

Cognition

February, 2019



Addiction and Mental Health Learning Events

Daily Event Listings
Online Learning Resources

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February

Healthy Minds/Healthy Children Online Professional Development, 1) *ACE Score: What do we do with it?* and 2) *Concussions, Post-Concussion Syndrome and mental health in children and youth* (Free and CME accreditation available) Call 403-955-4642 hmmc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

February 1

Alberta Play Therapy Association Workshop, *Grief, loss and inspiring hope in children and youth* with Rhonda Kent. 9 am- 4 pm in Calgary. <http://www.albertaplaytherapy.ca/>

February 1- 2

8th Annual e-Mental Health Conference, *New generations, new services: Shifting mental health into the digital age*. In Vancouver. <https://acdresearch.med.ubc.ca/events/>

February 1- 3

World Professional Association for Transgender Health Conference at the University of Alberta Hospital, Edmonton. Contact Sarah Alexander sarah.alexander@ualberta.ca

February 1- April 12 (Friday Afternoons)

Online Course, Mindfulness-Integrated Cognitive Behaviour Therapy, *Foundation course* with Andrea Grabovac. <https://mindfulness.worldsecuresystems.com/BookingRetrieve.aspx?ID=307564>

February 2

Workshop, *A new emphasis and model of the Emotionally Focused Therapy tango (5 basic moves of EFT)* 9:30 am- 4:30 pm in Edmonton. (\$120) Call Murray Armstrong 780-444-4399. <https://eftedmonton.com/training-events/>

February 3

Workshop, *Compassionate discipline: Raising secure children* with Tammy Schamuhn. 9 am- 5 pm in Edmonton. (\$85) https://instituteofchildpsychology.com/services/workshop_detail/discipline_edmonton2019

February 4- February 24

Online Workshop, *Trans: What does it all mean?* with Katie Cutting. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 6- 8

Training, *Allying with Indigenous people- Cultural solutions* with Dr Reg Crowshoe, Kerri Morre and Adrian Goulet. 9 am- 4 pm in Calgary. <http://events.r20.constantcontact.com/register/event?oeidk=a07eftdork978c14314&llr=yzgxr6ab>

February 6 and 13

Online Workshop, *The impact of technology on children and youth*. 7- 9 pm. (\$100) https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2019

February 7, 13, 21 and 28

Online Course, *Relationship based discipline: Raising resilient children* with Tammy Schamuhn. 7- 9 pm. (\$140) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019

February 7- 8

Align's 3rd Annual Symposium, *Group care- Highlighting global research*. 7 am- 4 pm in Edmonton. <http://events.r20.constantcontact.com/register/event?oeidk=a07efurnjmy4d1fb056&llr=yzgxr6ab>

February 8

University of Calgary, Department of Psychiatry, *Mood Day Conference* 7:45 am- 3:30 pm in Calgary. <https://www.ucalgary.ca/psychiatry/event/2019-02-08/mood-day-conference>

February 12- 13

Workshop, *Motivating change: Strategies for approaching resistance* with Lana Dunn. 9 am- 4 pm in Calgary <https://ca.ctrinstitute.com/workshops/motivating-change-calgary2-12/#tickets> **February 13- 14** in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/motivating-change-edmonton2-13/#tickets>

February 13

University of Alberta, Forensic Grand Rounds, *Potentiality- Suicide in front line emergency personnel* by Dr Nicholas Carleton. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

February 13- 15

Advanced Training Workshop, *Collaborative and proactive solutions: Understanding and helping behaviourally challenged kids* with Dr Ross Greene. In Nanaimo, BC. <http://www.4children.ca/workshops.html>

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Addiction and Mental Health Learning Events

February 15

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my adolescent or senior patient with Opioid Use Disorder* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

February 18

Online Workshop, *Teaching about human sexuality* with Christine Sturgeon and Carlie McPhee. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 18- March 29

Wilfred Laurier University Online Course, *Counselling techniques in addiction practice* by Lorrall Deline. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

February 19

Edmonton Zone Psychology Practice Council, Annual General Meeting and Professional Development Day. 8:15 am- 4:30 pm at the Royal Alexandra Hospital Robbins Learning Centre. Greg.schoepp@ahs.ca

February 19- April 2

Beck Institute Online Course, *CBT for Personality Disorders* <https://psychwire.com/beck/cbt-personality-disorders>

February 20, 27 and March 6

Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm (\$140) https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online

February 20- 21

PULSES: A Transcranial Magnetic Stimulation Introductory Workshop in Vancouver. <https://www.clinicaltmssociety.org/am2019>

February 21- 22

Annual Alberta Health and Safety Conference in Edmonton. <https://10times.com/annual-alberta-h-s-conference>

February 21- 23

Clinical Transcranial Magnetic Stimulation Society, Annual Meeting, in Vancouver. <https://www.clinicaltmssociety.org/am2019>

February 23

Workshop, *Cultivating courage: Raising resilient kids* with Tania Johnson. 9 am- 5 pm in Edmonton. (\$85) https://instituteofchildpsychology.com/services/workshop_detail/cultivating_courage_2018

February 24- 27

3rd International Brain Stimulation Conference in Vancouver. <https://www.elsevier.com/events/conferences/international-brain-stimulation-conference>

February 25- 27

Canadian Health and Wellness Conference, *Innovative solutions to addiction and mental health*. In Florida, USA. Sponsored by the International Foundation of Employee Benefit Plans. <https://www.ifebp.org/education/canadian-health-and-wellness-innovations/Pages/canadian-health-and-wellness-innovations-conference-1903.aspx>

February 25

Nursing Workshop, *Physical assessment pearls* with Barb Bancroft. 8:30 am- 4 pm in Edmonton.

February 26 in Calgary. https://www.nursinglinks.ca/info_physical.html

February 25- April 5

Wilfred Laurier University Online Course, *Fundamentals of addiction* by Rick Csiernik. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

February 27

Annual HPSP Health Providers Conference, *Align: Your life, your work*. In Edmonton. February 28 in Calgary. <https://insite.albertahealthservices.ca/hpsp/Page4837.aspx>

February 27

CTRI Workshop, *Mindful leadership* with Lana Dunn. 9 am- 4 pm in Calgary <https://ca.achievecentre.com/workshops/mindful-leadership-calgary2-27/#tickets> February 28 in Edmonton with Danielle Forth. <https://ca.achievecentre.com/workshops/mindful-leadership-edmonton2-28-2/#tickets>

February 28 - March 1

ECDSS Workshop, *Trauma-informed care: Translating trauma-informed principles into practice* in Edmonton. <https://ecdss.ca/event/trauma-informed-care-translating-trauma-informed-principles-into-practice-6/>

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March

Healthy Minds/Healthy Children Online Professional Development, 1) *The gut-brain connection: Obesity, inflammation, microbiome and mental illness* and 2) *Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper*. (Free and CME accreditation available) Call 403-955-4642
hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

March 2

University of Calgary, Department of Psychiatry, 32nd Annual Sebastian K. Littmann Research Day. 8:30 am- 4:30 pm in Calgary. http://people.ucalgary.ca/~patten/Seb_Littmann_Main.html

March 4- 5

Workshop, *Understanding and treating Eating Disorders: From detection to core CBT interventions with Dr Anita Federici*. In Barrie, Ontario. <https://www.amhw.ca/event/coming-soon-march-4-5-2019/>

March 4- 24

ASPH Online Workshop, *Sexuality and mental health: Body image* with Colleen Larson.
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

March 4- May 24

Online Course, *Fundamentals of Cognitive Behaviour Therapy* with Jennifer Hackbart. (\$1100)
<https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilfrid Laurier University.

March 5- 6

CTRI Workshop, *Autism- Strategies for self regulation, learning and challenging behaviours* with Kalyn Falk. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/autism-edmonton3-5/#tickets> **March 7- 8** in Calgary. <https://ca.ctrinstitute.com/workshops/autism-calgary3-7/#tickets>

March 6

Online Workshop, *The power of play: Fostering resiliency in children*. 7:30- 9 pm. (\$35)
https://instituteofchildpsychology.com/services/workshop_detail/power_of_play_spring_2019

March 6

ECDSS Workshop, *Responding to trauma in early childhood* in Edmonton. <https://ecdss.ca/event/responding-to-trauma-in-early-childhood-3/>

March 6- 9

8th International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance: Integrating research, policy and promising practices around the world*. In Vancouver.
<http://interprofessional.ubc.ca/initiatives/fasd2019/>

March 7- 8

Autism Awareness Centre Conference with Bo Hejlskov and Carol Burmeister. In Edmonton.
https://autismawarenesscentre.com/shop/conferences-training/conferences/edmonton-ab-march-7-8-2019/?mc_cid=2908a9c0a6&mc_eid=c75284d8ae

March 8

University of Calgary, Quarterly Psychiatry Update, *Alcohol Use Disorder*. 1- 4:30 pm in Calgary.
<https://www.ucalgary.ca/psychiatry/event/2019-03-08/quarterly-psychiatry-update-alcohol-use-disorder>

March 8- 9

Workshop, *Building the brain: A neurobiological approach to assessment and intervention* with Robin Harwell. In Vancouver. https://www.caot.ca/viewEvent.html?no_header=true&productId=10100

March 13, 20 and 27

Online Course, *Childhood anger: Working through tantrums*. 7- 9 pm. (\$140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_2019_online

March 13- 14

CMHA Certified Psychological Health and Safety Advisor Training. 8 am- 4 pm daily in Calgary. (\$1500)
<https://alberta.cmha.ca/events/cmha-certified-psychological-health-and-safety-advisor-training-calgary-3/>

March 13- March 15

Counselling Insights Conference in Calgary. 9 am- 4 pm daily. In Calgary.
<https://ca.ctrinstitute.com/workshops/counselling-insights-conference-march2019/#tickets>

March 14

ECDSS Workshop, *Understanding loss and supporting individuals through grief* in Edmonton.
<https://ecdss.ca/event/understanding-loss-supporting-individuals-through-grief-march-14-2019/>

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March 14- 17

WGM Psychology presents, *Intensive training in prolonged exposure for PTSD* with Dr Megan McElheran. 8:30 am- 4:30 pm in Calgary. (\$1600) Call 430-850-6711 or reception@wgmpsy.com

March 15

Opioid Dependency Treatment, Virtual Learning Sessions, *Why do I have to be aware of cultural diversity when treating my clients?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/>
More information at concurrent.disorders@ahs.ca

March 16

6th Annual Inclusive Health Conference, *LGBTQ in Primary Care*. In the Lister Centre, Edmonton.
<https://inclusivehealthconference.com/>

March 17- 20

51st Banff International Conferences on Behavioural Science, *Equipping schools and communities to support student mental health* <https://banffbehavsci.ubc.ca/workshops/>

March 18- 20

16th Medical Cognitive Behavioural Therapy Training with Dr Greg Dubord in Whistler, BC. (\$895)
<http://cbt.ca/locations/cbt-whistler-winter/>

March 18- April 7

Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka.
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

March 20

ECDSS Workshop, *Adverse Childhood Experiences: Implications for relationship based practice*. 9 am- 12 noon in Edmonton. <https://ecdss.ca/event/adverse-childhood-experiences-implications-for-relationship-based-practice-5/>

March 21- 22

6th Annual Canadian Consortium for the Investigation of Cannabinoids Conference, *Cannabinoids in clinical practice*. In Toronto. <http://www.ccic.net/index.php?id=366,0,0,1,0,0>

March 21- 25

Alberta Psychiatric Association Annual Conference in Banff. <https://albertapsych.org/conference>

March 22- 24

8th International Meeting on Indigenous Child Health in Calgary. <https://www.cps.ca/en/imich>

March 27- 28

Families in Canada Conference in Ottawa. <https://www.casw-acts.ca/en/families-canada-conference-2019>

March 28- 30

Alberta Gambling Research Institute, 18th Annual Conference on Gambling Research, *Blurred lines in gambling research* in Banff. <https://abgamblinginstitute.ca/events/other-conferences>

April

Healthy Minds/Healthy Children Online Professional Development, 1) *The healing value of relationship with self and others* and 2) *Youth sexual assault/abuse: Managing the crisis phase*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

April 1- April 21

ASPSH Online Workshop, *The anti-choice movement in Canada: The facts* with Kathy Dawson and Joyce Arthur. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 1- May 10

Wilfred Laurier University Online Course, *Engaging challenging clients: Working in addictions with specialized populations* by Heather Kerr. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

April 1- May 10

Wilfred Laurier University Online Course, *Trauma and addiction* by Ian Robertson. (\$275)
<https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

April 4- 5

Workshop, *Cognitive adaptation training introduction: Enhanced recovery in people with Schizophrenia* with Raquel Williams and Joy-Ann Perry. In Vancouver.
https://www.caot.ca/viewEvent.html?no_header=true&productId=10044

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April 4- 6

ACSW Annual Conference, *Connection to change: Evolution, innovation and activism* in Social Work. In Calgary. <https://www.acsw.ab.ca/>

April 5

PAA Workshop, *Assessment of children: Cognitive foundations and applications* with Dr Jerome Sattler. 9 am- 4 pm in Calgary. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=91

April 8- June 28

Online Course, *The essentials of Cognitive Behaviour Therapy with children and youth* by Sarah Gross. (\$1100) <https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilfrid Laurier University.

April 8- June 28

Online Course, *Cognitive Behaviour Therapy with mental health disorders* by Jennifer Hackbart. (\$1100) <https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilfrid Laurier University.

April 9- 10

CTRI Workshop, *Trauma- Strategies for resolving the impact of post-traumatic stress* with Lana Dunn. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/trauma-strategies-for-resolving-the-impact-of-post-traumatic-stress/2019-04-09/#tickets> **April 11- 12** in Edmonton with Danielle Forth <https://ca.ctrinstitute.com/workshops/trauma-edmonton4-11/#tickets>

April 10- 12

13th Annual Risk and Recovery Forensic Conference in Hamilton, Ontario. <https://www.riskandrecoveryconference.com/>

April 12

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

April 12- 13

McMaster University Research Conference, *Innovations in the science of Cannabis* in Hamilton, Ontario. <https://cannabisresearch.mcmaster.ca/engagement/events/event/2019/04/12/default-calendar/conference>

April 15- April 28

ASPH Online Workshop, *Sex addiction 101* with Bill Schuilenberg (Part 1) https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 16

University of Calgary Videoconference, *Medical management of pain: Alternatives to opioids* by Lori Montgomery. 8- 9 am. <https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain>

April 24- 25

CTRI Workshop, *Attachment and families- Strategies for helping and engaging* with Danielle Forth. 9 am- 4 pm in Edmonton <https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton4-24/#tickets>

April 25- 26 in Calgary with Marwa Fadol <https://ca.ctrinstitute.com/workshops/attachment-and-families-calgary4-25/#tickets>

April 26- 28

2nd Annual Edmonton Children's Mental Health Conference (\$150) at the Edmonton Inn & Conference Centre https://instituteofchildpsychology.com/services/workshop_detail/annual_edmonton_conference_2019

April 27

ECDSS Workshop, *Responding to trauma in early childhood* in Gibbons. <https://ecdss.ca/event/responding-to-trauma-in-early-childhood-4/>

April 29- May 12

ASPH Online Workshop, *It's not about the sex* with Bill Schuilenberg (Part 2) https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

April 29- May 26

ASPH Online Workshop, *Advocacy* with Tammy Troute-Wood, Celia Posyniak, Heather Cobb and Marni Panas https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

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April 29- 30

Workshop, *High Functioning Autism: Proven and practical interventions for challenging behaviour in children and adolescents* with Dr Cara Daily. 9 am- 4pm in Edmonton.

<http://www.jackhirose.com/workshop/edmonton-high-functioning-autism/>

April 29- 30

Cannabis and Public Health Forum in Ottawa. <https://www.cpha.ca/cannabis-and-public-health-forum>

May

Healthy Minds/Healthy Children Online Professional Development, 1) *Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression* and 2) *Youth sexual assault/abuse: After the crisis phase- More healing strategies*. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca <http://www.albertahealthservices.ca/info/Page4723.aspx>

May 2- 4

20th Biennial Conference, Canadian Gerontological Nursing Association, *Older persons climbing mountains: Journeys and transitions*. In Calgary. <http://cgna2019.ca/>

May 3

CAOT Workshop, *Cognitive Stimulation Therapy: Making a difference for people with dementia* with Gina Zoratti and Michelle Bickell. 8:30 am- 4 pm in Edmonton. <https://www.caot.ca/viewEvent.html?productId=10132>

May 3- 4

Western Canada Addiction Forum in Kelowna, BC. <https://wcaforum.ca/>

May 3- 4

Canadian Association for Cognitive and Behavioural Therapies, 9th Annual Conference, *The role of CBT in health and promotion* in Montreal. <https://cacbt.ca/en/conferences/2019-montreal/>

May 6- 8

Responsible Gambling Council, *Discovery 2019* In Toronto. <https://www.responsiblegambling.org/rq-news-research/discovery-2019>

May 6- July 26

Online Course, *Fundamentals of Cognitive Behaviour Therapy* with Jennifer Hackbart. (\$1100) <https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilfrid Laurier University.

May 7

CTRI Workshop, *Borderline Personality Disorder- Understanding and supporting* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-edmonton5-7/#tickets> **May 8** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-calgary5-8/#tickets>

May 7- 8

CLPNA Annual General Meeting and Conference. In Edmonton. <https://www.clpna.com/news-events/conferences-events/>

May 7- 9

5th Biennial Alberta Criminal Justice Symposium, *Considering new approaches to rehabilitation and correctional reform*. In Edmonton.

https://www.macewan.ca/wcm/SchoolsFaculties/ArtsScience/CRIMINAL_JUSTICE_SYMPOSIUM

May 8- 10

Jack Hirose Educator's Conference, *Brain-based learning, behavioural challenges and student mental health* in Calgary. <http://www.jackhirose.com/workshop/calgary-educators-conference/>

May 9- 10

Emotionally Focused Therapy Workshop, *Part 2: Deepening your skills* with Yolanda von Hockauf. In Vancouver. <https://mailchi.mp/86a07bba3c26/emotionally-focused-individual-therapy-workshops>

May 9- 10

Workshop, *Couples counselling: Theory and practice essentials* with Sig Taylor. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/couples2019>

May 10- 11

20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. <http://www.shared-care.ca/>

May 13

Workshop, *Pharmacology update for Nurses*. 8:30 am- 4 pm in Edmonton. **May 14** in Calgary. https://www.nursinglinks.ca/info_pharmacology.html

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May 13

Workshop, *Compassion fatigue and burnout* with Dr Eric Gentry. 9 am- 4 pm in Calgary.
<http://www.jackhirore.com/workshop/calgary-compassion-fatigue-burnout/>

May 13- 15

Waypoint Research Institute Conference, *Momentum research realized*. In Barrie, Ontario.
http://www.waypointcentre.ca/waypoint_research_institute/events/WRIConference/wri_conference_2019

May 13- 16

Canadian Counselling and Psychotherapy Association, Annual Conference in Moncton, New Brunswick.
<https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

May 13- 17

Intensive Sex Therapy Training Program at the University of Guelph, Ontario.
<https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003>

May 13- June 3

ASPH Online Workshop, *Sexuality and disabilities 101* with Margaret Newbury-Jones
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

May 13- June 21

Wilfred Laurier University Online Course, *Concurrent Disorders* by Melissa Pyne. (\$275)
<https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

May 15

Workshop, *Trauma competency training* with Dr Eric Gentry. 9 am- 4 pm in Calgary.
<http://www.jackhirore.com/workshop/calgary-trauma-competency-training-2/>

May 15- 17

11th International Conference on Nightlife, Substance Use and Related Health Issues. In Amsterdam, Netherlands
<http://www.theclubhealthconference.com/>

May 17

Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

May 17

PAA Workshop, *Geropsychology research and practice: Helping our clients, Helping ourselves* with Dr Candace Konnert. 9 am- 4:30 pm in Calgary.
http://www.psychologistsassociation.ab.ca/site//paa_workshops_forum?type=event&id=92

May 20- June 28

Wilfred Laurier University Online Course, *Pharmacology* by Rick Csiernik. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

May 22- 24

Canadian Bioethics Society, 30th Annual Conference, *Embracing the disruptive edge of health care*. In Banff.
<https://cbsscb.meetinghand.com/en>

May 22- 25

13th Annual Canadian Neuroscience Meeting in Toronto. <https://can-acn.org/meeting-2019>

May 27- 28

Two Day Intensive, *The 10 best-ever anxiety management techniques* with Dr Margaret Wehrenberg. 9 am- 4 pm in Edmonton. <http://www.jackhirore.com/workshop/edmonton-10-best-ever-anxiety-management-techniques/>

May 27- June 16

ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle
https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

May 28- 29

CTRI Workshop, *Trauma-informed care- Building a culture of strength*. 9 am- 4 pm in Calgary.
<https://ca.ctrinstitute.com/workshops/trauma-informed-care-calgary5-28/2019-05-28/#tickets> **May 30** in Edmonton <https://ca.ctrinstitute.com/workshops/trauma-informed-care-edmonton5-30/2019-05-30/#tickets>

May 30- June 1

Canadian Cannabis Summit in Calgary. <https://cannabissummit.ca/>

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May 31- June 2

Canadian Psychology Association National Conference, *Psychology's contribution to society* and the 4th North American Correctional and Criminal Justice Psychology Conference, *Evidence and innovation in criminal justice psychology*. In Halifax, Nova Scotia. <https://convention.cpa.ca/> <https://www.cpa.ca/NACCJPC#>

June 3- 4

Workshop, *Mindfulness-Based Cognitive Therapy* with Dr Richard Sears. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-mindfulness-based-cognitive-therapy/>

June 4

Nursing Workshop, *Interpretation of lab tests* with Barb Bancroft. 8:30 am- 4 pm in Lethbridge. https://www.nursinglinks.ca/info_lab_tests.html

June 4- 5

CTRI Workshop, *Walking through grief- helping others deal with loss* by Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton6-4-2/#tickets> **June 5-6** in Calgary <https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-5/#tickets>

June 6

Workshop, *The aging brain: The assessments, treatments and interventions for Alzheimer's Disease and other dementias* with Dr Roy Steinberg. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/calgary-the-aging-brain/>

June 7

AddictionDay.ca *Addiction: Addressing diversity* at the Executive Royal Inn, Edmonton International Airport. <http://www.addictionday.ca/>

June 13- 14

Workshop, *Traumatic dissociation, emotion dysregulation and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/laniustrama2018>

June 14- 16

North American Refugee Health Conference, *Health means the world to us* in Toronto. <https://www.northamericanrefugeehealth.com/>

June 17- 20

Myers-Briggs Type Indicator Certification Program in Edmonton. (\$2195) <https://shop.psychometrics.com/products/mbti-sup-sup-certification-program-edmonton-june-17-20-2020?variant=13112919621743>

June 18

CTRI Workshop, *Clinical supervision- Skills for developing counsellors* with Lana Dunn. 9 am- 4 pm in Edmonton <https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton6-18/#tickets> **June 20** in Calgary <https://ca.ctrinstitute.com/workshops/clinical-supervision-calgary6-20/#tickets>

June 21

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at concurrent.disorders@ahs.ca

June 24- 26

DBT Centre of Vancouver, Three Day Training, *The DBT skills* with Dr Alexandra Chapman and Dr John Wagner. 9 am- 4:30 pm daily in Vancouver. <http://dbtvancouver.com/our-events/dbt-skills-three-day-training-van-2019/>

July 3- 5

Three Day Intensive, *Acceptance and Commitment Therapy (ACT) in mental health practice* with Dr John Forsyth and Dr Jamie Forsyth. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/>

July 8- 10

Three Day Intensive, *DBT made simple- Using Dialectical Behaviour Therapy to treat emotion regulation disorders* with Sheri Van Dijk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-dbt-made-simple/>

July 8- 10

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-banff/>

July 14- 18

60th Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

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July 15- 17

Three Day Intensive, *Working with oppositional, defiant and anger issues with children and adolescents* with Dr Jay Berk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-working-oppositional-defiant-anger-issues-children-adolescents/>

July 15- 18

Four Day Intensive, *Cognitive Behavioural Therapy and TEAM techniques* with Dr David Burns. In Calgary. <http://www.jackhirose.com/workshop/cbt-intensive-summer2018/>

July 16- 17

CTRI Workshops, *Brief focused counselling skills- Strategies from the leading networks* with Danielle Forth. 9am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets>

July 18- 20

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-whistler-summer/>

July 29- 30

Workshop, *Positive approach in dementia care* with Teepa Snow. 7:30 am- 4:30 pm in Olds. (\$130) <https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/>

July 29- 31

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore. <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets>

August 18- 21

22nd International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

August 22- 25

21st World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

September 15- 17

39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. <https://www.cacap-acpea.org/learn/conference/>

September 20- 25

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>

September 27- 29

Canadian Psychiatric Association Annual Conference in Toronto. <https://www.cpa-apc.org/#tab-1-2>

October 9- 10

Innovations in Practice 2019, *Western Canadian Conference on developmental disabilities, intellectual disabilities, and Autism Spectrum Disorder including mental health in children and adults*. Keynotes by Dr Ross Greene and Dr Temple Grandin. In Edmonton. <https://www.innovations2019.com/>

October 9- 11

Canadian Federation of Mental Health Nursing Conference, *Mental Health Nursing: Taking action to advance care that makes a difference in the lives of others*. In Winnipeg, Manitoba. <http://www.cfmhn.ca/meetingconferences/NationalConference2019>

October 17- 20

Pain Society of Alberta, 13th Annual Conference in Banff. <http://www.painab.ca/annual-conference.html>

October 25- 26

Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. <http://www.cagp.ca/page-1841610>

October 26- 27

Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference in Halifax. <https://www.csam-smca.org/>

November 25- 27

Canadian Centre on Substance Abuse and Addiction, *Issues of Substance Conference, Evidence and perspectives, Compassion and action*. In Ottawa. <http://www.ccsa.ca/Eng/newsevents/Issues-of-Substance-Conference/Pages/default.aspx>

Online workshop for AHS staff, **Cannabis 101** on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca

Alberta Opioid Dependency Treatment (ODT) Virtual Training Program

The course is designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must [register online](#) through the Office of CME.

<https://www.albertahealthservices.ca/info/Page16083.aspx>



Online Learning Resources

- ☀ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health YouTube Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the **YouTube** playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series YouTube** Recorded expert speaker presentations <https://www.youtube.com/playlist?list=PLwAiWzISiS1fBg3e6ljzeGDI7XAIC1LH> |
- ☀ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>

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Addiction and Mental Health Learning Events

- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-morerresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☀ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ☀ **Mental Health Academy** Inexpensive access to over 110 online addiction and mental health education courses. <https://www.mentalhealthacademy.net/ccpa/>

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