

# Cognition

February, 2021



Addiction and Mental Health

## Learning Events

Daily Event Listings

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Online Learning Resources

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### February 2, 4 and 9

Three Part Webinar Series, *Integrating 12-step programs in client care* with Sarah Allen Benton  
[https://execulinks.net/wp/?product=12-step-1-bundle&mc\\_cid=fb0bcb6e28&mc\\_eid=7762a69c7a](https://execulinks.net/wp/?product=12-step-1-bundle&mc_cid=fb0bcb6e28&mc_eid=7762a69c7a)

### February 2- 3

Live Virtual Workshop, *Brief focused counselling skills: Strategies from the leading frameworks* by Sheri Coburn.  
8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/category/brief-counselling/>

### February 3

Forensic Grand Rounds with Jeremy Cheng. 9- 10 am by Zoom. <https://zoom.us/j/98922021816>

### February 3

International Association for Social Work with Groups, Zoom Workshop, *Harnessing the power of diversity in Social Work groups*. 6- 8 pm. <https://www.eventbrite.ca/e/harnessing-the-power-of-diversity-in-social-work-groups-tickets-128529564387>

### February 3 and 10

Two Part Webinar Series, *Cannabis use in the pregnant and breastfeeding mom* by Maureen Shogan.  
[https://execulinks.net/wp/?product=pregnancy-1-series&mc\\_cid=fb0bcb6e28&mc\\_eid=7762a69c7a](https://execulinks.net/wp/?product=pregnancy-1-series&mc_cid=fb0bcb6e28&mc_eid=7762a69c7a)

### February 4

Live Virtual Workshop, *Vicarious trauma: Strategies for resilience* with Marwa Fadol. 8 am- 3 pm.  
<https://ca.ctrinstitute.com/workshops/live-virtual-vicarious-trauma2-4/#tickets>

### February 5

Live Virtual Workshop, *Harm Reduction: A framework for change, choice and control* by John Koop Harder.  
8 am- 3 pm <https://ca.ctrinstitute.com/workshops/live-virtual-harm-reduction2-5/#tickets>

### February 6

Live Virtual Workshop, *Mental health concerns in children and youth* with Monica Bhatara. 8 am- 3 pm.  
<https://ca.ctrinstitute.com/workshops/live-virtual-mental-health-concerns-in-children-and-youth2-6/#tickets>

### February 8- February 28

ASPSH Workshop, *Teaching about human sexuality* by Christine Sturgeon. <https://www.aspsh.ca/product-page-ijqje/teaching-about-human-sexuality-5>

### February 9

Live Virtual Workshop, *Providing support remotely: Strategies for helping from a distance* by John Koop Harder.  
<https://ca.ctrinstitute.com/workshops/live-virtual-providing-support-remotely2-9/#tickets>

### February 9- 13

Society for Personality and Social Psychology, Annual Convention (Virtual) <http://meeting.spsp.org/general-info>

### February 10

University of Alberta, Adult Psychiatry Grand Rounds with Beatrice Carvalho and Samantha Perrault.  
12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

### February 10

Live Virtual Workshop, *Addictions and mental illness: Working with co-occurring disorders* by John Koop Harder.  
8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-addictions-and-mental-illness2-10/#tickets>

### February 10- 12

Beck Institute Zoom Workshop, *CBT for Personality Disorders* by Dr Robert Hindman. 6:45 am- 2 pm daily. (\$500)  
<https://beckinstitute.org/workshop/cbt-for-personality-disorders/>

### February 12- 13

Workshop, *Resistance and crisis, working at barriers to change: An introduction to the Hakomi Method* with Pamela Thompson. 9 am- 4:30 pm in Edmonton. <http://hakomiedmonton.ca/crisis-and-resistance-intro/>

### February 17

Live Virtual Workshop, *Play Therapy: Tools for helping children and youth* with Kelly Smith. 8 am- 3 pm.  
<https://ca.ctrinstitute.com/workshops/live-virtual-play-therapy2-17/#tickets>

### February 17

Live Streaming Workshop, *Standing up to racism: How we can make a difference in our community and classroom* with Dr Carolyn Coker. <http://webinars.jackhirose.com/product/standing-up-to-racism/>

**February 17**

University of Alberta, Adult Psychiatry Grand Rounds with Dr Claudia Rigutto and Dr Munaha Mostofa. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

**February 18**

Live Virtual Workshop, *Anxiety: Practical intervention strategies* with Vicki Enns. 8 am- 4 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-anxiety-2-18/#tickets>

**February 18**

Zoom Addiction Certification Workshop, *Understanding youth and addictions* with Dr Julia Read. <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**February 18- 19**

Portland DBT Institute, Zoom Workshop, *DBT for adolescents and families* by Dr Andrew White. <https://www.pdbti.org/dbt-adolescents-families/>

**February 22**

Live Virtual Workshop, *Depression: Practical intervention strategies* with Janelle Jackiw. 8 am- 4 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-depression2-22/#tickets>

**February 22- March 14**

ASPSH Online Workshop, *Counselling after an experience of sexual violence* by Meg Martin and Kari White. <https://www.aspsh.ca/product-page-qqjge/counselling-after-an-experience-of-sexual-violence>

**February 24**

University of Alberta, Adult Psychiatry Grand Rounds with Dr Caitlin Earle. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

**February 24- 27**

Society for Research on Nicotine and Tobacco, Virtual Meeting [https://www.srnt.org/page/2021\\_Meeting](https://www.srnt.org/page/2021_Meeting)

**February 25 or 26**

Ethics Lunch 'n' Learn Series, *Responding to racial discrimination toward community care providers*. 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at [clinicaethics@ahs.ca](mailto:clinicaethics@ahs.ca) Call 1-855-943-2821.

**February 25- 26**

Live Virtual Workshop, *Trauma: Strategies for resolving the impact of post-traumatic stress* with Vicki Enns. 8 am- 3 pm. [https://ca.ctrinstitute.com/workshops/list/?tribe\\_paged=5&tribe\\_event\\_display=list&tribe\\_bar-date=2020-11-09&tribe\\_ecp\\_custom\\_16=Public+Workshops](https://ca.ctrinstitute.com/workshops/list/?tribe_paged=5&tribe_event_display=list&tribe_bar-date=2020-11-09&tribe_ecp_custom_16=Public+Workshops)

**March 1- April 11**

Zoom Addiction Certification Course, *Addiction and the family* with Sylvie Smith <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 3- 6**

9<sup>th</sup> International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance*. In Vancouver. <https://interprofessional.ubc.ca/initiatives/fasd2021/>

**March 4- 5**

Zoom Addiction Certification Workshop, *Addiction and the family* with Sylvie Smith <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 4- 6**

Society for Consumer Psychology, Annual Conference (Virtual), *Behavioral insight for changing climates*. <https://www.myscp.org/conferences/scp2021/>

**March 5- 7**

6<sup>th</sup> (Zoom) Conference, *Law and ethics in counselling*. <https://www.eventbrite.com/e/law-and-ethics-in-counseling-virtual-conference-2021-sixth-annual-tickets-124026744331>

**March 8- March 28**

ASPSH Online Workshop, *Sexuality and mental health: Body image* with Colleen Larsen. <https://www.aspsh.ca/product-page-qqjge/sexuality-and-mental-health-body-image-2>

**March 8- April 25**

Zoom Addiction Certification Course, *Engaging complex clients: Working in addictions with specialized populations* by Omer Vandevyvere <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 9- 10**

Working Stronger, CMHA Virtual Mental Health Conference, *Healthy employees. Resilient workplaces* <https://workingstronger.cmha.ca/>

**March 9- 14**

15<sup>th</sup> International (Virtual) Conference on Alzheimer's and Parkinson's Diseases, <https://adpd.kenes.com/>

**March 10- 13**

World Psychiatric Association, 20<sup>th</sup> Annual (Virtual) World Congress of Psychiatry <https://wcp-congress.com/>

**March 10- 13**

20<sup>th</sup> World Psychiatric Association (Virtual) Congress, *Psychiatry in a troubled world*. <https://wcp-congress.com/>

**March 11- 12**

Portland DBT Institute, Zoom Workshop, *DBT in a nutshell: Treating multi-diagnostic complex individuals* by Daphna Peterson. 9:30 am- 5 pm. <https://www.pdbti.org/dbt-in-a-nutshell-treating-multi-diagnostic-complex-individuals/>

**March 15- 19** HPSP Annual Conference, *Daily practice: Refresh your resiliency*. 12- 1:30 pm daily. Contact [practice.consultation@ahs.ca](mailto:practice.consultation@ahs.ca)

**March 16- 18**

APT Online Training, *DBT-A: DBT for adolescents* <https://www.apr.ac/dbt-a-training-course.html>

**March 18- 19**

Anxiety and Depression (Virtual) Conference, *Resilience and recovery: From research to practice* <https://adaa.org/conference/2021-Virtual>

**March 18- 19**

Portland DBT Institute, Zoom Workshop, *Optimizing Eating Disorder Treatments with DBT* by Amy Kalasunas. 9 am- 4:30. <https://www.pdbti.org/dbt-eating-disorders/>

**March 22- 24**

6<sup>th</sup> International Conference on Law Enforcement and Public Health (Virtual) <https://leph2021philadelphia.com/abstracts/>

**March 23- 25**

International Society of Psychiatric-Mental Health Nurses, Annual Conference (Virtual), *Resiliency in action: Advocating for healthier communities*. <https://www.ispn-psych.org/2021-conference>

**March 24**

Live Streaming Workshop, *Feeling great: A new, high speed, treatment for depression and anxiety* with Dr David Burns. <http://webinars.jackhirose.com/product/feeling-great-burns/>

**March 25 or 26**

Ethics Lunch 'n' Learn Series, *Duty to care*. 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at [clinicaethics@ahs.ca](mailto:clinicaethics@ahs.ca) Call 1-855-943-2821.

**March 25- 29**

Alberta Psychiatric Association, Scientific Conference in Banff. <https://albertapsych.org/conference>

**March 26**

CAMH Online Conference, *Opioid Use Disorder in Primary Care*. <https://www.camh.ca/en/driving-change/about-camh/events/opioid-use-disorder-in-primary-care-virtual-conference>

**March 26- 27**

(Virtual) International Family Therapy Association, World Family Therapy Congress. <https://www.ifta-congress.org/index.php>

**March 29- 30**

Zoom Addiction Certification Workshop, *Understanding relapse prevention* with Michelle Nogueira. <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 29- May 9**

Zoom Addiction Certification Course, *Counselling techniques in addiction practice* with Loral Deline <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 30- April 1**

Virtual Conference, *The mental health gap: Creating a culture of psychological safety*. <https://www.conferenceboard.ca/events/mental-health?AspxAutoDetectCookieSupport=1>

**March 31**

PAA Asynchronous Webinar, *DIY videos for your therapy sits or YouTube channel* with Dr Kyler Shumway. <https://psychologistsassociation.ab.ca/event-details/?id=154>

**March 31**

PAA Asynchronous Webinar, *Family Restructuring Therapy* with Dr Stephen Carter <https://psychologistsassociation.ab.ca/event-details/?id=153>

**March 31**

PAA Asynchronous Webinar, *Psychology of cannabis addiction* with Dr Jonathan Stea. <https://psychologistsassociation.ab.ca/event-details/?id=151>

**March 31**

PAA Asynchronous Webinar, *Trauma and PTSD in first responder populations* with Dr Megan McElheran <https://psychologistsassociation.ab.ca/event-details/?id=151>

**April 5- 6**

Zoom Addiction Certification Workshop, *Pharmacology* with Dr Rick Csiernik. <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**April 5- 16**

World Forum on Early Care and Education, *A global expedition of early childhood programs*. Online. <https://worldforumfoundation.org/2021-world-tour/>

**April 5- April 25**

ASPSH Online Workshop, *Counselling skills and sexual health: Helping clients make informed decisions* with Lucy Snider. (\$75) <https://www.aspsh.ca/product-page-ijqge/counselling-skills-and-sexual-health-helping-clients-make-informed-decisions>

**April 7**

Live Streaming Workshop, *Bring TEAM-CBT to life in real time* with Dr David Burns. <http://webinars.jackhiro.com/product/team-burns/>

**April 12- 16**

Society of Behavioral Medicine, 42<sup>nd</sup> Annual Meeting and Scientific Sessions (Virtual), *Let's go all in: Inclusion, Innovation and Influence*. <https://www.sbm.org/meetings>

**April 16**

University of Toronto, Zoom Conference, *Future of psychotherapy*. 6:30 am- 2:45 pm. <https://www.psychiatry.utoronto.ca/event/university-toronto-future-psychotherapy-conference>

**April 17- 21**

(Virtual) Congress of the Schizophrenia International Research Society, *Bringing precision medicine to mental health services*. <https://schizophreniaresearchsociety.org/meetings/general-information/>

**April 22 or 23**

Ethics Lunch 'n' Learn Series, *Substance use and pregnancy* 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at [clinicaethics@ahs.ca](mailto:clinicaethics@ahs.ca) Call 1-855-943-2821.

**April 22- 24**

American Society of Addiction Medicine, Virtual Conference. <https://www.eventscribe.com/2021/ASAM/aaStatic.asp?SFP=RkpYV0JFWFdANDQ5MA>

**April 26- June 6**

Addiction Certification Zoom Course, *Concurrent Disorders* with Melissa Pyne. <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**April 30- May 1**

14<sup>th</sup> Biennial Western Canadian Conference on Sexual Health, *Synergies of sexuality: Seeing the whole person*. In Calgary. <https://www.aspsh.ca/2020-conference>

**May 3- May 23**

ASPSH Online Workshop, *Non-binary sexual health: Making your practice more inclusive* with Eddy Robinson and Chris Buchner. <https://www.aspsh.ca/product-page-ijqge/non-binary-sexual-health-making-your-practice-more-inclusive>

**May 3- June 13**

Zoom Addiction Certification Course, *Trauma and addiction* with Ian Robertson and Michelle Graham. <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 5**

Live Streaming Workshop, *The cognitive distortion starter kit* with Dr David Burns. <http://webinars.jackhiro.com/product/cognitive-distortion-burns/>

**May 6- 7**

Conference, *Healing Indigenous Intergenerational Trauma, Hope, belonging, meaning and purpose- Life is sacred* In Edmonton. Sponsored by the Ben Calf Robe Society. <https://www.bcrsconference.ca/>

**May 10- June 20**

Zoom Addiction Certification Course, *The essentials of harm reduction* with Dr Rick Csiernik. <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 13- 15**

Canadian Counselling and Psychotherapy Association, Virtual Conference, *Helping each other in the face adversity*. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

**May 17- June 6**

ASPSH Online Workshop, *Startling fact about dying, Sexuality matters* with Jodi Swan <https://www.aspsh.ca/product-page-ijqge/a-startling-fact-about-dying-sexuality-matters-2>

**May 17- June 27**

Zoom Addiction Certification Course, *Behavioural addictions: Gambling, gaming and technology overuse* with Michelle Nogueira. <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 21- 23**

Catalyst 2021, Psychedelic Research Conference in Calgary. <https://catalystcalgary.com/>

**May 25- 27**

APT Online Workshop, *Developmental trauma and Adverse Childhood Experiences: Repairing the damage*.  
<https://www.apr.ac/adverse-childhood-experiences-training.html>

**May 26- 28**

Beck Institute Zoom Workshop, *CBT for Personality Disorders* by Dr Robert Hindman. 6:45 am- 2 pm daily. (\$500)  
<https://beckinstitute.org/workshop/cbt-for-personality-disorders/>

**May 31- June 20**

ASPSH Online Workshop, *Making space for asexual and aromantic identities in sexual health* with Eddy Robinson.  
<https://www.aspsch.ca/product-page-jqjge/making-space-for-asexual-and-aromantic-identities-in-sexual-health>

**June 2- 4**

12<sup>th</sup> International Conference on Nightlife, Substance Use and Related Health Issues. In Montréal.  
<http://www.theclubhealthconference.com/>

**June 3 or 4**

Ethics Lunch 'n' Learn Series, *MAID: New legislation and practice*. 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at [clinicaethics@ahs.ca](mailto:clinicaethics@ahs.ca) Call 1-855-943-2821.

**June 8 and 15**

Online Workshop, *Theories of psychotherapy review*. <https://moodle.cloud.triadhq.com/enrol/index.php?id=2135>

**June 10- 11**

Workshop, *Trauma practice: Tools for stabilization and recovery* with Dr Anna Baranowsky. In Calgary.  
<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=51668105&parentSite=FSW>

**June 19- 23**

College on Problems of Drug Dependence, 83<sup>rd</sup> Annual Scientific Meeting in Montréal.  
<https://cpdd.org/meetings/current-meeting/>

**June 28- July 2**

15<sup>th</sup> International Family Nursing (Virtual) Conference, *Family nursing throughout the life course*.  
<https://internationalfamilynursing.org/2019/11/20/ifnc15/>

**July 11- 13**

International Society of Political Psychology, *Recognition and (re)claiming spaces: Marginalization, colonization and privilege*. In Montréal. <https://www.ispp.org/meetings>

**July 11- 15**

62<sup>nd</sup> Annual Institute on Addiction Studies, in London, Ontario. <https://www.addictionstudies.ca/>

**July 15- 17**

International Positive Psychology Association, 7<sup>th</sup> World Congress (Virtual) *Wellbeing for all*.  
<https://www.ippaworldcongress.org/>

**July 23- 25**

Research Society on Marijuana, 5<sup>th</sup> Annual Scientific Meeting in Boston, USA. <https://researchmj.org/meeting.php>

**August 5- 8**

11<sup>th</sup> Biennial International Meaning Conference, *From vulnerability to resilience and wellbeing: Advances in existential and positive psychology*. In Toronto. <https://www.meaning.ca/conferences-and-events/meaning-conference-2021/>

**August 24- 26**



World Indigenous Suicide Prevention Conference, *Strength in our communities* in Winnipeg, Manitoba.  
<https://wispc2021.ca/>

Contact [Daniel.scott@ahs.ca](mailto:Daniel.scott@ahs.ca) with additions, subscriptions, and updates.  
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## Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines*. <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** [https://libguides.adelaide.edu.au/psychiatry/rating\\_scales](https://libguides.adelaide.edu.au/psychiatry/rating_scales)
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **University of Alberta Grand Rounds** Schedule of weekly Forensic, Adult and Child/Youth grand rounds. Archive includes recordings of Adult and Child & Adolescent Grand Rounds. <https://www.ualberta.ca/psychiatry/grand-rounds> <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules on the external AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>

- ⚙️ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ⚙️ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙️ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙️ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/uAlberta.ca/ggr/home>
- ⚙️ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙️ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙️ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://nao.ca/bpg/initiatives/mhai/purpose>
- ⚙️ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙️ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙️ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ⚙️ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. <https://crismprairies.ca/>
- ⚙️ **Jack Hirose Webinars.** On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ⚙️ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars. <https://ca.ctrinstitute.com/>
- ⚙️ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers. <https://moodle9.camhx.ca/moodle/?lang=en>
- ⚙️ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ⚙️ **Practice Wise.** AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hpsp/Page12451.aspx>
- ⚙️ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ⚙️ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoJvse4nEljWZCVGIzk8U8S->
- ⚙️ **Living Hope** is the Edmonton Suicide prevention strategy. The "11 of us" website has resources to learn the signs and to learn to help. [https://11ofus.ca/?gclid=CjwKCAiAws7uBRakEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAoogglOGwrGtv0Zz1Wc6v1shuEqoq8RoCnrUQAvD\\_BwE](https://11ofus.ca/?gclid=CjwKCAiAws7uBRakEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAoogglOGwrGtv0Zz1Wc6v1shuEqoq8RoCnrUQAvD_BwE) Contact: [lahn.jones@ahs.ca](mailto:lahn.jones@ahs.ca)
- ⚙️ **Institute of Child Psychology** Alberta based provider of psychological services and training. Online courses for parents and therapists at [https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc\\_cid=9c54c3b01d&mc\\_eid=beb37cfa](https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc_cid=9c54c3b01d&mc_eid=beb37cfa)
- ⚙️ **Psychiatry Academy** Online courses in Cognitive Behaviour Therapy and other professional development topics. Scheduled sessions and on-demand webinars [http://mghcme.org/page/cognitive\\_behavioral\\_therapy](http://mghcme.org/page/cognitive_behavioral_therapy)
- ⚙️ **Making Sense of Trauma** Free webinar with practical tools for responding to children and youth <https://makingsenseoftrauma.com/course/making-sense-of-trauma/>
- ⚙️ **Mount Royal University** Continuing Competency Certificates include Children's Mental Health, Addiction, and Dementia <https://www.mtroyal.ca/conted/az-programs/categories/>