

# Cognition

## December, 2018



## Addiction and Mental Health Learning Events

Daily Event Listings  
Online Learning Resources

Pages 1 - 6  
Pages 7 - 10

### December 4

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### December 4

University of Calgary Grand Rounds, *Psychiatric aspects of Eating Disorders* with Dr David Terrif, Dr Monique Jericho and Dr April Elliott. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-12-04/grand-rounds-psychiatric-aspects-eating-disorders-david-terriff-md-msc-frcpc>

### December 4

Workshop, *Vicarious trauma- Strategies for resilience* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-edmonton12-4/#tickets> **December 6** in Calgary with Rachel Clare. <https://ca.ctrinstitute.com/workshops/vicarious-trauma-calgary12-6/#tickets>

### December 4

University of Calgary Videoconference, *Helping your transgender patient navigate their journey* with Ted Jablonski. 8- 9 am. <https://cumming.ucalgary.ca/cme/event/2018-12-04/rural-videoconference-helping-your-transgender-patient-navigate-their-journey>

### December 5

University of Alberta, Forensic Grand Rounds, *Communication styles of psychopathic offenders* with Dr Aina Sundt Gullhaugen. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### December 6

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

### December 6- 7

Basic Training, *Mental Health First Aid* with Jennifer Chow. 9 am- 4:30 pm in Edmonton. (\$160) [www.cornerstonecounselling.com/workshops/mhfa-2/](http://www.cornerstonecounselling.com/workshops/mhfa-2/)

### December 7

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### December 10- 11

Workshop, *Mindfulness counselling strategies- Activating compassion and regulation* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-edmonton12-10/#tickets> **December 11- 12** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-calgary12-11/#tickets>

### December 11

Lecture, *Hope and compassion: The keys to treating mental health patients and families* with Martha Browning and Glenn Kopelson. 12- 1 pm at the Kaye Edmonton Clinic. RSVP to [Joelle.fawcett-arsenault@ahs.ca](mailto:Joelle.fawcett-arsenault@ahs.ca) Hosted by the Beryl Institute.

### December 11

Live Webinar, *Mindfulness- Overview and awareness* with Vicki Enns. 12- 1 pm. (\$32) <https://ca.ctrinstitute.com/workshops/mindfulness-live-webinar12-11/>

### December 12

University of Calgary Grand Neuropsychiatry Rounds, *Anti-Ma2 Limbic Encephalitis* by Dr Chris Robertson. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2018-12-12/bc-neuropsychiatry-rounds-anti-ma2-limbic-encephalitis-dr-chris-robertson>

### December 13

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

### December 14

Opioid Dependency Treatment, Virtual Learning Sessions, *What if my patient is pregnant?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

# Cognition

## December, 2018



## Addiction and Mental Health Learning Events

### December 17- 18

Workshop, *Applied Suicide Intervention Skills (ASIST)* 8:30 am- 4:30 pm in Edmonton. (\$250)  
<https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/>

### December 18

Live Webinar, *Vicarious trauma- Strategies for resilience* with Vicki Enns. 12- 1 pm. (\$32)  
<https://ca.ctrinstitute.com/workshops/vicarious-trauma-live-webinar12-18/>

### January

Healthy Minds/Healthy Children Online Professional Development, 1) *Opioids, naloxone kits* and 2) *Threat assessment for targeted violence in youth*. (Free and CME accreditation available) Call 403-955-4642  
[hmhc@ahs.ca](mailto:hmhc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### January 9

University of Alberta, Forensic Grand Rounds, *The development of mental health services with human sex trafficking* by Dr Abigail Judge. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### January 11- March 8

PAA Workshop Series, *Walking the talk on self-care: Understanding compassion fatigue* with Dr Easter Yassa. 12- 1:30 pm each Friday. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=78](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78)

### January 14- 15

CAHSPR National Conference, *Artificial intelligence and learning health systems: How to make two good ideas happen in the Canadian health system*. In Toronto. <https://www.cahspr.ca/en/forums/current/2019>

### January 14- January 24, 2020

CounselCareCanada Learning Solutions Online Certificate Program in Cognitive Behaviour Therapy (\$2000)  
<https://www.counselcarecanadalearningsolutions.com/certificate-program-in-cognitive-behaviour-therapy.html>

### January 14- April 5

Wilfrid Laurier University Online Course, *Fundamentals of Cognitive Behaviour Therapy* with Jennifer Hackbart. (\$1100) <https://www.wlu.ca/academics/faculties/faculty-of-social-work/professional-development/certificates/cognitive-behaviour-therapy.html>

### January 15- 16

PAA Workshop, *The neuropsychology of mathematics: Taking the mystery out of math learning* by Dr Steven Feifer. In Calgary <https://go.ucalgary.ca/ise-neuropsychology-math-registration.html>

### January 17- 20

22<sup>nd</sup> Annual Meeting, North American Neuromodulation Society, *The science behind successful outcomes*. In Las Vegas, USA. <http://conference.neuromodulation.org/>

### January 18

PAA Workshop, *Trauma and PTSD in the First Responder population* with Dr Megan McElheran. 10:30 am- 4:30 pm in Edmonton. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=69](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69)

### January 18

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I help my patient get off opioids?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### January 18

Presentation, *Between emergencies- A look at mental health in EMS* with Greg Gorecki (Paramedic). 9- 10 am in Edmonton. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=76](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76)

### January 18- 19

Workshop, *Mindfulness-Based Cognitive Therapy (MBCT)* by Dr Patricia Rockman. 9:30 am- 4:30 pm in Calgary. (\$560) [https://www.ucalgary.ca/psychiatry/files/psychiatry/mbct\\_doctors2.pdf](https://www.ucalgary.ca/psychiatry/files/psychiatry/mbct_doctors2.pdf)

### January 21

Inner City Health and Wellness Program Symposium, *Uppers, downers, all arounders: Let's talk drugs. Moving harm reduction nursing from the community to the hospital* with Dr Marilou Gagnon in the Robbins Pavilion, Royal Alexandra Hospital. (\$50) <http://bit.ly/2ynXz26>

### January 21- 23

Conference and Workshop, *Sexual violence in higher education*. At Bow Valley College, Calgary. <https://protect-international.com/wp-content/uploads/2018/06/Brochure-Sexual-Violence-in-Higher-Education-Conference-and-Workshop-BowValley.pdf>

### January 21- February 10

Online Workshop, *Effective community collaborations in sexual health and rights* with Brittany Neron, Darrah Teitel, and Makeda Zook. [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

# Cognition

December, 2018



## Addiction and Mental Health Learning Events

### January 22- 26

Canadian Nursing Student Association, National Conference, *Aspire to inspire: Celebrating student leadership and advocacy*. In Calgary. <https://www.facebook.com/events/260999464756159/>

### January 24

Dr Roger Bland Lecture Series on Children's Mental Health, *Transition from adolescent to adult mental health* with Dr Ian Manion. 6- 8 pm in the McCauley Chambers, Edmonton.

[http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries\\_Overview.pdf](http://www.psychologistsassociation.ab.ca/ieadmin/files/CASALectureSeries_Overview.pdf)

### January 24- 25

11<sup>th</sup> Annual ALIGN Conference, *Strengthening today, Building tomorrow*. Includes workshop on resilience by Dr Michael Ungar. In Edmonton. <https://conference.alignab.ca/>

### January 24- 25

Children's Autism Services of Edmonton, 11<sup>th</sup> Annual Autism Conference, *A new way of looking at Autism* with Dr Tony Attwood in the River Cree Resort. <http://childrensautism.ca/events/>

### January 26

Institute of Child Psychology Workshop, *Childhood anxiety: Understanding and helping children heal* with Tammy Schamuhn. 9 am- 5 pm in Red Deer. (\$85) **January 27** in Calgary.

<https://instituteofchildpsychology.com/services/workshop>

### January 28- 30

North American Cannabis Summit, *An objective forum to address public health, science and health equity*. In Los Angeles, USA. (Sponsored by CCSA). <http://northamericancannabisummit.org/>

### January 29

University of Calgary Videoconference, *Cognitive Behavioural Therapy for pain* with Lori Montgomery. 8- 9 am. <https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain>

### February

Healthy Minds/Healthy Children Online Professional Development, 1) *ACE Score: What do we do with it?* and 2) *Concussions, Post Concussion Syndrome and mental health in children and youth* (Free and CME accreditation available) Call 403-955-4642 [hmmc@ahs.ca](mailto:hmmc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### February 4- February 24

Online Workshop, *Trans: What does it all mean?* with Katie Cutting.

[https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### February 6 and 13

Online Workshop, *The impact of technology on children and youth*. 7- 9 pm. (\$100)

[https://instituteofchildpsychology.com/services/workshop\\_detail/tech\\_october\\_2019](https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2019)

### February 7, 13, 21 and 28

Online Course, *Relationship based discipline: Raising resilient children* with Tammy Schamuhn. 7- 9 pm.

(\$140) [https://instituteofchildpsychology.com/services/workshop\\_detail/divorce\\_and\\_separation\\_online\\_spring\\_2019](https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019)

### February 8

University of Calgary, Department of Psychiatry, *Mood Day Conference* 7:45 am- 3:30 pm in Calgary.

<https://www.ucalgary.ca/psychiatry/event/2019-02-08/mood-day-conference>

### February 13

University of Alberta, Forensic Grand Rounds, *Potentiality- Suicide in front line emergency personnel*

by Dr Nicholas Carleton. 9 - 10 am <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### February 13- 15

Advanced Training Workshop, *Collaborative and proactive solutions: Understanding and helping behaviourally challenged kids* with Dr Ross Greene. In Nanaimo, BC. <http://www.4children.ca/workshops.html>

### February 15

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my adolescent or senior patient with Opioid Use Disorder* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### February 18

Online Workshop, *Teaching about human sexuality* with Christine Sturgeon and Carlie McPhee.

[https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### February 19

Edmonton Zone Psychology Practice Council, Annual General Meeting and Professional Development Day.

8:15 am- 4:30 pm at the Royal Alexandra Hospital Robbins Learning Centre. [Greg.schoepp@ahs.ca](mailto:Greg.schoepp@ahs.ca)

# Cognition

## December, 2018



## Addiction and Mental Health Learning Events

### February 20, 27 and March 6

Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm (\$140)  
[https://instituteofchildpsychology.com/services/workshop\\_detail/anger\\_feb\\_online](https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online)

### February 20- 21

PULSES: A Transcranial Magnetic Stimulation Introductory Workshop in Vancouver.  
<https://www.clinicaltmssociety.org/am2019>

### February 21- 23

Clinical Transcranial Magnetic Stimulation Society, Annual Meeting, in Vancouver.  
<https://www.clinicaltmssociety.org/am2019>

### February 24- 27

3<sup>rd</sup> International Brain Stimulation Conference in Vancouver.  
<https://www.elsevier.com/events/conferences/international-brain-stimulation-conference>

### February 25

Nursing Workshop, *Physical assessment pearls* with Barb Bancroft. 8:30 am- 4 pm in Edmonton.

February 26 in Calgary. [https://www.nursinglinks.ca/info\\_physical.html](https://www.nursinglinks.ca/info_physical.html)

### March

Healthy Minds/Healthy Children Online Professional Development, 1) *The gut-brain connection: Obesity, inflammation, microbiome and mental illness* and 2) *Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper*. (Free and CME accreditation available) Call 403-955-4642  
[hmhc@ahs.ca](mailto:hmhc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### March 4- 24

ASPH Online Workshop, *Sexuality and mental health: Body image* with Colleen Larson.  
[https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### March 6

Online Workshop, *The power of play: Fostering resiliency in children*. 7:30- 9 pm. (\$35)  
[https://instituteofchildpsychology.com/services/workshop\\_detail/power\\_of\\_play\\_spring\\_2019](https://instituteofchildpsychology.com/services/workshop_detail/power_of_play_spring_2019)

### March 6- 9

8<sup>th</sup> International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance: Integrating research, policy and promising practices around the world*. In Vancouver.  
<http://interprofessional.ubc.ca/initiatives/fasd2019/>

### March 8- 9

Workshop, *Building the brain: A neurobiological approach to assessment and intervention* with Robin Harwell. In Vancouver. [https://www.caot.ca/viewEvent.html?no\\_header=true&productId=10100](https://www.caot.ca/viewEvent.html?no_header=true&productId=10100)

### March 13, 20 and 27

Online Course, *Childhood anger: Working through tantrums*. 7- 9 pm. (\$140)  
[https://instituteofchildpsychology.com/services/workshop\\_detail/anger\\_2019\\_online](https://instituteofchildpsychology.com/services/workshop_detail/anger_2019_online)

### March 13- 14

CMHA Certified Psychological Health and Safety Advisor Training. 8 am- 4 pm daily in Calgary. (\$1500)  
<https://alberta.cmha.ca/events/cmha-certified-psychological-health-and-safety-advisor-training-calgary-3/>

### March 13- March 15

Counselling Insights Conference in Calgary. 9 am- 4 pm daily. In Calgary.  
<https://ca.ctrinstitute.com/workshops/counselling-insights-conference-march2019/#tickets>

### March 15

Opioid Dependency Treatment, Virtual Learning Sessions, *Why do I have to be aware of cultural diversity when treating my clients?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/>  
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### March 17- 20

Banff International Conferences on Behavioural Science, *Equipping schools and communities to support student mental health* <https://banffbehavsci.ubc.ca/workshops/>

### March 18- 20

16<sup>th</sup> Medical Cognitive Behavioural Therapy Training with Dr Greg Dubord in Whistler, BC. (\$895)  
<http://cvt.ca/locations/cvt-whistler-winter/>

### March 18- April 7

Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka.  
[https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

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December, 2018



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### March 21- 25

Alberta Psychiatric Association Annual Conference in Banff. <https://albertapsych.org/conference>

### March 27- 28

Families in Canada Conference in Ottawa. <https://www.casw-acts.ca/en/families-canada-conference-2019>

### March 27- 29

Alberta Gambling Research Institute, 18<sup>th</sup> Annual Conference on Gambling Research in Banff.  
<https://abgamblinginstitute.ca/events/other-conferences>

### April

Healthy Minds/Healthy Children Online Professional Development, 1) *The healing value of relationship with self and others* and 2) *Youth sexual assault/abuse: Managing the crisis phase*. (Free and CME accreditation available) Call 403-955-4642 [hmhc@ahs.ca](mailto:hmhc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### April 1- April 21

ASPSH Online Workshop, *The anti-choice movement in Canada: The facts* with Kathy Dawson and Joyce Arthur. [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### April 4- 5

Workshop, *Cognitive adaptation training introduction: Enhanced recovery in people with Schizophrenia* with Raquel Williams and Joy-Ann Perry. In Vancouver.  
[https://www.caot.ca/viewEvent.html?no\\_header=true&productId=10044](https://www.caot.ca/viewEvent.html?no_header=true&productId=10044)

### April 4- 6

ACSW Annual Conference, *Connection to change: Evolution, innovation and activism in Social Work*. In Calgary. <https://www.acsw.ab.ca/>

### April 10- 12

13<sup>th</sup> Annual Risk and Recovery Forensic Conference in Hamilton, Ontario.  
<https://www.riskandrecoveryconference.com/>

### April 12

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am- 12 noon. Register on iScheduler  
<https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### April 15- April 28

ASPH Online Workshop, *Sex addiction 101* with Bill Schuilenberg (Part 1)  
[https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### April 16

University of Calgary Videoconference, *Medical management of pain: Alternatives to opioids* by Lori Montgomery. 8- 9 am. <https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain>

### April 29- May 12

ASPH Online Workshop, *It's not about the sex* with Bill Schuilenberg (Part 2)  
[https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### April 29- May 26

ASPH Online Workshop, *Advocacy* with Tammy Troute-Wood, Celia Posyniak, Heather Cobb and Marni Panas [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### May

Healthy Minds/Healthy Children Online Professional Development, 1) *Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression* and 2) *Youth sexual assault/abuse: After the crisis phase- More healing strategies*. (Free and CME accreditation available) Call 403-955-4642 [hmhc@ahs.ca](mailto:hmhc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### May 2- 4

20<sup>th</sup> Biennial Conference, Canadian Gerontological Nursing Association, *Older persons climbing mountains: Journeys and transitions*. In Calgary. <http://cgna2019.ca/>

### May 3

CAOT Workshop, *Cognitive Stimulation Therapy: Making a difference for people with dementia* with Gina Zoratti and Michelle Bickell. 8:30 am- 4 pm in Edmonton. <https://www.caot.ca/viewEvent.html?productId=10132>

### May 3- 4

Western Canada Addiction Forum in Kelowna, BC. <https://wcaforum.ca/>

# Cognition

December, 2018



## Addiction and Mental Health Learning Events

### May 10- 11

20<sup>th</sup> Canadian Collaborative Mental Health Care Conference in Richmond, BC. <http://www.shared-care.ca/>

### May 13- 16

Canadian Counselling and Psychotherapy Association, Annual Conference in Moncton, New Brunswick. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

### May 13- 17

Intensive Sex Therapy Training Program at the University of Guelph, Ontario. <https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003>

### May 13- June 3

ASPH Online Workshop, *Sexuality and disabilities 101* with Margaret Newbury-Jones [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### May 15- 17

11<sup>th</sup> International Conference on Nightlife, Substance Use and Related Health Issues. In Amsterdam, Netherlands <http://www.theclubhealthconference.com/>

### May 17

Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### May 22- 25

13<sup>th</sup> Annual Canadian Neuroscience Meeting in Toronto. <https://can-acn.org/meeting-2019>

### May 27- June 16

ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### May 30- June 1

Canadian Cannabis Summit in Calgary. <https://cannabissummit.ca/>

### May 31- June 2

Canadian Psychology Association National Conference, *Psychology's contribution to society* and the 4<sup>th</sup> North American Correctional and Criminal Justice Psychology Conference, *Evidence and innovation in criminal justice psychology*. In Halifax, Nova Scotia. <https://convention.cpa.ca/> <https://www.cpa.ca/NACCJPC#>

### June 21

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### July 14- 18

60<sup>th</sup> Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

### August 18- 21

22<sup>nd</sup> International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

### August 22- 25

21<sup>st</sup> World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

### September 15- 17

39<sup>th</sup> Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. <https://www.cacap-acpea.org/learn/conference/>

### September 20- 25

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>

### September 27- 29

Canadian Psychiatric Association Annual Conference in Toronto. <https://www.cpa-apc.org/#tab-1-2>



## Online Learning Resources

- ☀ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more.  
<https://www.borderlinepersonalitydisorder.com/professionals/#>
- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies.  
<http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification  
<http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse.  
<http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)**  
<http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here:  
<http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care.  
<https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app  
<https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health YouTube Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the **YouTube** playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds.  
<https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series** **YouTube** Recorded expert speaker presentations  
<https://www.youtube.com/playlist?list=PLwAiWzISiIS1fBg3e6ljzeGDI7XAIC1LH> |
- ☀ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>

# Cognition

## December, 2018



## Addiction and Mental Health Learning Events

- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/>
- ☀ **Indigenous Cultural Safety Collaborative Learning Series** Webinars to strengthen cultural safety in health and social services <http://www.icscollaborative.com/webinars>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☀ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ☀ **Mental Health Academy** Inexpensive access to over 110 online addiction and mental health education courses. <https://www.mentalhealthacademy.net/ccpa/>



# Cognition

December, 2018



Addiction and Mental Health  
**Learning Events**

## Step by Step Guide to AHS Learning

### iScheduler

iScheduler is a new government operated system used by Alberta Health Services to replace VCScheduler. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. Telehealth is internet based and provides access to videoconferences anywhere in the world. To register in events, go to: <https://ischeduler.albertahealthservices.ca/> You do not need to be employed by AHS.

Once you have registered and can access the site dashboard, go to “Meetings” on the left hand navigation bar and select “Register”.

- 1) Select “**Learning**”. It may take a few moments for the list to populate.
- 2) Scroll through the sessions that appear chronologically until you see the session of your choice.
- 3) Select “**Sign Up**” for that session, and you will be directed to page that will allow you to select your preferred site.

Sites are no longer being automatically added for every session. In order to access a session via Telehealth from your site, you will need to register for each week’s session. Questions about accessing the Telehealth scheduler may be directed to [Telehealth.Info@AHS.ca](mailto:Telehealth.Info@AHS.ca) Call 310-8822 if your site equipment does not connect as scheduled.

### MyLearningLink (MLL)

MLL is the location of most online education courses in Alberta Health Services. The system is only available to AHS staff and works best on Internet Explorer. You can also access MLL on your home computer through the external AHS website staff portal.

- 1) Click on the My Learning Link Log In.  
<http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp>
- 2) Enter your AHS username and password (this is the same as your computer log in or email username and password).
- 3) Once you are logged in, click on **Courses and Registration**
- 4) Type the course title in the **Search for a Course** box and click on **Search**
- 5) The course name should appear as a link below the Search box. Click on the link and scroll past the course description to the rectangular box that includes a **Register** button. Click on the **Register** button.  
*You will not see the course until you complete Step #6.*
- 6) Go to **Learning Home** and click on **My Courses** to begin by clicking on the course name.

A common problem is not typing in the course name accurately and completely so the course may not be found. If you are having problems, call 1-888-580-7010 or contact MyLearningLink Support at <https://insite.albertahealthservices.ca/hr/Page5886.aspx>

### Professional Development Fund

The fund for Alberta Health Services permanent staff opens early each fiscal year. Funding is on a ‘first come, first served’ basis and is usually depleted well before the end of the fiscal year (March 31). Money is available for post-secondary education, attending conferences and workshops, and hosting your own group learning events. See: <https://insite.albertahealthservices.ca/hr/Page2239.aspx>

There are detailed instructions for *Conference and Workshop Funding* on Insite. The key points are:

- 1) You must first attend the workshop or conference before submitting the application (with receipts). The funding is not approved or provided in advance. The event must be in the same fiscal year as the application.
- 2) You may receive up to 80% of course registration to a maximum of \$750. There is a \$150 minimum. The fund only covers registration/tuition or exam costs. Payment is done through iExpense.  
<https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-funding-conference-workshop-application.pdf>

*The Group Learning Initiatives Funding* allows groups of staff to host a speaker presentation, workshop or conferences related to clinical practice. A Working Session Pre-Approval form is required in advance. Funding ranges from \$150 to \$5000 and can be spent on venue, speaker fees, meals, and training equipment rentals. The money may **not** be spent on retreats, meetings or team building.

<https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-funding-gli-application-guide.pdf>