

Cognition

January, 2019



Addiction and Mental Health Learning Events

Daily Event Listings
Online Learning Resources

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January

Healthy Minds/Healthy Children Online Professional Development, 1) *Opioids, naloxone kits*, and 2) *Threat assessment for targeted violence in youth*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

January 9

University of Alberta, Forensic Grand Rounds, *The development of mental health services with human sex trafficking* by Dr Abigail Judge. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

January 9

Workshop, *Emotional Regulation- Helping clients reduce their self-harm behaviours* with Dr Dawn McBride. 9 am- 4 pm in Lethbridge. <https://www.dawn-mcbride.com/workshops-alt>

January 10

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

January 11

Workshop, *Emotional Regulation- Helping clients reduce their self-harm behaviours* with Dr Dawn McBride. 9 am- 4 pm in Red Deer. <https://www.dawn-mcbride.com/workshops-alt>

January 11- March 8

PAA Workshop Series, *Walking the talk on self-care: Understanding compassion fatigue* with Dr Easter Yassa. 12- 1:30 pm each Friday. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78

January 14

Workshop, *Emotional Regulation- Helping clients reduce their self-harm behaviours* with Dr Dawn McBride. 9 am- 4 pm in Edmonton. <https://www.dawn-mcbride.com/workshops-alt>

January 14

Workshop, *Moving through your client's blocks: Those dreaded stuck points in Emotionally Focused Therapy (EFT)* with Murray Armstrong. Call 780 444-4399 dmarm@telus.net <https://eftedmonton.com/training-events/>

January 14- 15

CAHSR National Conference, *Artificial intelligence and learning health systems: How to make two good ideas happen in the Canadian health system*. In Toronto. <https://www.cahspr.ca/en/forums/current/2019>

January 14- January 24, 2020

CounselCareCanada Learning Solutions Online Certificate Program in Cognitive Behaviour Therapy (\$2000) <https://www.counselcarecanadalearningsolutions.com/certificate-program-in-cognitive-behaviour-therapy.html>

January 14- April 5

Wilfrid Laurier University Online Course, *Fundamentals of Cognitive Behaviour Therapy* with Jennifer Hackbart. (\$1100) <https://www.wlu.ca/academics/faculties/faculty-of-social-work/professional-development/certificates/cognitive-behaviour-therapy.html>

January 15

Workshop, *Intermediate counselling ethics* with Dr Dawn McBride. 8:15 am- 5 pm in Edmonton. <https://www.dawn-mcbride.com/workshops-alt>

January 15

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

January 15- 16

PAA Workshop, *The neuropsychology of mathematics: Taking the mystery out of math learning* by Dr Steven Feifer. In Calgary <https://go.ucalgary.ca/ise-neuropsychology-math-registration.html>

November 17

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

January 17

Workshop, *Intermediate counselling ethics* with Dr Dawn McBride. 8:15 am- 5 pm in Airdrie. <https://www.dawn-mcbride.com/workshops-alt>

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Addiction and Mental Health Learning Events

January 17- 20

22nd Annual Meeting, North American Neuromodulation Society, *The science behind successful outcomes.* In Las Vegas, USA. <http://conference.neuromodulation.org/>

January 18

PAA Workshop, *Trauma and PTSD in the First Responder population* with Dr Megan McElheran. 10:30 am– 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69

January 18

Workshop, *Beyond suicide assessment: Helping those who are struggling with chronic suicidal thoughts and urges* with Dr Dawn McBride. 9 am- 4 pm in Calgary. <https://www.dawn-mcbride.com/workshops-alt>

January 18

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I help my patient get off opioids?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent_disorders@ahs.ca

January 18

Presentation, *Between emergencies- A look at mental health in EMS* with Greg Gorecki (Paramedic). 9- 10 am in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76

January 18- 19

Workshop, *Mindfulness-Based Cognitive Therapy (MBCT)* by Dr Patricia Rockman. 9:30 am- 4:30 pm in Calgary. (\$560) https://www.ucalgary.ca/psychiatry/files/psychiatry/mbct_doctors2.pdf

January 21

Inner City Health and Wellness Program Symposium, *Uppers, downers, all arounders: Let's talk drugs. Moving harm reduction nursing from the community to the hospital* with Dr Marilou Gagnon in the Robbins Pavilion, Royal Alexandra Hospital. (\$50) <http://bit.ly/2ynXz26>

January 21- 23

Conference and Workshop, *Sexual violence in higher education.* At Bow Valley College, Calgary. <https://protect-international.com/wp-content/uploads/2018/06/Brochure-Sexual-Violence-in-Higher-Education-Conference-and-Workshop-BowValley.pdf>

January 21- February 10

Online Workshop, *Effective community collaborations in sexual health and rights* with Brittany Neron, Darrah Teitel, and Makeda Zook. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

January 22- 26

Canadian Nursing Student Association, National Conference, *Aspire to inspire: Celebrating student leadership and advocacy.* In Calgary. <https://www.facebook.com/events/260999464756159/>

January 24

Dr Roger Bland Lecture Series on Children's Mental Health, *Transition from adolescent to adult mental health* with Dr Ian Manion. 6- 8 pm in the McCauley Chambers, Edmonton. http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries_Overview.pdf

January 24

Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

January 24- 25

11th Annual ALIGN Conference, *Strengthening today, Building tomorrow.* Includes workshop on resilience by Dr Michael Ungar. In Edmonton. <https://conference.alignab.ca/>

January 24- 25

Children's Autism Services of Edmonton, 11th Annual Autism Conference, *A new way of looking at Autism* with Dr Tony Attwood in the River Cree Resort. <http://childrensautism.ca/events/>

January 25- 27

Seminar, *Fulfillment and meaning in life: Introduction to existential analysis* by Rochelle Chapman at Concordia University of Edmonton. Call 604 813-1270 counselling@rochellechapman.com <http://www.existentialanalysis.ca/>

January 26

Institute of Child Psychology Workshop, *Childhood anxiety: Understanding and helping children heal* with Tammy Schamuhn. 9 am- 5 pm in Red Deer. (\$85) **January 27** in Calgary. <https://instituteofchildpsychology.com/services/workshop>

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Addiction and Mental Health Learning Events

January 28 or 29

Presentation, *It's not about us: The secret to transforming the mental health and addiction system in Canada* by Todd Leader. Hosted by Addiction and Mental Health, Edmonton Zone and the Mental Health Foundation. More information when available.

January 28

Workshop, *Navigating difficult client relationships* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/navigating-difficult-client-relationships/#tickets> **June 30** in Calgary with Shelly Qualtieri. <https://ca.ctrinstitute.com/workshops/navigating-difficult-client-relationships-calgary1-30/#tickets>

January 28- 30

North American Cannabis Summit, *An objective forum to address public health, science and health equity*. In Los Angeles, USA. (Sponsored by CCSA). <http://northamericancannabissummit.org/>

January 29

University of Calgary Videoconference, *Cognitive Behavioural Therapy for pain* with Lori Montgomery. 8- 9 am. <https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain>

January 29- February 1

Alberta Institute of EFT Level One Training, *Emotion-Focused Therapy* with Dr Les Greenberg. 9 am- 5 pm daily in Calgary <https://emotionfocusedtherapyalberta.ca/upcoming-workshops/>

January 30

Bell Let's Talk Hope Day, Mental Health Conference in Calgary (\$20) <https://www.eventbrite.ca/e/lets-talk-hope-bell-lets-talk-day-mental-health-conference-tickets-52324388655?aff=ebdssbdestsearch>

January 31

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

January 31- February 1

Emotionally Focused Therapy Workshop, *Part 1: Fundamentals* with Yolanda von Hockauf. In Vancouver. <https://mailchi.mp/86a07bba3c26/emotionally-focused-individual-therapy-workshops> (Part 2 on May 9- 10)

February

Healthy Minds/Healthy Children Online Professional Development, 1) *ACE Score: What do we do with it?* and 2) *Concussions, Post Concussion Syndrome and mental health in children and youth* (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

February 1

Alberta Play Therapy Association Workshop, *Grief, loss and inspiring hope in children and youth* with Rhonda Kent. 9 am- 4 pm in Calgary. <http://www.albertaplaytherapy.ca/>

February 1- 3

World Professional Association for Transgender Health Conference at the University of Alberta Hospital, Edmonton. Contact Sarah Alexander sarah.alexander@ualberta.ca

February 2

Workshop, *A new emphasis and model of the Emotionally Focused Therapy tango (5 basic moves of EFT)* 9:30 am- 4:30 pm in Edmonton. (\$120) Call Murray Armstrong 780-444-4399. <https://eftedmonton.com/training-events/>

February 4- February 24

Online Workshop, *Trans: What does it all mean?* with Katie Cutting. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 6 and 13

Online Workshop, *The impact of technology on children and youth*. 7- 9 pm. (\$100) https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2019

February 7, 13, 21 and 28

Online Course, *Relationship based discipline: Raising resilient children* with Tammy Schamuhn. 7- 9 pm. (\$140) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019

February 8

University of Calgary, Department of Psychiatry, *Mood Day Conference* 7:45 am- 3:30 pm in Calgary. <https://www.ucalgary.ca/psychiatry/event/2019-02-08/mood-day-conference>

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Addiction and Mental Health Learning Events

February 12- 13

Workshop, *Motivating change: Strategies for approaching resistance* with Lana Dunn. 9 am- 4 pm in Calgary <https://ca.ctrinstitute.com/workshops/motivating-change-calgary2-12/#tickets> February 13- 14 in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/motivating-change-edmonton2-13/#tickets>

February 13

University of Alberta, Forensic Grand Rounds, *Potentiality- Suicide in front line emergency personnel* by Dr Nicholas Carleton. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

February 13- 15

Advanced Training Workshop, *Collaborative and proactive solutions: Understanding and helping behaviourally challenged kids* with Dr Ross Greene. In Nanaimo, BC. <http://www.4children.ca/workshops.html>

February 15

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my adolescent or senior patient with Opioid Use Disorder* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

February 18

Online Workshop, *Teaching about human sexuality* with Christine Sturgeon and Carlie McPhee. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 19

Edmonton Zone Psychology Practice Council, Annual General Meeting and Professional Development Day. 8:15 am- 4:30 pm at the Royal Alexandra Hospital Robbins Learning Centre. Greg.schoepp@ahs.ca

February 20, 27 and March 6

Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm (\$140) https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online

February 20- 21

PULSES: A Transcranial Magnetic Stimulation Introductory Workshop in Vancouver. <https://www.clinicaltmssociety.org/am2019>

February 21- 22

Annual Alberta Health and Safety Conference in Edmonton. <https://10times.com/annual-alberta-h-s-conference>

February 21- 23

Clinical Transcranial Magnetic Stimulation Society, Annual Meeting, in Vancouver. <https://www.clinicaltmssociety.org/am2019>

February 24- 27

3rd International Brain Stimulation Conference in Vancouver. <https://www.elsevier.com/events/conferences/international-brain-stimulation-conference>

February 25

Nursing Workshop, *Physical assessment pearls* with Barb Bancroft. 8:30 am- 4 pm in Edmonton. February 26 in Calgary. https://www.nursinglinks.ca/info_physical.html

February 27

CTRI Workshop, *Mindful leadership* with Lana Dunn. 9 am- 4 pm in Calgary <https://ca.achievecentre.com/workshops/mindful-leadership-calgary2-27/#tickets> February 28 in Edmonton with Danielle Forth. <https://ca.achievecentre.com/workshops/mindful-leadership-edmonton2-28-2/#tickets>

March

Healthy Minds/Healthy Children Online Professional Development, 1) *The gut-brain connection: Obesity, inflammation, microbiome and mental illness* and 2) *Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

March 2

University of Calgary, Department of Psychiatry, 32nd Annual Sebastian K. Littmann Research Day. 8:30 am- 4:30 pm in Calgary. http://people.ucalgary.ca/~patten/Seb_Littmann_Main.html

March 4- 24

ASPH Online Workshop, *Sexuality and mental health: Body image* with Colleen Larson. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

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January, 2019



Addiction and Mental Health Learning Events

March 5- 6

CTRI Workshop, *Autism- Strategies for self regulation, learning and challenging behaviours* with Kalyn Falk. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/autism-edmonton3-5/#tickets> **March 7- 8** in Calgary. <https://ca.ctrinstitute.com/workshops/autism-calgary3-7/#tickets>

March 6

Online Workshop, *The power of play: Fostering resiliency in children*. 7:30- 9 pm. (\$35)
https://instituteofchildpsychology.com/services/workshop_detail/power_of_play_spring_2019

March 6- 9

8th International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance: Integrating research, policy and promising practices around the world*. In Vancouver.
<http://interprofessional.ubc.ca/initiatives/fasd2019/>

March 8

University of Calgary, Quarterly Psychiatry Update, *Alcohol Use Disorder*. 1- 4:30 pm in Calgary.
<https://www.ucalgary.ca/psychiatry/event/2019-03-08/quarterly-psychiatry-update-alcohol-use-disorder>

March 8- 9

Workshop, *Building the brain: A neurobiological approach to assessment and intervention* with Robin Harwell. In Vancouver. https://www.caot.ca/viewEvent.html?no_header=true&productId=10100

March 13, 20 and 27

Online Course, *Childhood anger: Working through tantrums*. 7- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_2019_online

March 13- 14

CMHA Certified Psychological Health and Safety Advisor Training. 8 am- 4 pm daily in Calgary. (\$1500)
<https://alberta.cmha.ca/events/cmha-certified-psychological-health-and-safety-advisor-training-calgary-3/>

March 13- March 15

Counselling Insights Conference in Calgary. 9 am- 4 pm daily. In Calgary.
<https://ca.ctrinstitute.com/workshops/counselling-insights-conference-march2019/#tickets>

March 15

Opioid Dependency Treatment, Virtual Learning Sessions, *Why do I have to be aware of cultural diversity when treating my clients?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/>
More information at concurrent.disorders@ahs.ca

March 16

6th Annual Inclusive Health Conference, *LGBTQ in Primary Care*. In the Lister Centre, Edmonton.
<https://inclusivehealthconference.com/>

March 17- 20

Banff International Conferences on Behavioural Science, *Equipping schools and communities to support student mental health* <https://banffbehavsci.ubc.ca/workshops/>

March 18- 20

16th Medical Cognitive Behavioural Therapy Training with Dr Greg Dubord in Whistler, BC. (\$895)
<http://cbt.ca/locations/cbt-whistler-winter/>

March 18- April 7

Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka.
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

March 21- 25

Alberta Psychiatric Association Annual Conference in Banff. <https://albertapsych.org/conference>

March 22- 24

8th International Meeting on Indigenous Child Health in Calgary. <https://www.cps.ca/en/imich>

March 27- 28

Families in Canada Conference in Ottawa. <https://www.casw-acts.ca/en/families-canada-conference-2019>

March 28- 30

Alberta Gambling Research Institute, 18th Annual Conference on Gambling Research, *Blurred lines in gambling research* in Banff. <https://abgamblinginstitute.ca/events/other-conferences>

April

Healthy Minds/Healthy Children Online Professional Development, 1) *The healing value of relationship with self and others* and 2) *Youth sexual assault/abuse: Managing the crisis phase*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

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Addiction and Mental Health Learning Events

April 1- April 21

ASPSH Online Workshop, *The anti-choice movement in Canada: The facts* with Kathy Dawson and Joyce Arthur. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 4- 5

Workshop, *Cognitive adaptation training introduction: Enhanced recovery in people with Schizophrenia* with Raquel Williams and Joy-Ann Perry. In Vancouver.
https://www.caot.ca/viewEvent.html?no_header=true&productId=10044

April 4- 6

ACSW Annual Conference, *Connection to change: Evolution, innovation and activism in Social Work*. In Calgary. <https://www.acsw.ab.ca/>

April 5

PAA Workshop, *Assessment of children: Cognitive foundations and applications* with Dr Jerome Sattler. 9 am- 4 pm in Calgary. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=91

April 9- 10

CTRI Workshop, *Trauma- Strategies for resolving the impact of post-traumatic stress* with Lana Dunn. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/trauma-strategies-for-resolving-the-impact-of-post-traumatic-stress/2019-04-09/#tickets> **April 11- 12** in Edmonton with Danielle Forth
<https://ca.ctrinstitute.com/workshops/trauma-edmonton4-11/#tickets>

April 10- 12

13th Annual Risk and Recovery Forensic Conference in Hamilton, Ontario.
<https://www.riskandrecoveryconference.com/>

April 12

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am- 12 noon. Register on iScheduler
<https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

April 15- April 28

ASPH Online Workshop, *Sex addiction 101* with Bill Schuilenberg (Part 1)
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 16

University of Calgary Videoconference, *Medical management of pain: Alternatives to opioids* by Lori Montgomery. 8- 9 am. <https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain>

April 24- 25

CTRI Workshop, *Attachment and families- Strategies for helping and engaging* with Danielle Forth. 9 am- 4 pm in Edmonton <https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton4-24/#tickets>

April 25- 26 in Calgary with Marwa Fadol <https://ca.ctrinstitute.com/workshops/attachment-and-families-calgary4-25/#tickets>

April 29- May 12

ASPH Online Workshop, *It's not about the sex* with Bill Schuilenberg (Part 2)
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 29- May 26

ASPH Online Workshop, *Advocacy* with Tammy Troute-Wood, Celia Posyniak, Heather Cobb and Marni Panas https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 29- 30

Cannabis and Public Health Forum in Ottawa. <https://www.cpha.ca/cannabis-and-public-health-forum>

May

Healthy Minds/Healthy Children Online Professional Development, 1) *Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression* and 2) *Youth sexual assault/abuse: After the crisis phase- More healing strategies*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

May 2- 4

20th Biennial Conference, Canadian Gerontological Nursing Association, *Older persons climbing mountains: Journeys and transitions*. In Calgary. <http://cgna2019.ca/>

May 3

CAOT Workshop, *Cognitive Stimulation Therapy: Making a difference for people with dementia* with Gina Zoratti and Michelle Bickell. 8:30 am- 4 pm in Edmonton. <https://www.caot.ca/viewEvent.html?productId=10132>

Cognition

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Addiction and Mental Health Learning Events

May 3- 4

Western Canada Addiction Forum in Kelowna, BC. <https://wcaforum.ca/>

May 7

CTRI Workshop, Borderline Personality Disorder- Understanding and supporting with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-edmonton5-7/#tickets> **May 8** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-calgary5-8/#tickets>

May 7- 8

CLPNA Annual General Meeting and Conference. In Edmonton. <https://www.clpna.com/news-events/conferences-events/>

May 7- 9

5th Biennial Alberta Criminal Justice Symposium, considering new approaches to rehabilitation and correctional reform. In Edmonton. https://www.macewan.ca/wcm/SchoolsFaculties/ArtsScience/CRIMINAL_JUSTICE_SYMPOSIUM

May 9- 10

Emotionally Focused Therapy Workshop, *Part 2: Deepening your skills* with Yolanda von Hockauf. In Vancouver. <https://mailchi.mp/86a07bba3c26/emotionally-focused-individual-therapy-workshops>

May 10- 11

20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. <http://www.shared-care.ca/>

May 13- 15

Waypoint Research Institute Conference, *Momentum research realized*. In Barrie, Ontario. http://www.waypointcentre.ca/waypoint_research_institute/events/WRICConference/wri_conference_2019

May 13- 16

Canadian Counselling and Psychotherapy Association, Annual Conference in Moncton, New Brunswick. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

May 13- 17

Intensive Sex Therapy Training Program at the University of Guelph, Ontario. <https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003>

May 13- June 3

ASPH Online Workshop, *Sexuality and disabilities 101* with Margaret Newbury-Jones https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

May 15- 17

11th International Conference on Nightlife, Substance Use and Related Health Issues. In Amsterdam, Netherlands <http://www.theclubhealthconference.com/>

May 17

Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

May 17

PAA Workshop, *Geropsychology research and practice: Helping our clients, Helping ourselves* with Dr Candace Konnert. 9 am- 4:30 pm in Calgary. http://www.psychologistsassociation.ab.ca/site//paa_workshops_forum?type=event&id=92

May 22- 25

13th Annual Canadian Neuroscience Meeting in Toronto. <https://can-acn.org/meeting-2019>

May 27- June 16

ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

May 28- 29

CTRI Workshop, *Trauma-informed care- Building a culture of strength*. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/trauma-informed-care-calgary5-28/2019-05-28/#tickets> **May 30** in Edmonton <https://ca.ctrinstitute.com/workshops/trauma-informed-care-edmonton5-30/2019-05-30/#tickets>

May 30- June 1

Canadian Cannabis Summit in Calgary. <https://cannabissummit.ca/>

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Addiction and Mental Health Learning Events

May 31- June 2

Canadian Psychology Association National Conference, *Psychology's contribution to society* and the 4th North American Correctional and Criminal Justice Psychology Conference, *Evidence and innovation in criminal justice psychology*. In Halifax, Nova Scotia. <https://convention.cpa.ca/> <https://www.cpa.ca/NACCJPC#>

June 4- 5

CTRI Workshop, *Walking through grief- helping others deal with loss* by Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton6-4-2/#tickets> **June 5-6** in Calgary <https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-5/#tickets>

June 7

11th Annual **AddictionDay.ca** *Addiction: Addressing diversity* at the Executive Royal Inn, Edmonton International Airport. <http://www.addictionday.ca/>

June 18

CTRI Workshop, *Clinical supervision- Skills for developing counsellors* with Lana Dunn. 9 am- 4 pm in Edmonton <https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton6-18/#tickets> **June 20** in Calgary <https://ca.ctrinstitute.com/workshops/clinical-supervision-calgary6-20/#tickets>

June 21

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

June 24- 26

DBT Centre of Vancouver, Three Day Training, *The DBT skills* with Dr Alexandra Chapman and Dr John Wagner. 9 am- 4:30 pm daily in Vancouver. <http://dbtvancouver.com/our-events/dbt-skills-three-day-training-van-2019/>

July 8- 10

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cvt.ca/locations/cvt-banff/>

July 14- 18

60th Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

July 16- 17

CTRI Workshops, *Brief focused counselling skills- Strategies from the leading networks* with Danielle Forth. 9am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets>

July 18- 20

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cvt.ca/locations/cvt-whistler-summer/>

July 29- 31

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore. <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets>

August 18- 21

22nd International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

August 22- 25

21st World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

September 15- 17

39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. <https://www.cacap-acpea.org/learn/conference/>

September 20- 25

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>

September 27- 29

Canadian Psychiatric Association Annual Conference in Toronto. <https://www.cpa-apc.org/#tab-1-2>

October 17- 20

Pain Society of Alberta, 13th Annual Conference in Banff. <http://www.painab.ca/annual-conference.html>

October 26- 27

CSAM Annual Meeting and Scientific Conference in Halifax. <https://www.csam-smca.org/>




Alberta Opioid Dependency Treatment (ODT) Virtual Training Program

The course is designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must [register online](#) through the Office of CME.

<https://www.albertahealthservices.ca/info/Page16083.aspx>



Online Learning Resources

- ☀ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more.
<https://www.borderlinepersonalitydisorder.com/professionals/#>
- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies.
<http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification
<http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse.
<http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)**
<http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here:
<http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care.
<https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app
<https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds.
<https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series ** Recorded expert speaker presentations
<https://www.youtube.com/playlist?list=PLwAiWzISiIS1fBg3e6ljzeGDI7XAIC1LH> |
- ☀ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>

Cognition

January, 2019



Addiction and Mental Health Learning Events

- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/>
- ☀ **Indigenous Cultural Safety Collaborative Learning Series** Webinars to strengthen cultural safety in health and social services <http://www.icscollaborative.com/webinars>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☀ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ☀ **Mental Health Academy** Inexpensive access to over 110 online addiction and mental health education courses. <https://www.mentalhealthacademy.net/ccpa/>