



March

Healthy Minds, Healthy Children, monthly free and accredited online courses. *Role of inflammation in susceptibility, resilience, and treatment of mental illness: A review of the evidence* and *Helping youth bounce back from stress: Part 1- Ins and outs of prompting resiliency* <https://www.albertahealthservices.ca/info/page4723.aspx>

March 2- 3

Workshop, *Mindful, embodied connection: An introduction to the Hakomi Method* with Anna Harland. <https://hakomiinstitute.com/workshopstrainings/upcoming-workshops-trainings>

March 2- 22

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexual health history taking, contraception and STI basics* with Tammy Troute-Wood. <https://www.aspsh.ca/shop>

March 2- April 5

Online Course, *Advanced knowledge for dementia care* with Pam Wudel. (20 Hours/\$379) <https://www.mtroyal.ca/ProgramsCourses/ContinuingEducation/healthhumanservice/DementiaPrograms/DementiaCareAdvanced/index.htm>

March 3

University of Calgary Videoconference, *Suspected sexual abuse in children* by Rob Tanguay. 8- 9 am by telehealth. https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967

March 3

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 3- 6

6th Canadian Domestic Violence Conference in Halifax. <https://canadiandomesticviolenceconference.org/>

March 4

Education Series, *Addiction and mental illness: Concurrent disorders* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 4

University of Alberta Adult Psychiatry Grand Rounds. 12- 1 pm in Mazankowski Heart Institute, Edmonton, and by telehealth <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/adult-psychiatry-grand-rounds-calendar>

March 5

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team

March 5

University of Alberta Child and Adolescent Psychiatry Grand Rounds. 9- 10 am in the Glenrose Rehabilitation Hospital, Edmonton, and by telehealth <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

March 5- 6

Autism Awareness Centre Conference with Amy Buie and Dr Brenda Smith Myles. In Edmonton <https://autismawarenesscentre.com/shop/conferences-training/conferences/edmonton-ab-march-5-6-2020/>

March 5- 6

9th Annual E-Mental Health Conference, *Caring in a digital world: Introducing disruptive change to mental health care*. In Toronto. <https://www.eventbrite.ca/e/9th-annual-e-mental-health-conference-tickets-70820980459>

March 5- 8

Somatic Experiencing Edmonton, *Training for helping professionals: Beginning II*. In Edmonton. <https://www.setrainingedmonton.com/registration>

March 6

University of Calgary, 33rd Annual Sebastian K. Littmann Research Day with Dr Nicole Kozloff (University of Toronto) and Professor Frank Stahnisch. https://people.ucalgary.ca/~patten/Seb_Littmann_Main.html

March 6

University of Calgary, Psychiatric Quarterly Updates, *Anxiety*. 12:45- 4:45 pm in Calgary.
https://cumming.ucalgary.ca/cme/calendar#!view/event/event_id/10231

March 6- 7

Workshop, *Mindfulness-integrated CBT: A four stage transdiagnostic treatment approach* with Dr Alia Offman and Dr Andrea Grabovac. In Vancouver <https://mindfulness.net.au/BookingRetrieve.aspx?ID=315628>

March 6- 7

Alberta Pharmacists Association, *Spring professional development conference*. In Edmonton.
<https://www.rxa.ca/professional-development/conferences.aspx>

March 7

CTRI Workshop, *Challenging behaviours in youth: Strategies for intervention* with Vivian Houg. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/challenging-behaviours-in-youth-strategies-for-intervention-edmonton-mar-7-2020/#registration> **March 14** in Calgary with Rachel Clare.
<https://ca.ctrinstitute.com/workshops/challenging-behaviours-in-youth-strategies-for-intervention-calgary-mar-14-2020/#tickets>

March 8- 11

Rotman Research Institute Conference, *Aging and brain health: Mental health and well-being*. In Toronto.
<http://research.baycrest.org/conference>

March 9

Indigenous Awareness and Sensitivity Workshop. 11 am- 2:30 pm at the Mazankowski Heart Institute in Edmonton. Contact Jamie Harmon 780-613-5151 Jamie.harmon@ahs.ca

March 9- 10

CTRI Workshop, *Autism: Strategies for self-regulation, learning, and challenging behaviours* with Kalyn Falk. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/autism-strategies-for-self-regulation-learning-and-challenging-behaviours-edmonton-mar-9-2020/#registration> **March 11- 12** in Calgary with Kalyn Falk.
<https://ca.ctrinstitute.com/workshops/autism-strategies-for-self-regulation-learning-and-challenging-behaviours-calgary-mar-11-2020/#tickets>

March 9- May 31

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Sarah Gross (\$1100).
<https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

March 9- April 17

Online Course, *Addiction and the family* with Sylvie Smith (\$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

March 11

Imagine Institute for Learning Workshop, *Group facilitation*. 9 am- 4 pm in Edmonton.
<https://imagineinstitute.ca/upcoming-sessions/group-facilitation-march-11-2020/>

March 11

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

March 11

Conference, *Aging + brain innovation: What's next Canada?* In Toronto. <https://www.cabhi.com/wnc/>

March 11

CTRI Workshop, *Anxiety: Practical intervention strategies* with Danielle Forth. 9 am- 4 pm in Edmonton.
<https://ca.ctrinstitute.com/workshops/anxiety-practical-intervention-strategies-edmonton-mar-11-2020/#tickets>
March 10 in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/anxiety-practical-intervention-strategies-calgary-mar-10-2020/#tickets>

March 11

University of Alberta Adult Psychiatry Grand Rounds. 12- 1 pm in Mazankowski Heart Institute, Edmonton, and by telehealth <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/adult-psychiatry-grand-rounds-calendar>

March 12

Online/in-person Lunch & Learn. *A coherent and effective performance measurement framework for Mental Health and Addictions in Canada: Inevitable or impossible?* with Dr. Carol Adair. 12–12:40pm. RSVP at <https://survey.ahs.ca/KnowledgeBites>. More information at <https://albertahealthservices.ca/info/Page16241.aspx>.

March 12- 13

Workshop, *Grief Therapy as meaning reconstruction: Creative practices for counselling the bereaved* with Dr Robert Neimeyer. 9 am- 4 pm in the Fantasyland Hotel, Edmonton.
<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467810&parentSite=FSW>

March 12- 13

Imagine Institute for Learning, Workshop, *Trauma-informed care: Translating trauma-informed principles into practice*. In Edmonton. <https://imagineinstitute.ca/upcoming-sessions/trauma-informed-care-translating-trauma-informed-principles-into-practice-march-12-13-2020/>

March 12- 13

Association of Alberta Sexual Assault Services Training, *First responder to sexual assault and abuse*. In Calgary. <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

March 12- 14

CAOT Workshop, *Fundamentals of anxiety interventions: Assertiveness training, relaxation skills training and exposure therapy* with Dr Randy Paterson. 8 am- 4 pm in Calgary. https://caot.ca/viewEvent.html?no_header=true&productId=10394

March 13- 14

Workshop, *Decoding Autism* with Kim Barthel. 8 am- 4:30 pm daily in Edmonton. <https://www.saot.ca/event/decoding-autism/>

March 13- 16

Edu-Therapy Solutions Workshop, *A cognitive behavioural process for healing grieving hearts*. In Calgary. http://edutherapysolutions.com/certificationregistration/?epl_action=process_cart_action&cart_action=add&event_id=1941&rand=5de7d501ea9ea&date_id=f5c710

March 15- 18

Banff International Conferences on Behavioural Science, *Mindfulness for families, schools and communities: From promotion to intervention*. In Banff. <https://banffbehavsci.ubc.ca/>

March 16- 19

Workshops, *Emotion-focused Therapy, Level One* with Dr Serine Warwar. 9 am- 5 pm in Calgary. <https://emotionfocusedtherapyalberta.ca/upcoming-workshops/>

March 16- 19

Imagine Institute for Learning, *Relationship-based practice Training (RBPT)*. 9 am- 4 pm in Edmonton. <https://imagineinstitute.ca/upcoming-sessions/relationship-based-practice-training-level-1-march-16-19-2020/>

March 16- April 5

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexuality and aging: So many possibilities* with Jennifer Opoku <https://www.aspsh.ca/shop>

March 16- April 13

Online Course, *Clinical Social Work Supervision* with Dr Jane Matheson <https://www.ucalgary.ca/pd/workshops>

March 17

The Dr Roger Bland Lecture Series, *Children in care*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

March 17

Webinar, *Contemporary principles of addiction treatment* with Dr Michael McGee. 11 am (Free) <https://www.c4events.org/webinars/>

March 18

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

March 18

University of Alberta Adult Psychiatry Grand Rounds. 12- 1 pm in Mazankowski Heart Institute, Edmonton, and by telehealth <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/adult-psychiatry-grand-rounds-calendar>

March 18- 19

College and Association of Registered Nurses of Alberta, Conference and AGM, *Think globally, act locally*. 8 am- 5 pm in Edmonton. <https://www.eventbrite.ca/e/carna-2020-conference-and-agm-tickets-75758231911?aff=Website>

March 19

PAA Workshop, *Developing your personalized approach to clinical supervision: The Contextual-Relational Meta-Framework* with Dr Jeff Chang. 9 am- 4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=105

March 19

University of Alberta Child and Adolescent Psychiatry Grand Rounds. 9- 10 am in the Glenrose Rehabilitation Hospital, Edmonton, and by telehealth <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

March 19- 22

Alberta Psychiatric Association, Scientific Conference and Annual General Meeting. In Banff. <https://albertapsych.org/conference>

March 20- 21

EFT Edmonton Community, *Core skills training*, with Gail Palmer. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

March 21

Inclusive Health Conference, *LGBTQ + Health in medicine*. In Edmonton. <https://inclusivehealthconference.com/>

March 23- 24

Workshop, *Trauma and the struggle to open up: Relational strategies to treat challenging trauma clients* with Dr Robert Muller in Calgary <http://www.jackhirose.com/>

March 24

University of Calgary, Psychiatry Grand Rounds, *Are new standards for assessing and managing suicidal patients needed in Canada?* By Dr Paul Links. 12- 1 pm in Calgary and by telehealth.

https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/10989

March 24

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

March 24

Workshop, *HealthChange Methodology*. 9 am – 3:30 pm in Edmonton. AHS staff register on MLL, non-AHS staff register at phc@ahs.ca <https://www.albertahealthservices.ca/info/Page16720.aspx>

March 25

University of Alberta Adult Psychiatry Grand Rounds. 12- 1 pm in Mazankowski Heart Institute, Edmonton, and by telehealth <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/adult-psychiatry-grand-rounds-calendar>

March 26

The Narrative Project Workshop, *Trauma and resistance: Innovative responses to oppression violence and suffering* with Dr Vikki Reynolds. 9 am- 4 pm in Edmonton. (\$125) <http://www.thenarrativeproject.ca/index.htm>

March 26- 28

Alberta College of Social Workers, Annual Conference, *Connect. Explore. Grow*. In Edmonton.

<https://www.acsw.ab.ca/site/annual-conference?nav=sidebar>

March 26- 28

Alberta Gambling Research Institute, 19th Annual Conference on Gambling Research, *Freedom, Justice and sovereignty in gaming*. In Banff. <https://abgamblinginstitute.ca/>

March 27

PAA Workshop, *General assessments for Counselling Psychologists* with Dr Jamie Dyce. In Edmonton.

https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=114

March 27- June 19

Online Training, *Mindfulness-integrated CBT foundation course* with Andrea Grabovac. 10 sessions for three hours each. <https://mindfulness.net.au/BookingRetrieve.aspx?ID=314385>

March 30- 31

Canadian Consortium for the Investigation of Cannabinoids, 7th Annual Conference in Banff. <https://ccic.net/ccic-conference/>

March 30- 31

CTRI Workshop, *Trauma: Strategies for resolving the impact of post-traumatic stress* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/trauma-strategies-for-resolving-the-impact-of-post-traumatic-stress-edmonton-mar-30-2020/#tickets> **March 31- April 1** in Calgary with Lana Dunn.

<https://ca.ctrinstitute.com/workshops/trauma-strategies-for-resolving-the-impact-of-post-traumatic-stress-calgary-mar-31-2020/#tickets>

March 30- April 19

Alberta Society for Promotion of Sexual Health, Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka. <https://www.aspsh.ca/product-page/jqige/beyond-metoo-moving-forward-to-sexual-empowerment-1>

March 30- May 8

Online Course, *Trauma and addiction* with Ian Robertson and Michelle Graham. (\$330)

<https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

March 30- May 8

Online Course, *Understanding relapse prevention* with Michelle Nogueira. (12 hours, \$330)

<https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

March 31

University of Calgary Videoconference, *Breaking bad news* with Jennifer Burke. 8- 9 am by telehealth.

https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967

March 31

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

March 31

University of Calgary, Psychiatry Grand Rounds, *Conduct Disorder/ oppositional Defiant Disorder* by Dr Martin Vetter. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

March 31- April 1

Conference, *Shaping the employee experience through psychological safety: Mental health in the capital*. In Ottawa. <https://www.conferenceboard.ca/web/mental-health-in-the-capital.html>

April

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The transgender person as an individual: No one size fits all and Supporting youth with severe ASD who are nonverbal*.

<https://www.albertahealthservices.ca/info/page4723.aspx>

April 1 and April 3

Centre for Mindfulness Studies, Online Training, *CBT mindfulness primer* with Blakie Sahay. 7:30- 10:30 am (\$350) <https://www.mindfulnessstudies.com/calendar>

April 1- 4

Society of Behavioral Medicine, 41st Annual Meeting and Scientific Sessions, *Accelerating our science: Finding innovative solutions for tomorrow's health challenges* in San Francisco. <https://www.sbm.org/meetings/2020>

April 2

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 2- 4

Collaborative Perspectives on Addiction, 8th Annual Conference, *Substance use and addictive behaviours across the lifespan*. In San Diego. <https://addictionpsychology.org/conventions/cpa/2020-collaborative-perspectives-addiction-meeting>

April 2- 5

American Society of Addiction Medicine, 51st Annual Conference, *Innovations in addiction medicine and science* in Denver, Colorado. <https://www.eventscribe.com/2020/ASAM/>

April 2- May 5

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Edmonton and online.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

April 4

Alberta Sexual Assault Course and Conference. 7:30 am- 4:30 pm in Calgary.

https://cumming.ucalgary.ca/cme/calendar#!view/event/event_id/12937

April 4- 5

Nurse Practitioner Association of Alberta, 16th Annual Conference in Edmonton.

<https://albertanps.com/events/2020-npaa-conference/>

April 6- May 1

Online Training, *Parenting capacity assessments in child protection matters* with Dr Peter Choate.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467641&parentSite=FSW>

April 6- June 28

Online Course, *Level 2: Cognitive Behavioural Therapy with mental health disorders* (12 weeks) with Sarah Gross (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

April 6

Workshop, *Self-regulation for the stressed brain* by Bonnie Randall. 9 am- 12 noon in Edmonton.

<http://www.erlc.ca/programs/details.php?id=7956>

April 6

Workshop, *Psychopharmacology update* with Dr Anthony Tobia (Rutgers Medical School). 8:30 am- 4 pm in Edmonton. April 7 in Calgary. https://www.nursinglinks.ca/info_psychopharmacology.html

April 7

University of Calgary Videoconference, *Family Medicine approach to Transgender Medicine* with Jill Demontigny. 8- 9 am by telehealth. https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967

April 7

Workshop, *Helping children on the Autism Spectrum and ADHD: Research backed strategies*. 9 am- 3:30 pm in Red Deer. <https://aecea.ca/helping-children-autism-spectrum-adhd-research-backed-strategies>

April 7

University of Calgary, Psychiatry Grand Rounds, *Transition navigator trial* by Dr Gina Dimitropoulos and Melanie Taylor. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

April 8

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

April 9

Faculty of Nursing, 12th Annual Dr Olive Yonge Teaching and Learning Day, *Finding the possibilities*. In Edmonton. <http://www.cvent.com/events/the-12th-annual-dr-olive-yonge-teaching-and-learning-day/event-summary-f0b934298d8640e2bc811a49adbcf876.aspx>

April 10

PAA Workshop, *Trauma and PTSD in first responder populations* with Dr Megan McElheran. 9 am- 4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=103

April 13- May 3

Alberta Society for Promotion of Sexual Health, Online Workshop, *Counselling skills and sexual health: Helping clients make informed decisions* with Lucy Snider <https://www.aspsh.ca/shop>

April 13- 14

Workshop, *Gottman level 1*. 9 am- 5 pm in Edmonton. <https://bestmarriages.ca/events/gottman-level-1-edmonton-alberta/>

April 14

University of Calgary, Psychiatry Grand Rounds, *Neurosurgical interventions in psychiatric disorders* by Dr Zelma Kiss 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

April 15- 17

Workshop, *Gottman level 2*. 8:30 am- 5 pm in Edmonton <https://bestmarriages.ca/events/gottman-level-2-edmonton-ab-4/>

April 16

Education Series, *Building better mental and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 16- 17

CTRI Workshop, *Self-injury in youth: Issues and strategies* with Marwa Fadol. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-calgary-apr-16-2020/#tickets> April 16-- 17 in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-edmonton-apr-15-2020/#registration>

April 17

PAA Workshop, *What every Psychologist should know about forensic practice* with Dr Roy Frenzel. 9 am- 4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=112

April 17

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal* with Tania Johnson. 9 am- 4 pm in Fort McMurray. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-fort-mcmurray-ab/>

April 17

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal* with Tammy Schamuhn. 9 am- 4 pm in Lloydminster. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-lloydminster-ab/>

April 17- 18

EFT Edmonton Community, *Core skills training*, with Veronica Kallos-Lilly. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

April 17- 19

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Calgary. A three day course within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

April 19- 22

Canadian Association of Psychiatry and the Law, 25th Annual Conference, In Banff. <http://www.capl-acpd.org/upcoming-capl-conferences/>

April 20

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Calgary. **April 21** in Edmonton. https://www.nursinglinks.ca/info_geriatric.html

April 20- 21

Workshop, *Working with oppositional defiant and anger issues with children and adolescents* by Dr Jay Berk. 8:30 am- 4 pm in Red Deer. <http://www.jackhirose.com/>

April 21

The Dr Roger Bland Lecture Series, *Autism and mental health*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

April 21

University of Calgary, Psychiatry Grand Rounds, *Addictions and mental health* by Dr Bill MacEwan. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

April 21- 23

Rainbow Health Ontario, *Canada's forum for LGBT2SQ health* in Niagara Falls. <https://www.rho2020.ca/>

April 22- 25

9th International Conference on Adolescents and Adults with FASD, *Review, respond and relate: Integrating research, policy and practice around the world*. In Vancouver. <https://interprofessional.ubc.ca/initiatives/fasd2020/>

April 22

Education Series, *Helping others cope with grief* with Laurie Young. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 23

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

April 23

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Calgary (\$109) <http://www.biomedglobal.com/seminars.aspx>

April 23

2nd Annual Summit, *Value-based healthcare Canada* in Toronto. <https://www.conferenceboard.ca/web/value-based-health-care.html>

April 24

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Edmonton. (\$109) <http://www.biomedglobal.com/seminars.aspx>

April 24

Webinar, *Sexual addiction and emotional sobriety: The intersection of Positive Psychology, Somatic Experiencing and Attachment* by Andrew Susskind 10 am (Free) <https://www.c4events.org/webinars/>

April 24- 26

Institute of Child Psychology, *Annual Edmonton Children's Mental Health Conference*. In Edmonton. <https://instituteofchildpsychology.com/annual-edmonton-childrens-mental-health-conference-2020/>

April 25

Workshop, *Same labels, Different determinants: Queer men's mental health* with Rahim Thawer. 9:30 am- 4:30 pm in Calgary. <https://www.eventbrite.ca/e/same-labels-different-determinants-queer-mens-mental-health-tickets-85787991191?aff=ebdssbdestsearch>

April 27- 28

CTRI Workshop, *Walking through grief: Helping others deal with loss* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-helping-others-deal-with-loss-edmonton-apr-27-2020/#tickets> **April 28- 29** in Calgary with Natalie Imbach <https://ca.ctrinstitute.com/workshops/walking-through-grief-helping-others-deal-with-loss-calgary-apr-28-2020/#registration>

April 27- 28

Workshop, *Proven and effective play therapy strategies with children of all ages* by Dr Christine Dargon. 8:30 am- 4 pm in Edmonton. <http://www.jackhirore.com/>

April 28

University of Calgary, Psychiatry Grand Rounds, *ConnectCare- It is coming* by Dr David Tanos. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

April 28- 29

Workshop, *Treating chronically traumatized children: The sleeping dogs method* with Arianne Struik. 9 am- 4 pm in Calgary. <https://www.eventbrite.ca/e/treating-chronically-traumatized-children-the-sleeping-dogs-method-tickets-64752657943>

April 28- 30

Canadian Public Health Association, *Public Health 2020* in Winnipeg. <https://cpa.ca/publichealth2020>

April 29

Education Series, *Helping others cope with grief* with Laurie Young. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 29- May 1

Rural Mental Health Conference, *Unique challenges, unique solutions* in Brooks, Alberta. <https://www.rmhconference.ca/>

April 29- May 1

Mental Health on the Prairies Conference and Gathering, *Social justice, Vulnerability, Resilience*. In Brandon, Manitoba. <https://www.brandonu.ca/mhp/>

April 30- May 1

Brain Injury Canada Conference in Ottawa. <https://www.braininjurycanada.ca/ottawa-conference-2020/>

April 30- May 3

Workshop, *Prolonged Exposure Therapy* with Dr Elna Yadin. In Edmonton. <https://www.wcb.ab.ca/millard-treatment-centre/workshops/prolonged-exposure-workshop.html>

May

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The gut-brain connection, part 2: The microbiome and early child/brain development, food intolerances, antibiotics, antacids and how a healthy diet can help* and *Helping youth bounce back from stress Part 2: Strategies to promote resiliency*. <https://www.albertahealthservices.ca/info/page4723.aspx>

May 1- 2

14th Biennial Western Canadian Conference of Sexual Health, *Synergies of sexuality: Seeing the whole person* in Calgary. <https://www.aspsh.ca/2020-conference>

May 1- 3

Institute of Child Psychology, Annual Children's Mental Health Conference in Edmonton. <https://instituteofchildpsychology.com/annual-edmonton-childrens-mental-health-conference-2020/>

May 1- 3

Canadian Association for Play Therapy, AGM and Conference, *Play therapy with preteens: Inscapes, illuminations and the intersubjective space between*. In Winnipeg. <https://cacpt.com/2020-annual-general-meeting-and-conference/>

May 2

PAA Workshop, *Competency-based clinical supervision: An experiential approach* by Dr Carol Falender. 9 am- 4 pm in Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=117

May 2- 8

MBSR Teacher Training Intensive with Dr Patricia Rockman and Gwen Morgan in Nanaimo, BC. <https://www.mindfulnessstudies.com/event/21-330-01/>

May 4

Workshop, *Drug use in pregnancy* with Maureen Shogan. 8:30 am- 4 pm in Red Deer. **May 5** in Lethbridge. https://www.nursinglinks.ca/info_drug.html

May 4- 5

Two Day Skills Training Intensive, *Strengthening executive skills in children and adolescents* with Dr Peg Dawson. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

May 4- 10 CMHA Mental Health Week #Get Loud about what mental health really is <https://mentalhealthweek.ca/>

May 4- 24

Alberta Society for Promotion of Sexual Health, Online Workshop, *Teaching about sexuality: Parents, children and teens* with Heather Cobb <https://www.aspsh.ca/shop>

May 4- July 26

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Jennifer Hackbart (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

May 5

University of Calgary, Psychiatry Grand Rounds, *Antipsychotics: What is new? What is different? What is next?* By Dr Leslie Citrome 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

May 6

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Edmonton. (\$109) <http://www.biomedglobal.com/seminars.aspx>

May 6- 7

RCSD Conference, *Integrating research, practice and policy for improving youth transitions to adulthood in Alberta*. In Calgary. <https://www.calgaryandarearcsd.ca/news-and-events/conferences-and-events/yta-conference-2020>

May 6- 8

Alberta Therapeutic Recreation Association, 24th Annual Conference, *Venturing beyond* in Jasper. <https://www.alberta-tr.org/professional-development/2020-ctra-conference/>

May 6- 9

Canadian Association of Occupational Therapists Conference in Saskatoon. https://www.caot.ca/site/pd/conferences/call_for_papers?nav=sidebar

May 7

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Calgary. (\$109) <http://www.biomedglobal.com/seminars.aspx>

May 7- 8

Workshop, *Trauma Informed Care: Understanding and responding to the impact of trauma on brain development* with Dr Bruce Perry and Dr Stuart Ablon. 8:30 am- 4 pm in Lethbridge. <https://www.eventbrite.ca/e/dr-bruce-perry-and-dr-stuart-ablon-2-day-conference-tickets-64697088734> Sponsored by the Mental Health Promotion Committee of Southern Alberta.

May 7- 10

Canadian Counselling and Psychotherapy Association Conference. In Edmonton. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

May 8

PAA Workshop, *Understanding, evaluating and treating Autism Spectrum Disorders: New data and new ideas* with Dr Sam Goldstein. 9 am- 4:30 pm in Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=115

May 8

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Calgary. (\$109) <http://www.biomedglobal.com/seminars.aspx>

May 8

University of Calgary, *Susan Carpenter Day* <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

May 8- 9

Inaugural Canadian Conference of Existential Analysis. In Langley, BC. <https://www.existentialanalysis.ca/>

May 11

Workshop, *LGBTQ2S+ Health: Providing affirming care* with Tammy Troute-Wood. 8:30 am- 4 pm in Edmonton. https://www.nursinglinks.ca/frameset_main.html

May 11- 12

Two Day Intensive, *DBT skills training* with Sheri Van Dijk in Calgary. <http://www.jackhirose.com/>

May 11- 12

Workshop, *Over 30 proven and effective brief interventions for children and adolescents with emotional and behavioural problems* by Dr Steven Olivas. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

May 11- 13

School-Focused Mental Health Conference with Dr Robert Brooks. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

May 11- June 19

Online Course, *Addiction Pharmacology* with Dr Rick Csiernik. (12 hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

May 11- June 19

Online Course, *Concurrent Disorders* with Melissa Pyne. (12 hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

May 12

University of Calgary, Psychiatry Grand Rounds, *Network meta-analysis* by Dan Devoe. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

May 12- 16

Canadian Centre for Gender + Sexual Diversity, *GSA Leadership Forum* in Ottawa <http://ccgsd-ccdgs.org/16195/>

May 13

Webinar, *Food for recovery: Exploring 'diet culture' messaging and how it interferes with physical healing and sobriety* by Megan Kniskern. 11 am (Free) <https://www.c4events.org/webinars/>

May 14- 15

Centre for Health Law, Policy and Ethics Conference, *First, do less harm. Harm reduction as a principle of health policy and law*. In Ottawa. <https://ottawaharmredux.org/>

May 18

International Doctors for Healthier Drug Policies Conference, In Amsterdam, Netherlands. <https://idhdp.com/en/resources/events/november-2019/iotod-2020-conference.aspx>

May 18- June 7

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexual health considerations for youth in group homes and residential treatment facilities* with Rene Ross. <https://www.aspsh.ca/shop>

May 18 – June 19

Online Course, *Engaging challenging clients: Working in addictions with specialized populations* with Omer Vandevyvere. (12 Hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

May 19

Inner City Health and Wellness Program, Grand Rounds. 12- 1 pm in Robbins Learning Centre Theatre, Edmonton.

May 19

University of Calgary, Psychiatry Grand Rounds, *A top hazard in AHS Calgary Zone: Medical management of mental health patients* by Dr Lisa Gagnon and Dr Jim Eisner. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

May 19- 20

Workshop, *Preventing problem behavior: An emotion regulation relationship-based approach* by Dr Barry Prizant. 9 am- 3:30 pm in Edmonton. <https://www.erc.ca/register/?id=3751>

May 19- 20

Dorothy Wylie Health Leaders Institute, *Leading in complex environments: Finding the courage to lead*. In Toronto. <https://cna-aicc.ca/en/academy/dorothy-wylie-health-leaders-institute>

May 20

University of Alberta, Psychiatry Grand Rounds, *Psychodermatology: Current practices and potential advances* by Tarek Turk. 12- 1 pm by telehealth and in the Shaw Auditorium, Mazankowski Heart Institute, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/adult-psychiatry-grand-rounds-calendar>

May 20- 21

Refocus on Recovery Conference, *Diversity and mental health* in Toronto. <https://www.refocusonrecovery.ca/en>

May 21- 22

Canadian Nursing Informatics Association, Annual Conference, in Saskatoon. <https://cni.ca/>

May 21- 23

28th Annual Conference hosted by Harm Reduction Nurses Association, Alberta Coalition for Harm Reduction and the Canadian Association of Nurses in HIV/AIDS Care. In Edmonton. <http://canac.org/annual-conference/>

May 21- 23

Canadian Association of Cognitive and Behavioural Therapies, Annual Conference, *CBT knowledge and dissemination*. In Halifax. <https://cacbt.ca/en/conferences/2020-halifax-homepage/>

May 21- 23

46th Annual Conference, Canadian Association of Music Therapists, *Creating space: Nurturing potential* in Regina. <https://www.musictherapy.ca/conference/>

May 21- 23

4th Biennial Indigenous Health Conference, *Building our future* in Niagara Falls. <http://www.csih.org/en/events/upcoming-events>

May 22

1st Annual, *Alberta conference on mental illness for family members and health care providers*. Edmonton Inn and Conference Centre. Presented by FAMI Alberta. <https://famialberta.ca/>

May 22- 24

Canadian Federation of Clinical Hypnosis, Spring Conference and Workshop, *Advanced and intermediate levels*. In Banff. <https://www.clinicalhypnosis.ca/conferences-workshops/>

May 22- 23

EFT Edmonton Community, *Core skills training*, with Murray Armstrong. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

May 25

Workshop, *LGBTQ2S+ Health: Providing affirming care* with Tammy Troute-Wood. 8:30 am- 4 pm in Calgary. https://www.nursinglinks.ca/frameset_main.html

May 25

CTRI Workshop, *Cognitive Behavioural Therapy: Tools for thinking differently* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-edmonton-may-25-2020/#tickets> **May 28** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-calgary-may-28-2020/#tickets>

May 25- 26

Allies 4 Youth Connections Conference, *Radical practice for compassionate connections*. In Edmonton. <https://www.a4yc.ca/> (formerly the High Risk Youth Conference)

May 25- 27

Workshop, *Gottman level 3*. 9 am- 5 pm in Calgary. <https://bestmarriages.ca/events/gottman-level-3-calgary-ab/>

May 26

The Dr Roger Bland Lecture Series, *Mental well-being: Lessons learned*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

May 26

University of Calgary, Psychiatry Grand Rounds, *First episode psychosis and preventing second episode* by Dr Henry Nasrallah. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

May 27- 29

Western Canadian Conference on Trauma and Addictions, Canada's premier clinical skills conference. 8:30 am- 4 pm in Edmonton. Workshops include: *Current science of addiction and recovery, Trauma and attachment across the lifespan, Sexual compulsivity and addiction, Prodependence, Harm reduction, the disease theory and trauma, Cannabis Primer, Childhood trauma, Addiction and PTSD, Risky business, Trauma and the struggle to open up, and Understanding and addressing vicarious traumatization*. <http://www.jackhiro.com/>

May 28

Workshop, *Understanding and addressing vicarious traumatization* with Mary Jo Harwood. 8:30 am- 4 pm in Calgary. <http://www.jackhiro.com/>

May 28- 29

Association of Alberta Sexual Assault Services Training, *First responder to sexual assault and abuse*. In Edmonton. <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

May 28- 30

Canadian Psychological Association, 81st Annual Convention and Tradeshow. In Montreal. <https://convention.cpa.ca/>

May 29

CTRI Workshop, *Narrative Therapy: Tools for exploring stories* with Natalie Imbach. 9 am – 4 pm. In Calgary <https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-calgary-may-29-2020/#tickets>.

May 26 in Edmonton <https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-edmonton-may-26-2020/#tickets>

May 29

Workshop, *The cannabis primer: What mental health professionals need to know* with Dr Zachary Walsh. 8:30 am- 4 pm in Calgary. <http://www.jackhiro.com/>

May 29- 30

University of British Columbia, Conference, *Sexual health 2020* in Vancouver. <https://ubccpd.ca/course/Sexualhealth2020>

May 29- 31

Psychedelic Research Conference, *Catalyst Calgary 2020* in Calgary. <http://catalystcalgary.com/>

May 29- 31

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Edmonton. A three day course within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

May 30

Workshop, *Hoarding: Assessment and intervention for Occupational Therapists*. 8 am- 4 pm in Calgary. https://caot.ca/viewEvent.html?no_header=true&productId=10336

May 31- June 2

Annual Conference, Canadian Society for the Study of Practical Ethics, *Bridging divides: Confronting colonialism and anti-black racism* in London, Ontario. <https://philevents.org/event/show/76758>

May 31- June 3

20th Annual e-Health Conference and Trade Show in Vancouver. <http://www.e-healthconference.com/>

May 31- June 3

14th Annual Canadian Neuroscience Meeting in Montreal <https://can-acn.org/meeting-2020/>

June 1- August 23

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Jennifer Hackbart (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

June 3- 5

31st Annual Conference, Canadian Bioethics Society, *The role of bioethics in AI and emerging health technologies: Activator, inhibitor or collaborator?* In Toronto. <https://www.bioethics.ca/>

June 4- 5

Workshop, *Functional cognition: Cognitive rehabilitation assessment and intervention methods* by Dr Joan Togli. 8 am- 4 pm daily in Calgary. <https://www.saot.ca/event/functional-cognition-cognitive-rehabilitation-assessment-and-intervention-methods/>

June 4- 6

BC Centre on Substance Use Conference, *Changing practice, changing policy*. In Vancouver. <https://ubccpd.ca/course/BCCSU2020>

June 5

12th Annual Addiction Day Scientific Conference and Networking Fair in Calgary. <http://www.addictionday.ca/>

June 5- 6

Canadian Collaborative Mental Health Care Conference, *Collaboration cultivates community* in Halifax. <http://www.shared-care.ca/conference>

June 6- 7

21st International Nursing Ethics Conference and 6th International Care Ethics Conference, *Sustaining ethical care through resistance and conscientious commitment* in Toronto. <https://bloomberg.nursing.utoronto.ca/pd/ethics-conference>

June 8

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Red Deer. **June 9** in Lethbridge. https://www.nursinglinks.ca/info_geriatric.html

June 9

CTRI Workshop, *Trauma-informed care: Building a culture of strength* with Shelly Qualtieri. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-calgary-jun-9-2020/#tickets> **June 10** in Edmonton <https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-edmonton-jun-10-2020/#tickets>

June 9

University of Calgary, Psychiatry Grand Rounds, *The newly released Canadian iOAT clinical guidelines and program overview of the Calgary iOAT program* with Cristina Zaganelli NP and Dr Ron Lim. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

June 11- 14

Conference, North American Society for the Psychology of Sport and Physical Activity in Vancouver. <https://www.naspspa.com/2019-conference/>

June 12

Trauma Talks Conference, *Intergenerational trauma: Hope and healing through trauma-informed care*. In Toronto. <http://www.traumatalks.ca/>

June 17

Webinar, *Breaking the cycle: First responders, trauma and substance use* by Anna Lisa De Lima. 11 am. (Free) <https://www.c4events.org/webinars/>

June 17- 18

Canadian Institute, 5th Annual Forum, *Workplace mental health and wellness* in Calgary. <https://www.canadianinstitute.com/workplace-mental-health/>

June 18- 19

Workshop, *Trauma practice: Tools for stabilization and recovery* with Dr Anna Baranowsky. 9 am- 4 pm in Calgary. Presented by the Faculty of Social Work, University of Calgary. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=51668105&parentSite=FSW>

June 18- 19

Workshop, *Occupation and trauma: Expanding Occupational Therapy practice* with Megan Edgelow and Dr Heidi Cramm. 8 am- 4 pm in Vancouver. https://caot.ca/viewEvent.html?no_header=true&productId=10345

June 18- 21

Somatic Experiencing Edmonton, *Training for helping professionals: Beginning III*. In Edmonton. <https://www.setrainedmonton.com/registration>

June 22- 23

Workshop, *Mental Health First Aid: Adults who interact with youth* by Sabrina Simpson. 8:30 am- 5 pm in Calgary. <https://www.eventbrite.ca/e/mental-health-first-aid-adults-who-interact-with-youth-calgary-ab-registration-83297092847?aff=ebdssbdestsearch>

June 22- 24

Canadian Nurses Association, Biennial Convention, *Take care of nurses to take charge of health*. In Ottawa. <https://cna-aicc.ca/en/news-room/events/2020-cna-biennial-convention>

June 22- 24

7th International Conference on Behavioural Addictions in Nottingham, UK. <http://issba.elte.hu/>

June 23- 20

Canadian Nurses Association Biennial Convention, *Take care of nurses to take charge of health* In Ottawa. <https://cna-aicc.ca/en/news-room/events/2020-cna-biennial-convention>

June 25

CTRI Workshop, *Borderline Personality Disorder: Understanding and supporting*. 9 am- 4 pm in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-edmonton-jun-10-2020/#tickets>

June 25- 26

Workshop, *Cognitive Behavioural Therapy: Level 2 for Occupational Therapy* with Gord Hirano. 8 am- 4 pm in Edmonton. https://caot.ca/viewEvent.html?no_header=true&productId=10373

June 25- 28

45th Annual Congress of the Canadian Psychoanalytic Society, *The long shadow of trauma: Black holes filled with ghosts from the past* in Toronto. <http://www.en.psychoanalysis.ca/45th-annual-congress-of-the-canadian-psychoanalytic-society/>

July 4- 9

30th International Cannabinoid Research Society Symposium on the Cannabinoids in Galway, Ireland. <http://www.icrs.co/>

July 6- 7

Workshop, *Trauma and attachment across the lifespan: Tools and strategies to address complex clients* with Dr Eboni Webb. 8:30 am- 4 pm in Banff. <http://www.jackhirose.com/>

July 8

Workshop, *DBT skills training for mental health professionals* with Dr Eboni Webb. 8:30 am- 4 pm in Banff. <http://www.jackhirose.com/>

July 8- 10

Mindfulness retreat for counsellors, therapists and caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-for-counsellors-therapists-and-caregivers-2020/#tickets>

July 12- 16

61st Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

July 13- 15

Three Day Intensive Training in EMDR, *Assessing, resourcing and treatment techniques for trauma and anxiety* with Dr Jennifer Sweeton. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

July 14

CTRI Workshop, *Clinical supervision: Skills for developing counsellors* with Vicki Enns. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/clinical-supervision-skills-for-developing-counsellors-calgary-jul-14-2020/#tickets>

July 14- 15

CTRI Workshop, *Gender and sexual diversity in youth* with Reece Malone. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/gender-and-sexual-diversity-in-youth-edmonton-jul-14-2020/#tickets>

July 15- 17

CBT Canada Workshop, *Introduction to medical CBT* with Dr Greg Dubord. 8 am- noon daily in Banff <http://cbt.ca/locations/cbt-banff/>

July 15- 18

IFSW International Social Work Conference in Calgary. <https://swsd2020.com/>

July 16- 17

International Conference on Nursing in Addiction Care in Toronto. <https://waset.org/conference/2020/07/toronto/ICNAC>

July 16- 17

International LGBTQ Psychology Conference, *Preaching to the choir* in Prague, Czech Republic. <https://cpasogii.com/preach2020>

July 24- 26

Research Society on Marijuana, 4th Annual Scientific Meeting in Boston. <https://researchmj.org/meeting.php>

July 27- 31

International Society for Research on Aggression, World Meeting in Ottawa. <https://isra2020.ca/>

July 30- August 2

11th Biennial International Meaning Conference, *From vulnerability to resilience and well-being: Advances in existential and positive psychology*. In Toronto. <https://www.meaning.ca/conferences-and-events/meaning-conference-2020/>

August 7

Workshop, *HealthChange Methodology*. 9 am – 3:30 pm in Medicine Hat. AHS staff register on MLL, non-AHS staff register at phc@ahs.ca <https://www.albertahealthservices.ca/info/Page16720.aspx>

August 11- 12

CTRI Workshop, *Brief focused counselling skills: Strategies from the leading frameworks* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-strategies-from-leading-frameworks-edmonton-aug-11-2020/#tickets>

August 16

Workshop, *HealthChange Methodology*. 9 am – 3:30 pm in Lethbridge. AHS staff register on MLL, non-AHS staff register at phc@ahs.ca <https://www.albertahealthservices.ca/info/Page16720.aspx>

August 18- 21

8th Mental Health Academy with Andrew Baxter. In Calgary. Sponsored by AHS/TeenMentalHealth.org <https://www.mentalhealthacademy.ca/>

September 6

Workshop, *HealthChange Methodology*. 9 am – 3:30 pm in Edmonton. AHS staff register on MLL, non-AHS staff register at phc@ahs.ca <https://www.albertahealthservices.ca/info/Page16720.aspx>

September 13- 15

40th Annual Academy of Child and Adolescent Psychiatry Conference, *Understanding and managing risk in child and adolescent psychiatry*. In Calgary. <https://www.cacap-acpea.org/learn/conference/>

September 17- 18

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

September 24- November 10

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Calgary and online. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

September 25- 27

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Edmonton. A three day workshop within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

September 28- 29

Reset Society of Calgary, *Sexual Exploitation Training and Awareness Conference* in Calgary. <https://resetcalgary.ca/conference/>

October 1- 2

Workshop, *Traumatic dissociation, emotion dysregulation, and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. In Lethbridge. <https://www.ucalgary.ca/pd/>

October 14- 17

International Nurses Society on Addiction, *Global Vision Conference* in Calgary. <http://intnsacanada.com/>

October 14- 17

5th Psychedelic Psychotherapy Forum, *2020: Vision and visionaries* in Victoria, BC. <https://www.psychedelicspsychotherapy.ca/>

October 15- 16

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

October 15- 18

13th National Harm Reduction Conference in San Juan, Puerto Rico. <https://harmreduction.org/conference/>

October 16- 17

Canadian Academy of Geriatric Psychiatry, *Annual Scientific Meeting* in Montreal. <http://www.cagp.ca/Future-Conferences>

October 16- 18

Pain Society of Alberta Conference in Banff. <https://www.painab.ca/>

October 16- 18

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Calgary. A three day course within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

October 19- 21

Canadian Institute for Military and Veteran Health Research, *Forum 2020* in Halifax. <http://cimvhrforum.ca/>

October 22- 25

Training, *Prolonged exposure therapy for PTSD* with Dr Megan McElheran. In Calgary. <https://www.ucalgary.ca/pd/>

October 28- 30

31st Annual Conference, Canadian Association of Suicide Prevention in Montreal. <https://suicideprevention.ca/>

October 29- 30

Alberta Therapeutic Recreation Therapy Symposium in Calgary. <https://www.alberta-tr.org/professional-development/2020-atra-symposium-in-october-2020/>

November 2- 30

Online Course, *Clinical Social Work Supervision* with Dr Jane Matheson <https://www.ucalgary.ca/pd/workshops>

November 5- 6

7th Biennial Eating Disorders Association of Canada Conference in Montreal. <https://www.edac-atac.ca/upcoming-conferences/>

November 6- 10

World Professional Association for Transgender Health, 26th Scientific Symposium in Hong Kong. <https://www.wpath.org/>

November 12- 13

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer. In Edmonton.
<https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

November 12- 14

Canadian Society of Addiction Medicine, Conference, *The world of addiction: Now and the future* in Victoria, BC.
<https://csam-smca.org/future-csam-conferences/>

November 27- 30

Somatic Experiencing Training Edmonton, *A body oriented approach to healing trauma: Beginning I* in Edmonton.
<https://www.setrainingedmonton.com/>

December 4- 6

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Edmonton. A three day workshop within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

December 10- 11

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly.
<https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

Contact Daniel.scott@ahs.ca with additions, subscriptions, and updates.
Information, Evaluation and Professional Practice, Addiction and Mental Health, Edmonton Zone

Once again, Alberta is in a period of severe budget cuts. Alberta Health Services has now put restrictions on clinical education that is not required in collective agreements in order to obtain short term cost savings. However, the professional colleges still require their members to maintain competence. All collective agreements acknowledge the principle that responsibility for continuing competence education is shared jointly between staff and the employer.

Members of the United Nurses of Alberta may still apply for the three professional development days in their collective agreement. Licensed Practical Nurses in AUPE also have three days of professional development in their contract. The other union contracts do not include this benefit.

All staff may arrange to obtain training on their own time and expense. There are some scholarships, bursaries and other awards to cover the costs but they are not easy to find and have wide range of criteria. AHS staff can also allocate flex credits to their Personal Spending Account for professional development. Other resources to consider are:

RNs and NPs have access to a large collection of scholarships and bursaries through ARNET. A single application allows you to be considered for all the eligible awards <http://arnet.ca/apply-for-funding/scholarships/arnet-scholarships> (CARNA members only)



LPNs have the Fredrickson-McGregor Education Foundation to enhance their nursing knowledge, skills and ability. <http://foundation.clpna.com/about/>

The Dell Taylor Memorial Education Fund is open to all HSAA members. Up to \$200 is available toward tuition, course registration or exam fees for discipline-related courses or conferences. <http://www.hsaa.ca/>

Alberta Student Aid, in partnership with post-secondary institutions and other community organizations, offers a suite of scholarships and awards <https://studentaid.alberta.ca/scholarships/alberta-scholarships>

Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines*. <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** https://libguides.adelaide.edu.au/psychiatry/rating_scales
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **University of Alberta Grand Rounds** Schedule of weekly Forensic, Adult and Child/Youth grand rounds. Archive includes recordings of Adult and Child & Adolescent Grand Rounds. <https://www.ualberta.ca/psychiatry/grand-rounds> <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules on the external AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>

- ⚙️ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. <https://crismprairies.ca/>
- ⚙️ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙️ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙️ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/uAlberta.ca/ggr/home>
- ⚙️ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙️ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙️ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ⚙️ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙️ **Cannabis 101** Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca
- ⚙️ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙️ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ⚙️ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ⚙️ **Jack Hirose Webinars**. On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ⚙️ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars. <https://ca.ctrinstitute.com/>
- ⚙️ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers. <https://moodle9.camhx.ca/moodle/?lang=en>
- ⚙️ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ⚙️ **Practice Wise**. AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hpsp/Page12451.aspx>
- ⚙️ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ⚙️ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEijWZCVGIzk8U8S->
- ⚙️ **Living Hope** is the Edmonton Suicide prevention strategy. The "11 of us" website has resources to learn the signs and to learn to help. https://11ofus.ca/?gclid=CjwKCAiAws7uBRakEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAooggl0GwrGtv0Zz1Wc6v1shuEqoq8RoCnrUQAvd_BwE Contact: lahn.jones@ahs.ca
- ⚙️ **Institute of Child Psychology** Alberta based provider of psychological services and training. Online courses for parents and therapists at https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc_cid=9c54c3b01d&mc_eid=bebf37cfa
- ⚙️ **Psychiatry Academy** Online courses in Cognitive Behaviour Therapy and other professional development topics. Scheduled sessions and on-demand webinars http://mghcme.org/page/cognitive_behavioral_therapy
- ⚙️ **Making Sense of Trauma** Free webinar with practical tools for responding to children and youth <https://makingsenseoftrauma.com/course/making-sense-of-trauma/>
- ⚙️ **Mount Royal University** Continuing Competency Certificates include Children's Mental Health, Addiction, and Dementia <https://www.mtroyal.ca/conted/az-programs/categories/>