

Cognition

December, 2020



Addiction and Mental Health Learning Events

Daily Event Listings Pages 1 - 5
Online Learning Resources Pages 6 - 7

December 1

University of Calgary, Grand Rounds, *Antipsychotics: What is new What is different? What is next?* by Dr Leslie Citrome 12- 1 pm by Zoom. <https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar>

December 1

CBT Canada, Zoom Workshop, *Ten-minute CBT: Real tools for real doctors* with Dr Greg Dubord. <http://cbt.ca/uni/mcgill/>

December 1- 3

APT Online Training, *Positive Behaviour Support (PBS)* <https://www.apt.ac/positive-behaviour-support-training-course.html>

December 2

NAADAC Webinar, *Practical harm reduction: Myths, facts and practices* with Dr Ryan Carruthers. (Free) 1- 3 pm. <https://www.naadac.org/practical-harm-reduction-webinar>

December 2

University of Alberta, Adult Psychiatry Grand Rounds with Dr Chantelle Bowden and Dr Jeremiah Bolstad. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

December 2- 3

Interactive Online Conference, *Working with the whole person: Alcohol, mental health and complex needs.* 2:30 - 6:35 am (UK time). <https://www.eventbrite.co.uk/e/working-with-the-whole-person-alcohol-mental-health-and-complex-needs-tickets-115201476718?aff=ebdssbonlinesearch>

December 2- 4

24th World Congress (Virtual) of the International Association for Child and Adolescent Psychiatry and Allied Professions, *Starting from the beginning-Laying the foundation for lifelong mental health.* <https://www.iacapap2020.org/>

December 3

Zoom Webinar, *Violence threat assessment: Planning and response* by Randy Grieser, 12- 1 pm. <https://ca.ctrinstitute.com/workshops/live-webinar-violence-threat-assessment12-3/#tickets>

December 3- 4

West Coast Symposium on Addictive Disorders (Online) <https://www.wcsad.com/>

December 3- 4

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. 9 am- 5 pm. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

December 3- 5

Indigenous Health Conference (online), *Building our future.* <https://www.cpd.utoronto.ca/indigenoushealth/>

December 4

University of Calgary, *Neuropsychiatry Day*, 12:45- 4 pm by Zoom. https://cumming.ucalgary.ca/departments/psychiatry/news-and-events/calendar#!view/event/event_id/92257

December 4

Live Webinar, *Walking through grief: Helping others deal with loss* by John Koop Harder. 12- 1 pm. https://ca.ctrinstitute.com/workshops/list/?tribe_paged=3&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_eep_custom_16=Live+Webinars

December 5- 6

Online Training, *Understanding ketamine* with Dr Elizabeth Nielson, Dr Ingmar Gorman and Dr Casey Paleos. 8 am- 3 pm. <https://www.fluence8.com/events/understanding-ketamine-online>

December 6- 9

59th Annual Meeting (Virtual), American College of Neuropsychopharmacology, <https://acnp.org/annual-meeting/>

December 7

Zoom Webinar, *Self-injury behavior in youth: Strategies for helping* by Kimberly Enns. 12- 1 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-self-injury-behaviour-in-youth11-30/#tickets>

December 7- 9

Beck Institute, Zoom Workshop, *CBT for depression and suicide* with Dr Robert Hindman and Dr Francine Broder. 6: 45 am- 2 pm. <https://beckinstitute.org/workshop/cbt-for-depression-and-suicide/>

December 8

Zoom Workshop, *Providing support remotely: Strategies for helping from a distance* by John Koop Harder. 8- 11 am. <https://ca.ctrinstitute.com/workshops/live-virtual-providing-support-remotely12-8/#tickets>

December 8

Live Webinar, *Cognitive Behavioural Therapy: Tools for thinking differently* by Sheri Coburn. 12- 1 pm. https://ca.ctrinstitute.com/workshops/list/?tribe_paged=3&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Webinars

December 8

CAOT Webinar, *Across the suicide prevention continuum: Occupational therapy intervention* by Kim Hewitt. 10- 11 am. https://caot.ca/viewEvent.html?no_header=true&productId=10737

December 8- 10

Association for Psychological Therapies, Online Workshop, *Cognitive Behavioral Therapy essentials*. <https://www.apt.ac/cbt-training.html>

December 9

Zoom Workshop, *Trauma-informed care: Building a culture of strength* by Nathan Gerbrandt. 8 am- 3 pm. https://ca.ctrinstitute.com/workshops/list/?tribe_paged=5&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Virtual+Workshops

December 9

Forensic Grand Rounds, *Protective factors in NCR youth* with Dr Nicol Patricny. 9- 10 am by Zoom. <https://zoom.us/j/98922021816>

December 9

University of Alberta, Adult Psychiatry Grand Rounds with Dr Ogechi and Dr Mai Malkin. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

December 9

NAADAC Webinar, *Substance Use Disorders and suicide: Addressing a co-occurring epidemic* with Geoff Wilson. 11 am- 1 pm (Free) <https://www.naadac.org/SUD-suicide-epidemic-webinar>

December 9- 13

Online Conference, *The evolution of psychotherapy* <https://www.evolutionofpsychotherapy.com/>

December 10

Zoom Workshop, *Diversity and culture: Strategies for working with differences* by David Jung. 8 am- 3 pm. <https://ca.achievecentre.com/workshops/live-virtual-diversity-and-culture12-10/#tickets>

December 10- 11

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

December 10- 12

Zoom Training, *Reconsolidation Therapy: Foundations and practice* with Dr Daniel Saumier and Dr Alain Brunet. 7:30 – 11 am daily. <https://www.reconsolidationtherapy.com/en/brunet-method-training-canada/>

December 10- 13

American Academy of Addiction Psychiatry, Virtual 31st Annual Meeting and Scientific Symposium, *Translating science. Transforming lives*. <https://www.aaap.org/annual-meeting/>

December 11- 12

International Stress Management Association, 7th International Congress of Stress, Performance and Wellness. (Online) <https://www.isma.org.in/icspw2020/>

December 15

Live Zoom Webinar, *Motivational Interviewing: Strategies for supporting change* with John Koop Harder. 8 am- 3 pm <https://ca.ctrinstitute.com/workshops/live-virtual-motivational-interviewing-12-15/>

December 15

Live Webinar, *Trauma-informed care: Building a culture of strength* by Nathan Gerbrandt.. 12- 1 pm. <https://ca.ctrinstitute.com/workshops/live-webinar-trauma-informed-care12-15/#tickets>

December 15

Zoom Workshop, *Cognitive Behavioural Therapy: Tools for thinking differently* with Sheri Coburn. 8 am- 3 pm. <https://ca.ctrinstitute.com/workshops/live-virtual-cognitive-behavioural-therapy12-15/#registration>

December 16

Zoom Workshop, *Narrative Therapy: Tools for exploring stories* by John Koop Harder. 8 am- 3 pm. https://ca.ctrinstitute.com/workshops/list/?tribe_paged=5&tribe_event_display=list&tribe-bar-date=2020-08-04&tribe_ecp_custom_16=Live+Virtual+Workshops

December 16

University of Alberta, Adult Psychiatry Grand Rounds with Dr Trishnee Chinniah and Dr Emerson Marinas. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

December 16

NAADAC Webinar, *Nonopiate therapy for chronic pain* with Dr Tammy Flemming. 11 am- 1 pm. (Free). <https://www.naadac.org/nonopiate-therapy-opiate-pain-webinar>

December 17

Health Ethics Seminar, *Medical culture change- A 12 step program* with Peter Brindley. 12- 1 pm. <https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/health-ethics-seminars/index.html>

December 17

EHN Webinar, *Concurrent acquired brain injuries and substance use* by Kathryn Decker. 2- 3 pm. <https://www.edgewoodhealthnetwork.com/webinars/>

December 18

NAADAC Webinar, *Collision of Substance Use Disorder and COVID-19: A National Institute of Drug Abuse update* with Dr Jack Stein. 10 am- 12 noon. Free <https://www.naadac.org/SUD-COVID-NIDA-update-webinar>

2021

January 6

University of Alberta, Adult Psychiatry Grand Rounds with Dr Bryan Duong and Dr Mona Nematian. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

January 11- 13

Association for Psychological Therapies, Online Workshop, *Running DBT skills development groups* <https://www.appt.ac/running-dbt-skills-development-groups-training.html>

January 13

Forensic Grand Rounds, 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

January 19- 22

25th Annual (Virtual) Conference, *Social Work science for social change* <https://secure.sswr.org/2021-conference-home/>

January 20 or 22

Ethics Lunch 'n' Learn Series, *Bridging cultural differences in mental health*. 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at clinicaethics@ahs.ca Call 1-855-943-2821.

January 20

University of Alberta, Adult Psychiatry Grand Rounds with Dr Olivia Guerra and Dr Dimitriy Matveychuk. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

January 25

Zoom Workshop, *Mind over matter- fact or fiction: Understanding women's brain-mind-body connections for health and wellness* with Dr Sherri Hayden and Anne Lyle. 10- 11 am <https://womenshealthresearch.ubc.ca/womens-brain-health-virtual-conference-series/conference-program>

January 25- February 14

ASPSH Online Workshop, *LGBT 101 and ally-ship* with James Demers. <https://www.aspsch.ca/product-page-ijqige/lgbt-101-ally-ship>

January 25- March 8

Online Professional Training, *Introduction to equine and animal assisted therapy* with Sue McIntosh. https://instituteofchildpsychology.com/product/professional-training-introduction-to-equine-animal-assisted-therapy/?mc_cid=6d7e7c4013&mc_eid=bebf37cffa

January 27

University of Alberta, Adult Psychiatry Grand Rounds with Rayven Snodgrass and Dr Bin Dong. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

February 3

Forensic Grand Rounds with Jeremy Cheng. 9- 10 am by Zoom. <https://zoom.us/j/98922021816>

February 8- February 28

ASPSH Workshop, *Teaching about human sexuality* by Christine Sturgeon. <https://www.aspsch.ca/product-page-ijqige/teaching-about-human-sexuality-5>

February 9- 13

Society for Personality and Social Psychology, Annual Convention (Virtual) <http://meeting.spsp.org/general-info>

February 10

University of Alberta, Adult Psychiatry Grand Rounds with Beatrice Carvalho and Samantha Perrault. 12- 1 pm by Zoom. <https://zoom.us/j/98922021816>

February 22- March 14

ASPSH Online Workshop, *Counselling after an experience of sexual violence* by Meg Martin and Kari White.
<https://www.aspsch.ca/product-page-ijqjge/counselling-after-an-experience-of-sexual-violence>

February 24

University of Alberta, Adult Psychiatry Grand Rounds with Dr Caitlin Earle. 12- 1 pm by Zoom.
<https://zoom.us/j/98922021816>

February 24- 27

Society for Research on Nicotine and Tobacco, Virtual Meeting https://www.srnt.org/page/2021_Meeting

February 25 or 26

Ethics Lunch 'n' Learn Series, *Responding to racial discrimination toward community care providers*. 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at clinicaethics@ahs.ca Call 1-855-943-2821.

March 3- 6

9th International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance*. In Vancouver.
<https://interprofessional.ubc.ca/initiatives/fasd2021/>

March 4- 6

Society for Consumer Psychology, Annual Conference (Virtual), *Behavioral insight for changing climates*.
<https://www.myscp.org/conferences/scp2021/>

March 8- March 28

ASPSH Online Workshop, *Sexuality and mental health: Body image* with Colleen Larsen.
<https://www.aspsch.ca/product-page-ijqjge/sexuality-and-mental-health-body-image-2>

March 9- 14

15th International (Virtual) Conference on Alzheimer's and Parkinson's Diseases, <https://adpd.kenes.com/>

March 10- 13

20th World Psychiatric Association (Virtual) Congress, *Psychiatry in a troubled world*. <https://wcp-congress.com/>

March 16- 18

APT Online Training, *DBT-A: DBT for adolescents* <https://www.apd.ac/dbt-a-training-course.html>

March 18- 19

Anxiety and Depression (Virtual) Conference, *Resilience and recovery: From research to practice*
<https://adaa.org/conference/2021-Virtual>

March 22- 24

6th International Conference on Law Enforcement and Public Health (Virtual)
<https://leph2021philadelphia.com/abstracts/>

March 23- 25

International Society of Psychiatric-Mental Health Nurses, Annual Conference (Virtual), *Resiliency in action: Advocating for healthier communities*. <https://www.ispn-psych.org/2021-conference>

March 25 or 26

Ethics Lunch 'n' Learn Series, *Duty to care*. 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at clinicaethics@ahs.ca Call 1-855-943-2821.

March 25- 29

Alberta Psychiatric Association, Scientific Conference in Banff. <https://albertapsych.org/conference>

April 5- April 25

ASPSH Online Workshop, *Counselling skills and sexual health: Helping clients make informed decisions* with Lucy Snider. (\$75) <https://www.aspsch.ca/product-page-ijqjge/counselling-skills-and-sexual-health-helping-clients-make-informed-decisions>

April 12- 16

Society of Behavioral Medicine, 42nd Annual Meeting and Scientific Sessions (Virtual), *Let's go all in: Inclusion, Innovation and Influence*. <https://www.sbm.org/meetings>

April 17- 21

(Virtual) Congress of the Schizophrenia International Research Society, *Bringing precision medicine to mental health services*. <https://schizophreniaresearchsociety.org/meetings/general-information/>

April 22 or 23

Ethics Lunch 'n' Learn Series, *Substance use and pregnancy* 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at clinicaethics@ahs.ca Call 1-855-943-2821.

April 22- 24

American Society of Addiction Medicine, Virtual Conference.
<https://www.eventscribe.com/2021/ASAM/aaStatic.asp?SFP=RkpYV0JFWFdANDQ5MA>

April 30- May 1

14th Biennial Western Canadian Conference on Sexual Health, *Synergies of sexuality: Seeing the whole person*. In Calgary. <https://www.aspsh.ca/2020-conference>

May 3- May 23

ASPISH Online Workshop, *Non-binary sexual health: Making your practice more inclusive* with Eddy Robinson and Chris Buchner. <https://www.aspsh.ca/product-page-ijqge/non-binary-sexual-health-making-your-practice-more-inclusive>

May 6- 7

Conference, Healing Indigenous Intergenerational Trauma, *Hope, belonging, meaning and purpose- Life is sacred* In Edmonton. Sponsored by the Ben Calf Robe Society. <https://www.bcrsconference.ca/>

May 13- 15

Canadian Counselling and Psychotherapy Association, Virtual Conference, *Helping each other in the face adversity*. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

May 17- June 6

ASPISH Online Workshop, *Startling fact about dying, Sexuality matters* with Jodi Swan <https://www.aspsh.ca/product-page-ijqge/a-startling-fact-about-dying-sexuality-matters-2>

May 25- 27

APT Online Workshop, *Developmental trauma and Adverse Childhood Experiences: Repairing the damage*. <https://www.apc.ac/adverse-childhood-experiences-training.html>

May 31- June 20

ASPISH Online Workshop, *Making space for asexual and aromantic identities in sexual health* with Eddy Robinson. <https://www.aspsh.ca/product-page-ijqge/making-space-for-asexual-and-aromantic-identities-in-sexual-health>

June 2- 4

12th International Conference on Nightlife, Substance Use and Related Health Issues. In Montréal. <http://www.theclubhealthconference.com/>

June 3 or 4

Ethics Lunch 'n' Learn Series, *MAID: New legislation and practice*. 11:30 am- 12 on Thursday or 12- 12:30 pm on Friday. Register at clinicaethics@ahs.ca Call 1-855-943-2821.

June 10- 11

Workshop, *Trauma practice: Tools for stabilization and recovery* with Dr Anna Baranowsky. In Calgary. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=51668105&parentSite=FSW>

June 19- 23

College on Problems of Drug Dependence, 83rd Annual Scientific Meeting in Montréal. <https://cpdd.org/meetings/current-meeting/>

June 28- July 2

15th International Family Nursing (Virtual) Conference, *Family nursing throughout the life course*. <https://internationalfamilynursing.org/2019/11/20/ifnc15/>

July 11- 13

International Society of Political Psychology, *Recognition and (re)claiming spaces: Marginalization, colonization and privilege*. In Montréal. <https://www.ispp.org/meetings>

July 11- 15

62nd Annual Institute on Addiction Studies, in London, Ontario. <https://www.addictionstudies.ca/>

July 15- 17

International Positive Psychology Association, 7th World Congress (Virtual) *Wellbeing for all*. <https://www.ippaworldcongress.org/>

July 23- 25

Research Society on Marijuana, 5th Annual Scientific Meeting in Boston, USA. <https://researchmj.org/meeting.php>



August 24- 26

World Indigenous Suicide Prevention Conference, *Strength in our communities* in Winnipeg, Manitoba. <https://wispc2021.ca/>

Contact Daniel.scott@ahs.ca with additions, subscriptions, and updates.
Information, Evaluation and Professional Practice, Addiction and Mental Health, Edmonton Zone

Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines*. <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** https://libguides.adelaide.edu.au/psychiatry/rating_scales
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **University of Alberta Grand Rounds** Schedule of weekly Forensic, Adult and Child/Youth grand rounds. Archive includes recordings of Adult and Child & Adolescent Grand Rounds. <https://www.ualberta.ca/psychiatry/grand-rounds> <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules on the external AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcr.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>

- ⚙️ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ⚙️ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙️ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙️ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/uAlberta.ca/ggr/home>
- ⚙️ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙️ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙️ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://nao.ca/bpg/initiatives/mhai/purpose>
- ⚙️ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙️ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙️ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ⚙️ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. <https://crismprairies.ca/>
- ⚙️ **Jack Hirose Webinars.** On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ⚙️ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars. <https://ca.ctrinstitute.com/>
- ⚙️ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers. <https://moodle9.camhx.ca/moodle/?lang=en>
- ⚙️ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ⚙️ **Practice Wise.** AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hsp/12451.aspx>
- ⚙️ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ⚙️ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoJvse4nEljWZCVGIzk8U8S->
- ⚙️ **Living Hope** is the Edmonton Suicide prevention strategy. The "11 of us" website has resources to learn the signs and to learn to help. https://11ofus.ca/?gclid=CjwKCAiAws7uBRakEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAoogglOGwrGtv0Zz1Wc6v1shu_Eqoq8RoCnrUQAvD_BwE Contact: lahn.jones@ahs.ca
- ⚙️ **Institute of Child Psychology** Alberta based provider of psychological services and training. Online courses for parents and therapists at https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc_cid=9c54c3b01d&mc_eid=beb37cffa
- ⚙️ **Psychiatry Academy** Online courses in Cognitive Behaviour Therapy and other professional development topics. Scheduled sessions and on-demand webinars http://mghcme.org/page/cognitive_behavioral_therapy
- ⚙️ **Making Sense of Trauma** Free webinar with practical tools for responding to children and youth <https://makingsenseoftrauma.com/course/making-sense-of-trauma/>
- ⚙️ **Mount Royal University** Continuing Competency Certificates include Children's Mental Health, Addiction, and Dementia <https://www.mtroyal.ca/conted/az-programs/categories/>