

Cognition

June, 2019



Addiction and Mental Health Learning Events

Daily Event Listings
Online Learning Resources

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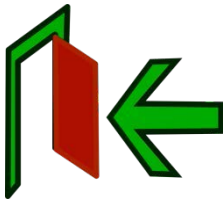
11th Annual Addiction Day Scientific Conference and Networking Fair

Addiction: Addressing Diversity June 7th

Executive Royal Hotel - Edmonton international Airport

Check the website regularly, as we update and confirm conference details:
AddictionDay.ca

Pie and CQI



Improving Client Experience Through Access

June 12, 12- 4 pm
FREE

Santa Maria Goretti Centre

11050-90 Street, Edmonton

[Click Here](#)

June 1

Workshop, *Legal and ethical issues in psychedelic psychotherapy* with Dr Bruce Tobin and Dr Marcia McMillian. 9 am- 5 pm in Victoria. <http://www.psychedelicspsychotherapy.ca/workshop-a-2019>

June 2- 6

14th World Congress on Biological Psychiatry in Vancouver. <https://www.wfsbp-congress.org/home/>

June 3

Workshop, *How to deal with difficult people* by Stacey Holloway. 8:30- 4 pm in Edmonton. **June 10** in Calgary https://www.nursinglinks.ca/info_difficult.html

June 3

Online Training, *Mindfulness Based Cognitive Therapy basics* with Melissa Nigrini. Two Hours on Mondays and Wednesdays for three weeks. (\$560) <https://www.mindfulnessstudies.com/event/20-352-01/>

June 3

Douglas College Online Course, *Cognitive-Behaviour Therapy*. (\$1592) One semester. Register before May 24. <https://www.douglascollege.ca/programs-courses/continuing-education/health/cognitive-behaviour-therapy>

June 3

Douglas College Online Course, *Common physiological conditions in mental health*. (\$796) One semester. Register before May 24. <https://www.douglascollege.ca/programs-courses/continuing-education/health/common-physiological-conditions-mental-health>

June 3

Douglas College Online Course, *Disorders of mental health for LPNs or RN/RPNs* (\$796) One semester. Register before May 24. <https://www.douglascollege.ca/programs-courses/continuing-education/health/disorders-mental-health>

June 3

Douglas College Online Course, *Eating Disorders* (\$1592) One semester. Register before May 24. <https://www.douglascollege.ca/programs-courses/continuing-education/health/eating-disorders>

June 3

Workshop, *Diabetes update* with Barb Bancroft. 8:30 am- 4 pm in Red Deer. https://www.nursinglinks.ca/info_diabetes_update.html

June 3- 4

Workshop, *Mindfulness-Based Cognitive Therapy* with Dr Richard Sears. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-mindfulness-based-cognitive-therapy>

June 3- 4

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

June 3- 6

WCB Workshop, *Prolonged Exposure Therapy (for trauma survivors)*. In Edmonton
<https://www.wcb.ab.ca/millard-treatment-centre/workshops/prolonged-exposure-workshop.html>

June 4

Psychiatry Grand Rounds, *Neurobiology of Bipolar Disorder* with Dr Vladimir Maletic. 12- 1 pm in Calgary and by telehealth https://events.ucalgary.ca/#!/view/event/event_id/951

June 4

Nursing Workshop, *Interpretation of lab tests* with Barb Bancroft. 8:30 am- 4 pm in Lethbridge.
https://www.nursinglinks.ca/info_lab_tests.html

June 4

Education Series, *Addiction and mental illness: Understanding concurrent disorders* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 4- 5

CTRI Workshop, *Walking through grief- helping others deal with loss* by Danielle Forth. 9 am- 4 pm in Edmonton.
<https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton6-4-2/#tickets>

June 5-6 in Calgary <https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-5/#tickets>

June 5

Community Education Service, *The new guidelines on screen time for preschool-aged children: The importance of interaction in early language acquisition*. 11 am- 12:30 noon in Calgary and by videoconference.
<http://community.hmhc.ca/sessions/>

June 6

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 6

Workshop, *The aging brain: The assessments, treatments and interventions for Alzheimer's Disease and other dementias* with Dr Roy Steinberg. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/calgary-the-aging-brain/>

June 6

University of Alberta, Child and Adolescent Grand Rounds with Chantelle Bowden. 9- 10 am in Edmonton and by telehealth ni4@ualberta.ca <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

June 7

11th Annual Addiction Day, *Addiction: Addressing diversity* in Edmonton. <http://www.addictionday.ca>

June 7

University of Calgary, Department of Psychiatry, Quarterly Psychiatry Update, *Psychosis*. 1- 4 pm in Calgary.
<https://www.ucalgary.ca/psychiatry/event/2019-06-07/quarterly-psychiatry-update-psychosis>

June 7

Community Education Service, *Attachment and it's impact on parenting*. 11:15 am -12:45 noon. In person at both Edmonton and Calgary locations and by videoconference. <http://community.hmhc.ca/sessions/>

June 7

Indigenous Awareness and Sensitivity Workshop. 8:30 am- 12 noon at the Royal Alexandra Hospital, Edmonton. Call (780) 613-5151 or jamie.harmon@ahs.ca Registration available on MLL.

June 7

16th Annual Flor-Henry Lecture, *Psychedelics: Therapeutics mechanism* with Professor Robin Carhart-Harris. 8 am- 3 pm in Edmonton (\$150) <http://www.flor-henry.ca/>

June 7- 9

Canadian Society for Brain, Behaviour and Cognitive Science, 29th Annual Meeting in Waterloo, Ontario.
<https://www.csbbcs.org/meetings/2019-conference/>

June 10- 11

Basic Training, *Mental Health First Aid*. 9 am- 4:30 pm in Edmonton. (\$185) Presented by CMHA.
<https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

June 11

Psychiatry Grand Rounds, *ASD and other Neurodevelopmental Disorders* with Dr Danielle Baribeau. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-06-11/grand-rounds-asd-other-neurodevelopmental-disorders-danielle-baribeau-md-msc>

June 12

Pie & CQI, *Improving client experience through access*. 12- 4 pm at the Santa Maria Goretti Centre. (Free)

June 12

Forensic Grand Rounds, *Sexual violence and sexual risk behavior* by Dr Kelly Davis. 9- 10 am in Edmonton.
<https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

June 12

University of Calgary, Neuropsychiatry Rounds, *A behavioural approach to assessing psychotropic impact on challenging behaviour in developmental disabilities* by Dr Maria Valdovinos. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-06-12/bc-neuropsychiatry-rounds-behavioural-approach-assessing-psychotropic-impact>

June 12

University of Calgary, Mental Health Research Day, *Innovative approaches in treatment and diagnostics in mental health disorders*. 8:30 am- 4:30 pm in Calgary. https://events.ucalgary.ca/#!view/event/event_id/1978

June 13- 14

Conference, *Access and privacy: The continued evolution*. In Edmonton at the River Cree Resort. <https://www.eventbrite.ca/e/2019-access-and-privacy-conference-tickets-56930885812?aff=ebdssbdestsearch>.

June 13- 14

Association of Alberta Sexual Assault Services, *First responder to sexual assault and abuse*. In Calgary (\$250) <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

June 13- 14

Workshop, *Traumatic dissociation, emotion dysregulation and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/laniustrama2018>

June 14

Workshop, *Getting kids "in sync" at home and school* with Carol Stock Kranowitz and Julia Berry. In Edmonton. 8:30 am- 4:30 pm. <https://www.saot.ca/event/getting-kids-in-sync-at-home-and-school/>

June 14- 16

North American Refugee Health Conference, *Health means the world to us* in Toronto. <https://www.northamericanrefugeehealth.com/>

June 17

EFT Edmonton Workshop, *For your learning: Handling clients interruptions* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

June 17- 18

McGill Complex Trauma Symposium, *Canadian perspectives and initiatives*. In Montreal. <https://www.confcool.com/complex-trauma-2019/index.php?page=index>

June 17- 20

Myers-Briggs Type Indicator Certification Program in Edmonton. (\$2195) <https://shop.psychometrics.com/products/mbti-sup-sup-certification-program-edmonton-june-17-20-2020?variant=13112919621743>

June 17- 20

Level One Training, *Emotion-focused Therapy* with Dr Serine Warwar. 9 am- 5 pm in Calgary. <https://emotionfocusedtherapyalberta.ca/upcoming-workshops/>

June 17- 21

Harvard Medical School, *Intensive course in Transcranial Magnetic Stimulation* in Boston, USA. (\$3750 USD) aroby@bidmc.harvard.edu <http://tmslab.org/education-intensive.php>

June 18

CTRI Workshop, *Clinical supervision- Skills for developing counsellors* with Lana Dunn. 9 am- 4 pm in Edmonton <https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton6-18/#tickets> **June 20** in Calgary <https://ca.ctrinstitute.com/workshops/clinical-supervision-calgary6-20/#tickets>

June 18

Department of Psychiatry Grand Rounds, *A case of Neurocognitive Disorder in the context of Schizophrenia* with Dr Paul Ratti. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-06-18/grand-rounds-case-neurocognitive-disorder-context-schizophrenia-paul-ratti-md>

June 19

Canadian Nurses Protective Society Webinar, *Legal risk management for nurses practicing in mental health environments* with Tim Langlois. 12- 1 pm. <https://www.cnps.ca/>

June 19

University of Calgary, Neuropsychiatry Rounds, *Breakthroughs in the genetics of Autism* by Troy McDiarmid. 12- 1 pm in Calgary <https://www.ucalgary.ca/psychiatry/event/2019-06-19/bc-neuropsychiatry-rounds-breakthroughs-genetics-autism-troy-mcdiarmid>

June 19

Education Series, *Addiction and mental illness: Understanding concurrent disorders* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 19- 20

Canadian Institute, 4th Annual Workplace Mental Health and Wellness in Calgary. <https://www.canadianinstitute.com/4th-annual-workplace-mental-health-wellness/>

June 19- 21

Canadian Therapeutic Recreation Association Conference, *Discovering joie de vivre*. In Quebec City. <https://canadian-tr.org/professional-development/ctra-conference-june-19-21st-2019/>

June 19- 22

World Association on Dual Disorders, 3rd World Congress, *Precision psychiatry in dual disorders* in Madrid, Spain. <https://icdd-congress.com/>

June 20

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

June 20

University of Alberta, Child and Adolescent Grand Rounds with Mona Nematian. 9- 10 am in Edmonton and by telehealth ni4@ualberta.ca <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

June 21

Opioid Dependency Treatment Virtual Health Learning Session, *How do I taper my patient to completion of OAT.* 9 am - 12 noon by live internet streaming <https://livestream.com/accounts/3923053/events/8457082>

June 21- 22

SAOT Event, *Bringing seniors into focus: Health professionals mini conference* in Edmonton. <https://www.seniors2019.ca/>

June 25

Education Series, *Understanding non-suicidal self-injury and strategies to reduce self-injury?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 25

University of Calgary, Grand Rounds, Genetics and psychiatric disorders by Dr Melissa MacPherson. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-06-25/grand-rounds-genetics-and-psychiatric-disorders-melissa-macpherson-md>

June 27

Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 3

Education Series, *Understanding non-suicidal self-injury and strategies to reduce self-injury?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 3- 5

Three Day Intensive, *Acceptance and Commitment Therapy (ACT) in mental health* with Dr John Forsyth and Dr Jamie Forsyth in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/>

July 8- 9

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

July 8- 10

Three Day Intensive, *DBT made simple- Using Dialectical Behaviour Therapy to treat emotion regulation disorders* with Sheri Van Dijk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-dbt-made-simple/>

July 8- 10

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cvt.ca/locations/cvt-banff/>

July 9

Education Series, *Suicide prevention is everybody's business* with Laurie Young and Bethany Miller. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 10

University of Alberta Forensic Grand Rounds, *Potential* with Evan McCuish. In Edmonton. ni4@ualberta.ca <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

July 10

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

June 10

ACSW Workshop, *Discussing issues of intimacy and sexuality in continuing care* with Scott Stewart. 9 am- 12 noon in Camrose. https://acsw.in1touch.org/viewEvent.html?no_header=true&productId=7773

July 11

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 14- 18

60th Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

July 15- 16

Basic Training, *Mental Health First Aid* 9 am- 4:30 pm in Edmonton. (\$185) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

July 15- 17

Three Day Intensive, *Working with oppositional, defiant and anger issues with children and adolescents* with Dr Jay Berk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-working-oppositional-defiant-anger-issues-children-adolescents/>

July 15- 18

Four Day Intensive, *Cognitive Behavioural Therapy and TEAM techniques* with Dr David Burns. In Calgary. <http://www.jackhirose.com/workshop/cbt-intensive-summer2018/>

July 16- 17

CTRI Workshops, *Brief focused counselling skills- Strategies from the leading networks* with Danielle Forth. 9am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets>

July 17- 20

9th World Congress of Cognitive and Behavioural Therapies, *CBT at the crossroads* in Berlin, Germany. <https://wcbct2019.org/>

July 17- 21

Solution-Focused Brief Therapy 5-Day Intensive Workshop, *Listening for openings. Amplifying change* with Dr Jeff Chang. In Calgary. http://fhd.athabascau.ca/programs/pd/sfbt/index.php_jeffc@athabascau.ca

July 18- 19

International Conference on Clinical Psychology in Toronto. <https://waset.org/conference/2019/07/toronto/ICCP>

July 18- 19

Basic Training, *Mental Health First Aid* by Jennifer Chow. 9 am- 4:30 pm in Edmonton. (\$160) <https://www.cornerstonecounselling.com/workshops/mhfa-2/>

July 18- 20

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-whistler-summer/>

July 18- 20

International Attachment Conference, *Science and practice over the lifespan*. In Vancouver. <http://internationalattachmentconference.com/>

July 23

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 25

Education Series, *What the hookah?!* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 26- 28

3rd Annual Scientific Meeting, Research Society on Marijuana in Vancouver, Washington, USA (Near Portland Oregon) <https://researchmj.org/meeting.php>

July 29- 30

Workshop, *Positive approach in dementia care* with Teepa Snow. 7:30 am- 4:30 pm in Olds. (\$130) <https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/>

June 29- 30

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

July 29- 31

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore. <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets>

August 12- 23

Mental Health Counselling Skills Certificate with Vicki Enns and Sheri Coburn. 9 am- 4 pm daily in Winnipeg. (\$1995 before July 12) <https://ca.ctrinstitute.com/workshops/category/public-workshops/mental-health-counselling-skills-certificate-program/>

August 13

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

August 15

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 18- 20

23rd international Philosophy of Nursing Conference in Victoria, BC. <http://www.cvent.com/events/13th-philosophy-in-the-nurse-s-world-conference-23rd-international-philosophy-of-nursing-conference/event-summary-877e2f448e734a6f90ec2db3a39b6166.aspx>

August 18- 21

22nd International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

August 19- 20

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

August 19- 28

AHS Project Management Boot Camp. In-person or online training. Search for CPSS in MLL. <https://insite.albertahealthservices.ca/km/Page12089.aspx>

August 21

Education Series, *Suicide prevention is everybody's business* with Laurie Young and Bethany Miller. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 22- 25

21st World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

August 26- 27

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

August 27

Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 29

Education Series, *Understanding non-suicidal self-injury and strategies to reduce self-injury?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 31 International Overdose Day, Time to remember, Time to act <https://www.overdoseday.com/>

September 2

Webinar, *Pain, shame and the brain: Person-centred pain care for Occupational Therapists* with Linda Crawford. 10 am. https://www.caot.ca/viewEvent.html?no_header=true&productId=10140

September 5

PAA Workshop, *Developing expertise with CBT- Insomnia* by Dr Gregg Jacobs. 9 am- 4 pm in Edmonton https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=96

September 9- 10

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

September 10 World Suicide Prevention Day *Take a minute, Change a life*

https://www.who.int/mental_health/prevention/suicide/wspd/en/ *Living Hope* is the plan to prevent suicide in Edmonton.

September 11

Recovery Capital Conference of Canada, *Building on our strengths to overcome addiction*. In Calgary. <http://recoverycapitalconference.com/recovery-capital-conference-alberta/>

September 12- 14

Canadian Psychiatric Association Annual Conference in Quebec City. <https://www.cpa-apc.org/annual-conference/>

September 15- 17

39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. <https://www.cacap-acpea.org/learn/conference/>

September 16- 17

Basic Training, *Mental Health First Aid* 9 am- 4:30 pm in Edmonton. (\$185) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

September 18- 19

Stress, Depression, Anxiety and Resilience Summit, *Prioritize mind, body and health to ensure optimum well-being* In Vancouver. <https://www.emedevents.com/c/medical-conferences-2019/stress-and-resilience-2019-conference-by-lexis-conferences-ltd>

September 20- 25

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>

September 23

Workshop, *A clinical look at supplements and alternative therapies* with Barb Bancroft. 8:30 am- 4 pm in Edmonton. **October 1** in Calgary. https://www.nursinglinks.ca/frameset_workshops.html

September 23- 24

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

September 23- 25

CMHA National Conference, *Connection interrupted: Restoring mental health in a fractured world*. In Toronto. <https://conference.cmha.ca/>

September 23- 26

Training, *Green Stream: Foundations of Play Therapy, Part 1*. In Calgary. (\$2250) <http://rmpti.com/foundations/> (Total of 9 days plus online component, Part 2 is **November 18 - 22**)

September 25- 29

Vancouver School for Narrative Therapy, *Foundations training: 5-day certificate Narrative Therapy intensive* in Vancouver. <http://therapeuticconversations.com/week-long-narrative-therapy-intensive-certificate-program/>

September 26

Legacy Place Society, First Responder and Military Personnel Mental Health and Suicide Awareness Conferences in Edmonton. **September 19** in Calgary. <https://legacyplacesociety.com/conferences/>

September 26- 27

Online Training, *CBT Primer* with Dr Joe Flanders and Rhea Plosker. 7:30 – 10:30 am (\$350) <https://www.mindfulnessstudies.com/event/20-351-01/>

September 26- 27

Addiction Conference, *Recovery Capital Conference* in Toronto. <http://recoverycapitalconferenceto.com/>

September 27- 29

Certificate Training, *Treating anxiety using Play Therapy* with Irena Razanas. 9 am- 4 pm in Edmonton. <https://cacpt.com/wp-content/uploads/2019/01/3-day-Anxiety-Certificate-Flier-2018-Edmonton.pdf>

October 3- 5

10th Canadian Conference on Dementia in Québec City. <https://www.convention.qc.ca/en/events/10- canadian-conference-dementia/>

October 7- 12 Mental Illness Awareness Week <https://www.camimh.ca/mental-illness-awareness-week/about-miaw/>

October 9- 10

2nd Innovations in Practice Conference, *Western Canadian Conference on developmental disabilities, intellectual disabilities, and Autism Spectrum Disorder including mental health in children and adults*. Keynotes by Dr Ross Greene and Dr Temple Grandin. In Edmonton. <https://www.innovations2019.com/>

October 9- 11

Canadian Federation of Mental Health Nursing Conference, *Mental Health Nursing: Taking action to advance care that makes a difference in the lives of others*. In Winnipeg, Manitoba. <http://www.cfmhn.ca/meetingconferences/NationalConference2019>

October 9- 12

International Nurses Society on Addictions (IntNSA), 43rd Annual Educational Conference, *Substance use across the lifetime* in Baltimore, Maryland, USA. <https://www.intnsa.org/conference/>

October 10- 11

Association of Alberta Sexual Assault Services, *First responder to sexual assault and abuse*. In Lethbridge (\$250) <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

October 16- 18

Canadian Association for Suicide Prevention, 30th Annual Conference in Edmonton. <https://suicideprevention.ca/Annual-Conference>

October 17- 19

Tourette Canada National Conference in Winnipeg. <https://tourette.ca/about-tourette-canada/national-conference-on-ts-plus/>

October 18- 20

Pain Society of Alberta, 13th Annual Conference in Banff. <http://www.painab.ca/annual-conference.html>

October 21- 23

10th Annual Canadian Institute for Military and Veteran Research, *Forum 10*, in Ottawa. <http://cimvhrforum.ca/>

October 24

Conference, *Self-compassion* with Dr Kristin Neff. 9 am- 4 pm in Edmonton. (\$240) <http://www.cast-canada.ca/gt-edmonton-2019-dr-kristin-neff.html>

October 25- 26

Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. <http://www.cagp.ca/page-1841610>

October 26- 27

Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference in Halifax. <https://www.csam-smca.org/>

October 28- 29

CMHA Workplace Mental Health Conference, *Working stronger*. 8 am- 4 pm in Edmonton. <https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/>

October 28- 30

Canadian Group Psychotherapy Association Conference, *Group Therapy: For the health of it* in Canmore. <http://cgpa.ca/conference/2019-conference-save-the-date/>

October 31- November 2

International Association for Cannabinoid Medicines, Research Conference, in Berlin, Germany.
<https://www.cannabis-med.org/index.php?tpl=page&id=318&lng=en>

November 4 and 18

University of Calgary, Online Workshop, *Clinical Social Work Supervision* with Dr Jane Matheson. 5:30- 7 pm
<https://ucalgary.ca/pd/clinicalsupervision2019winter>

November 4- 6

National Conference on Ending Homelessness, *Beginning the end of homelessness in Canada*. In Edmonton.
<http://conference.caeh.ca/>

November 7- 12

Mindfulness Meditation Retreat for Therapists with Dr Bruno Cayoun. In Ottawa.
<http://www.mindfulness.net.au/our-programs/the-intensive-retreat>

November 8

The Royal's Conference on Women's Mental Health, *Women in mind*. In Ottawa. <http://www.theroyal.ca/mental-health-centre/education-and-conferences/womens-mental-health-trauma-resilience/womens-mental-health-violence-against-women/>

November 14

EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. (\$875) In Edmonton.
 Call 780-444-4399 <https://eftedmonton.com/training-events/>

November 14- 15

Diverse Voices Conference, *Together we make a difference*. In Edmonton. <https://diverse-voices.com/>

November 18- 20

Gottman Level 1 Training in Calgary <https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/>

November 20- 22

Gottman Level II Training in Calgary <https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/>

November 20- 22

The Canadian Mental Health Summit, *Advanced interventions and strategies for frontline professionals*. In Calgary. <http://www.jackhirose.com/workshop/cmhs-2019/>

November 21- 22

Humane Canada, Canadian Violence Link Conference, *Making the link between violence against people and animals*. In Toronto. <https://clc.humanecanada.ca/>

November 22

PAA Workshop, *Family Restructuring Therapy* with Dr Stephen Carter. 9 am- 4:30 pm in Edmonton.
https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=102

November 22- 23

Conference, Child Development Update, *Developing new skills in the clinical assessment and management of developmental disorders*. In Toronto. <https://www.childdevelopmentupdate.com/>

November 25- 27

Canadian Centre on Substance Abuse and Addiction, Issues of substance Conference, *Evidence and perspectives: Compassion and action*. In Ottawa. <https://issuesofsubstance.ca/>

November 24- 30 National Addiction Awareness Week <http://www.ccsa.ca/Eng/newsevents/national-addictions-awareness-week/Pages/default.aspx>

December 4- 6




Rocky Mountain Play Therapy Institute, *Certificate in treatment of trauma using play therapy skills*. In Calgary.
<http://rmpti.com/specialized-programs/treatment-of-trauma/>

AHS Managers and Staff: New Edmonton Zone Communication Tools

2019 is a year of substantial positive change in the Edmonton Zone and new tools are needed to help keep everyone informed. Bookmark these links in your browser.

- 1) The **Core Learning Calendar** is available to AHS Addiction and Mental Health staff in the Edmonton Zone who need to review a large amount of information each year related to accreditation, safety, required training, policy and new initiatives. The Core Learning Calendar provides this information in digestible monthly doses. Over the course of a year all key topics are covered. The materials can be covered in staff meetings, handouts, posters, brief inservices or online. [Click Here](#)
- 2) Inform Alberta listings have recently been reduced to a few key access points and the full list of our services within the Edmonton Zone is now available through the **Alberta Referral Directory** (ARD). You will simply need to search for the acronym "AMH" to pull up the profiles. [Click Here](#)
- 3) A new Edmonton Zone **AMH Share Point Site** provides a central collection of resources, including Operational Standards, LOCUS, Clinical Informatics, Access 24/7, Group Selector Tool, Cognition, and much more. [Click Here](#)

Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **Medical Cannabis** Online courses from the Canadian Pharmacist Association <https://www.pharmacists.ca/education-practice-resources/professional-development/medical-cannabis-ce/>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ⚙ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqW007Wo>
- ⚙ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF115ZoUvse4nEiJWZCVGIzk8U8S->
- ⚙ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **At Home with Eating Disorders Conference Series ** Recorded expert speaker presentations https://www.youtube.com/channel/UCHJ_kGWdRgTZw2ago0frNZw
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>

- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposiums
<http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth.
<http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation.
<https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations)
<http://cdm.absorbtraining.ca/#/login>
- ⚙ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch.
<http://www.mentalhealthcommission.ca/English/webinars>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources.
<http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns.
<http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus
<https://sites.google.com/a/uAlberta.ca/ggr/>
- ⚙ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ⚙ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada.
<http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ⚙ **International Nurses Society on Addictions** A new Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ⚙ **Mental Health Academy** Inexpensive access to over 110 online addiction and mental health education courses.
<https://www.mentalhealthacademy.net/ccpa/>
- ⚙ **Cannabis 101** Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca

Professional Development Fund is now accepting applications for 2019/20 from AHS staff. Please review the current fund options as the program has changed:

- Post-Secondary Education Funding is open. Apply by Aug. 23.
- Group Learning Initiatives Funding is open. Funding is first-come, first-served.
- Conference & Workshop Funding applications open June 1. Funding is first-come, first-served

The online **Addiction Medicine Diploma Program** has been redesigned and updated to bring you a more interactive and seamless learning experience. The new program is called the **Addiction Care and Treatment Online Certificate** and has formally launched in partnership with UBC Continuing Professional Development and the UBC School of Nursing.
<https://ubccpd.ca/course/addiction-care-and-treatment>

Alberta Opioid Dependency Treatment (ODT) Virtual Training Program was designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must [register online](#) through the Office of CME.
<https://www.albertahealthservices.ca/info/Page16083.aspx>