

# Cognition

## July and August, 2019



## Addiction and Mental Health Learning Events

Daily Event Listings  
Online Learning Resources

Pages 1 - 6  
Pages 7 - 8

### July 3

Education Series, *Understanding non-suicidal self-injury and strategies to reduce self-injury* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### July 3- 5

Three Day Intensive, *Acceptance and Commitment Therapy (ACT) in mental health* with Dr John Forsyth and Dr Jamie Forsyth in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/>

### July 8- 9

*Applied Suicide Intervention Skills Training (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

### July 8- 10

Three Day Intensive, *DBT made simple- Using Dialectical Behaviour Therapy to treat emotion regulation disorders* with Sheri Van Dijk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-dbt-made-simple/>

### July 8- 10

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-banff/>

### July 9

Education Series, *Suicide prevention is everybody's business* with Laurie Young and Bethany Miller. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### July 10

University of Alberta Forensic Grand Rounds, *Potential* with Evan McCuish. In Edmonton. [ni4@ualberta.ca](mailto:ni4@ualberta.ca)  
<https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### July 10

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

### July 11

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### July 14- 18

60<sup>th</sup> Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

### July 15- 16

Basic Training, *Mental Health First Aid* 9 am- 4:30 pm in Edmonton. (\$185) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

### July 15- 17

Three Day Intensive, *Working with oppositional, defiant and anger issues with children and adolescents* with Dr Jay Berk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-working-oppositional-defiant-anger-issues-children-adolescents/>

### July 15- 18

Four Day Intensive, *Cognitive Behavioural Therapy and TEAM techniques* with Dr David Burns. In Calgary. <http://www.jackhirose.com/workshop/cbt-intensive-summer2018/>

### July 16- 17

CTRI Workshops, *Brief focused counselling skills- Strategies from the leading networks* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets>

### July 17- 20

9<sup>th</sup> World Congress of Cognitive and Behavioural Therapies, *CBT at the crossroads* in Berlin, Germany. <https://wcbct2019.org/>

### July 17- 21

Solution-Focused Brief Therapy 5-Day Intensive Workshop, *Listening for openings. Amplifying change* with Dr Jeff Chang. In Calgary. [http://fhd.athabascau.ca/programs/pd/sfbt/index.php\\_jeffc@athabascau.ca](http://fhd.athabascau.ca/programs/pd/sfbt/index.php_jeffc@athabascau.ca)

### July 18- 19

International Conference on Clinical Psychology in Toronto. <https://waset.org/conference/2019/07/toronto/ICCP>

**July 18- 19**

Basic Training, *Mental Health First Aid* by Jennifer Chow. 9 am- 4:30 pm in Edmonton. (\$160)  
<https://www.cornerstonecounselling.com/workshops/mhfa-2/>

**July 18- 20**

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-whistler-summer/>

**July 18- 20**

International Attachment Conference, *Science and practice over the lifespan*. In Vancouver.  
<http://internationalattachmentconference.com/>

**July 23**

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**July 23- 27**

Trauma and Attachment Conference at Niagara-on-the-Lake, Ontario. <https://www.attachment-and-trauma-treatment-centre-for-healing.com/upcoming-events.html>

**July 25**

Education Series, *What the hookah?!?* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**July 26- 28**

3<sup>rd</sup> Annual Scientific Meeting, Research Society on Marijuana in Vancouver, Washington, USA (Near Portland Oregon) <https://researchmj.org/meeting.php>

**July 29- 30**

Workshop, *Positive approach in dementia care* with Teepa Snow. 7:30 am- 4:30 pm in Olds. (\$130)  
<https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/>

**July 29- 30**

*Applied Suicide Intervention Skills Training (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

**July 29- 31**

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore.  
<https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets>

**August 12- 23**

Mental Health Counselling Skills Certificate with Vicki Enns and Sheri Coburn. 9 am- 4 pm daily in Winnipeg. (\$1995 before July 12) <https://ca.ctrinstitute.com/workshops/category/public-workshops/mental-health-counselling-skills-certificate-program/>

**August 13**

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**August 14**

Forensics Grand Rounds, *Change matters: Static and dynamic risk assessment among forensic inpatients* by Dr Neil Hogan. 9 – 10 am. <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

**August 15**

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**August 18- 20**

23<sup>rd</sup> International Philosophy of Nursing Conference in Victoria, BC. <http://www.cvent.com/events/13th-philosophy-in-the-nurse-s-world-conference-23rd-international-philosophy-of-nursing-conference/event-summary-877e2f448e734a6f90ec2db3a39b6166.aspx>

**August 18- 21**

22<sup>nd</sup> International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

**August 19- 20**

*Applied Suicide Intervention Skills Training (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

**August 19- 28**

AHS Project Management Boot Camp. In-person or online training. Search for CPSS in MLL.  
<https://insite.albertahealthservices.ca/km/Page12089.aspx>

**August 21**

Education Series, *Suicide prevention is everybody's business* with Laurie Young and Bethany Miller. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**August 22- 25**

21<sup>st</sup> World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

**August 26- 27**

*Applied Suicide Intervention Skills Training (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

**August 27**

Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**August 29**

Education Series, *Understanding non-suicidal self-injury and strategies to reduce self-injury* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**August 31 International Overdose Day**, Time to remember, Time to act <https://www.overdoseday.com/>

**September 2**

Webinar, *Pain, shame and the brain: Person-centred pain care for Occupational Therapists* with Linda Crawford. 10 am. [https://www.caot.ca/viewEvent.html?no\\_header=true&productId=10140](https://www.caot.ca/viewEvent.html?no_header=true&productId=10140)

**September 5**

PAA Workshop, *Developing expertise with CBT- Insomnia* by Dr Gregg Jacobs. 9 am- 4 pm in Edmonton [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=96](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=96)

**September 6**

University of Calgary, Psychiatry Quarterly Update, *Trauma Day*. 1- 4 pm in Calgary. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event\\_id/3127](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/3127)

**September 9- 10**

*Applied Suicide Intervention Skills Training (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

**September 9- December 9**

University of Alberta, Online Certificate in Sexual Health <https://www.ualberta.ca/rehabilitation/professional-development/certificate-programs/certificate-in-sexual-health>

**September 10 World Suicide Prevention Day** *Take a minute, Change a life*

[https://www.who.int/mental\\_health/prevention/suicide/wspd/en/](https://www.who.int/mental_health/prevention/suicide/wspd/en/) *Living Hope* is the plan to prevent suicide in Edmonton.

**September 11**

Recovery Capital Conference of Canada, *Building on our strengths to overcome addiction*. In Calgary. <http://recoverycapitalconference.com/recovery-capital-conference-alberta/>

**September 11**

Canadian Academy of Psychiatric Epidemiology, Annual Scientific Symposium in Quebec City. <http://www.psychiatricepidemiology.ca/>

**September 12- 14**

Canadian Psychiatric Association Annual Conference in Quebec City. <https://www.cpa-apc.org/annual-conference/>

**September 11- 13**

8<sup>th</sup> International Conference on Hepatitis Care in Substance Users. In Montréal. <http://www.inhsu2019.com/>

**September 13- 14**

Workshop, *Understanding patterns of behavior: An introduction to the Hakomi Method* (\$350) In Edmonton. <http://hakomiedmonton.ca/understanding-patterns-of-behaviour-intro/>

**September 15- 17**

39<sup>th</sup> Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. <https://www.cacap-acpea.org/learn/conference/>

**September 16- 17**

Basic Training, *Mental Health First Aid* 9 am- 4:30 pm in Edmonton. (\$185) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/mental-health-first-aid/>

**September 18- 19**

Stress, Depression, Anxiety and Resilience Summit, *Prioritize mind, body and health to ensure optimum well-being* In Vancouver. <https://www.emedevents.com/c/medical-conferences-2019/stress-and-resilience-2019-conference-by-lexis-conferences-ltd>

**September 20- 25**

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>

**September 23**

Workshop, *A clinical look at supplements and alternative therapies* with Barb Bancroft. 8:30 am- 4 pm in Edmonton. **October 1** in Calgary. [https://www.nursinglinks.ca/frameset\\_workshops.html](https://www.nursinglinks.ca/frameset_workshops.html)

**September 23- 24**

Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. (\$250) Presented by CMHA. <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist>

**September 23- 24**

Sexual Exploitation Training and Awareness Conference in Calgary. <https://resetcalgary.ca/conference/>

**September 23- 25**

CMHA National Conference, *Connection interrupted: Restoring mental health in a fractured world*. In Toronto. <https://conference.cmha.ca/>

**September 23- 26**

Training, *Green Stream: Foundations of Play Therapy, Part 1*. In Calgary. (\$2250) <http://rmpti.com/foundations/> (Total of 9 days plus online component, Part 2 is **November 18 - 22**)

**September 25- 29**

Vancouver School for Narrative Therapy, *Foundations training: 5-day certificate Narrative Therapy intensive* in Vancouver. <http://therapeuticconversations.com/week-long-narrative-therapy-intensive-certificate-program/>

**September 26**

Legacy Place Society, First Responder and Military Personnel Mental Health and Suicide Awareness Conferences in Edmonton. **September 19** in Calgary. <https://legacyplacesociety.com/conferences/>

**September 26- 27**

Online Training, *CBT Primer* with Dr Joe Flanders and Rhea Plosker. 7:30 – 10:30 am (\$350) <https://www.mindfulnessstudies.com/event/20-351-01/>

**September 27- 29**

Certificate Training, *Treating anxiety using Play Therapy* with Irena Razanas. 9 am- 4 pm in Edmonton. <https://cacpt.com/wp-content/uploads/2019/01/3-day-Anxiety-Certificate-Flier-2018-Edmonton.pdf>

**September 28**

CTRI Workshop, *Anxiety in children- Practical intervention strategies* with Vivian Houg. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/anxiety-in-children-and-youth-practical-intervention-strategies-edmonton-sep-28-2019/#tickets> **September 29** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/anxiety-in-children-and-youth-practical-intervention-strategies-calgary-sep-29-2019/#tickets>

**October 3**

CTRI Workshop, *Managing mental health in the workplace- Rights and responsibilities* with Danielle Forth. 9 am- 4 pm in Edmonton <https://ca.achievecentre.com/workshops/managing-mental-health-in-the-workplace-rights-and-responsibilities-edmonton-oct-3-2019/#tickets> **October 4** in Calgary with Marwa Fadol <https://ca.achievecentre.com/workshops/managing-mental-health-in-the-workplace-rights-and-responsibilities-calgary-oct-4-2019/#tickets>

**October 3- 5**

10<sup>th</sup> Canadian Conference on Dementia in Québec City. <https://www.convention.qc.ca/en/events/10-canadian-conference-dementia/>

**October 7- 12 Mental Illness Awareness Week** <https://www.camimh.ca/mental-illness-awareness-week/about-miaw/>

**October 8**

CTRI Workshop, *Vicarious trauma- Strategies for resilience*. 9 am- 4 pm with Danielle Forth in Edmonton.

<https://ca.ctrinstitute.com/workshops/vicarious-trauma-strategies-for-resilience-edmonton-oct-8-2019/#tickets>

**October 10** in Calgary with Rachel Clare. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-strategies-for-resilience-calgary-oct-10-2019/#tickets>

**October 9- 10**

2<sup>nd</sup> Innovations in Practice Conference, *Western Canadian Conference on developmental disabilities, intellectual disabilities, and Autism Spectrum Disorder including mental health in children and adults*. Keynotes by Dr Ross Greene and Dr Temple Grandin. In Edmonton. <https://www.innovations2019.com/>

**October 9- 11**

Canadian Federation of Mental Health Nursing Conference, *Mental Health Nursing: Taking action to advance care that makes a difference in the lives of others*. In Winnipeg, Manitoba.

<http://www.cfmhn.ca/meetingconferences/NationalConference2019>

**October 9- 12**

International Nurses Society on Addictions (IntNSA), 43rd Annual Educational Conference, *Substance use across the lifetime* in Baltimore, Maryland, USA. <https://www.intnsa.org/conference/>

**October 10- 11**

Association of Alberta Sexual Assault Services, *First responder to sexual assault and abuse*. In Lethbridge (\$250) <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

**October 16- 18**

Canadian Association for Suicide Prevention, 30<sup>th</sup> Annual Conference in Edmonton. <https://suicideprevention.ca/Annual-Conference>

**October 17- 19**

Tourette Canada National Conference in Winnipeg. <https://tourette.ca/about-tourette-canada/national-conference-on-ts-plus/>



**October 18- 20**

Pain Society of Alberta, 13<sup>th</sup> Annual Conference in Banff. <http://www.painab.ca/annual-conference.html>

**October 21**

CTRI Workshop, *Narrative Therapy- Tools for exploring stories*. 9 am- 4 pm with John Koop Harder in Edmonton.

<https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-edmonton-oct-21-2019/#tickets>

**October 23** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-calgary-oct-23-2019/#tickets>

**October 21- 23**

10<sup>th</sup> Annual Canadian Institute for Military and Veteran Research, *Forum 10*, in Ottawa. <http://cimvhrforum.ca/>

**October 22**

CTRI Workshop, *Cognitive Behavioural Therapy- Tools for thinking differently*. 9 am – 4 pm in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-edmonton-oct-22-2019/#tickets>

**October 24** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-calgary-oct-24-2019/#tickets>

**October 23**

Custody and Caring, 16<sup>th</sup> Biennial International Conference on the Nurse's Role in the Criminal Justice System, *Social justice in forensic mental health and correctional nursing*. In Saskatoon. <http://custodyandcaring.usask.ca/>

**October 24**

Conference, *Self-compassion* with Dr Kristin Neff. 9 am- 4:45 pm in Edmonton. (\$240) <http://www.cast-canada.ca/gt-edmonton-2019-dr-kristin-neff.html>

**October 24- 27**

Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference, *Building bridges through shared learning* in Halifax. <https://www.csam-smca.org/>

**October 25- 26**

Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. <http://www.cagp.ca/page-1841610>

**October 25**

Nursing Workshop, *Documentation: Your best defense* with Chris Rokosh. 8:30 am- 4 pm in Calgary. **October 30** in Lethbridge, **November 27** in Red Deer and **November 28** in Edmonton. <https://www.connectmlx.com/connect-to-education/documentation-course>

**October 28- 29**

CMHA Workplace Mental Health Conference, *Working stronger*. 8 am- 4 pm in Edmonton.

<https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/>

**October 28- 30**

Canadian Group Psychotherapy Association Conference, *Group Therapy: For the health of it* in Canmore.

<http://cgpa.ca/conference/2019-conference-save-the-date/>

**October 31- November 2**

International Association for Cannabinoid Medicines, Research Conference, in Berlin, Germany.

<https://www.cannabis-med.org/index.php?tpl=page&id=318&lng=en>

**November 1**

Faculty of Social Work Workshop, *Inquiry: The heart of mindfulness based programs* by Dr Patricia Rockman.

9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/mindfulinquiry>

**November 4- 5**

CTRI Workshop, *Play Therapy- tools for helping children and youth*. 9 am- 4 pm in Edmonton with Monica

Bhatara. <https://ca.ctrinstitute.com/workshops/play-therapy-tools-for-helping-children-and-youth-edmonton-nov-4-2019/#tickets>

**November 6- 7** in Calgary <https://ca.ctrinstitute.com/workshops/play-therapy-tools-for-helping-children-and-youth-calgary-nov-6-2019/#tickets>

**November 4 and 18**

University of Calgary, Online Workshop, *Clinical Social Work Supervision* with Dr Jane Matheson. 5:30- 7 pm

<https://ucalgary.ca/pd/clinicalsupervision2019winter>

**November 4- 6**

National Conference on Ending Homelessness, *Beginning the end of homelessness in Canada*. In Edmonton.

<http://conference.caeh.ca/>

**November 7- 12**

Mindfulness Meditation Retreat for Therapists with Dr Bruno Cayoun. In Ottawa.

<http://www.mindfulness.net.au/our-programs/the-intensive-retreat>

**November 8**

The Royal's Conference on Women's Mental Health, *Women in mind*. In Ottawa. <http://www.theroyal.ca/mental-health-centre/education-and-conferences/womens-mental-health-trauma-resilience/womens-mental-health-violence-against-women/>

**November 14**

EFT Edmonton, *Four Day Externship in Emotionally Focused Therapy* with Jim Thomas. (\$875) In Edmonton.

Call 780-444-4399 <https://eftedmonton.com/training-events/>

**November 14- 15**

19<sup>th</sup> Annual Diverse Voices Conference, *Together we make a difference*. In Edmonton. <https://diverse-voices.com/> **November 13** is a pre-conference day on *Elder abuse*.

**November 18- 20**

Gottman Level 1 Training in Calgary <https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/>

**November 20- 22**

Gottman Level II Training in Calgary <https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/>

**November 20- 22**

The Canadian Mental Health Summit, *Advanced interventions and strategies for frontline professionals*. In Calgary. <http://www.jackhirose.com/workshop/cmhs-2019/>

**November 21- 22**

Humane Canada, Canadian Violence Link Conference, *Making the link between violence against people and animals*. In Toronto. <https://clc.humanecanada.ca/>

**November 22**

PAA Workshop, *Family Restructuring Therapy* with Dr Stephen Carter. 9 am- 4:30 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=102](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=102)

**November 22- 23**

Conference, Child Development Update, *Developing new skills in the clinical assessment and management of developmental disorders*. In Toronto. <https://www.childdevelopmentupdate.com/>

**November 24- 30 National Addiction Awareness Week** <http://www.ccsa.ca/Eng/newsevents/national-addictions-awareness-week/Pages/default.aspx>

**November 25- 27**

Canadian Centre on Substance Abuse and Addiction, Issues of substance Conference, *Evidence and perspectives: Compassion and action*. In Ottawa. <https://issuesofsubstance.ca/>

**November 29**

University of Calgary, Psychiatry Quarterly Update, *Women's Mental Health Day*. 9 am- 12 noon in Calgary. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event\\_id/3128](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/3128)

**November 30**

CTRI Workshop, *Addictions and youth- Substances, technology, porn*. 9 am- 4 pm in Edmonton with Vivian Houg. <https://ca.ctrinstitute.com/workshops/addictions-and-youth-substances-technology-porn-edmonton-nov-30-2019/#tickets> **December 1** in Calgary with Marwa Fadol <https://ca.ctrinstitute.com/workshops/addictions-and-youth-substances-technology-porn-calgary-dec-1-2019/#tickets>

**December 2- 3**

CTRI Workshop, *Mindfulness counselling strategies- Activating compassion and regulation*. 9 am- 4 pm in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-compassion-and-regulation-edmonton-dec-2-2019/#tickets> **December 3- 4** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-compassion-and-regulation-calgary-dec-3-2019/#tickets>

**December 4- 6**

Rocky Mountain Play Therapy Institute, *Certificate in treatment of trauma using play therapy skills*. In Calgary. <http://rmpti.com/specialized-programs/treatment-of-trauma/>

**December 16**

CTRI Workshop, *Dialectical Behaviour Therapy- Balancing acceptance and change*. 9 am- 4 pm in Edmonton with Nadine Groves. <https://ca.ctrinstitute.com/workshops/dialectical-behaviour-therapy-balancing-acceptance-and-change-edmonton-dec-16-2019/#tickets> **December 17** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/dialectical-behaviour-therapy-balancing-acceptance-and-change-calgary-dec-17-2019/#tickets>

**Professional Development Fund** are now accepting applications for 2019/20 from AHS staff. Please review the current fund options as the program has changed:

- Post-Secondary Education Funding is open. Apply by **Aug. 23**.
- Group Learning Initiatives Funding is open. Funding is first-come, first-served.
- Conference & Workshop Funding applications open **June 1**. Funding is first-come, first-served

## Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **Medical Cannabis** Online courses from the Canadian Pharmacist Association <https://www.pharmacists.ca/education-practice-resources/professional-development/medical-cannabis-ce/>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** [https://libguides.adelaide.edu.au/psychiatry/rating\\_scales](https://libguides.adelaide.edu.au/psychiatry/rating_scales)
- ⚙ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **Addiction and Mental Health YouTube Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqW007Wo>
- ⚙ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx> See also the **YouTube** playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ⚙ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **At Home with Eating Disorders Conference Series YouTube** Recorded expert speaker presentations [https://www.youtube.com/channel/UCHJ\\_kGWdRgTZw2ago0frNZw](https://www.youtube.com/channel/UCHJ_kGWdRgTZw2ago0frNZw)
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>

- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposiums  
<http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth.  
<http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation.  
<https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations)  
<http://cdm.absorbtraining.ca/#/login>
- ⚙ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch.  
<http://www.mentalhealthcommission.ca/English/webinars>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources.  
<http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns.  
<http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus  
<https://sites.google.com/a/uAlberta.ca/ggr/>
- ⚙ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11>. The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ⚙ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada.  
<http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ⚙ **International Nurses Society on Addictions** A new Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ⚙ **Cannabis 101** Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at [dst.education@ahs.ca](mailto:dst.education@ahs.ca)
- ⚙ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health  
<https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>

The online **Addiction Medicine Diploma Program** has been redesigned and updated to bring you a more interactive and seamless learning experience. The new program is called the **Addiction Care and Treatment Online Certificate** and has formally launched in partnership with UBC Continuing Professional Development and the UBC School of Nursing.  
<https://ubccpd.ca/course/addiction-care-and-treatment>