

# Cognition

## July & August 2018



## Addiction and Mental Health Learning Events

Daily Event Listings  
Online Learning Resources

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### July 1- 5

24<sup>th</sup> Congress of the International Association for Cross-Cultural Psychiatry, *Multiculturalism in a global perspective: Benefits and challenges*. In Guelph, Ontario. <http://iaccpconference.com/>

### July 3- 6

Intensive, *Cognitive Behavioural Therapy and T.E.A.M. techniques* by Dr David Burns in Whistler, BC. <http://www.jackhirose.com/workshop/burns-4day-whistler-2018/>

### July 4- 8

28<sup>th</sup> Annual Meeting of the Canadian Society for Brain, Behaviour and Cognitive Science. In St. John's, Newfoundland. <https://www.csbbcs.org/ocs/index.php/2018/csbbcs2018>

### July 8- 12

59<sup>th</sup> Annual Institute on Addiction Studies in London, Ontario. <http://addictionstudies.ca/>

### July 10

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### July 11

Canadian Nurses Protective Society Webinar, *Social media and technology* with Priscilla Akyea. 10- 11 am. <https://www.cnps.ca/index.php?page=22>

### July 11- July 13

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Banff. <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-july2018/#tickets>

### July 11- 15

Solution-Focused Brief Therapy 5-Day Intensive Workshop, *Listening for openings, Amplifying change* with Dr Jeff Chang. 8:30 am- 4:30 pm daily in Calgary. <http://fhd.athabascau.ca/programs/pd/sfbt/index.php>

### July 12

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### July 16- 17

Workshop, *Somatic interventions for treating complex trauma* with Dr Janina Fisher. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/fisher-banff-2018/>

### July 16- 18

CTRI Workshop, *Attachment and Families- Strategies for engaging and helping* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton7-16/#tickets>

### July 16- 18

Workshop, *Medical CBT for Depression* with Dr Greg Dubord in Banff <http://cbt.ca/locations/cbt-banff/>

### July 16- 24

Workshop, *Foundations of Play Therapy* in Calgary. <http://rmpti.com/calendar/>

### July 18

Workshop, *Healing the fragmented selves of trauma survivors* by Dr Janina Fisher. In Banff. <http://www.jackhirose.com/workshop/fisher-banff-healing-2018/>

### July 18- 19

CTRI Workshop, *Motivating change- Strategies for approaching resistance* with Marwa Fadol. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/motivating-change-calgary7-18/#tickets>

### July 23

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### July 23- 25

3 Day Intensive, *The science of emotion* with Dr Gordon Neufeld. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/neufeld-emotion-banff-2018/>

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## Addiction and Mental Health Learning Events

### July 24

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### July 24- 25

Workshop, *Mediation- Facing difficult conversations* with Alan Edwards. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/mediation-edmonton7-24/>

### July 24- 29

16<sup>th</sup> Annual World Conference, Association for Contextual Behavioral Science in Montréal. <https://contextualscience.org/WC16>

### July 26- 27

Drug and Alcohol Nurses of Australasia, Annual Conference, *It starts with us*. In Melbourne, Australia. <https://www.danaonline.org/dana-2018-conference/>

### July 28- 30

Research Society on Marijuana, 2<sup>nd</sup> Annual Conference, in Colorado, USA. <https://researchmj.org/>

### July 31

Education Series, *What's trending in tobacco- Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### August 1

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### August 1- 4

20<sup>th</sup> International Association for Group Psychotherapy Congress, *Rising tides of challenge and hope: Healing identity in society, groups and individuals*. In Malmö, Sweden. <http://www.iagpcongress.org/>

### August 2- 5

10<sup>th</sup> Biennial Personal Meaning Conference, *Courage, faith and meaning: Existential Positive Psychology's response to adversity*. In Vancouver. <http://meaning.ca/conference/>

### August 4- 6

Training, *Basic Accelerated Resolution Therapy*. In Calgary. (\$1500) <https://colleeneclarkconsulting.com/event/basic-accelerated-resolution-therapy-training-080418/>

### August 8

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### August 8- 10

International Federation on Ageing, 14<sup>th</sup> Global Conference, *Towards a decade of healthy ageing- From evidence to action* in Toronto. <https://www.ifa2018.com/>

### August 13- 21

Workshop, *Advanced theories and techniques in Play Therapy*. In Calgary. <http://rmpti.com/calendar/>

### August 14- 19

14<sup>th</sup> Biennial Conference, Association for the Advancement of Gestalt Therapy, *Radical respect: Contemporary Gestalt Therapy in troubled times*. In Toronto. <http://www.aagttoronto2018.com/>

### August 15

Canadian Nurses Protective Society Webinar, *The Nurse, the chart and the law* with Priscilla Akyea. 10- 11 am. <https://www.cnps.ca/index.php?page=22>

### August 22

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### August 22- 25

21<sup>st</sup> World Congress of Medical and Clinical Hypnosis in Montréal. <http://www.hypnosis2018.com/en/>

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### August 23

Education Series, *Building better mental and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**August 31 International Overdose Awareness Day** *Time to remember, Time to act*  
<https://www.overdoseday.com/>

### September 5- October 3

Online Training, *Introduction to Solution Focused Strategies* (\$195)  
<https://solutiontalk.ca/ssl/registration.php?product=elearning>

### September 6- 7

Recovery Capital Conference of Canada, *Stronger connections= Stronger communities* in New Westminster, BC. <http://recoverycapitalconference.com/>

**September 10 World Suicide Prevention Day** *Take a minute, change a life*  
<https://suicideprevention.ca/wspd/>

### September 11- October 16

Webinar series every Tuesday, *The evidence-based and individualized treatment of depression* with Dr Randy Patterson. <http://webinars.jackhirose.com/> (\$400)

### September 12

Canadian Nurses Protective Society Webinar, *Legal risks for new grads* with Tim Langlois. 10- 11 am.  
<https://www.cnps.ca/index.php?page=22>

### September 13

Canadian Nurses Protective Society Webinar, *The Nurse, the chart and the law* with Priscilla Akyea. 10- 11 am. <https://www.cnps.ca/index.php?page=22>

### September 16- 18

Canadian Academy of Child and Adolescent Psychiatry, 38<sup>th</sup> Annual Meeting, *Challenges in child and adolescent psychiatry: Caring for populations with complex needs*. In Halifax, Nova Scotia.  
<https://uottawacpd.eventsair.com/QuickEventWebsitePortal/cacap2018/abstracts>

### September 17- 18

Working Stronger Workplace Mental Health Conference. 8 am- 4 pm in Edmonton. Hosted by CMHA  
<https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/>

### September 19- 21

University of Alberta, 41<sup>st</sup> Annual Distinguished Scholar Lecture Series with Dr Morten Christiansen (Cornell University) 3- 4 pm daily in Edmonton. <https://www.ualberta.ca/psychology>

### September 22

Alberta Sexual Assault Course and Conference with Dr Marci Bowers. <http://cumming.ucalgary.ca/cme/event/2018-09-22/alberta-sexual-assault-course-and-conference>

### September 23- 28

Training, *Mindfulness-Based Cognitive Therapy (MBCT)* with Dr Mark Lau. In Cortes Island, BC.  
[http://www.vancouvercvt.ca/cvt\\_training.html](http://www.vancouvercvt.ca/cvt_training.html)

### September 27- 29

Canadian Psychiatric Association Annual Conference in Toronto. <https://www.cpa-apc.org/annual-conference/>

### September 27- November 6

Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals with Dr Deborah Dobson. In Calgary.  
<https://www.ucalgary.ca/pd/CBT2018Cgy>

### September 29

Workshop, *Dreaming for two: the status of dreams and dreaming in psychoanalytic couple therapy* with Dr Klaus Wiedermann. 8:30 am- 12:30 pm in Vancouver. <http://www.wbcps.org/dreaming-for-two-the-status-of-dreams-and-dreaming-in-psychoanalytic-couple-therapy-saturday-september-29-2018/>

### September 29

Workshop, *Anxiety in children and youth- Practical intervention strategies* with Lana Dunn. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/anxiety-in-children-calgary9-29/#tickets>

**October 1- 7 Mental Illness Awareness Week (MIAW)** <http://www.camimh.ca/mental-illness-awareness-week/about-miaw/>

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## Addiction and Mental Health Learning Events

### October 2

Workshop, *Managing mental health in the workplace- Rights and responsibilities* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.achievecentre.com/workshops/managing-mental-health-edmonton10-2/#tickets> and in Calgary with Marwa Fadol on **October 4** <https://ca.achievecentre.com/workshops/managing-mental-health-calgary10-4/#tickets>

### October 3

Workshop, *The ethics of helping - Boundaries and relationships* with Lana Dunn. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/the-ethics-of-helping-calgary10-3/#tickets> and **October 4** in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/the-ethics-of-helping-edmonton10-4/#tickets>

### October 3- 5

National Harm Reduction Conference, *Stimulus 2018: Drugs, policy and practice in Canada* in Edmonton <https://stimulusconference.ca/drugs-policy-practice-canada-2/>

### October 3- 6

International Nurses Society on Addictions, 42<sup>nd</sup> Annual Educational Conference, *Substance use and recovery oriented care: 21<sup>st</sup> century challenges and opportunities*. In Denver, Colorado, USA. <http://www.intnsa.org/conference>

### October 4- 6

Early Onset Dementia Alberta Foundation, 5<sup>th</sup> Building Dementia Awareness Conference in Edmonton. <http://www.eodaf.com/>

### October 9 - November 13

Webinar series, every Tuesday, *The 10 best ever anxiety management techniques* with Dr Margaret Wehrenberg <http://webinars.jackhirose.com/> (\$400)

### October 10

REACH Workshop, *Effective intercultural practice* with Kaitlin Lauridsen. 9 am- 4 pm in Edmonton. <https://reachedmonton.ca/pageEvent/Effective-Intercultural-Practice-Oct10-2018>

### October 10

REACH Workshop, *Understanding the pre-migration context and supporting newcomer families with trauma* with Karin Linschoten 9 am- 12:30 pm in Edmonton <https://www.reachedmonton.ca/public/Understanding-Pre-migration-Context-Supporting-Newcomer-Families>

### October 10- November 7

Online Training, *Advanced Solution Focused Strategies* (\$195) <https://solutiontalk.ca/ssl/registration.php?product=elearning>

### October 10 - November 14

Webinar series every Wednesday, *Advanced mindfulness toolbox for rewiring the brain* with Donald Altman. <http://webinars.jackhirose.com/> (\$400)

### October 10 - November 14

Webinar series every Wednesday, *Sex, intimacy and addiction in the digital age* with Robert Weiss. <http://webinars.jackhirose.com/> (\$400)

### October 11 – October 23

Webinar series every Thursday, *Teens, anxiety and depression: Active strategies to move teens forward* with Lynn Lyons. <http://webinars.jackhirose.com/>

### October 11 – October 23

Webinar series every Thursday, *The neuropsychology of stress, trauma and emotional disorders: A framework for effective interventions* by Dr Steven Feifer. <http://webinars.jackhirose.com/>

### October 12- 13

Canadian Academy of Geriatric Psychiatry, Annual Scientific Meeting, *Integrated mental health and medical care for older adults: Bringing science and practice together*. In Halifax. <http://www.cagp.ca/Annual-Scientific-Meeting-2018/>

### October 12- 14

Canadian Association of Art Therapy Annual Conference in Montréal. <http://www.canadianarttherapy.org/>

### October 15

Workshop, *What every nurse needs to know about...Neurotransmitters* by Barb Bancroft. 8:30 am- 4:30 pm in Edmonton. **October 16** in Calgary. [https://www.nursinglinks.ca/info\\_neurotransmitters.html](https://www.nursinglinks.ca/info_neurotransmitters.html)



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## Addiction and Mental Health Learning Events

### October 15

Workshop, *Narrative Therapy- Tools for exploring stories* with John Koop Harder. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/narrative-therapy-edmonton10-15/#tickets> In Calgary on **October 17** with Lana Dunn. <https://ca.ctrinstitute.com/workshops/narrative-therapy-calgary10-17/#tickets>

### October 16

Workshop, *Cognitive Behavioural Therapy- Tools for thinking differently* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-edmonton10-16/#tickets>

**October 18** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-calgary10-18/#tickets>

### October 17- 18

4<sup>th</sup> Annual Quality & Safety Summit, *1+1=3 Because progress does not stop at 2*. In Calgary. <https://www.albertahealthservices.ca/news/Page12782.aspx>

### October 17- 19

CIAJ Annual Conference, *Justice and mental health*. In Ottawa. <https://ciaj-icaj.ca/en/training-programs/2018-annual-conference/>

### October 17- 20

Association for the Treatment of Sexual Abusers, 37<sup>th</sup> Annual Research and Treatment Conference, *Better together*, in Vancouver. <http://www.atsa.com/atsa-conference>

### October 18- 19

Workshop, *Treating complex trauma: Clinical and scientific innovations* with Dr Christine Courtois. 9 am- 4pm in Edmonton. <https://ucalgary.ca/pd/ComplexTrauma2018>

### October 18- 20

Canadian Association on Gerontology, 47<sup>th</sup> Annual Scientific and Educational Meeting, *Making it matter: Mobilizing aging research, practice and policy*. In Vancouver. <http://cag2018.ca/>

### October 19

Workshop, *PsychedUp Edmonton CME* (diagnosis and treatment) with Dr Diane McIntosh. 9 am – 3 pm in Edmonton. <https://www.psychedupcme.com/events/2018/10/19/edmonton>

### October 21- 24

4<sup>th</sup> International Conference on Law Enforcement and Public Health in Toronto. <https://leph2018toronto.com/>

### October 22

REACH Workshop, *A self starter kit: An essential tool for helping professionals* with Kathleen Gorman. 12:30- 4 pm in Edmonton. <https://reachedmonton.ca/pageEvent/A-Self-Care-Starter-Kit-Oct22-2018>

### October 22- 24

3<sup>rd</sup> Annual CMHA Mental Health for All Conference, *Ahead by a century: The shape of things to come*. In Montréal <http://conference.cmha.ca/>

### October 23- 26

National Conference, *The Future of Child Welfare in Canada* in Calgary. <http://fsw.ucalgary.ca/pcwc2018/call>

### October 24- 26

CGPA Conference, *Group therapy: It's about time*. In Winnipeg. <http://cgpa.ca/conference/>

### October 24- 26

7<sup>th</sup> Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, *Beyond the clinic*. 9 am- 5 pm in Calgary. <http://interprofessional.ubc.ca/initiatives/obesity2018/>

### October 24- 26

6<sup>th</sup> International Conference on Violence in the Health Sector, *Advancing the delivery of positive practice*. In Toronto. [http://oudconsultancy.nl/toronto\\_6\\_ICWV/index.html](http://oudconsultancy.nl/toronto_6_ICWV/index.html)

### October 25- 26

Alberta Therapeutic Recreation Association, 32<sup>nd</sup> Annual Symposium, *On the right track*. In Edmonton. <http://www.alberta-tr.org/annual-symposium.aspx>

### October 25- 27

30<sup>th</sup> Annual Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference, *Crisis, controversy and change* in Vancouver. Includes a one day symposium on addiction for nurses. <https://www.csam-smca.org/events/2018-csam-annual-meeting-scientific-conference/> Conference is followed by *Fundamentals*, a day-long course of presentations on screening, assessment, diagnosis and treatment on

**October 28** <https://www.csam-smca.org/events/2018-fundamentals/>

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## Addiction and Mental Health Learning Events

### October 25- 27

7<sup>th</sup> Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, *Beyond the clinic*. In Calgary. <http://interprofessional.ubc.ca/initiatives/obesity2018/>

### October 26- 28

Canadian Counselling Psychology Conference, *Advocating for ourselves, advocating for our communities: Canadian counselling psychology into the next decade and beyond*. In Calgary. <http://www.werklund.ucalgary.ca/ccpc>

### October 29- 30

Workshop, *Advanced Emotionally Focused Therapy with individuals* with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. <http://www.talk-therapy.ca/eft-individuals-adv/>

### October 29- 30

Workshop, *Self-injury in youth- Issues and strategies* with Marwa Fadol. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-calgary10-29/#tickets> **November 1- 2** in Edmonton with Kimberly Enns. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-edmonton11-1/#tickets>

### October 30- 31

Workshop, *Managing anxiety at home and school* with Lynn Lyons. 9 am- 4 pm in Calgary. <http://www.jackhirore.com/upcoming-workshops/>

### October 31- November 2

Educator's Conference, *Brain-based learning, behavioural challenges and mental health*. 8:30 am- 4 pm daily in Edmonton. <http://www.jackhirore.com/workshop/educators-conference-2018/>

### November 1- 2

Workshop, *The neuropsychology of learning disabilities* by Dr Steven Feifer. 9 am- 4 pm in Calgary. <http://www.jackhirore.com/upcoming-workshops/>

### November 2- 3

Canadian Sleep Society, Annual Education Meeting in Québec City. <https://www.eiseverywhere.com/ehome/cssquebec2018/>

### November 5

Workshop, *Compassion fatigue* with Dr Eric Gentry. 9 am- 4 pm in Edmonton.. <http://www.jackhirore.com/upcoming-workshops/>

### November 5

Workshop, *Legal issues in nursing* by Chris Rokosh. 8:30 am- 4 pm in Calgary. **November 6** in Edmonton. [https://www.nursinglinks.ca/info\\_legal.html](https://www.nursinglinks.ca/info_legal.html)

### November 6- 7

Workshop, *Trauma competency training* with Dr Eric Gentry. 9 am- 4 pm in Edmonton. <http://www.jackhirore.com/upcoming-workshops/>

### November 7

7<sup>th</sup> Annual Pain Awareness Education Day. 8 am- 4:30 pm in Calgary. Topics include: 'Cannabis Update' and 'Opioid Crisis Update'. <https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850>

### November 7- 8

Cognitive Workshop, *Anxiety Disorders* with Dr Christine Padesky in Vancouver. <https://www.cognitiveworkshops.com/>

### November 7- 9

Health and Wellbeing in Children, Youth and Adults with Developmental Disabilities, *Creating Partnerships*. In Vancouver. <http://interprofessional.ubc.ca/initiatives/hw2018/>

### November 8- 9

Workshop, *Advanced Mindfulness training* with Donald Altman. 9 am- 4 pm in Calgary. <http://www.jackhirore.com/upcoming-workshops/>

### November 8- 11

The Society for the Scientific Study of Sexuality Annual Meeting in Montréal. <http://www.sexscience.org/events>

### November 9- 11

14<sup>th</sup> Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary. <https://caddra.societyconference.com/v2/> [amanda.edwards@caddra.ca](mailto:amanda.edwards@caddra.ca)

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## Addiction and Mental Health Learning Events

### November 12- 13

Gottman Level 1 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-1-calgary-ab-2/>

### November 12- 15

Workshop, *Emotionally Focused Therapy (EFT) externship* with Dr Veronica Kallos-Lilly. 9 am- 5pm daily in Calgary <http://www.talk-therapy.ca/eft-externship/>

### November 12- 18 National Addiction Awareness Week *Words matter.*

<http://www.ccdus.ca/Eng/newsevents/national-addictions-awareness-week/Pages/default.aspx>

### November 14- 16

Gottman Level 2 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-2-calgary-ab-2/>

### November 16

PAA Workshop, *Assessments for psychotherapists: (Almost) everything you need to know!* by Dr Jamie Dyce. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=70](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=70)

### November 19

CAOT Workshop, *Integrating Cognitive Behavioural Therapy into your Occupational Therapy practice* with Gord Hirano. 8 am- 4 pm in Calgary. [http://www.caot.ca/viewEvent.html?no\\_header=true&productId=9773](http://www.caot.ca/viewEvent.html?no_header=true&productId=9773)

### November 24

Workshop, *Dreams of zombies and the schizoid world* with Dr Elizabeth Wallace. 9:30 am- 12:30 pm in Vancouver. <http://www.wbcps.org/dreams-of-zombies-and-the-schizoid-world-saturday-november-24-2018/>

### November 26

Workshop, *Addictions and mental illness- Working with co-occurring disorders* by Alexis Power. <https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-calgary11-26/#tickets> **November 28** in Edmonton with David Buhr <https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-edmonton11-28/#tickets>

### November 26- 27

Canadian Mental Health Summit, *Advanced Interventions and strategies for frontline professionals.* In Richmond, BC. <http://www.jackhirore.com/workshop/cmhs-2018/>

### November 27

Workshop, *Harm reduction- A framework for change, choice and control* with Alexis Power. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/harm-reduction-calgary11-27/#tickets> **November 29** in Edmonton with David Buhr. <https://ca.ctrinstitute.com/workshops/harm-reduction-edmonton11-29/#tickets>

### November 27- 28

Workshop, *Acceptance and Commitment Therapy* with Dr John Forsyth. In Edmonton. <http://www.jackhirore.com/upcoming-workshops/>

### November 28- 29

Workshop, *Intensive training: Dialectical Behaviour Therapy* with Dr Eboni Webb. In Calgary. <http://www.jackhirore.com/upcoming-workshops/>

### December 4

Workshop, *Vicarious trauma- Strategies for resilience* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-edmonton12-4/#tickets> **December 6** in Calgary with Rachel Clare. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-calgary12-6/#tickets>

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## Developmental Pathways of Addiction and Mental Health

Epidemiological data indicates that the majority of adults with mental illness and/or addiction had identifiable symptoms or traits as children. Current scientific understanding is moving towards describing addiction and mental disorders as early onset, trajectory-based, brain illnesses<sup>1</sup>. The developmental perspective has significant implications for the nature and organization of treatment and service delivery across all age groups.

This training is available to all non-AHS staff through the **Primary Health Care Learning Portal** <https://phc.myabsorb.ca/#/login> and AHS staff can take the courses through **MyLearningLink**. <http://insite.albertahealthservices.ca/1881.asp> (Search for 'Developmental Pathways' and the entire series will be displayed) Each module is about 2 hours and CME accreditation is available.




The series was primarily developed by the Edmonton Zone, Addiction and Mental Health, educators with support from AHS Child, Youth and Families Initiatives and the federal Drug Treatment Funding Program.

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**AHS Staff: See everything that AHS knows about Cannabis at** <http://insite.albertahealthservices.ca/17965.asp>



### Online Learning Resources

- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <http://www.albertahealthservices.ca/research/Page11217.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series ** Recorded expert speaker presentations <https://www.youtube.com/playlist?list=PLwAiWzISiIS1fBg3e6ljzeGDI7XAIC1LH>
- ☀ **iScheduler** Online access to all Alberta Health Services Telehealth services. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. <https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp>



# Cognition

July & August 2018



## Addiction and Mental Health Learning Events

- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://frcr.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/>
- ☀ **Indigenous Cultural Safety Collaborative Learning Series** Webinars to strengthen cultural safety in health and social services <http://www.icscollaborative.com/webinars>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>



- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>

# Cognition

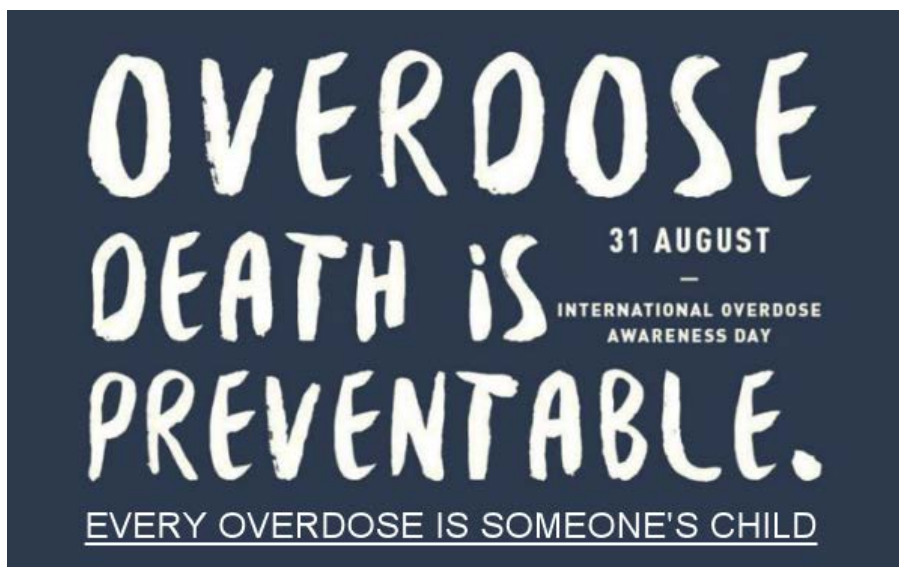
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## Addiction and Mental Health Learning Events



<https://stimulusconference.ca/drugs-policy-practice-canada-2/>



<https://www.overdoseday.com/>