1428 <https://sites.google.com/view/alberta-cpca-conference/home?authuser=0>

### May 4

EFT Edmonton Workshop, *For your learning: Deepening your ability to work with attachment injuries* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

### May 4

Workshop, *Love you forever: For families and other supporting adults with serious mental illness*. 8:30 am- 3:30 pm at the Edmonton Provincial Court. Sponsored by FAMI and CMHA. <https://www.eventbrite.ca/e/love-you-forever-6-tickets-57145395416?aff=erelexpmlt>

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## Addiction and Mental Health Learning Events

### May 4

PAA Workshop, *Current and emerging best practices in supervision: Pathways to supervisee competence and expertise* with Dr Rodney Goodyear. 9 am- 4:30 pm in Edmonton.

[http://www.psychologistsassociation.ab.ca/site//paa\\_workshops\\_forum?type=event&id=97](http://www.psychologistsassociation.ab.ca/site//paa_workshops_forum?type=event&id=97)

### May 6

Community Education Service, *Nutrition and mental health: An overview of what the science says* by Dr Bonnie Kaplan. 10– 11:30 am in Calgary and by Telehealth/Audio Line.

<http://community.hmhc.ca/sessions/>

### May 6

University of Calgary Pain Conference with Dr Bahram Jam and Dr Kerri Novak

<https://cumming.ucalgary.ca/cme/event/2019-05-06/calgary-pain-conference>

### May 6- 7

CLPNA Annual General Meeting and Conference, *The alchemy of professionalism*. In Edmonton.

<https://www.clpna.com/news-events/conferences-events/>

### May 6- 7

CMHA Basic Training, *Mental Health First Aid* with Anita Watts. 9 am- 4:30 pm.

<https://www.mhfa.ca/en/course/basic-2019-05-06-anita-watts>

### May 6- 8

Responsible Gambling Council, *Discovery 2019* In Toronto. <https://www.responsiblegambling.org/rq-news-research/discovery-2019>

### May 6- July 26

Online Course, *Fundamentals of Cognitive Behaviour Therapy* with Jennifer Hackbart. (\$1100)

<https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilfrid Laurier University.

### May 7

University of Calgary, Department of Psychiatry Grand Rounds, *Simulation in psychiatry* with Dr Rachel Grimminck. 12- 1 pm in Calgary and by telehealth.

<https://www.ucalgary.ca/psychiatry/event/2019-05-07/grand-rounds-simulation-psychiatry-rachel-grimminck-md-frcpc-dabpn>

### May 7

CTRI Workshop, *Borderline Personality Disorder- Understanding and supporting* with Danielle Forth.

9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-edmonton5-7/#tickets> **May 8** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-calgary5-8/#tickets>

### May 7- 9

5<sup>th</sup> Biennial Alberta Criminal Justice Symposium, *Considering new approaches to rehabilitation and correctional reform*. In Edmonton.

[https://www.macewan.ca/wcm/SchoolsFaculties/ArtsScience/CRIMINAL\\_JUSTICE\\_SYMPOSIUM](https://www.macewan.ca/wcm/SchoolsFaculties/ArtsScience/CRIMINAL_JUSTICE_SYMPOSIUM)

### May 8

Online/in-person Lunch & Learn. *Identifying “at risk” young adults using routine outcome monitoring during acute inpatient hospitalization* with Dr. Graham Gaine. 12 – 12:40 pm. RSVP by May 1 at:

<https://survey.ahs.ca/KnowledgeBites> <https://albertahealthservices.ca/info/Page16241.aspx>

### May 8

University of Alberta Forensic Grand Rounds, *Risk assessment tools and risk management* with Dr Jodi Viljoen. In Edmonton.

[ni4@ualberta.ca](mailto:ni4@ualberta.ca) <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### May 8

University of Calgary, Neuropsychiatry Rounds, *Technology for brain health: Ethics and emotions* by Dr Julie Robillard. 12- 1 pm in Calgary and by telehealth

<https://www.ucalgary.ca/psychiatry/event/2019-05-08/bc-neuropsychiatry-rounds-technology-brain-health-ethics-and-emotions-julie>

### May 8- 9

Workshop, *Motivational Interviewing, Level 1* with Donna Kerr. 9 am- 4 pm in Edmonton.

[https://www.ahvna.org/index.php?page=events&event\\_id=305&action=vieweventdetails](https://www.ahvna.org/index.php?page=events&event_id=305&action=vieweventdetails)

### May 8- 10

Jack Hirose Educator's Conference, *Brain-based learning, behavioural challenges and student mental health* in Calgary. <http://www.jackhirose.com/workshop/calgary-educators-conference/>

### May 9

Workshop, *Improving workplace mental health* with Lieutenant-Colonel Stephanie Grenier and Dr Dawn McBride. 8:30 am- 4 pm in Lethbridge. (\$140) Presented by the Mental Health Promotion Committee of Southern Alberta.

<https://www.eventbrite.ca/e/improving-workplace-mental-health-tickets-50374696072?aff=affiliate1>

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## Addiction and Mental Health Learning Events

### May 9- 10

Emotionally Focused Therapy Workshop, *Part 2: Deepening your skills* with Yolanda von Hockauf. In Vancouver. <https://mailchi.mp/86a07bba3c26/emotionally-focused-individual-therapy-workshops>

### May 9- 10

Workshop, *Couples counselling: Theory and practice essentials* with Sig Taylor. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/couples2019>

### May 9- 10

Workshop, *Buried in treasures: Understanding and treating Hoarding Disorder* with Dr Randy Frost. In Calgary. (\$315) <http://www.toomuchstuffcalgary.ca/buried-in-treasures--understanding-and-treating-hoarding-disorder-workshop-description.html>

### May 9- 11

Autism Awareness Centre presents, *Low arousal training* with Mark Linski. In Edmonton. (\$750) [https://autismawarenesscentre.com/shop/conferences-training/training/low-arousal-approach-training-edmonton-ab-may-9-11-2019/?mc\\_cid=2de80b8d41&mc\\_eid=c75284d8ae](https://autismawarenesscentre.com/shop/conferences-training/training/low-arousal-approach-training-edmonton-ab-may-9-11-2019/?mc_cid=2de80b8d41&mc_eid=c75284d8ae)

### May 10

Issues in Health Ethics Series, *Why healthcare professionals have a human right to make a conscientious objection* by Christina Lamb. 12- 1 pm in Edmonton. <https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/issues-in-health-ethics-series>

### May 10- 11

20<sup>th</sup> Canadian Collaborative Mental Health Care Conference in Richmond, BC. <http://www.shared-care.ca/>

### May 10- 12

32<sup>nd</sup> Canadian Down Syndrome Conference in Victoria, BC. <https://cdss.ca/community/events-activities/down-syndrome-conference/>

### May 13

Workshop, *Pharmacology update for Nurses*. 8:30 am- 4 pm in Edmonton. **May 14** in Calgary. [https://www.nursinglinks.ca/info\\_pharmacology.html](https://www.nursinglinks.ca/info_pharmacology.html)

### May 13

Workshop, *Compassion fatigue and burnout* with Dr Eric Gentry. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/calgary-compassion-fatigue-burnout/>

### May 13- 14

CMHA, *Applied Suicide Intervention Skills (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/>

### May 13- 15

Waypoint Research Institute Conference, *Momentum research realized*. In Barrie, Ontario. [http://www.waypointcentre.ca/waypoint\\_research\\_institute/events/WRICConference/wri\\_conference\\_2019](http://www.waypointcentre.ca/waypoint_research_institute/events/WRICConference/wri_conference_2019)

### May 13- 16

Canadian Counselling and Psychotherapy Association, Annual Conference in Moncton, New Brunswick. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

### May 13- 17

Intensive Sex Therapy Training Program at the University of Guelph, Ontario. <https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003>

### May 13- 17

Intensive Clinical Training, *Dialectical Behaviour Therapy*. 9 am- 4 pm daily in Ottawa. (\$1299) <https://www.eventbrite.ca/e/dialectical-behavior-therapy-5-day-intensive-clinical-training-for-mental-health-professionals-tickets-57958907653?aff=erelexpmlt>

### May 13- June 3

ASPH Online Workshop, *Sexuality and disabilities 101* with Margaret Newbury-Jones [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### May 13- June 21

Wilfred Laurier University Online Course, *Concurrent Disorders* by Melissa Pyne. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

### May 14

Department of Psychiatry Grand Rounds, *I am not my illness: The impact of stigma* with Amy Williams. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-05-14/grand-rounds-i-am-not-my-illness-impact-stigma-amy-willans>

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## Addiction and Mental Health Learning Events

### May 14

Conference, *Grounded in experience: Rebuilding after trauma and strategies for recovery* with Mark Henick. In Ottawa. <http://www.cast-canada.ca/gt-ottawa-2019-mark-henick.html>

### May 14- 15

Workshop, *Trauma competency training* with Dr Eric Gentry. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/calgary-trauma-competency-training-2/>

### May 14- June 25

Beck Institute Online Training, *CBT for Personality Disorders*. 15 hours over 6 weeks. <https://psychwire.com/beck/cbt-personality-disorders>

### May 15

University of Alberta, 18<sup>th</sup> Annual Psychiatry Research Day. Keynote by Dr Raymond Lam, *Cognitive Dysfunction in Depression: Focus on Work Functioning*. 8 am- 4 pm in Bernard Snell Hall, University of Alberta Hospital. <https://www.ualberta.ca/medicine/events/psychiatry/53fsk15vik4gdtltvkit12a0rl>

### May 15

University of Calgary, Neuropsychiatry Rounds, *Stem cell therapy and multiple sclerosis* by Dr Alice Schabas. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-05-15/bc-neuropsychiatry-rounds-stem-cell-therapies-multiple-sclerosis-alice-schabas-md>

### May 15

Canadian Nurses Protective Society, Webinar, *Documentation* with Priscilla Akyea RN, JD. 11 am- 12 noon. [https://eventsna8.adobeconnect.com/content/connect/c1/1093121839/en/events/event/shared/default\\_template/event\\_landing.html?connect-session=na8breez217ubyaw8qvhio4k&sco-id=2514438031& charset =utf-8](https://eventsna8.adobeconnect.com/content/connect/c1/1093121839/en/events/event/shared/default_template/event_landing.html?connect-session=na8breez217ubyaw8qvhio4k&sco-id=2514438031& charset =utf-8)

### May 15

Community Education Service, *Understanding a child's pain: What to do, how to help*. 11 am- 12:30 noon in Calgary and by Telehealth/Audio Line. <http://community.hmhc.ca/sessions/>

### May 15- 16

Workshop, *Motivational Interviewing, Level 2* with Donna Kerr. 9 am- 4 pm in Edmonton. <https://www.ahvna.org/events/vieweventdetails/307/>

### May 15- 17

11<sup>th</sup> International Conference on Nightlife, Substance Use and Related Health Issues. In Amsterdam, Netherlands <http://www.theclubhealthconference.com/>

### May 16

University of Alberta, Child and Adolescent Grand Rounds with Sampann Gautamn. 9- 10 am in Edmonton and by telehealth <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

### May 16

University of Calgary Workshop, *Educational and mental health resilience for students with mild cognitive disabilities: Translating research into practice* with Dr Steven Shaw. 9 am- 4 pm in Calgary. [https://werklund.ucalgary.ca/ise/professional-development#quickset-field\\_collection\\_quicktabs\\_0](https://werklund.ucalgary.ca/ise/professional-development#quickset-field_collection_quicktabs_0)

### May 16- 17

Basic Training, *Mental Health First Aid* by Jennifer Chow. 8:30 am- 4 pm in Edmonton. (\$160) 780-482-6215 <https://www.cornerstonecounselling.com/workshops/mhfa-2/>

### May 17

Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### May 17

PAA Workshop, *Geropsychology research and practice: Helping our clients, Helping ourselves* with Dr Candace Konnert. 9 am- 4:30 pm in Calgary. [http://www.psychologistsassociation.ab.ca/site//paa\\_workshops\\_forum?type=event&id=92](http://www.psychologistsassociation.ab.ca/site//paa_workshops_forum?type=event&id=92)

### May 20- June 28

Wilfred Laurier University Online Course, *Pharmacology* by Rick Csiernik. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

### May 21

Psychiatry Grand Rounds, *Young adults with mental health conditions and transition to adult care* with Dr Renee Farrell. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-05-21/grand-rounds-young-adults-mental-health-conditions-and-transition-adult-care-renee>

# Cognition

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## Addiction and Mental Health Learning Events

### May 21

Counselling Ethics Workshop, *Best practice: Informed consent and record keeping issues* by Dr Dawn McBride. 8 am- 5 pm in Medicine Hat. <https://www.dawn-mcbride.com/workshops>

### May 22

University of Calgary, Neuropsychiatry Rounds, *Epigenetics of Parkinson's* by Samantha Schaffer. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-05-22/bc-neuropsychiatry-rounds-epigenetics-parkinsons-samantha-schaffner>

### May 22

Community Education Service, *25 things that kids with ADHD wished their parents and teachers knew about ADHD*. 11 am– 12 noon in Calgary and by Telehealth/Audio Line. <http://community.hmhc.ca/sessions/>

### May 22- 24

Canadian Bioethics Society, 30<sup>th</sup> Annual Conference, *Embracing the disruptive edge of health care*. In Banff. <https://cbsscb.meetinghand.com/en>

### May 22- 25

13<sup>th</sup> Annual Canadian Neuroscience Meeting in Toronto. <https://can-acn.org/meeting-2019>

### May 23- 24

Intensive Workshop, *Working with oppositional, defiant, and anger issues with children and adolescents* by Dr Jay Berk. 9 am - 4 pm in Edmonton. <http://www.jackhirore.com/workshop/edmonton-working-oppositional-defiant-anger-issues-children-adolescents/>

### May 23

EFT Edmonton Workshop, *For your learning: The art of focused attunement and focused attachifying* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

### May 23- 24

McGill Summer Institute for School Psychology in Montreal. <http://www.mcgillschoolpsychinstitute.com/>

### May 24- 25

Canadian Federation of Clinical Hypnosis, Spring Conference and Workshops. In Banff. <https://www.clinicalhypnosis.ca/event/cfch-ab-2019-spring-conference-workshops/>

### May 24- 26

Workshop, *Trauma constellations revisited* with Dr Johannes Benedikt Schmidt. 9 am- 5 pm in Edmonton. [http://soul-guide.com/special\\_event.html](http://soul-guide.com/special_event.html)

### May 27

Workshop, *Effective integration of 12-Step programs into client care* with Sarah Allen Benton. 8:30 am- 4 pm in Edmonton. **May 28** in Calgary. [https://www.nursinglinks.ca/info\\_12step.html](https://www.nursinglinks.ca/info_12step.html)

### May 27

Workshop, *Legal issues in nursing* Chris Rokosh. 8:30 am- 4 pm in Red Deer. [https://www.nursinglinks.ca/info\\_legal.html](https://www.nursinglinks.ca/info_legal.html)

### May 27- 28

Two Day Intensive, *The 10 best-ever anxiety management techniques* with Dr Margaret Wehrenberg. 9 am- 4 pm in Edmonton. <http://www.jackhirore.com/workshop/edmonton-10-best-ever-anxiety-management-techniques/>

### May 27- 28

CMHA, *Applied Suicide Intervention Skills (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/>

### May 27- June 16

ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### May 28

Training, *Mental Health First Aid, Seniors* with Peggy Strass and Tasha Porttin. 8:30 am- 4:30 pm in Stony Plain. (\$75) <https://www.mhfa.ca/en/course/seniors-2019-05-28-peggy-strass-tasha-porttin>

### May 28- 29

Training, *Mental Health First Aid: Adults who interact with youth* with Nelson Presley. 8:30 am- 4:30 pm in Edmonton. (\$140) <https://www.mhfa.ca/en/course/adults-who-interact-youth-2019-05-28-nelson-presley>

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## Addiction and Mental Health Learning Events

### May 28- 29

CTRI Workshop, *Trauma-informed care- Building a culture of strength*. 9 am- 4 pm in Calgary.  
<https://ca.ctrinstitute.com/workshops/trauma-informed-care-calgary5-28/2019-05-28/#tickets> **May 30** in  
Edmonton <https://ca.ctrinstitute.com/workshops/trauma-informed-care-edmonton5-30/2019-05-30/#tickets>

### May 29

Community Education Service Videoconference, *Summer slide: What it is and what can you do to prevent it?*  
11 am- 12:30 noon in Calgary or by telehealth/audio line. <http://community.hmhc.ca/sessions/?p=telehealth>

### May 29

University of Calgary, Neuropsychiatry Rounds, *An update on the use of next-generation sequencing in epilepsy* by Dr Michelle Demos. 12- 1 pm in Calgary and by telehealth  
<https://www.ucalgary.ca/psychiatry/event/2019-05-29/bc-neuropsychiatry-rounds-update-use-next-generation-sequencing-epilepsy-michelle>

### May 29- June 1

Canadian Association of Occupational Therapists Conference in Niagara Falls, Ontario.  
<https://www.caot.ca/site/pd/conf?nav=sidebar>

### May 30- 31

Prairie Pediatric Acute Onset Neuropsychiatric Syndrome Conference in Saskatoon.  
<https://www.eventbrite.ca/e/pans-conference-saskatoon-2019-tickets-54642497180>

### May 30- June 1

Canadian Cannabis Summit in Calgary. <https://cannabissummit.ca/>

### May 30- June 2

Workshop, *Diagnosis and treatment of OCD: 4-Day intensive training* with Dr Elna Yadin. 8:30 am- 4:30 pm  
daily in Edmonton. (\$1200). Call 780-492-5205.  
<https://docs.google.com/forms/d/e/1FAIpQLSf7ZYPoQ65tOVMS1ZYPSDZpWGU5u0BKimFE867rU2gp-m4M6g/viewform>

### May 31- June 1

Michael G DeGroote Centre for Medicinal Cannabis Research Conference, *Innovations in the science of cannabis*. In Hamilton, Ontario. <https://cannabisresearch.mcmaster.ca/engagement/events/event/2019/04/12/default-calendar/conference>

### May 31- June 2

Canadian Psychology Association National Conference, *Psychology's contribution to society* and the 4<sup>th</sup> North  
American Correctional and Criminal Justice Psychology Conference, *Evidence and innovation in criminal  
justice psychology*. In Halifax, Nova Scotia. <https://convention.cpa.ca/> <https://www.cpa.ca/NACCJPC#>

### June 2- 6

14<sup>th</sup> World Congress on Biological Psychiatry in Vancouver. <https://www.wfsbp-congress.org/home/>

### June 3

Workshop, *How to deal with difficult people* by Stacey Holloway. 8:30- 4 pm in Edmonton. **June 10** in Calgary  
[https://www.nursinglinks.ca/info\\_difficult.html](https://www.nursinglinks.ca/info_difficult.html)

### June 3

Online Training, *Mindfulness Based Cognitive Therapy basics* with Melissa Nigrini. Two Hours on Mondays  
and Wednesdays for three weeks. (\$560) <https://www.mindfulnessstudies.com/event/20-352-01/>

### June 3

Douglas College Online Course, *Cognitive-Behaviour Therapy*. (\$1592) One semester. Register before May  
24. <https://www.douglascollege.ca/programs-courses/continuing-education/health/cognitive-behaviour-therapy>

### June 3

Douglas College Online Course, *Common physiological conditions in mental health*. (\$796) One semester.  
Register before May 24. <https://www.douglascollege.ca/programs-courses/continuing-education/health/common-physiological-conditions-mental-health>

### June 3

Douglas College Online Course, *Disorders of mental health for LPNs or RN/RPNs* (\$796) One semester.  
Register before May 24. <https://www.douglascollege.ca/programs-courses/continuing-education/health/disorders-mental-health>

### June 3

Douglas College Online Course, *Eating Disorders* (\$1592) One semester. Register before May 24.  
<https://www.douglascollege.ca/programs-courses/continuing-education/health/eating-disorders>

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## Addiction and Mental Health Learning Events

### June 3- 4

Workshop, *Mindfulness-Based Cognitive Therapy* with Dr Richard Sears. 9 am- 4 pm in Edmonton.  
<http://www.jackhirose.com/workshop/edmonton-mindfulness-based-cognitive-therapy/>

### June 4

Psychiatry Grand Rounds, *Neurobiology of Bipolar Disorder* with Dr Vladimir Maletic. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-06-04/grand-rounds-neurobiology-bipolar-disorder-vladimir-maletic-md-ms>

### June 4

Nursing Workshop, *Interpretation of lab tests* with Barb Bancroft. 8:30 am- 4 pm in Lethbridge.  
[https://www.nursinglinks.ca/info\\_lab\\_tests.html](https://www.nursinglinks.ca/info_lab_tests.html)

### June 4- 5

CTRI Workshop, *Walking through grief- helping others deal with loss* by Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton6-4-2/#tickets> **June 5-6** in Calgary <https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-5/#tickets>

### June 6

Workshop, *The aging brain: The assessments, treatments and interventions for Alzheimer's Disease and other dementias* with Dr Roy Steinberg. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/calgary-the-aging-brain/>

### June 7

University of Calgary, Department of Psychiatry, Quarterly Psychiatry Update, *Psychosis*. 1- 4 pm in Calgary.  
<https://www.ucalgary.ca/psychiatry/event/2019-06-07/quarterly-psychiatry-update-psychosis>

### June 7

**11<sup>th</sup> Annual** **AddictionDay.ca** *Addiction: Addressing diversity* at the Executive Royal Inn, Edmonton International Airport. <http://www.addictionday.ca/>

### June 7- 9

Canadian Society for Brain, Behaviour and Cognitive Science, 29<sup>th</sup> Annual Meeting in Waterloo, Ontario.  
<https://www.csbbcs.org/meetings/2019-conference/>

### June 11

Psychiatry Grand Rounds, *ASD and other Neurodevelopmental Disorders* with Dr Danielle Baribeau. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-06-11/grand-rounds-asd-other-neurodevelopmental-disorders-danielle-baribeau-md-msc>

### June 12

**Edmonton Zone, Pie & CQI**, *Improving client experience though access*. 12- 4 pm at the Santa Maria Goretti Centre, 11050- 90 Street. More details to follow.

### June 12

Forensic Grand Rounds, *Sexual violence and sexual risk behavior* by Dr Kelly Davis. 9- 10 am in Edmonton.  
<https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### June 12

University of Calgary, Neuropsychiatry Rounds, *A behavioural approach to assessing psychotropic impact on challenging behaviour in developmental disabilities* by Dr Maria Valdovinos. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-06-12/bc-neuropsychiatry-rounds-behavioural-approach-assessing-psychotropic-impact>

### June 13- 14

Workshop, *Traumatic dissociation, emotion dysregulation and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/laniustrama2018>

### June 14

Workshop, *Getting kids "in sync" at home and school* with Carol Stock Kranowitz and Julia Berry. In Edmonton. 8:30 am- 4:30 pm. <https://www.saot.ca/event/getting-kids-in-sync-at-home-and-school/>

### June 14- 16

North American Refugee Health Conference, *Health means the world to us* in Toronto.  
<https://www.northamericanrefugeehealth.com/>

### June 17

EFT Edmonton Workshop, *For your learning: Handling clients interruptions* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

# Cognition

May, 2019



## Addiction and Mental Health Learning Events

### June 17- 20

Myers-Briggs Type Indicator Certification Program in Edmonton. (\$2195)

<https://shop.psychometrics.com/products/mbti-sup-sup-certification-program-edmonton-june-17-20-2020?variant=13112919621743>

### June 17- 20

Level One Training, *Emotion-focused Therapy* with Dr Serine Warwar. 9 am- 5 pm in Calgary.

<https://emotionfocusedtherapyalberta.ca/upcoming-workshops/>

### June 17- 21

Harvard Medical School, *Intensive course in Transcranial Magnetic Stimulation* in Boston, USA. (\$3750 USD)

[aroby@bidmc.harvard.edu](mailto:aroby@bidmc.harvard.edu) <http://tmslab.org/education-intensive.php>

### June 18

CTRI Workshop, *Clinical supervision- Skills for developing counsellors* with Lana Dunn. 9 am- 4 pm in

Edmonton <https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton6-18/#tickets> **June 20** in

Calgary <https://ca.ctrinstitute.com/workshops/clinical-supervision-calgary6-20/#tickets>

### June 18

Department of Psychiatry Grand Rounds, *A case of Neurocognitive Disorder in the context of Schizophrenia*

with Dr Paul Ratti. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-06-18/grand-rounds-case-neurocognitive-disorder-context-schizophrenia-paul-ratti-md>

### June 19

University of Calgary, Neuropsychiatry Rounds, *Breakthroughs in the genetics of Autism* by Troy McDiarmid.

12- 1 pm in Calgary and by telehealth [https://www.ucalgary.ca/psychiatry/event/2019-06-19/bc-](https://www.ucalgary.ca/psychiatry/event/2019-06-19/bc-neuropsychiatry-rounds-breakthroughs-genetics-autism-troy-mcdiarmid)

[neuropsychiatry-rounds-breakthroughs-genetics-autism-troy-mcdiarmid](https://www.ucalgary.ca/psychiatry/event/2019-06-19/bc-neuropsychiatry-rounds-breakthroughs-genetics-autism-troy-mcdiarmid)

### June 19- 21

Canadian Therapeutic Recreation Association Conference, *Discovering joie de vivre*. In Quebec City.

<https://canadian-tr.org/professional-development/ctra-conference-june-19-21st-2019/>

### June 19- 22

World Association on Dual Disorders, 3<sup>rd</sup> World Congress, *Precision psychiatry in dual disorders* in Madrid,

Spain. <https://icdd-congress.com/>

### June 21

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?*

9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at

[concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### June 24- 25

EFT Edmonton Workshop, *Creating transformative moments in couple and family therapy: Working with*

*emotion in EFT* with Gail Palmer. In Canmore. Call 780-444-4399 <https://eftedmonton.com/training-events/>

### June 24- 26

DBT Centre of Vancouver, Three Day Training, *The DBT skills* with Dr Alexandra Chapman and Dr John

Wagner. 9 am- 4:30 pm daily in Vancouver. <http://dbtvancouver.com/our-events/dbt-skills-three-day-training-van-2019/>

### June 25

Psychiatry Grand Rounds, *Genetics and psychiatric disorders* with Dr Melissa MacPherson. 12- 1 pm in

Calgary and by telehealth. [https://www.ucalgary.ca/psychiatry/event/2019-06-25/grand-rounds-genetics-and-](https://www.ucalgary.ca/psychiatry/event/2019-06-25/grand-rounds-genetics-and-psychiatric-disorders-melissa-macpherson-md)

[psychiatric-disorders-melissa-macpherson-md](https://www.ucalgary.ca/psychiatry/event/2019-06-25/grand-rounds-genetics-and-psychiatric-disorders-melissa-macpherson-md)

### June 25- 27

International Association of Forensic Mental Health Services, 19<sup>th</sup> Annual Conference, *Cultural diversity at the*

*intersection of mental health and the law*. In Montréal. <http://www.iafmhs.org/2019-conference>

### June 29- September 1 (Saturdays)

Online Foundation Course, *Mindfulness-Integrated Cognitive Behaviour Therapy* with Dr Bruno Cayoun.

<https://mindfulness.worldsecuresystems.com/BookingRetrieve.aspx?ID=308895>

### June 30- July 2

Canadian Neuromodulation Society, 11<sup>th</sup> Annual Conference, In Iqaluit, Nunavut.

<https://neuromodulation.ca/meetings/>

### July 3- 5

Three Day Intensive, *Acceptance and Commitment Therapy (ACT) in mental health practice* with Dr John

Forsyth and Dr Jamie Forsyth. 9 am- 4 pm in Banff. [http://www.jackhiro.com/workshop/banff-3-day-](http://www.jackhiro.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/)

[intensive-acceptance-commitment-therapy-act-mental-health-practice/](http://www.jackhiro.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/)



# Cognition

May, 2019



## Addiction and Mental Health Learning Events

### July 8- 10

Three Day Intensive, *DBT made simple- Using Dialectical Behaviour Therapy to treat emotion regulation disorders* with Sheri Van Dijk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-dbt-made-simple/>

### July 8- 10

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-banff/>

### July 10

University of Alberta Forensic Grand Rounds, *Potential* with Evan McCuish. In Edmonton. [ni4@ualberta.ca](mailto:ni4@ualberta.ca)  
<https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### July 14- 18

60<sup>th</sup> Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

### July 15- 17

Three Day Intensive, *Working with oppositional, defiant and anger issues with children and adolescents* with Dr Jay Berk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-working-oppositional-defiant-anger-issues-children-adolescents/>

### July 15- 18

Four Day Intensive, *Cognitive Behavioural Therapy and TEAM techniques* with Dr David Burns. In Calgary. <http://www.jackhirose.com/workshop/cbt-intensive-summer2018/>

### July 16- 17

CTRI Workshops, *Brief focused counselling skills- Strategies from the leading networks* with Danielle Forth. 9am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets>

### July 17- 20

9<sup>th</sup> World Congress of Cognitive and Behavioural Therapies, *CBT at the crossroads* in Berlin, Germany. <https://wcbct2019.org/>

### July 17- 21

Solution-Focused Brief Therapy 5-Day Intensive Workshop, *Listening for openings. Amplifying change* with Dr Jeff Chang. In Calgary. <http://fhd.athabascau.ca/programs/pd/sfibt/index.php> [jeffc@athabascau.ca](mailto:jeffc@athabascau.ca)

### July 18- 19

International Conference on Clinical Psychology in Toronto. <https://waset.org/conference/2019/07/toronto/ICCP>

### July 18- 19

Basic Training, *Mental Health First Aid* by Jennifer Chow. 9 am- 4:30 pm in Edmonton. (\$160) <https://www.cornerstonecounselling.com/workshops/mhfa-2/>

### July 18- 20

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-whistler-summer/>

### July 18- 20

International Attachment Conference, *Science and practice over the lifespan*. In Vancouver. <http://internationalattachmentconference.com/>

### July 26- 28

3<sup>rd</sup> Annual Scientific Meeting, Research Society on Marijuana in Vancouver, Washington, USA (Near Portland Oregon) <https://researchmj.org/meeting.php>

### July 29- 30

Workshop, *Positive approach in dementia care* with Teepa Snow. 7:30 am- 4:30 pm in Olds. (\$130) <https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/>

### July 29- 31

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore. <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets>

### August 12- 23

Mental Health Counselling Skills Certificate with Vicki Enns and Sheri Coburn. 9 am- 4 pm daily in Winnipeg. (\$1995 before July 12) <https://ca.ctrinstitute.com/workshops/category/public-workshops/mental-health-counselling-skills-certificate-program/>

### August 18- 20

23<sup>rd</sup> international Philosophy of Nursing Conference in Victoria, BC. <http://www.cvent.com/events/13th-philosophy-in-the-nurse-s-world-conference-23rd-international-philosophy-of-nursing-conference/event-summary-877e2f448e734a6f90ec2db3a39b6166.aspx>

# Cognition

May, 2019



## Addiction and Mental Health Learning Events

### August 18- 21

22<sup>nd</sup> International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

### August 22- 25

21<sup>st</sup> World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

**August 29 International Overdose Day**, Time to remember, Time to act <https://www.overdoseday.com/>

### September 2

Webinar, *Pain, shame and the brain: Person-centred pain care for Occupational Therapists* with Linda Crawford. 10 am. [https://www.caot.ca/viewEvent.html?no\\_header=true&productId=10140](https://www.caot.ca/viewEvent.html?no_header=true&productId=10140)

### September 5

PAA Workshop, *Developing expertise with CBT- Insomnia* by Dr Gregg Jacobs. 9 am- 4 pm in Edmonton [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=96](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=96)

**September 10 World Suicide Prevention Day** *Take a minute, Change a life*

[https://www.who.int/mental\\_health/prevention/suicide/wspd/en/](https://www.who.int/mental_health/prevention/suicide/wspd/en/) *Living Hope* is the plan to prevent suicide in Edmonton.

### September 11

Recovery Capital Conference of Canada, *Building on our strengths to overcome addiction*. In Calgary. <http://recoverycapitalconference.com/recovery-capital-conference-alberta/>

### September 12- 14

Canadian Psychiatric Association Annual Conference in Quebec City. <https://www.cpa-apc.org/annual-conference/>

### September 15- 17

39<sup>th</sup> Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. <https://www.cacap-acpea.org/learn/conference/>

### September 18- 19

Stress, Depression, Anxiety and Resilience Summit, *Prioritize mind, body and health to ensure optimum well-being* In Vancouver. <https://www.emedevents.com/c/medical-conferences-2019/stress-and-resilience-2019-conference-by-lexis-conferences-ltd>

### September 20- 25

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>

### September 23

Workshop, *A clinical look at supplements and alternative therapies* with Barb Bancroft. 8:30 am- 4 pm in Edmonton. **October 1** in Calgary. [https://www.nursinglinks.ca/frameset\\_workshops.html](https://www.nursinglinks.ca/frameset_workshops.html)

### September 23- 25

CMHA National Conference, *Connection interrupted: Restoring mental health in a fractured world*. In Toronto. <https://conference.cmha.ca/>

### September 23- 26

Training, *Green Stream: Foundations of Play Therapy, Part 1*. In Calgary. (\$2250) <http://rmpti.com/foundations/> (Total of 9 days plus online component, Part 2 is **November 18-22**)

### September 25- 29

Vancouver School for Narrative Therapy, *Foundations training: 5-day certificate Narrative Therapy intensive* in Vancouver. <http://therapeuticconversations.com/week-long-narrative-therapy-intensive-certificate-program/>

### September 26

Legacy Place Society, First Responder and Military Personnel Mental Health and Suicide Awareness Conferences in Edmonton. **September 19** in Calgary. <https://legacyplacesociety.com/conferences/>

### September 26- 27

Online Training, *CBT Primer* with Dr Joe Flanders and Rhea Plosker. 7:30 – 10:30 am (\$350) <https://www.mindfulnessstudies.com/event/20-351-01/>

### October 3- 5

10<sup>th</sup> Canadian Conference on Dementia in Québec City. <https://www.convention.qc.ca/en/events/10-canadian-conference-dementia/>

**October 7- 12 Mental Illness Awareness Week** <https://www.camimh.ca/mental-illness-awareness-week/about-miaw/>

# Cognition

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## Addiction and Mental Health Learning Events

### October 9- 10

2<sup>nd</sup> Innovations in Practice Conference, *Western Canadian Conference on developmental disabilities, intellectual disabilities, and Autism Spectrum Disorder including mental health in children and adults*. Keynotes by Dr Ross Greene and Dr Temple Grandin. In Edmonton. <https://www.innovations2019.com/>

### October 9- 11

Canadian Federation of Mental Health Nursing Conference, *Mental Health Nursing: Taking action to advance care that makes a difference in the lives of others*. In Winnipeg, Manitoba. <http://www.cfmhn.ca/meetingconferences/NationalConference2019>

### October 9- 12

International Nurses Society on Addictions (IntNSA), 43rd Annual Educational Conference in Baltimore, Maryland, USA. <https://www.intnsa.org/conference/>

### October 16- 18

Canadian Association for Suicide Prevention, 30<sup>th</sup> Annual Conference in Edmonton. <https://suicideprevention.ca/Annual-Conference>

### October 17- 19

Tourette Canada National Conference in Winnipeg. <https://tourette.ca/about-tourette-canada/national-conference-on-ts-plus/>

### October 17- 20

Pain Society of Alberta, 13<sup>th</sup> Annual Conference in Banff. <http://www.painab.ca/annual-conference.html>

### October 21- 23

10<sup>th</sup> Annual Canadian Institute for Military and Veteran Research, *Forum 10*, in Ottawa. <http://cimvhrforum.ca/>

### October 24

Conference, *Self-compassion* with Dr Kristin Neff. 9 am- 4 pm in Edmonton. (\$240) <http://www.cast-canada.ca/gt-edmonton-2019-dr-kristin-neff.html>

### October 25- 26

Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. <http://www.cagp.ca/page-1841610>

### October 26- 27

Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference in Halifax. <https://www.csam-smca.org/>

### October 28- 29

CMHA Workplace Mental Health Conference, *Working stronger*. 8 am- 4 pm in Edmonton. <https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/>

### October 28- 30

Canadian Group Psychotherapy Association Conference, *Group Therapy: For the health of it* in Canmore. <http://cgpa.ca/conference/2019-conference-save-the-date/>

### October 31- November 2

International Association for Cannabinoid Medicines, Research Conference, in Berlin, Germany. <https://www.cannabis-med.org/index.php?tpl=page&id=318&lng=en>

### November 4- 6

National Conference on Ending Homelessness, *Beginning the end of homelessness in Canada*. In Edmonton. <http://conference.caeh.ca/>

### November 7- 12

Mindfulness Meditation Retreat for Therapists with Dr Bruno Cayoun. In Ottawa. <http://www.mindfulness.net.au/our-programs/the-intensive-retreat>

### November 8

The Royal's Conference on Women's Mental Health, *Women in mind*. In Ottawa. <http://www.theroyal.ca/mental-health-centre/education-and-conferences/womens-mental-health-trauma-resilience/womens-mental-health-violence-against-women/>

### November 14

EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. (\$875) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

### November 18- 20

Gottman Level 1 Training in Calgary <https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/>

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## Addiction and Mental Health Learning Events

### November 20- 22

Gottman Level II Training in Calgary <https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/>

### November 20- 22

The Canadian Mental Health Summit, *Advanced interventions and strategies for frontline professionals*. In Calgary. <http://www.jackhirose.com/workshop/cmhs-2019/>

### November 21- 22

Humane Canada, Canadian Violence Link Conference, *Making the link between violence against people and animals*. In Toronto. <https://clc.humanecanada.ca/>

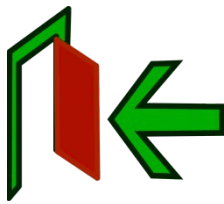
### November 25- 27

Canadian Centre on Substance Abuse and Addiction, Issues of Substance Conference, *Evidence and perspectives, Compassion and action*. In Ottawa. <http://www.ccsa.ca/Eng/newsevents/Issues-of-Substance-Conference/Pages/default.aspx>

**November 24- 30 National Addiction Awareness Week** <http://www.ccdus.ca/Eng/newsevents/national-addictions-awareness-week/Pages/default.aspx>

### December 4- 6

Rocky Mountain Play Therapy Institute *Certificate in Treatment of Trauma using Play Therapy Skills and Techniques*. In Calgary. <http://rmpti.com/calendar/>



**Pie and CQI**  
**Improving Client Experience Through Access**  
**June 12, 12- 4 pm**

**FREE**  
**Santa Maria Goretti Centre**  
11050-90 Street, Edmonton

Poster submissions and other details [Click Here](#)



**11th Annual Addiction Day**  
**Scientific Conference and Networking Fair**

**Addiction: Addressing Diversity**  
**June 7<sup>th</sup>**

**Executive Royal Hotel - Edmonton international Airport**

Check the website regularly, as we update and confirm conference details:  
[AddictionDay.ca](http://AddictionDay.ca)




The online **Addiction Medicine Diploma Program** has been redesigned and updated to bring you a more interactive and seamless learning experience. The new program is called the **Addiction Care and Treatment Online Certificate** and has formally launched in partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>

### **Alberta Opioid Dependency Treatment (ODT) Virtual Training Program**

The course is designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must [register online](#) through the Office of CME. <https://www.albertahealthservices.ca/info/Page16083.aspx>



## Online Learning Resources

- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ☀ **Medical Cannabis** Online courses from the Canadian Pharmacist Association <https://www.pharmacists.ca/education-practice-resources/professional-development/medical-cannabis-ce/>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series ** Recorded expert speaker presentations <https://www.youtube.com/playlist?list=PLwAiWzISiIS1fBg3e6ljzeGDI7XAIC1LH> |
- ☀ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ☀ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>

# Cognition

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## Addiction and Mental Health Learning Events

- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☀ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ☀ **Mental Health Academy** Inexpensive access to over 110 online addiction and mental health education courses. <https://www.mentalhealthacademy.net/ccpa/>
- ☀ **Cannabis 101** Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at [dst.education@ahs.ca](mailto:dst.education@ahs.ca)