

# Cognition

April, 2019



## Addiction and Mental Health Learning Events

Daily Event Listings  
Online Learning Resources

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### April

Healthy Minds/Healthy Children Online Professional Development, 1) *The healing value of relationship with self and others* and 2) *Youth sexual assault/abuse: Managing the crisis phase*. (Free and CME accreditation available) Call 403-955-4642 [hmhc@ahs.ca](mailto:hmhc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### April 1- April 21

ASPSH Online Workshop, *The anti-choice movement in Canada: The facts* with Kathy Dawson and Joyce Arthur. [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### April 1- May 10

Wilfred Laurier University Online Course, *Engaging challenging clients: Working in addictions with specialized populations* by Heather Kerr. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

### April 1- May 10

Wilfred Laurier University Online Course, *Trauma and addiction* by Ian Robertson. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

### April 2

University of Calgary, Psychiatry Grand Rounds, *Vision for mental health* by Dr David Park. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-04-02/grand-rounds-vision-mental-health-david-park-bsc-phd-frsc>

### April 2

Health Ethics Seminar, *I know what you did last summer: The ethics of health care metrics* with Derek Truscott. 12- 1 | pm in Edmonton. <https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/health-ethics-seminars>

### April 2- 4

51<sup>st</sup> National Congress on Housing and Homelessness in Victoria, BC. <https://chra-achru.ca/en/national-congress-on-housing-and-homelessness>

### April 3

Community Education Service, *Cannabis: Legalization, harms and benefits* by Dr Andrew Bulloch. 10:30 am – 12 noon in Calgary and by Telehealth/Audio Line. <http://community.hmhc.ca/sessions/>

### April 3

Adult Psychiatry Grand Rounds. 12- 1 pm in Edmonton and by telehealth. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds>

### April 4

19<sup>th</sup> Annual Mary O'Connor Palliative and End of Life Conference, *Exploring vulnerability: Becoming authentically response-able* in Calgary [Laura.Stow@ahs.ca](mailto:Laura.Stow@ahs.ca) <https://events.eply.com/MaryOConnor2019>

### April 4

Child and Adolescent Grand Rounds with R. Marsh and B. Nair (CASA). 9- 10 am in Edmonton and by telehealth. <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

### April 4- 5

Workshop, *Cognitive Adaptation Training introduction: Enhanced recovery in people with Schizophrenia* with Raquel Williams and Joy-Ann Perry. In Vancouver. [https://www.caot.ca/viewEvent.html?no\\_header=true&productId=10044](https://www.caot.ca/viewEvent.html?no_header=true&productId=10044)

### April 4- 6

ACSW Annual Conference, *Connection to change: Evolution, innovation and activism* in Social Work. In Calgary. <https://www.acsw.ab.ca/>

### April 5

PAA Workshop, *Assessment of children: Cognitive foundations and applications* with Dr Jerome Sattler. 9 am- 4 pm in Calgary. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=91](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=91)

### April 5

Health Ethics Seminar, *The use of deception in dementia care* with Jon Gilchrist. 12- 1 pm in Edmonton. <https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/health-ethics-seminars>

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## Addiction and Mental Health Learning Events

### April 5- 6

Workshop, *Deepening our work through Mindfulness: An introduction to the Hakomi Method* with Pamela Thompson. 9 am- 4:30 pm in Edmonton (\$350) <http://hakomiedmonton.ca/using-mindfulness-to-deepen-our-clinical-work-2/>

### April 5- 7

Workshop, *Attachment, the body and relational repair: Three pillars of clinical practice* with Dr Lisa Mortimore. In Victoria, BC. <https://lisamortimore.com/upcoming-workshops/>

### April 6- 7

Workshop, *Peacemaking Circle training* (Restorative Justice) with Mandy Halabi. 9 am- 4 pm in Edmonton. (\$250) <https://gatewayassociation.ca/workshops/>

### April 6- 7

Alberta Association of Nurse Practitioners, 15<sup>th</sup> Annual Conference in Calgary. <https://albertanps.com/4418-2/>

### April 8- June 28

Online Course, *The essentials of Cognitive Behaviour Therapy with children and youth* by Sarah Gross. (\$1100) <https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilford Laurier University.

### April 8- 9

CMHA, *Applied Suicide Intervention Skills (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/>

### April 8- June 28

Online Course, *Cognitive Behaviour Therapy with mental health disorders* by Jennifer Hackbart. (\$1100) <https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilford Laurier University.

### April 9

University of Calgary, Psychiatry Grand Rounds, *Review of late-onset psychosis* with Dr Jaylynn Arcand and Dr Aaron Mackie. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-04-09/grand-rounds-review-late-set-psychosis-jaylynn-arcand-md-and-aaron-mackie-bsc-md>

### April 9

AHS Webinar, *Driving employee engagement for managers*. 12- 1 pm. Register on MLL. [Engage@ahs.ca](mailto:Engage@ahs.ca)

### April 9- 10

CTRI Workshop, *Trauma- Strategies for resolving the impact of post-traumatic stress* with Lana Dunn. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/trauma-strategies-for-resolving-the-impact-of-post-traumatic-stress/2019-04-09/#tickets> **April 11- 12** in Edmonton with Danielle Forth <https://ca.ctrinstitute.com/workshops/trauma-edmonton4-11/#tickets>

### April 10

CNPS Webinar, *Legal risk management for nurses practicing in mental health environments* with Tim Langlois. 10- 11 am. <https://cnps.ca/index.php?page=22>

### April 10- 12

13<sup>th</sup> Annual Risk and Recovery Forensic Conference in Hamilton, Ontario. <https://www.riskandrecoveryconference.com/>

### April 10- 14

Schizophrenia International Research Society, 1<sup>st</sup> Annual Conference in Orlando, Florida. <https://schizophreniaresearchsociety.org/meetings/general-information/>

### April 11

Workshop, *Stress, resilience and happiness* with Dr Michael Howard. 8:30 am- 3:30 pm in Calgary. **April 12** in Edmonton. <http://www.biomedglobal.com/seminars.aspx>

### April 11- 12

National Institute on Infant Mental Health, *Expanding horizons for the early years: From science to practice*. In Toronto. <http://imhpromotion.ca/Training-Events/Expanding-Horizons-for-the-Early-Years-2019>

### April 12

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

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## Addiction and Mental Health Learning Events

### April 12

Big thoughts... Little Talks, *Clinical gems for Nursing* 8 am- 4 pm in the Grey Nuns Community Hospital Auditorium, Edmonton. (\$55) [10bigthoughts@gmail.com](mailto:10bigthoughts@gmail.com) <https://www.eventbrite.ca/e/big-thoughts-little-talks-clinical-gems-for-nursing-tickets-54561220078>

### April 12- 13

McMaster University Research Conference, *Innovations in the science of Cannabis* in Hamilton, Ontario. <https://cannabisresearch.mcmaster.ca/engagement/events/event/2019/04/12/default-calendar/conference>

### April 15

2<sup>nd</sup> International Dementia and Dementia Care Conference, *Breakthrough in dementia research and care*. In Toronto. <https://www.meetingsint.com/conferences/dementia>

### April 15

Workshop, *Becoming a behavioural detective: Understanding, surviving and supporting complex behaviours* with Kim Barthel. 9 am- 4 pm in Gibbons, Alberta. <http://kimbarthel.ca/april-15-2019-becoming-a-behavioural-detective/>

### April 15- April 28

ASPH Online Workshop, *Sex addiction 101* with Bill Schuilenberg (Part 1) [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### April 16

University of Calgary, Psychiatry Grand Rounds, *Medical basics- MDD* with Dr Ray Lam. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-04-16/grand-rounds-medical-basics-mdd-ray-lam-md-frcpc>

### April 16

University of Calgary Videoconference, *Medical management of pain: Alternatives to opioids* by Lori Montgomery. 8- 9 am. <https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain>

### April 16

EFT Edmonton Workshop, *For your learning: Shifting from content to process through finding the positive in the complaints* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

### April 16- 17

Workshop, *Motivational Interviewing, Level 1*. 9 am- 4 pm in Edmonton. [programassistant@ahvna.org](mailto:programassistant@ahvna.org) [https://www.ahvna.org/index.php?page=events&action=vieweventdetails&event\\_id=306](https://www.ahvna.org/index.php?page=events&action=vieweventdetails&event_id=306) **April 25- 26** in Calgary. [https://www.ahvna.org/index.php?page=events&action=vieweventdetails&event\\_id=304](https://www.ahvna.org/index.php?page=events&action=vieweventdetails&event_id=304)

### April 18

Community Education Service Videoconference, *Optimal parenting in the first 2000 days of life*. 11 am- 12:30 noon in Calgary or by telehealth/audio line. <http://community.hmhc.ca/sessions/?p=telehealth>

### April 18

Child and Adolescent Grand Rounds with Ehsan Dorri. 9- 10 am in Edmonton and by telehealth. <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

### April 23

University of Calgary, Psychiatry Grand Rounds, *The psychiatrist as clinical behavioural scientist* with Dr Richard Hibbard. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-04-23/grand-rounds-psychiatrist-clinical-behavioral-scientist-richard-hibbard-md-frcpc>

### April 24

University of Calgary Webinar or Live Presentation, *Cannabis update: Practical skills for working with patients around cannabis*. In Calgary or online. <https://cumming.ucalgary.ca/cme/event/2019-04-24/cannabis-update-2019>

### April 24- 25

CTRI Workshop, *Attachment and families- Strategies for helping and engaging* with Danielle Forth. 9 am- 4 pm in Edmonton <https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton4-24/#tickets>

**April 25- 26** in Calgary with Marwa Fadol <https://ca.ctrinstitute.com/workshops/attachment-and-families-calgary4-25/#tickets>

### April 25- 26

Basic Training, *Mental Health First Aid (For adults who Interact with youth)* by Jennifer Chow. 8:30 am- 5 pm in Edmonton (\$160) <https://www.cornerstonecounselling.com/workshops/mhfa-youth/>

# Cognition

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## Addiction and Mental Health Learning Events

### April 26

Inaugural Susan Carpenter Education Day for Developmental Disability Mental Health. In Calgary. <https://www.ucalgary.ca/psychiatry/event/2019-04-26/inaugural-susan-carpenter-education-day-developmental-disability-mental-health>

### April 26- 27

SAOT Workshop, *Responding appropriately to grief and loss as a Healthcare professional or wellness provider* with Sandy Ayre. 8:30 am- 4:30 pm in Edmonton. <https://www.saot.ca/event/responding-appropriately-to-grief-and-loss-as-an-occupational-therapist/>

### April 26- 27

Alberta Play Therapy Association, Spring Conference, *Supporting children through a trauma informed lens* with Claire Malcolm. 9 am- 4 pm in Calgary. <http://www.albertaplaytherapy.ca/go.php?page=9>

### April 26- 27

Seminar, *Learning from the knowledge keepers: Traditional Indigenous healing for modern times* with Elder Little Bear. In Toronto. <https://leadingedgeseminars.org/event/learning-from-the-knowledge-keepers-traditional-indigenous-healing-for-modern-times/>

### April 26- 28

2<sup>nd</sup> Annual Edmonton Children's Mental Health Conference (\$150) at the Edmonton Inn & Conference Centre [https://instituteofchildpsychology.com/services/workshop\\_detail/annual\\_edmonton\\_conference\\_2019](https://instituteofchildpsychology.com/services/workshop_detail/annual_edmonton_conference_2019)

### April 27

ECDSS Workshop, *Responding to trauma in early childhood* in Gibbons. <https://ecdss.ca/event/responding-to-trauma-in-early-childhood-4/>

### April 28- 30

CMHA, *Applied Suicide Intervention Skills (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/>

### April 28- May 1

Canadian Academy of Psychiatry and the Law, 24<sup>th</sup> Annual Conference in Montréal. <http://www.capl-acpd.org/2019-annual-conference/>

### April 29- 30

Workshop, *High Functioning Autism: Proven and practical interventions for challenging behaviour in children and adolescents* with Dr Cara Daily. 9 am- 4pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-high-functioning-autism/>

### April 29- 30

Cannabis and Public Health Forum in Ottawa. <https://www.cpha.ca/cannabis-and-public-health-forum>

### April 29- 30

Workshop, *High Functioning Autism: Proven and practical strategies for challenging behaviour in children and adolescents* by Dr Cara Daily. 9 am – 4 pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-high-functioning-autism/>

### April 29- 30

Workshop, *Creating cooperation, connection and community for children in groups* with Dr Evangeline Munns. In Calgary. <https://www.theraplay.org/other-training-opportunities-2/canada-training-list/event/247-creating-cooperation-connection-community-for-children-in-groups-april-29-30-2019-calgary-ab>

### April 29- May 12

ASPH Online Workshop, *It's not about the sex* with Bill Schuilenberg (Part 2) [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### April 29- May 26

ASPH Online Workshop, *Advocacy* with Tammy Troute-Wood, Celia Posyniak, Heather Cobb and Marni Panas [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### April 30

University of Calgary, Psychiatry Grand Rounds, *Real world effectiveness of antipsychotic treatment in Schizophrenia* with Dr Jari Tiihonen. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-04-30/grand-rounds-real-world-effectiveness-antipsychotic-treatment-schizophrenia-jari>

### April 30- May 2

Canadian Public Health Association, Cannabis and Public Health Forum in Ottawa. <https://www.cpha.ca/cannabis-and-public-health-forum>

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April, 2019



## Addiction and Mental Health Learning Events

### May

Healthy Minds/Healthy Children Online Professional Development, 1) *Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression* and 2) *Youth sexual assault/abuse: After the crisis phase- More healing strategies*. (Free and CME accreditation available) Call 403-955-4642 [hmhc@ahs.ca](mailto:hmhc@ahs.ca) <http://www.albertahealthservices.ca/info/Page4723.aspx>

### May 1- 4

International Society for Autism Research Annual Meeting in Montreal. <https://www.autism-insar.org/page/FutureEvents>

### May 1- 4

The Big Narrative Therapy Conference, Three Streams: *New Developments in Narrative Therapy Practice; Mental Health Justice; and Advanced Practice Supervision*. In Vancouver. <http://therapeuticconversations.com/therapeutic-conversations-2-2/>

### May 2

Workshop, *Stress, resilience and happiness* with Dr Michael Howard. 8:30 am- 3:30 pm in Edmonton.

May 3 in Calgary. <http://www.biomedglobal.com/seminars.aspx>

### May 2

Sexual Assault Centre of Edmonton, 6<sup>th</sup> Annual Fundraising and Awareness Gala, *We believe: Let's move forward together* with Jeff Perera. <https://www.eventbrite.ca/e/we-believe-lets-move-forward-together-2019-tickets-54542994565>

### May 2- 4

20<sup>th</sup> Biennial Conference, Canadian Gerontological Nursing Association, *Older persons climbing mountains: Journeys and transitions*. In Calgary. <http://cgna2019.ca/>

### May 3

**Sold Out** CAOT Workshop, *Cognitive Stimulation Therapy: Making a difference for people with dementia* with Gina Zoratti and Michelle Bickell in Edmonton. <https://www.caot.ca/viewEvent.html?productId=10132>

### May 3

Therapy Assistant Association of Alberta, 12<sup>th</sup> Annual Education Day. In Red Deer. <http://thaaa.ca/>

### May 3- 4

Western Canada Addiction Forum in Kelowna, BC. <https://wcaforum.ca/>

### May 3- 4

Canadian Association for Cognitive and Behavioural Therapies, 9<sup>th</sup> Annual Conference, *The role of CBT in health and promotion* in Montreal. <https://cacbt.ca/en/conferences/2019-montreal/>

### May 4

EFT Edmonton Workshop, *For your learning: Deepening your ability to work with attachment injuries* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

### May 4

PAA Workshop, *Current and emerging best practices in supervision: Pathways to supervisee competence and expertise* with Dr Rodney Goodyear. 9 am- 4:30 pm in Edmonton. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=97](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=97)

### May 6

Community Education Service, *Nutrition and mental health: An overview of what the science says* by Dr Bonnie Kaplan. 10– 11:30 am in Calgary and by Telehealth/Audio Line. <http://community.hmhc.ca/sessions/>

### May 6

University of Calgary Pain Conference with Dr Bahram Jam and Dr Kerri Novak <https://cumming.ucalgary.ca/cme/event/2019-05-06/calgary-pain-conference>

### May 6- 7

CLPNA Annual General Meeting and Conference, *The alchemy of professionalism*. In Edmonton. <https://www.clpna.com/news-events/conferences-events/>

### May 6- 8

Responsible Gambling Council, *Discovery 2019* In Toronto. <https://www.responsiblegambling.org/rg-news-research/discovery-2019>

### May 6- July 26

Online Course, *Fundamentals of Cognitive Behaviour Therapy* with Jennifer Hackbart. (\$1100) <https://wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html> Provided by Wilfrid Laurier University.

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## Addiction and Mental Health Learning Events

### May 7

Department of Psychiatry Grand Rounds, *Simulation in psychiatry* with Dr Rachel Grimminck. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-05-07/grand-rounds-simulation-psychiatry-rachel-grimminck-md-frcpc-dabpn>

### May 7

CTRI Workshop, *Borderline Personality Disorder- Understanding and supporting* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-edmonton5-7/#tickets> **May 8** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-calgary5-8/#tickets>

### May 7- 9

5<sup>th</sup> Biennial Alberta Criminal Justice Symposium, *Considering new approaches to rehabilitation and correctional reform*. In Edmonton. [https://www.macewan.ca/wcm/SchoolsFaculties/ArtsScience/CRIMINAL\\_JUSTICE\\_SYMPOSIUM](https://www.macewan.ca/wcm/SchoolsFaculties/ArtsScience/CRIMINAL_JUSTICE_SYMPOSIUM)

### May 8

Online/in-person Lunch & Learn. *Identifying “at risk” young adults using routine outcome monitoring during acute inpatient hospitalization* with Dr. Graham Gaine. 12 – 12:40 pm. RSVP by May 1 at: <https://survey.ahs.ca/KnowledgeBites> <https://albertahealthservices.ca/info/Page16241.aspx>.

### May 8- 9

Workshop, *Motivational Interviewing, Level 1* with Donna Kerr. 9 am- 4 pm in Edmonton. [https://www.ahvna.org/index.php?page=events&event\\_id=305&action=vieweventdetails](https://www.ahvna.org/index.php?page=events&event_id=305&action=vieweventdetails)

### May 8- 10

Jack Hirose Educator’s Conference, *Brain-based learning, behavioural challenges and student mental health* in Calgary. <http://www.jackhirose.com/workshop/calgary-educators-conference/>

### May 9

Workshop, *Improving workplace mental health* with Lieutenant-Colonel Stephanie Grenier and Dr Dawn McBride. . 8:30 am- 4 pm in Lethbridge. (\$140) Presented by the Mental Health Promotion Committee of Southern Alberta. <https://www.eventbrite.ca/e/improving-workplace-mental-health-tickets-50374696072?aff=affiliate1>

### May 9- 10

Emotionally Focused Therapy Workshop, *Part 2: Deepening your skills* with Yolanda von Hockauf. In Vancouver. <https://mailchi.mp/86a07bba3c26/emotionally-focused-individual-therapy-workshops>

### May 9- 10

Workshop, *Couples counselling: Theory and practice essentials* with Sig Taylor. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/couples2019>

### May 10

Issues in Health Ethics Series, *Why healthcare professionals have a human right to make a conscientious objection* by Christina Lamb. 12- 1 pm in Edmonton. <https://www.ualberta.ca/john-dossetor-health-ethics-centre/events-programs/issues-in-health-ethics-series>

### May 10- 11

20<sup>th</sup> Canadian Collaborative Mental Health Care Conference in Richmond, BC. <http://www.shared-care.ca/>

### May 10- 12

32<sup>nd</sup> Canadian Down Syndrome Conference in Victoria, BC. <https://cdss.ca/community/events-activities/down-syndrome-conference/>

### May 13

Workshop, *Pharmacology update for Nurses*. 8:30 am- 4 pm in Edmonton. **May 14** in Calgary. [https://www.nursinglinks.ca/info\\_pharmacology.html](https://www.nursinglinks.ca/info_pharmacology.html)

### May 13

Workshop, *Compassion fatigue and burnout* with Dr Eric Gentry. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/calgary-compassion-fatigue-burnout/>

### May 13- 14

CMHA, *Applied Suicide Intervention Skills (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/>

### May 13- 15

Waypoint Research Institute Conference, *Momentum research realized*. In Barrie, Ontario. [http://www.waypointcentre.ca/waypoint\\_research\\_institute/events/WRICConference/wri\\_conference\\_2019](http://www.waypointcentre.ca/waypoint_research_institute/events/WRICConference/wri_conference_2019)

# Cognition

April, 2019



## Addiction and Mental Health Learning Events

### May 13- 16

Canadian Counselling and Psychotherapy Association, Annual Conference in Moncton, New Brunswick.  
<https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

### May 13- 17

Intensive Sex Therapy Training Program at the University of Guelph, Ontario.  
<https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003>

### May 13- June 3

ASPH Online Workshop, *Sexuality and disabilities 101* with Margaret Newbury-Jones  
[https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### May 13- June 21

Wilfred Laurier University Online Course, *Concurrent Disorders* by Melissa Pyne. (\$275)  
<https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

### May 14

Department of Psychiatry Grand Rounds, *I am not my illness: The impact of stigma* with Amy Williams.  
12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-05-14/grand-rounds-i-am-not-my-illness-impact-stigma-amy-willans>

### May 14

Conference, *Grounded in experience: Rebuilding after trauma and strategies for recovery* with Mark Henick.  
In Ottawa. <http://www.cast-canada.ca/gt-ottawa-2019-mark-henick.html>

### May 14- 15

Workshop, *Trauma competency training* with Dr Eric Gentry. 9 am- 4 pm in Calgary.  
<http://www.jackhirose.com/workshop/calgary-trauma-competency-training-2/>

### May 15

University of Alberta, Psychiatry Research Day. 8 am- 4 pm in Bernard Snell Hall, University of Alberta Hospital. <https://www.ualberta.ca/medicine/events/psychiatry/53fsk15vik4gdltlvkit12a0r/>

### May 15- 16

Workshop, *Motivational Interviewing, Level 2* with Donna Kerr. 9 am- 4 pm in Edmonton.  
<https://www.ahvna.org/events/vieweventdetails/307/>

### May 15- 17

11<sup>th</sup> International Conference on Nightlife, Substance Use and Related Health Issues. In Amsterdam, Netherlands <http://www.theclubhealthconference.com/>

### May 16- 17

Basic Training, *Mental Health First Aid* by Jennifer Chow. 9 am- 4:30 pm in Edmonton. (\$160)  
<https://www.cornerstonecounselling.com/workshops/mhfa-2/>

### May 17

Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at [concurrent\\_disorders@ahs.ca](mailto:concurrent_disorders@ahs.ca)

### May 17

PAA Workshop, *Geropsychology research and practice: Helping our clients, Helping ourselves* with Dr Candace Konner. 9 am- 4:30 pm in Calgary.  
[http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=92](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=92)

### May 20- June 28

Wilfred Laurier University Online Course, *Pharmacology* by Rick Csiernik. (\$275) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online>

### May 21

Psychiatry Grand Rounds, *Young adults with mental health conditions and transition to adult care* with Dr Renee Farrell. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-05-21/grand-rounds-young-adults-mental-health-conditions-and-transition-adult-care-renee>

### May 22- 24

Canadian Bioethics Society, 30<sup>th</sup> Annual Conference, *Embracing the disruptive edge of health care*. In Banff.  
<https://cbsscb.meetinghand.com/en>

### May 22- 25

13<sup>th</sup> Annual Canadian Neuroscience Meeting in Toronto. <https://can-acn.org/meeting-2019>

# Cognition

April, 2019



## Addiction and Mental Health Learning Events

### May 23- 24

Intensive Workshop, *Working with oppositional, defiant, and anger issues with children and adolescents* by Dr Jay Berk. 9 am - 4 pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-working-oppositional-defiant-anger-issues-children-adolescents/>

### May 23

EFT Edmonton Workshop, *For your learning: The art of focused attunement and focused attachifying* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

### May 23- 24

McGill Summer Institute for School Psychology in Montreal. <http://www.mcgillschoolpsychinstitute.com/>

### May 24- 25

Canadian Federation of Clinical Hypnosis, Spring Conference and Workshops. In Banff. <https://www.clinicalhypnosis.ca/event/cfch-ab-2019-spring-conference-workshops/>

### May 24- 26

Workshop, *Trauma constellations revisited* with Dr Johannes Benedikt Schmidt. 9 am- 5 pm in Edmonton. [http://soul-guide.com/special\\_event.html](http://soul-guide.com/special_event.html)

### May 27

Workshop, *Effective integration of 12-Step programs into client care* with Sarah Allen Benton. 8:30 am- 4 pm in Edmonton. **May 28** in Calgary. [https://www.nursinglinks.ca/info\\_12step.html](https://www.nursinglinks.ca/info_12step.html)

### May 27

Workshop, *Legal issues in nursing* Chris Rokosh. 8:30 am- 4 pm in Red Deer. [https://www.nursinglinks.ca/info\\_legal.html](https://www.nursinglinks.ca/info_legal.html)

### May 27- 28

Two Day Intensive, *The 10 best-ever anxiety management techniques* with Dr Margaret Wehrenberg. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-10-best-ever-anxiety-management-techniques/>

### May 27- 28

CMHA, *Applied Suicide Intervention Skills (ASIST)*. 8:30 am- 4:30 pm in Edmonton. (\$250) <https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/>

### May 27- June 16

ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle [https://docs.wixstatic.com/ugd/b053e1\\_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

### May 28- 29

CTRI Workshop, *Trauma-informed care- Building a culture of strength*. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/trauma-informed-care-calgary5-28/2019-05-28/#tickets> **May 30** in Edmonton <https://ca.ctrinstitute.com/workshops/trauma-informed-care-edmonton5-30/2019-05-30/#tickets>

### May 29

Community Education Service Videoconference, *Summer slide: What it is and what can you do to prevent it?* 11 am- 12:30 noon in Calgary or by telehealth/audio line. <http://community.hmhc.ca/sessions/?p=telehealth>

### May 30- 31

Prairie Pediatric Acute Onset Neuropsychiatric Syndrome Conference in Saskatoon. <https://www.eventbrite.ca/e/pans-conference-saskatoon-2019-tickets-54642497180>

### May 30- June 1

Canadian Cannabis Summit in Calgary. <https://cannabissummit.ca/>

### May 30- June 2

Workshop, *Diagnosis and treatment of OCD: 4-Day intensive training* with Dr Elna Yadin. 8:30 am- 4:30 pm daily in Edmonton. (\$1200). Call 780-492-5205. <https://docs.google.com/forms/d/e/1FAIpQLSf7ZYPoQ65tOVMS1ZYPSDZpWGU5u0BKimFE867rU2gp-m4M6g/viewform>

### May 31- June 1

Michael G DeGroote Centre for Medicinal Cannabis Research Conference, *Innovations in the science of cannabis*. In Hamilton, Ontario. <https://cannabisresearch.mcmaster.ca/engagement/events/event/2019/04/12/default-calendar/conference>

### May 31- June 2

Canadian Psychology Association National Conference, *Psychology's contribution to society* and the 4<sup>th</sup> North American Correctional and Criminal Justice Psychology Conference, *Evidence and innovation in criminal justice psychology*. In Halifax, Nova Scotia. <https://convention.cpa.ca/> <https://www.cpa.ca/NACCJPC#>



# Cognition

April, 2019



## Addiction and Mental Health Learning Events

### June 2- 6

14<sup>th</sup> World Congress on Biological Psychiatry in Vancouver. <https://www.wfsbp-congress.org/home/>

### June 3

Workshop, *How to deal with difficult people* by Stacey Holloway. 8:30- 4 pm in Edmonton. **June 10** in Calgary [https://www.nursinglinks.ca/info\\_difficult.html](https://www.nursinglinks.ca/info_difficult.html)

### June 3- 4

Workshop, *Mindfulness-Based Cognitive Therapy* with Dr Richard Sears. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-mindfulness-based-cognitive-therapy/>

### June 4

Psychiatry Grand Rounds, *Neurobiology of Bipolar Disorder* with Dr Vladimir Maletic. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-06-04/grand-rounds-neurobiology-bipolar-disorder-vladimir-maletic-md-ms>

### June 4

Nursing Workshop, *Interpretation of lab tests* with Barb Bancroft. 8:30 am- 4 pm in Lethbridge. [https://www.nursinglinks.ca/info\\_lab\\_tests.html](https://www.nursinglinks.ca/info_lab_tests.html)

### June 4- 5

CTRI Workshop, *Walking through grief- helping others deal with loss* by Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton6-4-2/#tickets> **June 5-6** in Calgary <https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-5/#tickets>

### June 6

Workshop, *The aging brain: The assessments, treatments and interventions for Alzheimer's Disease and other dementias* with Dr Roy Steinberg. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/calgary-the-aging-brain/>

### June 7

University of Calgary, Department of Psychiatry, Quarterly Psychiatry Update, *Psychosis*. 1- 4 pm in Calgary. <https://www.ucalgary.ca/psychiatry/event/2019-06-07/quarterly-psychiatry-update-psychosis>

### June 7

**11<sup>th</sup> Annual | AddictionDay.ca** *Addiction: Addressing diversity* at the Executive Royal Inn, Edmonton International Airport. <http://www.addictionday.ca/>

### June 7- 9

Canadian Society for Brain, Behaviour and Cognitive Science, 29<sup>th</sup> Annual Meeting in Waterloo, Ontario. <https://www.csbbcs.org/meetings/2019-conference/>

### June 11

Psychiatry Grand Rounds, *ASD and other Neurodevelopmental Disorders* with Dr Danielle Baribeau. 12- 1 pm in Calgary and by telehealth <https://www.ucalgary.ca/psychiatry/event/2019-06-11/grand-rounds-asd-other-neurodevelopmental-disorders-danielle-baribeau-md-msc>

### June 12

**Edmonton Zone, Pie & CQI**, *Improving client experience though access*. 12- 4 pm at the Santa Maria Goretti Centre, 11050- 90 Street. More details to follow.

### June 12

Forensic Grand Rounds, *Sexual violence and sexual risk behavior* by Dr Kelly Davis. 9- 10 am in Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds>

### June 13- 14

Workshop, *Traumatic dissociation, emotion dysregulation and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/laniustraua2018>

### June 14

Workshop, *Getting kids "in sync" at home and school* with Carol Stock Kranowitz and Julia Berry. In Edmonton. 8:30 am- 4:30 pm. <https://www.saot.ca/event/getting-kids-in-sync-at-home-and-school/>

### June 14- 16

North American Refugee Health Conference, *Health means the world to us* in Toronto. <https://www.northamericanrefugeehealth.com/>

### June 17

EFT Edmonton Workshop, *For your learning: Handling clients interruptions* with Murray Armstrong. (\$60) In Edmonton. Call 780-444-4399 <https://eftedmonton.com/training-events/>

# Cognition

April, 2019



## Addiction and Mental Health Learning Events

### June 17- 20

Myers-Briggs Type Indicator Certification Program in Edmonton. (\$2195)

<https://shop.psychometrics.com/products/mbti-sup-sup-certification-program-edmonton-june-17-20-2020?variant=13112919621743>

### June 17- 20

Level One Training, *Emotion-focused Therapy* with Dr Serine Warwar. 9 am- 5 pm in Calgary.

<https://emotionfocusedtherapyalberta.ca/upcoming-workshops/>

### June 17- 21

Harvard Medical School, *Intensive course in Transcranial Magnetic Stimulation* in Boston, USA. (\$3750 USD)

[aroby@bidmc.harvard.edu](mailto:aroby@bidmc.harvard.edu) <http://tmslab.org/education-intensive.php>

### June 18

CTRI Workshop, *Clinical supervision- Skills for developing counsellors* with Lana Dunn. 9 am- 4 pm in

Edmonton <https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton6-18/#tickets> **June 20** in

Calgary <https://ca.ctrinstitute.com/workshops/clinical-supervision-calgary6-20/#tickets>

### June 18

Department of Psychiatry Grand Rounds, *A case of Neurocognitive Disorder in the context of Schizophrenia*

with Dr Paul Ratti. 12- 1 pm in Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-06-18/grand-rounds-case-neurocognitive-disorder-context-schizophrenia-paul-ratti-md>

### June 19- 21

Canadian Therapeutic Recreation Association Conference, *Discovering joie de vivre*. In Quebec City.

<https://canadian-tr.org/professional-development/ctra-conference-june-19-21st-2019/>

### June 21

Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?*

9 am- 12 noon. Register on iScheduler <https://ischeduler.albertahealthservices.ca/> More information at

[concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### June 24- 26

DBT Centre of Vancouver, Three Day Training, *The DBT skills* with Dr Alexandra Chapman and Dr John

Wagner. 9 am- 4:30 pm daily in Vancouver. <http://dbtvancouver.com/our-events/dbt-skills-three-day-training-van-2019/>

### June 25

Psychiatry Grand Rounds, *Genetics and psychiatric disorders* with Dr Melissa MacPherson. 12- 1 pm in

Calgary and by telehealth. <https://www.ucalgary.ca/psychiatry/event/2019-06-25/grand-rounds-genetics-and-psychiatric-disorders-melissa-macpherson-md>

### June 25- 27

International Association of Forensic Mental health Services, 19<sup>th</sup> Annual Conference, *Cultural diversity at the*

*intersection of mental health and the law*. In Montréal. <http://www.iafmhs.org/2019-conference>

### June 29- September 1 (Saturdays)

Online Foundation Course, *Mindfulness-Integrated Cognitive Behaviour Therapy* with Dr Bruno Cayoun.

<https://mindfulness.worldsecuringsystems.com/BookingRetrieve.aspx?ID=308895>

### June 30- July 2

Canadian Neuromodulation Society, 11<sup>th</sup> Annual Conference, In Iqaluit, Nunavut.

<https://neuromodulation.ca/meetings/>

### July 3- 5

Three Day Intensive, *Acceptance and Commitment Therapy (ACT) in mental health practice* with Dr John

Forsyth and Dr Jamie Forsyth. 9 am- 4 pm in Banff. [http://www.jackhirose.com/workshop/banff-3-day-](http://www.jackhirose.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/)

[intensive-acceptance-commitment-therapy-act-mental-health-practice/](http://www.jackhirose.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/)

### July 8- 10

Three Day Intensive, *DBT made simple- Using Dialectical Behaviour Therapy to treat emotion regulation*

*disorders* with Sheri Van Dijk. 9 am- 4 pm in Banff. [http://www.jackhirose.com/workshop/banff-3-day-](http://www.jackhirose.com/workshop/banff-3-day-intensive-dbt-made-simple/)

[intensive-dbt-made-simple/](http://www.jackhirose.com/workshop/banff-3-day-intensive-dbt-made-simple/)

### July 8- 10

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-banff/>

### July 14- 18

60<sup>th</sup> Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

# Cognition

April, 2019



## Addiction and Mental Health Learning Events

### July 15- 17

Three Day Intensive, *Working with oppositional, defiant and anger issues with children and adolescents* with Dr Jay Berk. 9 am- 4 pm in Banff. <http://www.jackhirose.com/workshop/banff-3-day-intensive-working-oppositional-defiant-anger-issues-children-adolescents/>

### July 15- 18

Four Day Intensive, *Cognitive Behavioural Therapy and TEAM techniques* with Dr David Burns. In Calgary. <http://www.jackhirose.com/workshop/cbt-intensive-summer2018/>

### July 16- 17

CTRI Workshops, *Brief focused counselling skills- Strategies from the leading networks* with Danielle Forth. 9am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets>

### July 17- 20

9<sup>th</sup> World Congress of Cognitive and Behavioural Therapies, *CBT at the crossroads* in Berlin, Germany. <https://wcbct2019.org/>

### July 17- 21

Solution-Focused Brief Therapy 5-Day Intensive Workshop, *Listening for openings. Amplifying change* with Dr Jeff Chang. In Calgary. <http://fhd.athabascau.ca/programs/pd/sfibt/index.php>

### July 18- 19

International Conference on Clinical Psychology in Toronto. <https://waset.org/conference/2019/07/toronto/ICCP>

### July 18- 19

Basic Training, *Mental Health First Aid* by Jennifer Chow. 9 am- 4:30 pm in Edmonton. (\$160) <https://www.cornerstonecounselling.com/workshops/mhfa-2/>

### July 18- 20

Training, *CBT for anxiety* with Dr Greg Dubord in Banff. (\$895) <http://cbt.ca/locations/cbt-whistler-summer/>

### July 29- 30

Workshop, *Positive approach in dementia care* with Teepa Snow. 7:30 am- 4:30 pm in Olds. (\$130) <https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/>

### July 29- 31

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore. <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets>

### August 18- 20

23<sup>rd</sup> international Philosophy of Nursing Conference in Victoria, BC. <http://www.cvent.com/events/13th-philosophy-in-the-nurse-s-world-conference-23rd-international-philosophy-of-nursing-conference/event-summary-877e2f448e734a6f90ec2db3a39b6166.aspx>

### August 18- 21

22<sup>nd</sup> International Council on Alcohol, Drugs and Traffic Safety Conference. In Edmonton. <https://t2019.org/>

### August 22- 25

21<sup>st</sup> World Congress of Medical and Clinical Hypnosis in Montreal. <http://www.hypnosis2018.com/en/>

### September 2

Webinar, *Pain, shame and the brain: Person-centred pain care for Occupational Therapists* with Linda Crawford. 10 am. [https://www.caot.ca/viewEvent.html?no\\_header=true&productId=10140](https://www.caot.ca/viewEvent.html?no_header=true&productId=10140)

### September 5

PAA Workshop, *Developing expertise with CBT- Insomnia* by Dr Gregg Jacobs. 9 am- 4 pm in Edmonton [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=96](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=96)

### September 12- 14

Canadian Psychiatric Association Annual Conference in Quebec City. <https://www.cpa-apc.org/annual-conference/>

### September 11

Recovery Capital Conference of Canada, *Building on our strengths to overcome addiction*. In Calgary. <http://recoverycapitalconference.com/recovery-capital-conference-alberta/>

### September 15- 17

39<sup>th</sup> Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. <https://www.cacap-acpea.org/learn/conference/>

# Cognition

April, 2019



## Addiction and Mental Health Learning Events

### September 18- 19

Stress, Depression, Anxiety and Resilience Summit, *Prioritize mind, body and health to ensure optimum well-being* In Vancouver. <https://www.emedevents.com/c/medical-conferences-2019/stress-and-resilience-2019-conference-by-lexis-conferences-ltd>

### September 20- 25

World Sleep Congress, *The best of sleep medicine and research*. In Vancouver <https://worldsleepcongress.com/>

### September 23- 25

CMHA National Conference, *Connection interrupted: Restoring mental health in a fractured world*. In Toronto. <https://conference.cmha.ca/>

### September 25- 29

Vancouver School for Narrative Therapy, *Foundations training: 5-day certificate Narrative Therapy intensive* in Vancouver. <http://therapeuticconversations.com/week-long-narrative-therapy-intensive-certificate-program/>

### September 26

Legacy Place Society, First Responder and Military Personnel Mental Health and Suicide Awareness Conferences in Edmonton. **September 19** in Calgary. <https://legacyplacesociety.com/conferences/>

### October 3- 5

10<sup>th</sup> Canadian Conference on Dementia in Québec City. <https://www.convention.qc.ca/en/events/10-canadian-conference-dementia/>

### October 9- 10

22<sup>nd</sup> Innovations in Practice Conference, *Western Canadian Conference on developmental disabilities, intellectual disabilities, and Autism Spectrum Disorder including mental health in children and adults*. Keynotes by Dr Ross Greene and Dr Temple Grandin. In Edmonton. <https://www.innovations2019.com/>

### October 9- 11

Canadian Federation of Mental Health Nursing Conference, *Mental Health Nursing: Taking action to advance care that makes a difference in the lives of others*. In Winnipeg, Manitoba. <http://www.cfmhn.ca/meetingconferences/NationalConference2019>

### October 9- 12

International Nurses Society on Addictions (IntNSA), 43rd Annual Educational Conference in Baltimore, Maryland, USA. <https://www.intnsa.org/conference/>

### October 16- 18

Canadian Association for Suicide Prevention, 30<sup>th</sup> Annual Conference in Edmonton. <https://suicideprevention.ca/Annual-Conference>

### October 17- 19

Tourette Canada National Conference in Winnipeg. <https://tourette.ca/about-tourette-canada/national-conference-on-ts-plus/>

### October 17- 20

Pain Society of Alberta, 13<sup>th</sup> Annual Conference in Banff. <http://www.painab.ca/annual-conference.html>

### October 21- 23

10<sup>th</sup> Annual Canadian Institute for Military and Veteran Research, *Forum 10*, in Ottawa. <http://cimvhrforum.ca/>

### October 24

Conference, *Self-compassion* with Dr Kristin Neff. 9 am- 4 pm in Edmonton. (\$240) <http://www.cast-canada.ca/gt-edmonton-2019-dr-kristin-neff.html>

### October 25- 26

Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. <http://www.cagp.ca/page-1841610>

### October 26- 27

Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference in Halifax. <https://www.csam-smca.org/>

### October 28- 29

CMHA Workplace Mental Health Conference, *Working stronger*. 8 am- 4 pm in Edmonton. <https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/>

### November 4- 6

National Conference on Ending Homelessness, *Beginning the end of homelessness in Canada*. In Edmonton. <http://conference.caeh.ca/>

# Cognition

April, 2019



## Addiction and Mental Health Learning Events

### November 7- 12

Mindfulness Meditation Retreat for Therapists with Dr Bruno Cayoun. In Ottawa.  
<http://www.mindfulness.net.au/our-programs/the-intensive-retreat>

### November 8

The Royal's Conference on Women's Mental Health, *Women in mind*. In Ottawa.  
<http://www.theroyal.ca/mental-health-centre/education-and-conferences/womens-mental-health-trauma-resilience/womens-mental-health-violence-against-women/>

### November 14

EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. (\$875) In Edmonton.  
Call 780-444-4399 <https://eftedmonton.com/training-events/>

### November 20- 22

The Canadian Mental Health Summit, *Advanced interventions and strategies for frontline professionals*. In Calgary. <http://www.jackhirose.com/workshop/cmhs-2019/>

### November 21- 22

Humane Canada, Canadian Violence Link Conference, *Making the link between violence against people and animals*. In Toronto. <https://clc.humanecanada.ca/>

### November 25- 27

Canadian Centre on Substance Abuse and Addiction, Issues of Substance Conference, *Evidence and perspectives, Compassion and action*. In Ottawa. <http://www.ccsa.ca/Eng/newsevents/Issues-of-Substance-Conference/Pages/default.aspx>

### Cannabis 101

Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at [dst.education@ahs.ca](mailto:dst.education@ahs.ca)

### Alberta Opioid Dependency Treatment (ODT) Virtual Training Program

The course is designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must [register online](#) through the Office of CME.  
<https://www.albertahealthservices.ca/info/Page16083.aspx>

### Dementia Behaviours and Appropriate Use of Antipsychotics

This course is about the assessment and management of behavioural disturbances in dementia using non-pharmacologic approaches and pharmacologic treatments. Free self-paced online learning with CME credits.  
<https://cumming.ucalgary.ca/cme/files/cme/dementia-behaviours-and-appropriate-use-of-antipsychotics-flyer-v6.pdf>



## Online Learning Resources

- ☀ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more.  
<https://www.borderlinepersonalitydisorder.com/professionals/#>
- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies.  
<http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification  
<http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse.  
<http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)**  
<http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care.  
<https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app  
<https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health YouTube Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the **YouTube** playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds.  
<https://sites.google.com/a/uAlberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series YouTube** Recorded expert speaker presentations  
<https://www.youtube.com/playlist?list=PLwAiWzISiS1fBg3e6ljzeGDI7XAIC1LH> |
- ☀ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>

# Cognition

April, 2019

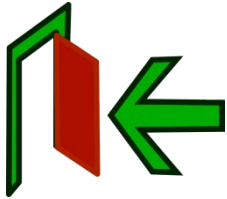


## Addiction and Mental Health Learning Events

- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrs.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☀ **Psywire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ☀ **Mental Health Academy** Inexpensive access to over 110 online addiction and mental health education courses. <https://www.mentalhealthacademy.net/ccpa/>



## Save the Date!



Pie & CQ

*Improving Client Experience Through Access*  
June 12, 12- 4 pm

FREE

Santa Maria Goretti Centre  
11050-90 Street, Edmonton

Poster submissions and other details [Click Here](#)

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## Save the Date!

11th Annual Addiction Day  
Scientific Conference and Networking Fair



*Addiction: Addressing Diversity*  
June 7<sup>th</sup>

Executive Royal Hotel - Edmonton international Airport

Check the website regularly, as we update and confirm conference details:

[AddictionDay.ca](http://AddictionDay.ca)

**Want to participate? We are now open for abstract submissions.**  
If interested, we encourage you to please review the abstract  
submission criteria and form:

[AD2019AbstractSubmissions](#)